

Health and fitness

Personal Skills: Good verbal and written communication skills Ability to deal with people diplomatically willingness to learn

Other Qualifications: Seema Institute Ansalon: Body massage and scalp, Swedish, Thai body, Foot Reflexology, Aromatherapy. Completed course of 2 months. Talalkars: Fitness academy with gym and aerobics. Completed 3 months course in fitness training. Radio Bhavan, The Career Super Market: Hotel and Front Office Management. Completed course of 3 months. Slender Gender: Done diploma in Spa Management, (4 Months)

Education Details

Fitness Trainer cum Team Leader

Fitness Trainer cum Team Leader - Think Healthy

Skill Details

Company Details

company - Think Healthy

description - Job Responsibilities:

Perform related duties and responsibilities as assigned.

Achieve Fitness Goal

Training people to do workouts in Gym. Handling customer's queries related therapies, Refreshers, etc

company - Raymond Gym

description - Job Responsibilities:

Perform related duties and responsibilities as assigned.

Handling customer's queries related therapies

company - AROMA THAI FOOT SPA

description - Perform related duties and responsibilities as assigned.

Handling customer's queries related therapies, Refreshers, etc

Handled queries on phone as well as personally.

Taking care of payment Invoices.

company - GLOBAL 1 GYM

description - Job Responsibilities:

Perform related duties and responsibilities as assigned.

Handling a team, entire floor section

Achieve Fitness Goal

Training People to do work outs in Gym

company - RUDRAAKSH HEALTH CARE & SPA

description - Job Responsibilities:

Perform related duties and responsibilities as assigned.

Handling a team, entire floor section.

Achieve Fitness Goal.

Training people to do work outs in Gym. Handling customer's queries related therapies, Refreshers, etc

Handled queries on phone as well as personally.

Taking care of payment Invoices.

company - PLAZA GYM

description -

company - HOTEL Indsora

description -

company - HOTEL HOLIDAY INN, Juhu

description - Done Promotion: For Aromatherapy Foot Spa. 6 days (World Trade Centre, Bombay Exhibition Centre, Also done promotion at Bandra Kurla Complex, Bandra GYM Khana (Promoted various products: Spa, Health and Fitness Product, Garments, Imitation Jewellery, Food & Beverage etc)