Health and fitness

Personal Skills: Good verbal and written communication skills, Ability to deal with people diplomatically Willingness to learn Other Qualifications: Seema Institute Ansalon: Body massage and scalp, Swedish, Thai body, Foot Reflexology, Aromatherapy. Completed course of 2 months. Talwalkars: Fitness academy with gym and aerobics. Completed 3 months course in fitness training. • Radio Bhavan, The Career Super Market: Hotel and Front Office Management. Completed course of 3 months. • Slender Gender: Done diploma in Spa Management, (4 Months)Education Details

Fitness Trainer cum Team Leader

Fitness Trainer cum Team Leader - Think Healthy

**Experience Details** 

Company Details

company - Think Healthy

description - Job Responsibilities:

➢ Perform related duties and responsibilities as assigned.

➢ Achieve Fitness Goal

➢ Training people to do work outs in Gym. Handling customer s queries related therapies, Refreshers, etc

company - Raymond Gym

description - Job Responsibilities:

➢ Perform related duties and responsibilities as assigned.

➢ Handling customers queries related therapies

company - AROMA THAI FOOT SPA

description - Perform related duties and responsibilities as assigned.

➢ Handling customers queries related therapies, Refreshers, etc

➢ Handled queries on phone as well as personally.

➢ Taking care of payment Invoices.

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company - GLOBAL 1 GYM
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description - Job Responsibilities:

➢ Perform related duties and responsibilities as assigned.

➢ Handling a team, entire floor section

➢ Achieve Fitness Goal

➢ Training People to do work outs in Gym

company - RUDRAAKSH HEALTH CARE & SPA

description - Job Responsibilities:

➢ Perform related duties and responsibilities as assigned.

➢ Handling a team, entire floor section.

➢ Achieve Fitness Goal.

➢ Training people to do work outs in Gym. Handling customer s queries related therapies, Refreshers, etc

➢ Handled queries on phone as well as personally.

➢ Taking care of payment Invoices.

company - PLAZA GYM

description -

company - HOTEL Windsor

description -

company - HOTEL HOLIDAY INN, Juhu

description - Done Promotion: For Aromathai Foot Spa. 6 days (World Trade Centre, Bombay Exhibition Centre, Also done promotion at Bandra Kurla Complex, Bandra GYM Khana ( Promoted various products: Spa, Health and Fitness Product, Garments, Imitation Jewellery, Food & Beverage etc)