

Health and fitness

Personal Skills: • Good verbal and written communication skills • Ability to deal with people diplomatically •

Willingness to learn Other Qualifications: • Seema Institute Ansalon: Body massage and scalp, Swedish, Thai body, Foot Reflexology, Aromatherapy. Completed course of 2 months. • Talwalkars: Fitness academy with gym and aerobics. Completed 3 months course in fitness training. • Radio Bhavan, The Career Super Market: Hotel and Front Office Management. Completed course of 3 months. • Slender Gender: Done diploma in Spa Management, (4 Months)Education Details

Fitness Trainer cum Team Leader

Fitness Trainer cum Team Leader - Think Healthy

Experience Details

Company Details

company - Think Healthy

description - Job Responsibilities:

• Perform related duties and responsibilities as assigned.

• Achieve Fitness Goal

• Training people to do work outs in Gym. Handling customer s queries related therapies, Refreshers, etc

company - Raymond Gym

description - Job Responsibilities:

• Perform related duties and responsibilities as assigned.

• Handling customers queries related therapies

company - AROMA THAI FOOT SPA

description - Perform related duties and responsibilities as assigned.

• Handling customers queries related therapies, Refreshers, etc

• Handled queries on phone as well as personally.

• Taking care of payment Invoices.

company - GLOBAL 1 GYM

description - Job Responsibilities:

• Perform related duties and responsibilities as assigned.

• Handling a team, entire floor section

• Achieve Fitness Goal

• Training People to do work outs in Gym

company - RUDRAAKSH HEALTH CARE & SPA

description - Job Responsibilities:

• Perform related duties and responsibilities as assigned.

• Handling a team, entire floor section.

• Achieve Fitness Goal.

• Training people to do work outs in Gym. Handling customer s queries related therapies, Refreshers, etc

• Handled queries on phone as well as personally.

• Taking care of payment Invoices.

company - PLAZA GYM

description -

company - HOTEL Windsor

description -

company - HOTEL HOLIDAY INN, Juhu

description - Done Promotion: For Aromathai Foot Spa. 6 days (World Trade Centre, Bombay Exhibition Centre, Also done promotion at Bandra Kurla Complex, Bandra GYM Khana (Promoted various products: Spa, Health and Fitness Product, Garments, Imitation Jewellery, Food & Beverage etc)