

## Health and fitness

Personal Skills: Good verbal and written communication skills Ability to deal with people diplomatically willingness to learn

Other Qualifications: Seema Institute Ansalon: Body massage and scalp, Swedish, Thai body, Foot Reflexology, Aromatherapy. Completed course of 2 months. Talalkars: Fitness academy with gym and aerobics. Completed 3 months course in fitness training. Radio Bhavan, The Career Super Market: Hotel and Front Office Management. Completed course of 3 months. Slender Gender: Done diploma in Spa Management, (4 Months)

## Education Details

### Fitness Trainer cum Team Leader

#### Skill Details

#### Company Details

company - Think Healthy

description - Job Responsibilities:

Perform related duties and responsibilities as assigned.

Achieve Fitness Goal

Training people to do workouts in Gym. Handling customer's queries related therapies, Refreshers, etc

company - Raymond Gym

description - Job Responsibilities:

Perform related duties and responsibilities as assigned.

Handling customer's queries related therapies

company - AROMA THAI FOOT SPA

description - Perform related duties and responsibilities as assigned.

Handling customer's queries related therapies, Refreshers, etc

Handled queries on phone as well as personally.

Taking care of payment Invoices.

company - GLOBAL 1 GYM

description - Job Responsibilities:

Perform related duties and responsibilities as assigned.

Handling a team, entire floor section

Achieve Fitness Goal

Training People to do ork outs in Gym

company - RUDRAAKSH HEALTH CARE & SPA

description - Job Responsibilities:

Perform related duties and responsibilities as assigned.

Handling a team, entire floor section.

Achieve Fitness Goal.

Training people to do ork outs in Gym. Handling customer s queries related therapies, Refreshers, etc

Handled queries on phone as ell as personally.

Taking care of payment Invoices.

company - PLAZA GYM

description -

company - HOTEL indsor

description -

company - HOTEL HOLIDAY INN, Juhu

description - Done Promotion: For Aromathai Foot Spa. 6 days (orld Trade Centre, Bombay Exhibition Centre, Also done promotion at Bandra Kurla Complex, Bandra GYM Khana ( Promoted various products: Spa, Health and Fitness Product, Garments, Imitation Jeellery, Food & Beverage etc)