Teenagers should not be allowed to climb Mount Everest

As the world's highest peak，it has always been a dream of many extreme sportsmen and now there are many interest enthusiasts to climb. With the development of society and the progress of science and technology, many impossible things have become possible. Under the background of the sufficient material conditions, many people like to pursue spiritual satisfaction, do what they like to do, challenge what they can't do in order to realize the value of life. Many teenagers are willing to do some extreme sports to experience the excitement and prove themselves. But climbing Everest is different from the other extreme sports. Many people have paid their lives to be able to reach the peak. Some have never returned. The wind at the peak can reach speeds of up to 189 kilometers per hour and the temperature is very low throughout the year. The lowest temperature is - 73 ℃. Without protection, people will be frozen in a few minutes. Basically, a mistake may lead to the loss of life, so it is called the world's highest "mass grave". In such an environment, even professional adults find it difficult, let alone teenagers?

Also, teenagers are still in the period of growth and development, and their bodies are not shaped completely yet. The damage caused by this sport may damage the growth and development of bones and bring permanent damage. Extreme climbing sport is more likely to cause serious injury.The chain reaction of serious injury can also affect the body, mind, learning process and social relationships of teenagers. For example, an injury may require a few weeks or even several months of rest at home. When you come back, the delay in learning will easily lead to a repeat of the grade, and it will also have a negative impact on the development of interpersonal relationships, such as being isolated, not being a team player, and falling grades.Teenagers need more rest and nutrition, not too much load.

And preparing for the summit requires a lot of time, manpower and material resources. Teenagers should focus on their studies, even if they have a lot of money home. You can learn the knowledge before climbing, so that in case of emergency, you have better knowledge reserve to save yourself.And if another people get in trouble ,you can also determine the best way to solve the problem.

So I suggest that teenagers should keep hard to study and prepare the knowledge about the hobby.

SE3舒航076