# MetaboAnalystR 2.0 Workflow: From Raw Spectra to Biological Insights

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#### 1. Introduction

We present MetaboAnalystR 2.0, which aims to address two important gaps left in its previous version. First, raw spectral processing - the previous version offered very limited support for raw spectra processing and peak annotation. Therefore, we have implemented comprehensive support for raw LC-MS spectral data processing including peak picking, peak alignment and peak annotations. Second, we have enhanced support for functional interpretation directly from m/z peaks. In addition to an efficient implementation of the mummichog algorithm (PMID: 23861661), we have added a new method to support pathway activity prediction based on the well-established GSEA algorithm (PMID: 16199517). In this tutorial, we showcase how to utilize MetaboAnalyst 2.0 to perform a comprehensive end-to-end metabolomics data workflow. The dataset consists of a subset of pediatric IBD stool samples obtained from the Integrative Human Microbiome Project Consortium (https://ibdmdb.org/).

### 2. Raw MS Data Preprocessing

Three main wrapper functions have been implemented for metabolomics data processing based on XCMS (PMIDs: 16448051, 19040729, and 20671148; version 3.4.4) and CAMERA (PMID: 22111785; version 1.38.1) including: (i) the *ImportRawMSData* function for reading in raw data files, (ii) the *PerformPeakProfiling* function for peak picking and alignment, and (iii) the *PerformPeakAnnotation* function for peak annotation. These functions are described below in further detail.

The ImportRawMSData function reads in raw MS data files and saves it as an OnDiskMSnExp object. The function outputs two plots - the Total Ion Chromatogram (TIC) which provides an overview of the entire spectra, and the Base Peak Chromatogram (BPC) which is a cleaner profile of the spectra based on the most abundant signals. These plots are useful to inform the setting of parameters downstream. For users who wish to view a peak of interest, an Extracted Ion Chromatogram (EIC) can be generated using the PlotEIC function.

The PerformPeakProfiling function is a wrapper of several XCMS R functions that performs peak detection, alignment, and grouping in a single step. The resulting peaks are outputted as a XCMSnExp object. The function also generates two diagnostic plots including a retention time adjustment map, and a PCA plot showing the overall sample clustering prior to data cleaning and statistical analysis. Users can specify several parameters such as the mass accuracy, peak width, and retention time range using the SetPeakParam function to optimize the peak picking function.

The PerformPeakAnnotation function annotates isotope and adduct peaks using the CAMERA R package (PMID: 22111785). It outputs the result as a CSV file ("annotated\_peaklist.csv") and saves the annotated peaks as an xsAnnotate object. Finally, the peak list is formatted to the correct structure for MetaboAnalystR and filtered based upon user's specifications using the FormatPeakList function. This function permits the filtering of adducts (i.e. removal of all adducts except for [M+H]+/[M-H]-) and filtering of isotopes (i.e. removal of all isotopes except for monoisotopic peaks). The goal of filtering peaks is to remove degenerative signals and reduce the file size.

#### 1.1 Example data download

Prior to starting this tutorial, please download the 12 example mzML files, containing fecal samples from 6 pediatric IBD patients and 6 healthy controls. These patients are all male, aged 11-16 years old. The data is available for download here: https://www.dropbox.com/s/1v0a9b3y6pe0cbl/iHMP.zip?dl=0. Ensure that you unzip this folder and set your file path in the *ImportRawMSData* function to this new folder.

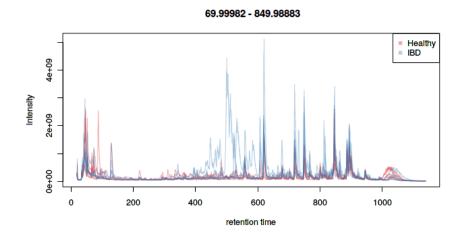
#### 1.2 Preprocessing of example data

We will first import the raw MS data using the *ImportRawMSData* function. Set the path to the iHMP folder, which contains two subfolders labelled "Healthy" and "IBD". Note that the names of the subfolders will be used as the group names for the samples. In this case, the healthy folder contains 6 samples which are the healthy controls, and the IBD folder contains 6 samples which are IBD patients - denoted with a CD at the beginning of their file names. In *ImportRawMSData*, the format refers to the format of the resulting TIC and BPC plots (i.e. "png", "jpg"), the dpi refers to the resolution (typically 300 dpi is required for publication quality images), and width refers to the size of the plot. All plots generated in MetaboAnanlystR can be found within your current working directory. For the sake of the tutorial, images that were generated using this workflow are directly inserted using "insert graphic()".

The subset of 12 IBD samples used in this vignette were run on a Dell XPS 15 9570 laptop with a dual-booted Ubutnu 16.04 and 16 GB of ram. When this workflow was initially run, 13.6/16 GB of memory was used during peak picking, as xcms uses multi-core parallel processing, and therefore the workflow failed. Therefore to avoid potential memory issues on a user's desktop/laptop, the *ImportRawMSData* function will limit the number of cores used. By default, it will determing the number of cores on a user's computer and set the number of cores to half of that number. Users who wish to overwrite this can use register(bpstart(MulticoreParam(num\_cores))) after *ImportRawMSData*.

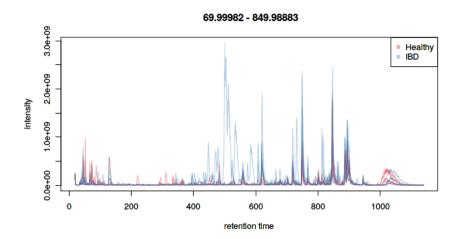
Resulting TIC plot:

knitr::include\_graphics("TICS\_72.png")



Resulting BPIS plot:

#### knitr::include\_graphics("BPIS\_72.png")



Next, we will set the parameters for peak picking using the SetPeakParam function. This function sets all the parameters used for downstream pre-processing of user's raw MS data such as the mass error (ppm), signal to noise threshold, and bandwidth. Use ?SetPeakParam for further information of all available parameters. In this case, we set the mass error to 5. Following the setting of parameters, we will use the PerformPeakProfiling function to perform peak picking, grouping, retention time correction, and alignment.

#### Resulting PCA plot:

knitr::include\_graphics("PCA\_plot300.png")



The PerformPeakProfiling function outputs a PCA plot of the detected peaks per sample. Note that this

function provides an option for users to label the points or not (labels = TRUE). From this plot, we can see an ok separation between the Healthy and IBD patients. Remember that this workflow utilizes only a subset of patients, and for good results, the number of samples should be maximized.

Following peak profiling we will perform peak annotation. First, set the parameters for peak annotation using the SetAnnotationParam function. In this case, specify that the samples were collected in negative ion mode - "negative", and the allowed variance for the search (for adduct annotation) to 0.005 m/z. Next, use the PerformPeakAnnotation function to annotate the detected peaks to potential isotopes and adducts. This will output a csv file named "annotated\_peaklist.csv", which contains the entire list of all identified m/z features, their retention time, and their annotations. In this case, we identified ~11000 features. Finally, use the FormatPeakList function to format this annotated\_peaklist into the correct format to be used by MetaboAnalystR (and the web version). In this function, users can choose to filter the peaks, i.e. remove features that are missing in more than 75% of features per group and filter out all isotopes. The function will output a file named "metaboanalyst\_input.csv", which will be used to read in the peak table. It also outputs the "filtered\_peaklist.csv", which contains a column named "Pklist\_inx", which provides users with the row number of where to find the m/z feature in the "annotated\_peaklist.csv".

## 3. Data Processing and Statistical Analysis

Remaining in the same working directory, we will read in the filtered peak table. Then, we will replace missing values with a small value (half of the minimum positive value within the original data). Next we will filter varibles out non-informative signals, then normalize the samples to their median and perform log transformation. Finally, we will perform t-test analysis to identify differentially enriched features, setting the FDR-adjusted p-value threshold to 0.25.

```
# Initialize the mSetObj
mSet<-InitDataObjects("pktable", "stat", FALSE)

# Read in the filtered peak list
mSet<-Read.TextData(mSet, "metaboanalyst_input.csv", "colu", "disc")

# Perform data processing
mSet<-SanityCheckData(mSet)
mSet<-ReplaceMin(mSet);
mSet<-FilterVariable(mSet, "iqr", "F", 25)
mSet<-PreparePrenormData(mSet)
mSet<-Normalization(mSet, "MedianNorm", "LogNorm", "NULL", ratio=FALSE, ratioNum=20)

# Perform t-test
mSet<-Ttests.Anal(mSet, F, 0.25, FALSE, TRUE)</pre>
```

### 4. From Raw Peaks to Biological Insights

Even with high mass accuracy afforded by the current high-resolution MS platforms, it is often impossible to uniquely identify a given peak based on its mass alone. To get around this issue, a key concept is to shift the unit of analysis from individual compounds to individual pathways or a group of functionally related compounds (i.e. metabolite sets (PMID: 20457745)). The general assumption is that the collective behavior of a group is more robust against a certain degree of random errors of individuals. The mummichog algorithm is the first implementation of this concept to infer pathway activities from a ranked MS peaks identified in untargeted metabolomics. This algorithm is available in MetaboAnalystR (the *PerformPSEA* function). The original algorithm implements an over-representation analysis (ORA) method to evaluate pathway-level enrichment based on significant features. Users need to specify a pre-defined cutoff based on either t-statistics or fold changes. A complementary approach is the Gene Set Enrichment Analysis (GSEA) method, a widely used method to extract biological meaning from a ranked gene list (PMID: 16199517). Unlike ORA, this method considers the overall ranks without using a significance cutoff. It is able to detect subtle and consistent changes which can be missed from ORA methods. The MetaboAnalystR 2.0 offers GSEA (the *PerformPSEA function*) using the high-performance fgsea R package (https://www.biorxiv.org/content/10.1101/060012v1).

To perform these analyses, users must upload a table containing three columns - m/z features, p-values, and t-scores or fold-change values. In this case, as we performed t-test analysis on the peak table, we can use the new function *Convert2Mummichog*, which converts the results of the t-test to the proper format for mummichog analysis. The output of this function is a file titled "mummichog\_input\_XX.txt", with XX replaced by the current date.

Next, we follow the MS Peaks to Pathways workflow, first setting the format of the peak table to "mpt", representing a three-column table with m/z, p.value, and t.score as column names. Next, read in the peak list data with Read.PeakListData. After, set the instrument options to "negative" and the instrumentation accuracy to 5 ppm with UpdateInstrumentParameters. Then, we will perform the original mummichog algorithm, setting the algorithm with the SetPeakEnrichMethod and then performing the analysis with the PerformPSEA function. We will select the hsa\_mfn library, and set the permutations to 1000. This may take some time. The pathway summary plot created using the PlotPeaks2Paths function displays all matched pathways as circles. The color and size of each circle corresponds to its p-value and enrichment factor, respectively. The enrichment factor of a pathway is calculated as the ratio between the number of significant pathway hits and the expected number of compound hits within the pathway.

```
# Convert the output of the t-test to the proper input for mummichog analysis
mSet<-Convert2Mummichog(mSet)
# Read in the ranked peak list (don't forget to change the file name!)
SetPeakFormat("mpt")
mSet<-Read.PeakListData(mSet, "INPUT_FILE_NAME");</pre>
mSet<-UpdateInstrumentParameters(mSet, "5", "negative");</pre>
mSet <- SanityCheckMummichogData(mSet)
# Perform original mummichog algorithm
mSet <- SetPeakEnrichMethod(mSet, "mum")
mSet<-SetMummichogPval(mSet, 0.25)
mSet<-PerformPSEA(mSet, "hsa_mfn", permNum = 1000)
mSet<-PlotPeaks2Paths(mSet, "peaks_to_paths_0_", "png", 72, width=NA)
# View the top pathway hits using head(mSet$mummi.resmat)
# > head(mSet$mummi.resmat)
                                                      Pathway total Hits.total Hits.siq
# Vitamin E metabolism
                                                                                       4 0.0054183 0.00049
                                                                 54
                                                                             33
# Linoleate metabolism
                                                                 46
                                                                             20
                                                                                       1 1.0000000 0.21962
# Carnitine shuttle
                                                                             20
                                                                                       1 1.0000000 0.21962
```

```
# Androgen and estrogen biosynthesis and metabolism 95 65 1 1.0000000 0.55974 # Drug metabolism - cytochrome P450 53 42 1 1.0000000 0.40860 # Ascorbate (Vitamin C) and Aldarate Metabolism 29 19 1 1.0000000 0.20981
```

Now we will perform GSEA, setting the algorithm to "gsea" in the SetPeakEnrichMethod function. This function is much faster than the original implementation. In the pathway summary plot, all matched pathways as circles. The color and size of each circle corresponds to its p-value and enrichment factor, respectively. The enrichment factor of a pathway is calculated as the ratio between the number of significant pathway hits and the expected number of compound hits within the pathway.

```
# Perform GSEA
mSet<-SetPeakEnrichMethod(mSet, "gsea")
mSet<-PerformPSEA(mSet, "hsa_mfn", permNum = 1000)
mSet<-PlotPeaks2Paths(mSet, "peaks_to_paths_1_", "png", 72, width=NA)
# View the top pathway hits using head(mSet$mummi.gsea.resmat)
# > head(mSet$mummi.qsea.resmat)
                                                     Pathway_Total Hits P_val
                                                                                  P_adj
                                                                    "1"
                                                                                  "0.998" "-0.4419"
# Linoleate metabolism
                                                      "46"
                                                                         "0.998"
                                                      "72"
                                                                         "0.998"
                                                                                  "0.998" "-0.2882"
# Carnitine shuttle
# Vitamin E metabolism
                                                      "54"
                                                                         "0.8219"
                                                                                  "0.998" "-0.7053"
# Androgen and estrogen biosynthesis and metabolism
                                                      "95"
                                                                    "1"
                                                                         "0.998"
                                                                                  "0.998" "0.3674"
# Drug metabolism - cytochrome P450
                                                      "53"
                                                                    "1"
                                                                         "0.998"
                                                                                  "0.998" "0.276"
                                                      "29"
# Ascorbate (Vitamin C) and Aldarate Metabolism
                                                                         "0.998"
                                                                                  "0.998" "-0.6419"
```

The MS Peaks to Paths uses the (Fisher's method) for combining the mummichog and GSEA p-values. It takes the raw p-values (mummichog and GSEA) per pathway to perform the p-value combination. We can visualize the comparison of the pathway analysis results of the two algorithms with a scatter plot using the *PlotIntegPaths* function. This function will check that you performed both methods (original mummichog + GSEA), and that both methods used the same selected pathway library. The labels parameter sets whether all, none, or some of the top-ranked pathways should be annotated on the plot. If set to "default", the function will generate a plot with the top 5 ranked pathways identified using GSEA or mummichog annotated. The number of top ranked pathways can be adjusted using "labels.x" and "labels.y". Finally, integrated pathway summary plot summarizes the results of the combined mummichog (y-axis) and GSEA (x-axis) p-values. The size and color of the circles correspond to their transformed combined p-values. Large and red circles are considered the most perturbed pathways. The blue and pink areas highlight the significant pathways based on either GSEA (pink) or mummichog (blue). The purple area highlights significant pathways identified by both algorithms. The combined p-values are saved as a CSV file in your working directory ("mummichog\_combined\_pathway\_enrichment.csv").

```
#Perform meta-analysis of mummichog and GSEA results
mSet<-SetPeakEnrichMethod(mSet, "integ")
mSet<-SetMummichogPval(mSet, 0.25)
mSet<-PerformPSEA(mSet, "hsa_mfn")
mSet<-PlotIntegPaths(mSet, "integ_peaks_0_", "png", 72, width=NA)
# View the results with > head(mSet$integ.resmat)

# Plot with the top 5 pathways found in both algorithms annotated
mSet <- PlotIntegPaths(mSet, dpi = 300, width = 10, format = "jpg", labels = "default")</pre>
```

From the results, Vitamin E metabolism is consistently identified between the two algorithms. Vitamin E has been shown to be decreased in patients with Crohn's disease (PMID: 22488830) and were shown to have anti-inflammatory properties (PMID: 30237488).

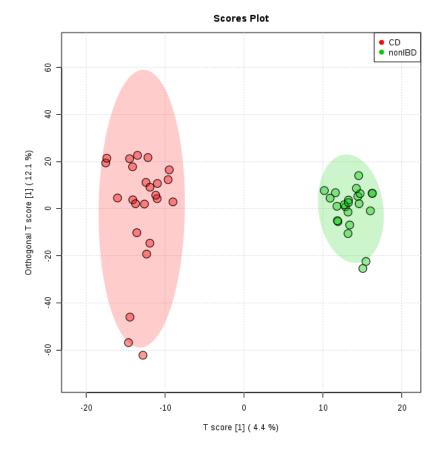
# 4.1 MetaboAnalystR 2.0 IBD Case Study

In this vignette, we demonstrated the workflow using a subset of IBD patients and healthy controls. In our manuscript "MetaboAnalystR 2.0: From Raw Spectra to Biological Insights", we performed this entire workflow using 24 pediatric IBD and 24 healthy controls. The entire R history, resulting annotated peak list, and filtered peak table are available for download from: https://github.com/jsychong/MetaboAnalystR/tree/master/MetaboAnalystR 2 Supplementary Data

To recreate our findings in the manuscript, using the provided peak table from the GitHub repository, use the following code snippet. Ensure that the "iHMP2\_48\_metaboanalyst\_input.csv" file is located in your current working directory.

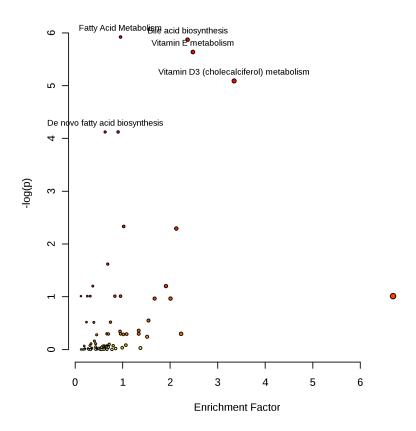
```
# Read in the peak table, perform data processing
mSet<-InitDataObjects("pktable", "stat", FALSE)
mSet<-Read.TextData(mSet, "iHMP2_48_metaboanalyst_input.csv", "colu", "disc")
mSet<-SanityCheckData(mSet)
mSet<-ReplaceMin(mSet);
mSet<-FilterVariable(mSet, "iqr", "F", 25)
mSet<-PreparePrenormData(mSet)
mSet<-Normalization(mSet, "MedianNorm", "LogNorm", "AutoNorm", ratio=FALSE, ratioNum=20)

# View the OPLS-DA plot
mSet<-OPLSR.Anal(mSet, reg=TRUE)
mSet<-PlotOPLS2DScore(mSet, "opls_score2d_0_", "png", 72, width=NA, 1,2,0.95,0,0)
knitr::include_graphics("opls_score2d_0_dpi72.png")</pre>
```

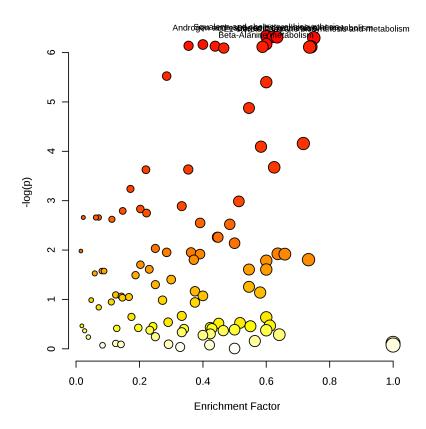


```
# Re-perform normalization, without auto-scaling
mSet<-Normalization(mSet, "MedianNorm", "LogNorm", "NULL", ratio=FALSE, ratioNum=20)
# Perform t-test
mSet<-Ttests.Anal(mSet, F, 0.05, FALSE, TRUE)
# Convert results to mummichog analysis
mSet<-Convert2Mummichog(mSet)</pre>
# RENAME FILE TO CREATED mummichoq_input
SetPeakFormat("mpt")
mSet<-Read.PeakListData(mSet, "mummichog_input_2019-05-08.txt");</pre>
mSet<-UpdateInstrumentParameters(mSet, "5", "negative");</pre>
mSet<-SanityCheckMummichogData(mSet)</pre>
# First perform the original mummichog algorithm
mSet<-SetPeakEnrichMethod(mSet, "mum")</pre>
mSet<-SetMummichogPval(mSet, 0.25)
mSet<-PerformPSEA(mSet, "hsa_mfn", permNum = 1000)
mSet<-PlotPeaks2Paths(mSet, "peaks_to_paths_0_", "png", 300, width=NA)
# View the top enriched pathways
# > head(mSet$mummi.resmat)
                                        Pathway total Hits.total Hits.sig Expected
                                                                                          FET
                                                                                                   EASE
                                                              11
                                                                         9 9.4164 0.0026797 0.015220
# Fatty Acid Metabolism
                                                     63
# Bile acid biosynthesis
                                                                        29 12.2560 0.0028215 0.006280
                                                      82
                                                                52
# Vitamin E metabolism
                                                      54
                                                                33
                                                                         20 8.0712 0.0035614 0.009463
# Vitamin D3 (cholecalciferol) metabolism
                                                     16
                                                                10
                                                                          8 2.3915 0.0061618 0.031475
# De novo fatty acid biosynthesis
                                                     106
                                                                 15
                                                                          10 15.8440 0.0162020 0.052017
# Fatty acid activation
                                                      74
                                                                 15
                                                                          10 11.0610 0.0162020 0.052017
```

knitr::include\_graphics("peaks\_to\_paths\_0\_dpi300.png")

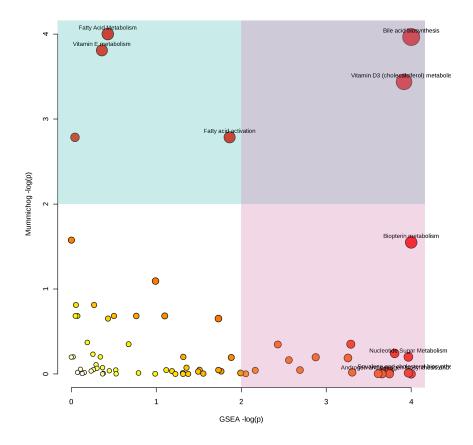


```
mSet<-SetPeakEnrichMethod(mSet, "gsea")</pre>
mSet<-PerformPSEA(mSet, "hsa_mfn", permNum = 1000)</pre>
mSet<-PlotPeaks2Paths(mSet, "peaks_to_paths_1_", "png", 300, width=NA)
# > head(mSet$mummi.gsea.resmat)
#
                                                    Pathway_Total Hits
                                                                         P\_val P\_adj
                                                                                          NES
# Biopterin metabolism
                                                                 22
                                                                      12 0.01538 0.1486 -1.939
# Squalene and cholesterol biosynthesis
                                                                      33 0.01562 0.1486 -2.060
# Androgen and estrogen biosynthesis and metabolism
                                                                 95
                                                                      59 0.01562 0.1486 -2.354
                                                                      52 0.01667 0.1486 -2.340
# Bile acid biosynthesis
# C21-steroid hormone biosynthesis and metabolism
                                                                112
                                                                      84 0.01667 0.1486 -1.749
# Nucleotide Sugar Metabolism
                                                                       2 0.01754 0.1486 -1.476
knitr::include_graphics("peaks_to_paths_1_dpi300.png")
```



```
mSet<-SetPeakEnrichMethod(mSet, "integ")</pre>
mSet<-SetMummichogPval(mSet, 0.25)</pre>
mSet<-PerformPSEA(mSet, "hsa_mfn")</pre>
mSet<-PlotIntegPaths(mSet, "integ_peaks_0_", "png", 300, width=10)
# > head(mSet$integ.resmat)
                                             Total_Size Hits Sig_Hits Mummichog_Pvals GSEA_Pvals Combined_
# Bile acid biosynthesis
                                                                     29
                                                                                 0.00282
                                                                                            0.01667
                                                      82
                                                           52
                                                                                                             0.
# Vitamin D3 (cholecalciferol) metabolism
                                                      16
                                                           10
                                                                      8
                                                                                 0.00616
                                                                                            0.03175
                                                                                                             0.
                                                                                 0.01620
                                                                                            0.08333
# Fatty acid activation
                                                      74
                                                           15
                                                                     10
# Fatty Acid Metabolism
                                                      63
                                                           11
                                                                      9
                                                                                 0.00268
                                                                                            0.53850
                                                                                                             0.
# Biopterin metabolism
                                                      22
                                                           12
                                                                      7
                                                                                 0.10100
                                                                                            0.01538
                                                                                                             0.
\# Vitamin E metabolism
                                                           33
                                                                     20
                                                                                 0.00356
                                                                                            0.65620
                                                                                                             0.
```

knitr::include\_graphics("integ\_peaks\_0\_dpi300.png")



Using the original mummichog algorithm, the top enriched pathways are bile acid biosynthesis and Vitamin E metabolism. Both metabolic pathways are known to be perturbed in IBD patients. Using the GSEA algorithm, the top enriched pathways are bile acid biosynthesis and Vitamin D3 metabolism. When we plot the results of both pathway analysis results, we can see that by looking at the size and color of the dots (representing each pathway, big + red is considered most significant), bile acid biosynthesis is consistently shown to be perturbed in these IBD patients. Furthermore, this plot is divided into four quadrants. In the upper left quadrant (yellow) are the pathways considered significant by the mummichog algorithm, but not significant by GSEA. In the lower right quadrant (yellow) are the pathways considered significant by the GSEA algorithm but not significant using mummichog. Finally, the upper right quadrant (red) are pathways that both mummichog and GSEA consider significant. This workflow demonstrates how biological insights can be easily obtained directly from m/z peaks, without the need for a priori metabolite identification.

# 4.2 Further exploration of pathway analysis results

From the integrated pathway analysis plot, we can see that Biopterin metabolism was considered a perturbed pathway using the GSEA algorithm, but not using the mummichog algorithm. To further investigate this, we can create a boxplot of the m/z features between the IBD and control samples. From the plot, we can see that the first 7 m/z features are annotated with a star. This indicates that these were the 7 significant features used by the original mummichog algorithm. In comparison, the GSEA algorithm used all 34 m/z features to calculate pathway enrichment. About 50% og these m/z features are higher in CD patients compared to controls, while the remaining 50% of the m/z features are lower in CD patients compared to controls. This demostrates why differences are observed in the identification of significantly perturbed pathways using the two different algorithms.

# # Function to get the m/z hits from a certain metabolic pathway mSet <- PlotPathwayMZHits(mSet, "Biopterin metabolism", format = "jpg")</pre>

# knitr::include\_graphics("Biopterin metabolism.jpg")

