

Naresh Rajpurohit

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Bengalore

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8105726283

Willing to relocate: Anywhere

Work Experience

Yoga Instructor

Sai yoga - Bengaluru, Karnataka

August 2019 to February 2020

Yoga Instructor

Shiv yoga - Bengaluru, Karnataka

March 2017 to July 2019

Skills

- Yoga
- Personal Training
- Group Fitness
- MINDBODY
- Teaching

Languages

- Hindi - Fluent
- English - Intermediate

Links

<https://www.facebook.com/profile.php?id=100013292370587>

https://youtu.be/5_YdTA5ixZU

Awards

Yoga & meditation alliance International. (YMAI) holding Yoga competition (2nd prize)

December 2017

University of Delhi (SGNDKC) Online yoga competition (2nd prize)

June 2020

World record holder on international Book of Records

January 2021

Did 64 chakrasana push ups in 57 second.

Certifications and Licenses

S-VYASA (YIC) YOGA INSTRUCTOR COURSE

June 2016

(WYA) 200hour well qualified yoga teacher training course

December 2019