



Mary Immaculate Girls' High School, Kalina

**ACTIVITY
CALENDAR**

**JULY
2025**



CARD COLOURING COMPETITION KINDERGARTEN

C "Colours speak louder than words". Art is one of the best means to bring out the creativity in children and to nurture this creativity.

"Sophia School ",organized a card colouring competition on 24th July 2025 for the pre- primary students. The topic for the competition was,"Parents Day".



T The little artists actively participated in the competition with great zeal and enthusiasm. The students exhibited their artistic skills by filling colours in the picture given to them.

This activity not only ignited the creative side of children's mind but also enhanced their motor skills, grip control and eye- hand co-ordination.

It was a very enriching and rewarding experience for the tiny tots,as they proudly displayed their work and posed happily.

Rainy Creature Competition Kindergarten

"The rainy season doesn't just bring showers - it brings out the most imaginative rainy creatures from the minds of our young creators."



On the 28th of July, the Kg section of Sophia School hosted the Rainy Creature Competition.

The corridors looked lovely and magical as our tiny rainy creatures entered. Each one looking more colourful and imaginative than the last one. The HKG students walked in with confidence and grace. Some with painted faces, colourful costumes and bright smiles.

The LKG students who are new to the school had mixed emotions. Some were shy while a few shed tears. With encouragement soon their tears turned into smiles. The competition was held in the school hall. A prayer service was conducted after which we began with our competition. Our tiny viewers looked with curious eyes as the little frogs hopped, the earthworm wriggled, the lady bug tiptoed, the peacock danced, the snail glided and the mosquito buzzed. The spectators clapped with joy and excitement. Watching each participant walk by left the judges in awe!!!!

Judging was no easy task as each creature charmed the judges with their creativity, confidence and grace.

After much thought and discussion, the winners were finally selected based on their creativity, effort, costume and originality.

By the end of the competition, it was a learning experience with lots of fun and creativity. It left all the teachers and students with smiles, laughter and lots of memories.



योग दिवस

हमारी पाठशाला मेरी इम्याक्यूलेट स्कूल में २० जून २०२५ को योग दिवस मनाया गया। योग के नियमित अभ्यास से शरीर, मन, और आत्मा में संतुलन स्थापित होता है। छात्राओं ने योग दिवस पर योगा के अलग - अलग आसन किये और योग से हमारा शरीर स्वस्थ और तंदुरुस्त रहता है। यह जानकारी छात्राओं को दी गई।

INITIATION CEREMONY 2025-26

The Initiation Ceremony for the year 2025 - 26 was held on 14th July, 2025 in the school hall for the primary section. The ceremony began with a prayer service and the lighting of the lamp. Students of today are the visionaries and torchbearers of tomorrow, when we develop personality, skill and mind, we develop responsible human beings with leadership qualities. The initiation ceremony is a platform to showcase the leadership skills and abilities of our students and is the most prestigious ceremony in the schedule of school events. The initiation ceremony is one of the momentous occasion of the school where the newly elected members of the school cabinet are officially vested with their powers and positions.







Activities for the month of July '25.



The Art and Craft Workshop (02nd July 2025, STD 5th and 6th)

An Art and Craft Workshop for students of Std V and VI was conducted on Wednesday, 2nd July 2025, at 10:00 a.m. in Mary Immaculate Girls' High School, Kalina. The session was led by Mr. Vicky Barot from Mahatma Gandhi Hand Training Centre, Ahmedabad, Gujarat.

Mr. Barot, a talented artist, demonstrated beautiful paper craft techniques to the students. He also shared information about his institution, which caters to the needs of differently-abled students, helping them develop vocational skills to support themselves financially.

Students actively participated in the workshop and learned to make attractive decorative items.

Seminar Sessions

On 11th July 2025, two impactful awareness sessions were organized in the School Hall for students of Classes 5 to 9, with the objective of fostering personal safety and healthy choices.

The first session, specially designed for students of Classes 5 to 7, focused on the topic of Good Touch and Bad Touch.

Conducted by a resource person from the Rotary Club, Sophia College for Women, the session used simple, age-appropriate language and examples to help children understand the difference between safe and unsafe touch.

The interactive format allowed students to participate actively in discussions. They responded attentively during the Q&A segment and many expressed confidence in saying "No," seeking help, and reporting to a trusted adult if they ever felt unsafe.

Simultaneously, students of Classes 8 and 9 attended a seminar on Anti-Drug Awareness. The session shed light on the causes and effects of drug abuse, emphasizing the physical, emotional, and social impact it can have on young lives. Through insightful discussions, students were made aware of the dangers of substance misuse and the importance of making responsible life choices.



Prayer Dance Competition



An Inter-House Prayer Dance Competition for Classes 5 and 6 was held on 18th July 2025 at Mary Immaculate Girls' High School. The event aimed to nurture spiritual expression through the art of dance. The four houses—Ruby, Sapphire, Emerald, and Topaz—participated with enthusiasm, presenting beautifully choreographed prayer dances that reflected devotion and creativity.

The competition was judged by Ms. Swara Maske and Ms. Serena D'Souza. Ms. Swara appreciated the efforts of all participants and spoke about the importance of prayer and expression in dance. Ms. Serena announced the results, with Sapphire House winning the first prize, followed by Emerald House securing the second prize.

The event concluded with applause and encouragement for all participants, inspiring students to blend art with faith.

Parents' Day 26th July '25

Activities: Card Making



To celebrate the spirit of love and gratitude towards parents, a Card Making Activity was organized on 25th July 2025 for students of classes 5 to 10. The activity gave students an opportunity to creatively express their appreciation for their parents through art and heartfelt messages.

मातृ - पितृ दिन

मातृ-पितृ दिन के विशेष अवसर पर मैं अपने विचार प्रकट करना चाहूँगी। यह लेख लिख रही हूँ क्योंकि मेरा जीवन उनके बिना अधूरा है। वे मेरे जीवन की नींव हैं और उनकी उपस्थिति मेरे लिए सबसे बड़ा आशीर्वाद है। मेरे माता-पिता ने हमेशा मेरे लिए अपनी इच्छाओं को पीछे रखा और मेरी जरूरतों को सबसे पहले रखा। माता और पिता मेरे जीवन की सबसे बड़ी ताकत हैं। जब भी मैं निराश होती, उनकी बातें मुझे प्रेरणा देती हैं। और उन्होंने मुझे सिखाया कि जीवन में इमानदारी, मेहनत और सच्चाई सबसे ज़रूरी हैं। उनके हर संघर्ष में मेरा भविष्य छुपा हुआ है। मुझे लगता है कि हमें माता-पिता का सम्मान केवल एक दिन नहीं, हर दिन करना चाहिए। लेकिन मातृ - पितृ दिन एक ऐसा विशेष अवसर है जब हम उनके प्रति आभार प्रकट करते हैं। यह दिन हमें याद दिलाता है कि हमें उनके बलिदान को समझना चाहिए और उन्हें वही प्रेम और ध्यान लौटाना चाहिए, जो उन्होंने हमें हमेशा दिया। केवल यही नहीं माता-पिता दिवस इसलिए भी मनाते हैं, ताकि हम उनके त्याग, स्नेह और योगदान को न भूलें और उनके प्रति कृतज्ञता और प्रेम व्यक्त कर सकें। मैं मानती हूँ कि माता-पिता का सम्मान केवल शब्दों में नहीं बल्कि हमारे व्यवहार और कर्मों से होना चाहिए। मैं हमेशा उनकी सेवा करने, उनकी बाते मानने, समझने और उनका आदार करने की कोशिश करती हूँ। उनके चेहरे पर मुस्कान लाना मेरे लिए सबसे बड़ी खुशी है। मुझे गर्व है कि मैं ऐसे माता-पिता की बेटी हूँ। मैं जीवन भर उनका सम्मान बनाए रखने का संकल्प लेती हूँ और मैं अपने जीवन के हर कठीन मोड़ पर मैं अपने माता- पिता से परामर्श करना उचित समझती हूँ। मैं उन्हें कभी भी निराश न करने की पूरी कोशिश करूँगी। मेरे माता - पिता मेरे लिये मेरे जीवन का सबसे अनमोल उपहार है। धन्यवाद !

Sumaiyya Mungale 9th B

आई - वडील

आई म्हणजे सान्या दुखांवर सावली,
तिच्या कुशीत असते मायेची लहरी.

वडील म्हणजे पाठीवरचा आधार,
न बोलताही देतात ते प्रेमाचा भार.

आई म्हणजे वासराची गाई,
तिच्याशिवाय वाटे घरही पराई.

वडील म्हणजे काळजातला तुकडा,
त्यांचं प्रेम कधीच न सुकणारा झरा.

आई म्हणजे हसू, पण डोळ्यातलं पाणी,
तिच्या मिठीत विसरते सारीच कहाणी.

वडील म्हणजे थोडेसे रागीट, पण गोड,
त्यांच्या प्रेमाला असते आभाळासारखी ओढ.

आई-वडील म्हणजे देवाचं रूप,
त्यांच्यामुळेच आयुष्य होतं खरं सुखरूप.

आराध्या माने ७ वी ब

My Whole Universe, My Parents

You are both special in every way,
encouraging me more and more each
passing day.

You both are the reason why I'm so
strong,
with you two at the helm not a thing
could go wrong.

You've both helped me through many
trials and tribulations,
You've made things better in every
situation.

Thank you both for always being there
And showing me that you truly care.

Words could never explain how I feel
about you,
But I hope you know that I truly
Love You Two!

Jannat Khan 7th A

