Got it! Since you can dedicate **1 hour per day**, we'll adjust the roadmap to a **40-day plan** instead of 20 days while keeping progress steady. Here’s how we’ll divide tasks:

**Week 1-2: Backend Setup (MongoDB, Express, Node.js)**

* **Day 1-2:** Set up backend, install dependencies (express, mongoose, socket.io).
* **Day 3-4:** Create User, Chat, and Message models.
* **Day 5-6:** Implement JWT authentication (register/login).
* **Day 7-8:** Create APIs for fetching users & chats.
* **Day 9-10:** Implement real-time messaging using **Socket.io**.

**Week 3-4: Frontend Development (React.js, TailwindCSS)**

* **Day 11-12:** Set up React and TailwindCSS.
* **Day 13-14:** Build authentication UI (login/signup).
* **Day 15-16:** Create basic chat UI & chat list.
* **Day 17-18:** Integrate real-time messaging in UI.
* **Day 19-20:** Group chat functionality.

**Week 5-6: Advanced Features**

* **Day 21-22:** Implement notifications.
* **Day 23-24:** Add online/offline status.
* **Day 25-26:** File attachments & reactions.
* **Day 27-28:** Improve UI styling.

**Week 7-8: Deployment & Optimization**

* **Day 29-30:** Optimize API & frontend performance.
* **Day 31-32:** Deploy backend on Render/Vercel.
* **Day 33-34:** Deploy frontend on Netlify/Vercel.
* **Day 35-36:** Test full functionality.
* **Day 37-38:** Fix bugs & finalize.
* **Day 39-40:** Launch the project & write documentation.

Would you like me to generate this in **PDF format** so you can keep it as a reference? 🚀