

VITA TRACK WELLNESS DASHBOARD

AVERAGE_BMI

26.73

AVERAGE_CALORIES
(vs 2000)

2.33K

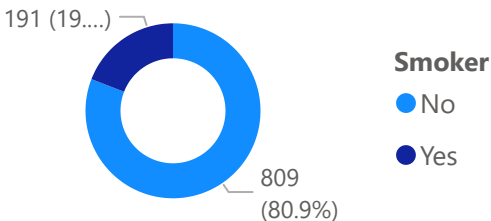
AVERAGE_SLEEP
(vs 8hrs)

7

AVERAGE_STE
PS (vs 10000)

11K

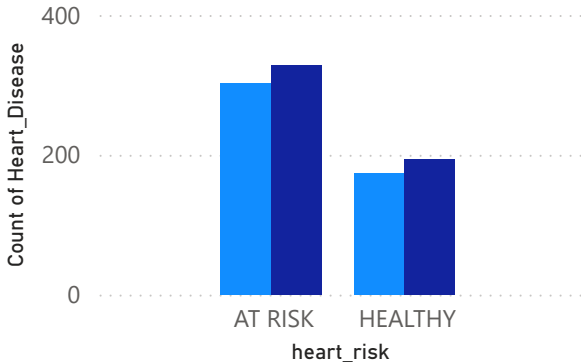
Count of Heart_Disease by Smoker



Count of Heart_Disease by heart_risk and Gender

Gender

- Female
- Male

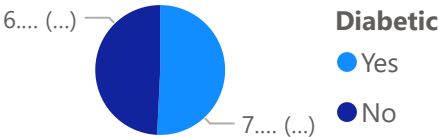


Gender

Female

Male

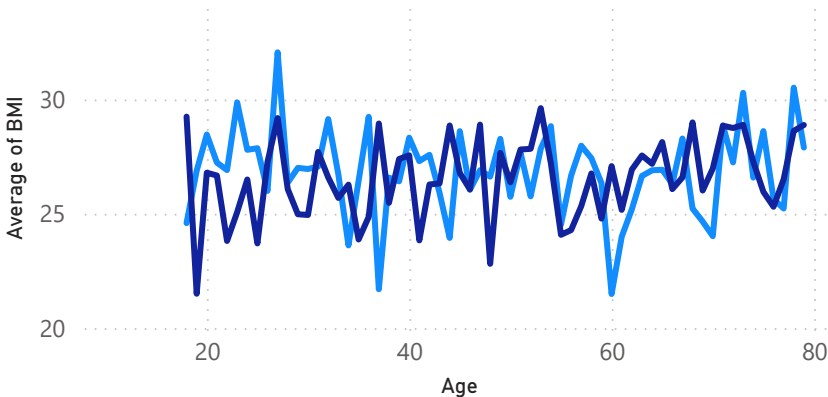
Average of Hours_of_Sleep and
Average of
Exercise_Hours_per_Week by ...



Average of BMI by Age and Gender

Gender

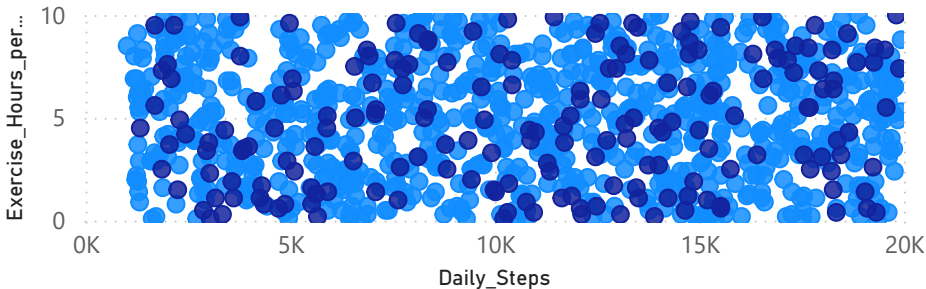
- Female
- Male



Sum of Hours_of_Sleep by Smoker, Daily_Steps and
Exercise_Hours_per_Week

Smoker

- No
- Yes



Age

Average of
Exercise_Hours_
per_Week

Average of
Hours_of_Sleep

Average of
Calories_Intake

AVERAC
BMI

Age	Average of Exercise_Hours_ per_Week	Average of Hours_of_Sleep	Average of Calories_Intake	AVERAC BMI
27	4.28	6.63	2504.20	30
78	6.09	7.53	2340.94	29
73	4.60	6.24	2574.30	29
71	3.97	7.01	2197.89	28
53	4.86	6.68	2576.58	28
79	5.41	7.01	2383.97	28
54	5.03	7.11	2284.21	28
Total	5.05	6.91	2327.12	26