

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	ALOO PARATHA WITH DAHI AND CHUTNEY	SEWAI UPMA / UTTAPAM WITH SAMBHAR AND CHUTNEY AND SPROUTS	PURI SABZI	IDLI WITH SAMBHAR AND CHUTNEY	MIX PARATHA WITH DAHI AND CHUTNEY	POHA AND GREEN CHUTNEY, LIME, CHOPPED ONION, JALEBI/ LAPSI	MASALA DOSA WITH SAMBAR AND COCONUT CHUTNEY
MILK(or EGGS), TEA/COFFEE, 4 PIECE BREAD, 25g BUTTER, CORN FLAKES & ONE FRUIT (Banana/Grapes/Orange/PAPAYA/WATERMELON) will always be there for breakfast.							
Lunch							
Rice	RICE	RICE	RICE	PULAO	JEERA RICE	VEG FRIED RICE	JEERA RICE
Dal	TUAR DAL	RAJMA	KALA CHANA	TUAR DAL	KADHI PAKODA	DAL FRY	
Indian bread	ROTI	ROTI	ROTI	ROTI	ROTI	ROTI	BHATURE
Curry	SOYA MUTTER	BHINDI DO PYAZA	ALOO CAPSICUM/ GREEN VEGETABLE	FRENCH BEANS	JEERA ALOO	MANCHURIAN AND NOODLES	CHOLE
Curd / Soup	NIMBU PANI	SWEET LASSI	CURD	BOONDI RAITA	JAL-JEERA	CURD	CHASS
PAPAD/FRYMUS*							
NOTE: CURD WILL BE AVAILABLE IN LIMITED QUANTITY							
HI-TEA	SAMOSA/KACHORI 1 PCS,BREAD 2PCS	CUTLET 2PCS, BREAD 2 PCS	HAKKA/SHEZWAN NOODLES, BREAD 2PCS	BHEL	KHAMAN /DHOKLA	MASALA SANDWICH	PANIPURI 6PCS
TEA, GREEN CHUTNEY/KETCHUP							
NOTE: ALL THE ITEMS IN HI-TEA ARE IN LIMITED QUANTITY							
Dinner							
RICE	RICE	RICE	RICE	RICE	RICE	VEG BIRYANI	RICE
Dal	DAL TADKA	CHANA DAL	BLACK MUSUR DAL	DAL	DAAL MAKHANI	SPROUTS RASSA/WHITE MUTTER	MIX DAL
Indian bread	ROTI	PARATHA	ROTI	ROTI	ROTI	PARATHA	ROTI
Curry	PHOOL GOBHI MUTTER	VEG KURMA	MUTTER PANEER/EGG CURRY	SEASONAL VEG	MIX VEG*	RAITA	KADHAI PANEER/EGG CURRY
Sweet Dish	METHI BOONDI/ LADDOO	RICE KHEER	COCONUT BARFI	SEWAI KHEER	GULAB JAMUN	MOONG KA HALWA	FRUIT CUSTARD
Non Veg (Extra Charge)	CHICKEN CURRY 3PCS @ RS 60				CHICKEN KORMA 3 PCS @ RS 60		
PAPAD/FRYUMS*							
Ghee will always be served with chapatis, salad and pickle will always be there at the time of lunch & Dinner.							
Due No availability of goods in the market Menu Items can change sometimes.							
List Of Seasonal							
Bhindi	Cauliflower						
Karela	Cabbage						
Bhata	Louki						
Methi Palak	Lady finger						
Chaulai	Palak						
Beans	Tomato						
Barbatti							
Turai							
Lauki							
Pumpkin							
Arvi							
	Dining Warden Office		General Secretary MAC				
	KANAKA CATERERS	GAURI CATERERS	K-STAR CATERERS				