

STUDENTS HABITS AND ACADEMIC PERFORMANCE DASHBOARDS

Count of Student_id

1K

AVG. Exam Score

69.60

AVG. Study Hours

3.55

AVG. Mental Health...

5.44

AVG. Screen Time

2.51

AVG. Sleep Hours

6.47

High Scorers

27.70

Gender

Female

Male

Other

Study Time Group

2-4hrs

Less THAN 2hrs

More than 4hrs

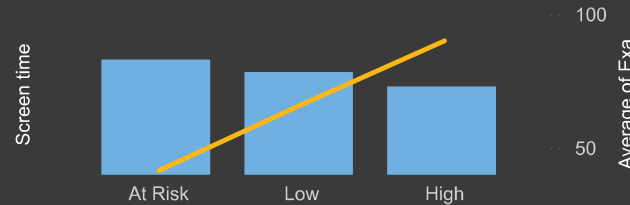
Diet Quality

Fair

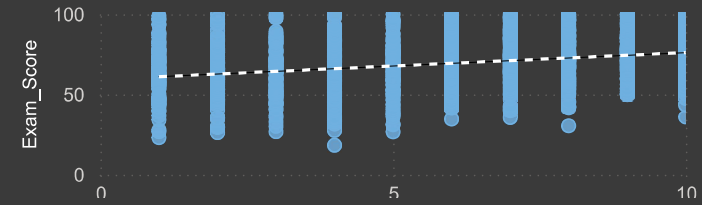
Good

Poor

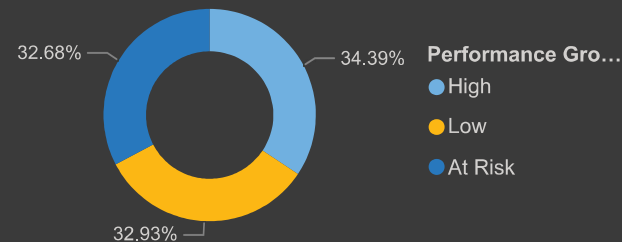
Relationship between Exam Score and Screen Time



Relationship between Mental Health rating and Exam_Score



Sleep Hours by Exam Scores



KEY INSIGHTS

- Students who studied more fall in the “High performance” group
- Students with higher mental health ratings tend to have higher and more consistent exam scores.
- Students with higher screen time tends to have lower exam scores.

Recommendation

- Encourage students to maintain consistent and adequate study hours
- Integrate Mental Health Support
- Promote academic use of screen time (e.g., research, learning platforms)