

LimitX Parental Control

DIGITAL WELLNESS REPORT

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|--------------------------|----------------------------------------------------------|
| Report ID: | RPT-20251108-182117 |
| Generated: | November 08, 2025 at 06:21 PM |
| Child Profile: | child_001 |
| Reporting Period: | 2025-11-08T18:20:05.794291 to 2025-11-08T18:20:21.662077 |

CONFIDENTIAL DOCUMENT

This report contains privacy-protected information about your child's digital activity. No raw conversations or identifiable personal data are included. This document is intended for parental guidance and may be shared with school counselors or educational professionals.

EXECUTIVE SUMMARY

Digital activity report based on 3 searches and 2 applications used.

KEY FINDINGS

1. Most used applications: Chrome Browser, YouTube
2. Average weekly screen time: 0 minutes
3. Blocked attempts: 3

EMOTIONAL & BEHAVIORAL TRENDS

Sentiment Score: 0.00 (Neutral)

Trend Direction: Stable

Monitoring data collected successfully.

POSITIVE DIGITAL HABITS

- ✓ Regular usage patterns
- ✓ Respecting time limits

AREAS FOR ATTENTION

- Continue monitoring for changes

GUIDANCE FOR PARENTS

Continue open communication with your child about their digital activities. Review usage patterns regularly and adjust limits as needed.

RECOMMENDED SCREEN TIME POLICY

| Policy Item | Recommendation |
|-------------------------|----------------|
| Daily Screen Time Limit | 120 minutes |
| Weekend Limit | 180 minutes |
| Suggested Bedtime | 21:30 |

Reasoning: Standard recommendations for healthy digital habits

CONVERSATION STARTERS

Use these topics to engage positively with your child about their digital life:

- What did you learn online this week?
- Is there anything interesting you'd like to share?

REPORT INFORMATION

Methodology: This report is generated using advanced AI analysis (Gemini 2.0) combined with behavioral data collected through LimitX Parental Control system. All data is encrypted and stored securely. No personal conversations or identifiable information are included in this report.

Privacy Commitment: We prioritize your child's privacy. This system monitors patterns and trends rather than individual activities. The goal is to support healthy digital habits through understanding and guidance, not surveillance.

Report Version: 1.0.0

Data Integrity: Verified

Last Sync: 2025-11-08T18:20:21.662077