

# Chapter-10

## Concepts of 4R'S

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# Concept 4R'S

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- Reduce
- Reuse
- Recycle
- Recover

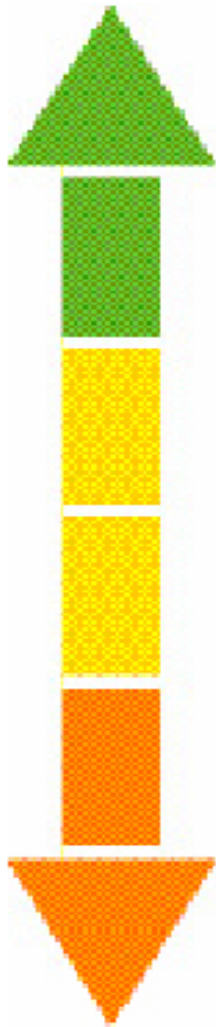


# Concept 4R'S

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- **REDUCE** is to limit the amount of waste you create in the first place. This includes buying products with less packaging.  
**REUSE** means to use something again that you would normally throw away (eg. Glass jar for food or plastic bags for bin liners.)  
**RECYCLE** means the product goes through a mechanical process to change its form. This is only recommended when reducing and reusing are not possible.  
**RECOVER** is to convert waste into resources (such as electricity, heat, compost and fuel) through thermal and biological means. Resource Recovery occurs after reduce, reuse and recycle have been attempted.

most favoured option



least favoured option

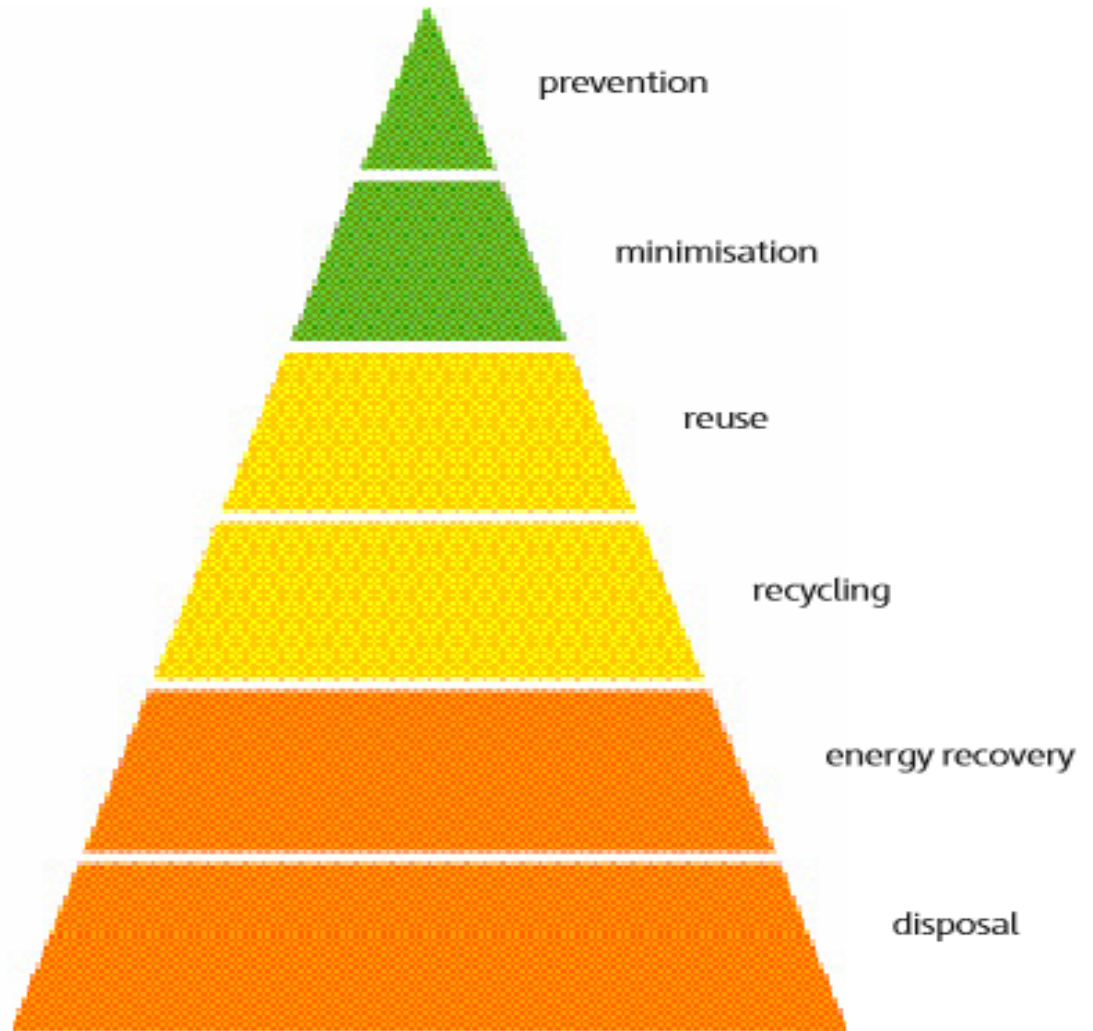


Table 10.1: Examples showing applicability of 4R for different types of waste

Type of Waste	Examples of Waste	4R Best Practice
Construction Waste	Concrete	Reuse
	Plaster board/Gypsum	Recycle
	Paper	Recycle
	Metal	Recycle
	Excavated material	Reuse
Office Waste	Paper	Recycle
	Cardboard	Recycle
	Hard and soft Plastics	Recycle or Recover
	Toners	Recycle
Waste from manufacturing plants	Asphalt	Reuse
	Concrete	Reuse or Recycle
Demolition waste	Concrete	Reuse
	Steel	Recycle
	Cabling	Recycle or Reuse
	Glass	Recycle
	Timber	Reuse or Recycle
	Other Materials	Reuse or Recycle
Domestic waste	Food and other organic waste	Recycle
	Paper	Reuse
	Plastic	Reuse