Vascular Accidents Forewarning 🧠

I have high cholesterol and blood pressure. chances of me getting brain stroke

No of Words

Proactive Recommendations for

Medical Professionals

High cholesterol and blood pressure are major risk factors for brain stroke, with studies showing that individuals with these conditions are at increased risk of experiencing a stroke compared to those without. In fact, according to the American Heart Association, high cholesterol can increase the risk of stroke by up to 50%. Additionally, uncontrolled blood pressure can also contribute to an increased risk of stroke, as it can cause damage to blood vessels in the brain, leading to a higher likelihood of a stroke occurring. As medical professionals, it is important to be aware of these risks and to take steps to prevent or manage them in order to reduce the risk of brain stroke in our patients.

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