

ACORN TO OAK

CLASSES • CONSULTATIONS • CONCOCTIONS

CLIENT BILL OF RIGHTS

In the State of Minnesota, a consumer's right to receive complementary and alternative care from unlicensed providers are protected by law. To ensure consumer safety, the state requires unlicensed practitioners to provide the following information to all clients receiving care. If you have difficulty reading or understanding this information, please discuss this with me. Before I can begin your consultation, you must sign a written statement attesting that you have received this *Complementary and Alternative Health Care Client Bill of Rights*.

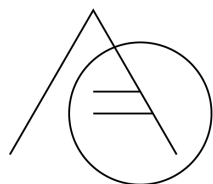
- As my client, you are entitled to information regarding any degrees, training, and experiences or other qualifications that inform the services I provide to you. This information is available at the end of this document. The state of Minnesota has not adopted any educational or training standards for unlicensed complementary and alternative health care practitioners, so this statement of credentials is for informational purposes only.
- Under Minnesota law, an unlicensed complementary and alternative health care practitioner may not provide a medical diagnosis or recommend discontinuance of any medically prescribed treatments. As my client, if you desire a medical diagnosis and/or services from a physician or other licensed health care practitioner (nurse, osteopath, chiropractor, etc.) you may seek such services at any time prior to, during, or following our therapeutic relationship.
- Additional services related to your health may be available from other unlicensed health care providers. I am happy to provide relevant referrals for additional services upon request and you may seek such services at any time prior to, during, or following our therapeutic relationship.

Theoretical Approach & Assessment

As a holistic herbal practitioner, I view each client as a unique individual. It is my goal to support your body's innate ability to heal itself within the context of your personal constitution, energetics, acute health concerns, and particular life circumstances. To match you with remedies to facilitate healing, I use assessment techniques such as collecting a holistic health history, tongue and facial diagnostics, homeopathic and/or flower essence indications, and pulse testing within a Western framework for understanding anatomical structures and physiological processes.

During your consultation, I will use the following assessment framework:

1. Collect a detailed health history via written forms and initial client intake meeting
2. Use techniques such as pulse testing to match your individualized herbal remedies
3. Suggest herbal remedies based on health history and assessment techniques
4. Refrain from suggesting remedies for clients with conditions/circumstances where certain remedies should not be used
5. Provide an easy to read instruction sheet for using your remedies including steps to take if you should you experience any adverse effects from your remedies



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- You have the right to refuse services or treatment and you may assert these rights without retaliation.
- You can expect courteous treatment from me including services free from verbal, physical, psychological, and/or sexual abuse.
- You have the right to access your records in accordance with Minnesota Statutes Section 144.355. Your records, including the contents of our consultations, will remain confidential, unless you authorize the release of these records in writing, or otherwise mandated by law. NOTE: Stories, anecdotes, and case histories may be shared anonymously in lecture, articles, or books in order to illustrate the efficacy or use of herbal medicines. If you do not want any anonymous information shared regarding your case, please let me know so I can note that in your file.

Fees for Services

Clients must pay all fees in full at the time of service. Cash and Credit Card are accepted for payment. If you are not able to pay in full for services, a written payment plan must be agreed to and signed prior to provision of any services. To receive further services, you must be current on your payment plan. I do not contract with HMOs or bill insurance companies for services. However, upon request, I will supply a superbill of services rendered for you to submit to a Health Savings Account (HSA) or other health savings entities. The superbill does not guarantee HSA reimbursement for services.

- You have the right to reasonable notice of all service fee changes.

Initial Consultation (1 ½ to 2 hours)
\$145.00 flat rate

Remedy Fees

Remedy fees range from \$5.00 to \$25.00 each. One or more remedies may be suggested during your consultation. Remedy fees are not included in the cost of the consultation.

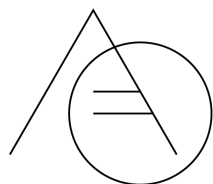
Follow-up Visits (15-60 minutes)
\$75.00 per hour, prorated per 15-minute increments
There is a minimum fee of \$40.00 for follow-up visits

Cancellation Policy: A 24-hour notice is required to change or cancel an appointment. A \$40.00 fee will be charged for a missed appointment without proper notice of cancellation.

- If you have a complaint about services rendered that you do not wish to discuss with me, you may file a complaint to:

Office of Unlicensed Complementary and Alternative Health Care Practice
Health Occupations Program Division of Compliance Monitoring
Minnesota Department of Health
85 7th Place E, Suite 220
P.O. Box 64882
St. Paul, MN 55164-0882
651-201-3729

SHYLA A. EARL, M.A. HERBALIST
612.367.7931 • WWW.ACORNTOOAKHERBAL.COM



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I hereby acknowledge receipt of the Client Bill of Rights and the attached documents incorporated therein, and I have had a full opportunity to ask any questions I have about this document and my rights as a client. I understand my rights as a client.

Client Name (Print) _____ Date _____

Parent/Guardian Name (if applicable, Print) _____ Date _____

Signature of Client and/or Guardian _____ Date _____

Herbalism Bio

Introduced to herbalism as an adolescent, Shyla continues to nurture her relationship with plants by sharing her passion with students, educating clients, and connecting with herbal enthusiasts. Her history as a body modification artist, health care assistant, full-spectrum doula, academic, sustainable farmer and all-around plant lover inform her unique knowledge of plants, humans, and health. In 2010, Shyla returned to Minnesota and began a modest herbal practice which blossomed in 2014 after studying and apprenticing under Lise Wolff, RH (AHG). Seeking avenues to further develop her herbal practice, Shyla obtained a Master's degree in Holistic Health Studies (MAHS) from St. Catherine University in 2017. Her scholastic research explores the Human-Nature Relationship and how this relationship impacts our holistic health. Additionally, while in the MAHS program, Shyla co-created and taught the graduate herbal course Plants, Culture, and Healing. She has presented at the Minnesota Herbal Festival and the Midwest Women's Herbal Conference and currently teaches herbal classes at Jewelweed Shop.

Education & Training

1996 First introduction to plant medicine and herbalism self-study
2000-2007 Body Modification Apprenticeship & Professional Body Modification Artist
2004 Attended New England Women's Herbal Conference & Beekeeping Seminar at Sage Mountain
2006-2007 Health Care Assistant, Women's Health Clinic
2008-2009 Tropical Biodynamic Farmer & Studied Hawaiian Medicinal Herbs
2009-2010 Owner Two Peas in a Pod Produce & Medicinal Herb CSA
2010 Rosemary Gladstar's The Science and Art of Herbalism Home-Study Course
2010 The early stages of Acorn to Oak!
2013 HHS 6981 Herbalism 1; HHS 6982 Herbalism 2; INDI 2350 Anatomy & Physiology
2014 Lise Wolff's RH (AHG) Three Seasons of Herbal Wisdom Course & Apprenticeship
2015 DONA Birth Doula Training
2016 Attended the Minnesota Herbal Festival
2017 Attended the Midwest Women's Herbal Conference
2017 Co-created and taught HHS 6993 Plants, Culture and Healing
2017 Presented at the Minnesota Herbal Festival
2017 Received Masters of Arts in Holistic Health Studies Degree from St. Catherine University
2018 Presented at the Midwest Women's Herbal Conference
2018 Herbalist & Manager at Jewelweed Holistic Health & Wellness Boutique

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