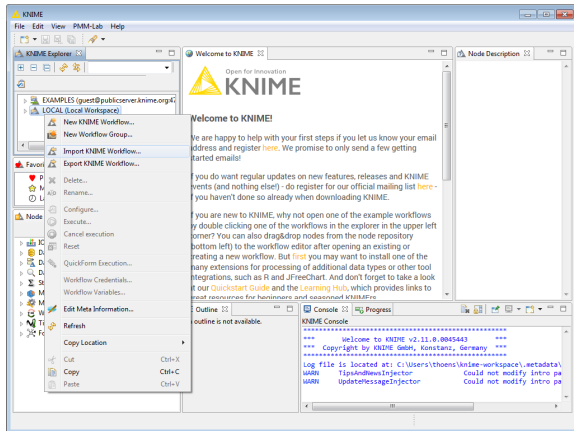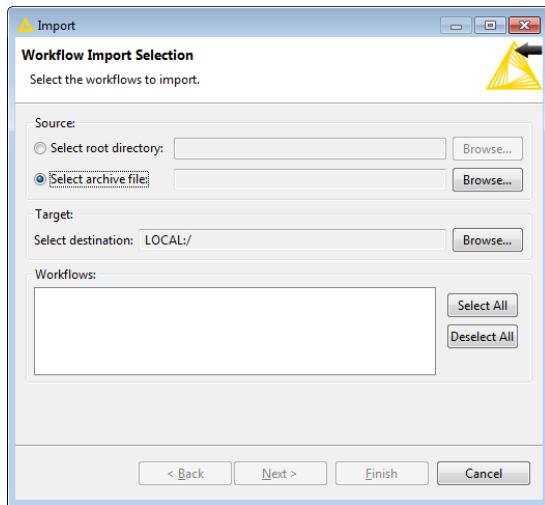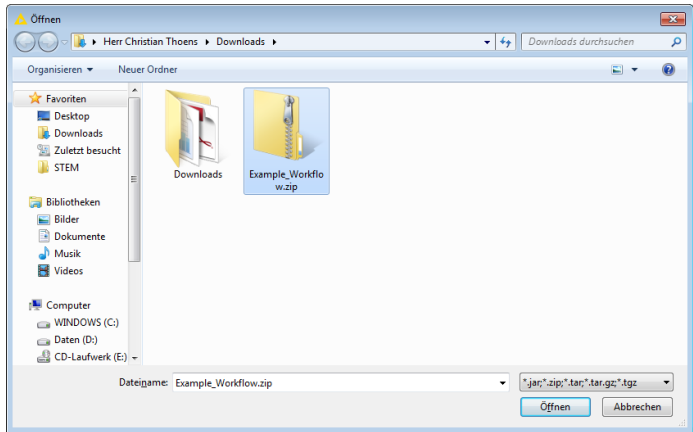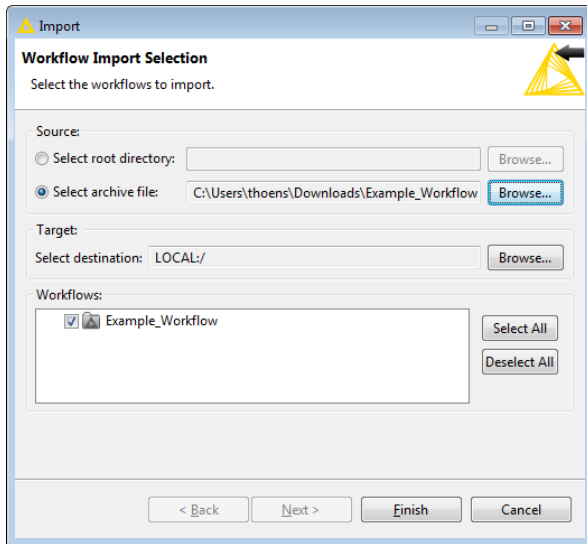# Import FoodChain-Lab Workflow

- Right click on **Local** in the **KNIME Explorer** view and select **Import KNIME Workflow**.
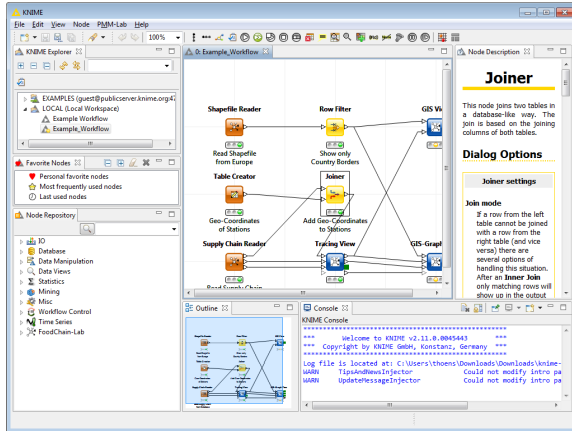
- In the Import dialog that appears, select **Select archive file** and click the **Browse** button to the right of it.

- In the Open Repository dialog that appears, select the zipped workflow and click **Open**.

- In the Import dialog, you'll see the selected workflow.
- Click **OK**.

- In the KNIME workbench, expand **Local** in the **KNIME Explorer** view and double click on the imported workflow.
- The workflow should show up in the Workflow Editor now.