

Recipes for 1 lb - 3 lb Loaves

Conversion

Volume

- ¼ teaspoon = 1.2 milliliters
- ½ teaspoon = 2.5 milliliters
- 1 teaspoon = 5 milliliters
- 1 ½ teaspoon = ½ tablespoon
- 3 teaspoons =1 tablespoon or ½ fluid ounce
- ½ tablespoon = 1½ teaspoons
- 1 tablespoon =3 teaspoons or ½ fluid ounce or 15 milliliters
- 2 tablespoons = 1/8 cup or 1 fluid ounce
- 3 tablespoons = 1 ½ fluid ounce or 1 jigger
- 4 tablespoons = ¼ cup or 2 fluid ounces
- 5 tablespoons + 1 teaspoon = 1/3 cup
- 8 tablespoons = ½ cup or 4 fluid ounces
- 12 tablespoons = ¾ cup or 6 fluid ounces
- 16 tablespoons = 1 cup or 8 fluid ounces
- 1/8 cup = 2 tablespoons or 1 fluid ounce
- 1/4 cup = 4 tablespoons or 2 fluid ounces or 60 milliliters
- 1/3 cup = 5 tablespoons + 1 teaspoon or 80 milliliters

- 3/8 cup = 1/4 cup + 2 tablespoons
- 1/2 cup = 8 tablespoons or 4 fluid ounces or 120 milliliters
- 2/3 cup = 10 tablespoons + 2 teaspoons or 160 milliliters
- 5/8 cup= 1/2 cup + 2 tablespoons
- 3/4 cup = 12 tablespoons or 6 fluid ounces or 175 milliliters
- 7/8 cup = 3/4 cup + 2 tablespoons
- 1 cup = 16 tablespoons or 8 fluid ounces or 240 milliliters
- 2 cups = 1 pint or 16 fluid ounces
- 1 quart =2 pints or 4 cups or 32 fluid ounces
- 1 gallon =4 quarts or 8 pints or 16 cups or 128 fluid ounces

Mass/Weight

- 1 ounce = 28 grams
- 4 ounces = 110 grams
- 8 ounces = 224 grams
- 12 ounces = 340 grams
- 16 ounces = 455 grams

Substitutions



Please Note: Any substitutions can alter the bread results.

Ingredient		Substitution
Dry Milk	Dry Milk	 Coffee creamer, non dairy creamer, or dry buttermilk may be substituted for dry milk in equal proportions. Loaf will be slightly smaller when substituting this ingredient.
5	Liquid Milk	 Water may be substituted for liquid milk in equal portions. Loaf will be slightly smaller when substituting this ingredient.
	Salt	 Salt-free recipes are <u>not</u> successful. Dietetically sodium free (less than 5 mg sodium per serving) or low salt (less than ½ the sodium of table salt) may be used in equal amounts. The bread will have a coarser texture.
	Eggs	 Liquid egg substitutes may be used as directed in the carton. Two egg whites may be substituted for one who egg. Remember, all egg products must be at room temperature. 1 Tablespoon of ground flax seed with 3 Tablespoons of water to can replace one large egg.
Sugar	White Sugar	 Honey may be substituted for sugar in equal proportions, but you must reduce the liquid used in the recipe by the same amount.
-	Brown Sugar	Granulated sugar may be substituted in equal proportions.

Basic White Bread

Ingredients	1 lb.
Water (80°F – 90°F)	2/3 cup
Unsalted butter or margarine, cut in pieces	1 tbsp.
Sugar	2 tsp.
Dry skim milk powder	1 tbsp.
Salt	¾ tsp.
Bread Four	2 cups
Bread Machine Yeast	¾ tsp.

- Place ingredients in the pan of the bread machine in the order the ingredients are listed.
- Insert bread pan securely into baking chamber; close lid. Plug unit into wall outlet.
- Select white bread cycle, crust color, and the correct loaf size; press Start.
- When the bread is finished and all cycles are complete, remove the pan from the chamber (using potholders).
- Remove the bread from the pan and allow to cool (at least 20 minutes).

Basic White Bread

	Ingredients	1½ lb.	2 lb.	2½ lb.
	Water (80°F – 90°F)	1¼ cups	1½ cups	1 ¾ cups
	Unsalted butter or margarine, cut in pieces	2 tbsp.	3 tbsp.	¼ cup
	Sugar	2 tsp.	1 tbsp.	4 tsp.
	Dry skim milk powder	2 tbsp.	3 tbsp.	¼ cup
	Salt	1 tsp.	1 1/4 tsp.	1 ¾ tsp.
611	Bread Four	3¼ cups	4 cups	5 cups
1111	Bread Machine Yeast	1 1/4 tsp.	1 ½ tsp.	1 ½ tsp.
	Vital wheat gluten			1 ½ tsp.

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- Select white bread cycle, crust color, and the correct loaf size; press Start.
- When the bread is finished and all cycles are complete, remove the pan from the chamber (using potholders).
- Remove the bread from the pan and allow to cool (at least 20 minutes).

Basic White Bread

Ingredients	3 lb.
Water (80°F – 90°F)	2 cup cups
Unsalted butter or margarine, cut in pieces	4 tbsp.
Sugar	1 tbsp.
Dry milk powder	4 tbsp
Salt	2 1/4 tsp.
Bread Four	5½ cups
Bread Machine Yeast	1 1/4 tsp.

- Place ingredients in the pan of the bread machine in the order the ingredients are listed.
- Insert bread pan securely into baking chamber; close lid. Plug unit into wall outlet.
- Select white bread cycle, crust color, and the 3 lb. loaf size; press Start.
- When the bread is finished and all cycles are complete, remove the pan from the chamber (using potholders).
- Remove the bread from the pan and allow to cool (at least 20 minutes).

Corn Bread

Ingredients	1 lb.	
Large eggs, at room temperature	1	
Water (80°F – 90°F)	Enough to measure 3/4 cup + 2 tbsp. with egg	
Oil	2 tbsp.	
Honey	1 ½ tbsp.	
Salt	¾ tsp.	
Dry Milk	2 tsp.	
Bread Flour	2 cups	
Corn Meal	¼ cup	
Active Dry Yeast	1 ¾ tsp.	

- Place ingredients in the pan of the bread machine in the order the ingredients are listed.
- Insert bread pan securely into baking chamber; close lid. Plug unit into wall outlet.
- Select white bread cycle, crust color, and the correct loaf size; press Start.
- When the bread is finished and all cycles are complete, remove the pan from the chamber (using potholders).
- Remove the bread from the pan and allow to cool (at least 20 minutes).

Corn Bread

I	ngredients	1½ lb.	2 lb.
	arge eggs, at room emperature	2	3
v	Vater (80°F – 90°F)	Enough to measure 1 cup + 3 tbsp. with egg	Enough to measure 1 ⅓ cups with egg
C	Dil	3 tbsp.	¼ cup
Н	loney	3 tbsp.	¼ cup
S	alt	1 ½ tsp.	2 tsp.
D	Ory Milk	1 ½ tbsp.	2 ½ tbsp.
В	read Flour	3 cups	4 cups
C	Corn Meal	⅓ cup	½ cup
A	active Dry Yeast	2 tsp.	2 ¼ tsp.

- Place egg in a measuring cup;
 add water to required amount.
 Pour into bread pan.
- Add remaining ingredients into bread pan in the order listed.
- Insert bread pan securely into baking chamber; close lid. Plug unit into wall outlet.
- Select white bread cycle, crust color, and the correct loaf size; press Start.
- When the bread is finished and all cycles are complete, remove the pan from the chamber (using potholders).
- Remove the bread from the pan and allow to cool (at least 20 minutes).

Dill Bread

Ingredients	1 lb.
Large eggs, at room temperature	1
Water (80°F – 90°F)	Enough to measure 34 cup + 1 tbsp. with egg
Oil	1 tbsp.
Sugar	4 tsp.
Salt	1 tsp.
Bread Flour	2 Cups
Dried Dill Weed	1 ½ tsp.
Dehydrated Onion	2 tsp.
Active Dry Yeast	1 ½ tsp.

- Place egg in a measuring cup;
 add water to required amount.
 Pour into bread pan.
- Add remaining ingredients into bread pan in the order listed.
- Insert bread pan securely into baking chamber; close lid. Plug unit into wall outlet.
- Select white bread cycle, crust color, and the correct loaf size; press Start.
- When the bread is finished and all cycles are complete, remove the pan from the chamber (using potholders).
- Remove the bread from the pan and allow to cool (at least 20 minutes).

Dill Bread

In	ngredients	1½ lb.	2 lb.
	arge eggs, at room emperature	2	3
Water (80°F – 90°F)		Enough to measure 1 cup + 1 tbsp. with egg	Enough to measure 1 cup + 6 tbsp. with egg
O	il	2 tbsp.	3 tbsp.
Sı	ugar	2 tbsp.	3 tbsp.
Sa	alt	1 ½ tsp.	2 ¼ tsp.
В	read Flour	3 cups	4 cups
D	ried Dill Weed	1 tbsp.	1 ½ tbsp.
D	ehydrated Onion	1 tbsp.	1 ½ tbsp.
A	ctive Dry Yeast	2 tsp.	2 ¼ tsp.

- Place egg in a measuring cup;
 add water to required amount.
 Pour into bread pan.
- Add remaining ingredients into bread pan in the order listed.
- Insert bread pan securely into baking chamber; close lid. Plug unit into wall outlet.
- Select white bread cycle, crust color, and the correct loaf size; press Start.
- When the bread is finished and all cycles are complete, remove the pan from the chamber (using potholders).
- Remove the bread from the pan and allow to cool (at least 20 minutes).

Jalapeno Bread

Ingredients	1 lb.
Water (80°F – 90°F)	½ cup
Oil	1 ½ tbsp.
Canned Whole Kernel Corn, well drained	½ cup
Jalapeno Peppers, well drained	2 TBL
Sugar	¾ tsp.
Salt	¼ tsp.
Bread Four	2 cups
Bread Machine Yeast	¾ tsp.
Corn Meal	⅓ cup
Fresh Cilantro, chopped	2 tsp.
Active Dry Yeast	1¾ tsp.

- Place ingredients in the pan of the bread machine in the order the ingredients are listed.
- Insert bread pan securely into baking chamber; close lid. Plug unit into wall outlet.
- Select white bread cycle, crust color, and the correct loaf size; press Start.
- When the bread is finished and all cycles are complete, remove the pan from the chamber (using potholders).
- Remove the bread from the pan and allow to cool (at least 20 minutes).

Jalapeno Bread

Ingredients	1½ lb.	2 lb.
Water (80°F – 90°F)	3/4 cup	1 cup
Oil	2 ½ tbsp.	3 tbsp.
Canned Whole Kernel Corn, well drained	¾ cup	1 cup
Jalapeno Peppers, well drained	3 tbsp.	¼ cup
Sugar	2 tbsp.	2 ½ tbsp.
Salt	1 tsp.	1 ¾ tsp.
Bread Four	3 cups	4 cups
Bread Machine Yeast	½ cup	2/3 cup
Corn Meal	1 tbsp.	4 tsp.
Fresh Cilantro, chopped	2 tsp.	2 ¼ tsp.

- Place ingredients in the pan of the bread machine in the order the ingredients are listed.
- Insert bread pan securely into baking chamber; close lid. Plug unit into wall outlet.
- Select white bread cycle, crust color, and the correct loaf size; press Start.
- When the bread is finished and all cycles are complete, remove the pan from the chamber (using potholders).
- Remove the bread from the pan and allow to cool (at least 20 minutes).

Multi- Seeded White Bread

1 lb.
³⁄₄ cup
1 tbsp.
1½ tsp.
2 tbsp.
3 tbsp.
2 tsp.
3 tbsp.
1 tsp.
1 tsp.
¾ tsp.
2 ¼ cups
2 ¼ cups
1 1/4 tsp.

- Place ingredients in the pan of the bread machine in the order the ingredients are listed.
- Insert bread pan securely into baking chamber; close lid. Plug unit into wall outlet.
- Select white bread cycle, crust color, and the correct loaf size; press Start.
- When the bread is finished and all cycles are complete, remove the pan from the chamber (using potholders).
- Remove the bread from the pan and allow to cool (at least 20 minutes).

Multi- Seeded White Bread

Ingredients	1½ lb.	2 lb.	2½ lb.
Water (80°F – 90°F)	1 cup + 1½ tbsp.	1⅓ cups	1 ½ cups
Vegetable Oil	1½ tbsp.	2 tbsp.	2 ½ tbsp.
Sugar	3 tbsp.	¼ cup	1/3 cup
Dry skim milk powder	2 tbsp.	2 tbsp.	2 ½ tbsp.
Sunflower Seeds	3 tbsp.	¼ cup	1/3 cup
Black Sesame Seeds	2 tsp.	1 tbsp.	2 tbsp.
Sesame Seeds	1 ½ tsp.	2 tsp.	2 tbsp.
Flax Seeds	2 tsp.	1 tbsp.	2 tbsp.
Poppy seeds	2 tsp.	1 tbsp.	2 tsp.
Salt	1 tsp.	1 ¼ tsp.	1 ½ tsp.
Whole wheat flour	½ cup	½ cup	¾ cup
Bread flour	2 ¾ cups	3 ½ cups	3 ¾ cups
Bread Machine Yeast	1 ¾ tsp.	2 ¼ tsp.	1 1/4 tsp.

- Place ingredients in the pan of the bread machine in the order the ingredients are listed.
- Insert bread pan securely into baking chamber; close lid. Plug unit into wall outlet.
- Select white bread cycle, crust color, and the correct loaf size; press Start.
- When the bread is finished and all cycles are complete, remove the pan from the chamber (using potholders).
- Remove the bread from the pan and allow to cool (at least 20 minutes).

Beer Bread

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Ingredients	1½ lb.	2 lb.
Beer (80°F – 90°F)	½ cup	¾ cup
Water (80°F – 90°F)	½ cup	½ cup
Green Onions (Chopped)	¼ cup	¾ cup
Sugar	2 tsp.	1 tbsp.
Salt	1 tsp.	1 ¼ tsp.
Bread Flour	3 Cups	3 ¾ Cups
Bread machine yeast	1½ tsp.	2 tsp.

- Place ingredients in the pan of the bread machine in the order the ingredients are listed.
- Insert bread pan securely into baking chamber; close lid. Plug unit into wall outlet.
- Select white bread cycle, crust color, and the correct loaf size; press Start.
- When the bread is finished and all cycles are complete, remove the pan from the chamber (using potholders).
- Remove the bread from the pan and allow to cool (at least 20 minutes).

Oatmeal Bread

Ingredients	1 lb.	
Buttermilk (80°F – 90°F)	1 cup	
Water (80°F – 90°F)	2 tbsp.	
Unsalted butter or margarine, cut in pieces	1 tbsp.	
Maple syrup (not pancake syrup)	1 tbsp.	
Oatmeal, instant or regular	½ cup	
Salt	¾ tsp.	
Bread flour	3 cups	
Vital wheat gluten	2 tsp.	
Bread machine yeast	1 tsp.	

- Place ingredients in the pan of the bread machine in the order the ingredients are listed.
- Insert bread pan securely into baking chamber; close lid. Plug unit into wall outlet.
- Select white bread cycle, crust color, and the correct loaf size; press Start.
- When the bread is finished and all cycles are complete, remove the pan from the chamber (using potholders).
- Remove the bread from the pan and allow to cool (at least 20 minutes).

Oatmeal Bread

Ingredients	1½ lb.	2 lb.
Buttermilk (80°F – 90°F)	1¼ cups	1½ cups
Water (80°F – 90°F)	¼ cup	1/3 cup
Unsalted butter or margarine, cut in pieces	1½ tbsp.	2 tbsp.
Maple syrup (not pancake syrup)	1½ tbsp.	2 tbsp.
Oatmeal, instant or regular	¾ cup	1 cup
Salt	1 tsp.	1 tsp.
Bread flour	3½ cups	4 cups
Vital wheat gluten	3 tsp.	4 tsp.
Bread machine yeast	2 tsp.	3 tsp.

- Place ingredients in the pan of the bread machine in the order the ingredients are listed.
- Insert bread pan securely into baking chamber; close lid. Plug unit into wall outlet.
- Select white bread cycle, crust color, and the correct loaf size; press Start.
- When the bread is finished (all cycles are complete), remove the pan from the chamber (using potholders).
- Remove the bread from the pan and allow to cool (at least 20 minutes).

Oatmeal Pecan Bread

Ingredients	1½ lb.	2 lb.
Water (80°F – 90°F)	1¼ cup	1 ½ cup
Molasses	¼ cup	1/3 Cup
Vegetable Oil	1 tbsp.	1½ tbsp.
Salt	1 ½ tsp	2 tsp
Dry oatmeal, instant or regular	½ cup	2/3 Cup
Whole wheat flour	1 cup	1 ⅓ cups
Bread flour	2 ½ cups	2 3/3 cups
Bread machine yeast	2 tsp.	2 ¼ tsp.
Dried apricots, chopped	½ cup	½ cup
Pecans, chopped and toasted	1/3 cup	½ cup

- Place ingredients, except apricots and pecans, into the pan of the bread machine in the order the ingredients are listed.
- Insert bread pan securely into baking chamber; close lid. Plug unit into wall outlet.
- Select Whole Wheat cycle, crust color, and the correct loaf size; press Start.
- Add apricots and pecans 5 to 10 minutes before last kneading cycle ends.
- When the bread is finished (all cycles are complete), remove the pan from the chamber (using potholders).
- Remove the bread from the pan and allow to cool (at least 20 minutes).

Ingredients	1 lb.	
Milk (80°F – 90°F)	¼ cup	
Water (80°F – 90°F)	¼ cup	
Small curd cottage cheese (80°F – 90°F)	2 tbsp.	
Unsalted butter or margarine, cut in pieces	2 tbsp.	
Honey	2 tbsp.	
Salt	1 tsp.	
Whole wheat flour	¾ cup	
Bread flour	2 cups	
Bread machine yeast	1 tsp.	

- Place ingredients in the pan of the bread machine in the order the ingredients are listed.
- Insert bread pan securely into baking chamber; close lid. Plug unit into wall outlet.
- Select wheat bread cycle, crust color, and the correct loaf size; press Start.
- When the bread is finished (all cycles are complete), remove the pan from the chamber (using potholders).
- Remove the bread from the pan and allow to cool (at least 20 minutes).

Whole Wheat Bread

Ingredients	1½ lb.	2 lb.
Milk (80°F – 90°F)	½ cup	¾ cup
Water (80°F – 90°F)	¼ cup	¼ cup
Small curd cottage cheese (80°F – 90°F)	¼ cup	1/3 cup
Unsalted butter or margarine, cut in pieces	3 tbsp.	¼ cup
Honey	3 tbsp.	¼ cup
Salt	1½ tsp.	2 tsp.
Whole wheat flour	1 cup	1¼ cups
Bread flour	2½ cups	2¾ cups
Bread machine yeast	1¾ tsp.	2¼ tsp.

- Place ingredients in the pan of the bread machine in the order the ingredients are listed.
- Insert bread pan securely into baking chamber; close lid. Plug unit into wall outlet.
- Select wheat bread cycle, crust color, and the correct loaf size; press Start.
- When the bread is finished (all cycles are complete), remove the pan from the chamber (using potholders).
- Remove the bread from the pan and allow to cool (at least 20 minutes).