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doctor san's cold, spicy and savory soba salad

serves 4

ingredients:

- 1 package soba
(buckwheat noodles)
- 2 onions finely sliced
- 2 tablespoons cilantro leaves
- 4 tablespoons kale leaves, chopped
- 1 small cucumber, sliced
- 1 lime, squeezed
- 4 tablespoons sesame oil
- 1 tablespoon soy sauce

Cook the soba noodles 4 minutes in boiling water. Rinse twice with cold water. Cool in refrigerator for 15 minutes. Whisk together all other ingredients. Pour over noodles and serve.



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