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Recipes

For Doctors Only

doctor husain's green lentil, lunch special

serves 4

ingredients:

1/2 cup of lentils
4 cups of water
2 onions, chopped
2 stalks of celery, chopped
2 tomatoes, peeled
1 carrot, chopped
2 garlic cloves, diced
2 tablespoons olive oil
1 tablespoon parsley leaves
1 tablespoon oregano leaves

Heat olive oil in a medium size saucepan, add chopped onions and celery. Cook for 1 or 2 minutes, add lentils, stir and cook for a few more minutes. Add tomatoes, carrot and garlic. Pour in water, bring to a boil, cover and cook on medium heat for one hour. Add parsley and oregano leaves and serve



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