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Recipes

The Doctors Speak

For Doctors Only

Doctor Reddy's
Pear, banana,
Pistachio and
Honey dessert

Serves 4

Ingredients:

1/2 cup pear, grated
1/2 cup banana, mashed
1/2 cup pistachios
2 tablespoons of honey

Mix all ingredients together. Chill 1/2 hour.



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