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doctor husain's lentil soup

serves 4

ingredients:

1/2 cup lentils
4 cups of water
2 onions chopped
2 stalks of celery chopped
2 tomatoes peeled
1 carrot chopped
4 garlic cloves dices
2 tablespoons extra virgin olive oil cold pressed
1 tablespoon each parsley and oregano

heat olive oil in medium sauce pan, add chopped onions and celery.
cook for 1 minute or 2, add lentils, stir, cook for a few more minutes.
add tomatoes, carrot and garlic.
add water, bring to a boil, cover and cook on medium heat for 45 minutes.
add parsley and oregano and serve.

