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doctor hassan's tasty, open faced tuna sandwich

serves 4

ingredients:

- 1 can white tuna
(solid packed in water)
- 4 scallions, chopped
- 8 leaves arugula, chopped
- 1 stalk celery, chopped
- 4 tablespoon mayonnaise
- salt to taste
- 1 tomato, sliced

Mix all ingredients together. Chill 10 minutes. Spread on whole grain crispbread. Add one slice of tomato to each sandwich. Sprinkle salt and serve.

