

# cooking with the doctors . com

## doctor padouvas's baked salmon dinner

serves 4

ingredients:

1 pound salmon  
8 small potatoes  
1 large spanish olives pits removed  
4 teaspoons fresh chopped dill  
1 cup dry white wine  
juice of 1/2 a lime  
4 tablespoons of olive oil  
salt, pepper, bay seasoning, 1 pinch chili pepper flakes

heat oven to 350 degrees for 15 minutes

in a large baking dish place onions, potatoes halved, olives and coat with olive oil

bake for 20 minutes then add half a cup of white wine

cook another 10 minutes and then add salmon and sprinkle with the fresh dill

bake 10 more minutes

add another 1/2 cup of white wine and pour the lime juice over the salmon

turn over salmon then broil for another 10 minutes

