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Recipes

For Doctors Only

doctor escobar's guacamole with corn tortilla chips

serves 4

ingredients:

2 medium soft avocados
1 medium tomato diced
1 small red onion diced
1 jalapeno pepper chopped
1 tablespoon cilantro chopped
1/2 lime squeezed

mash avocado until creamy, add diced tomatoes, diced red onion, chopped jalapeno pepper, cilantro leaves and lime juice.

mix all ingredients well and serve with tortilla chips

