

doctor pahlavan's fish stew

serves 4

ingredients:

- 1 pound grey sole
- 4 small potatoes
- 1 large tomato
- 4 celery stalks
- 4 carrots
- 2 onions
- 1 cup of fresh peas
- 1/4 of a cabbage

In a large pot place potatoes, tomatoes, celery, carrots, onions and cabbage, everything cut into medium size pieces and add 2 cups of water. Cook for 1 1/2 hour. Then add fish cut into bite size pieces and peas. Cook and additional 20 minutes. Add salt to taste. Top with parsley when serving.

