



DAILY MEDITATION TIMER

Keep track of how often you meditate and discover new techniques

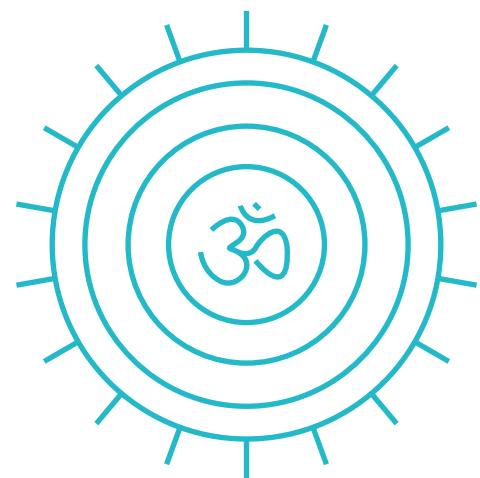


MEDIATE

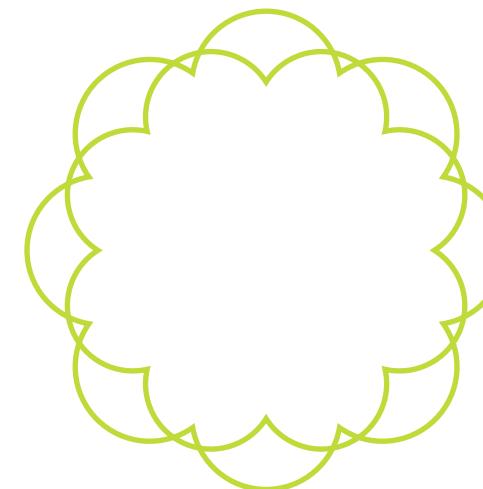
MEDITATIONS

USER PROFILE

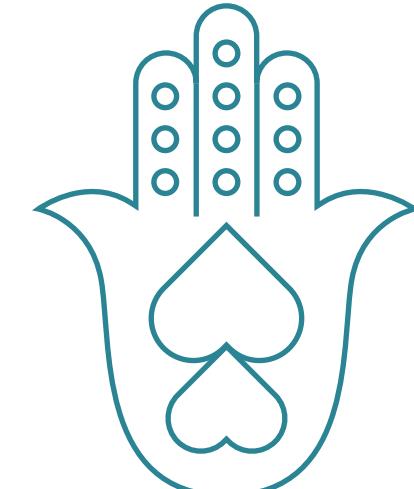
EXPLORE MEDITATIONS TECHNIQUES



GUIDED MEDITATION



MANTRA MEDITATION



META MEDITATION