

# R-101

## R installation instructions

There are two things you need to get started with R. These are:

### **R**

1. Download R directly from CRAN [here](#) (CRAN is the “Comprehensive R Archive Network”).
2. Choose your operating system and download the most up-to-date version that is available. As of 2015-01-25 that’s 3.2.3.
3. Install R on your system. If you’re running a modern computer (less than 5 years old) you’re probably safe to install the 64-bit version. If you have a very old laptop, it’s probably best to install the 32-bit version. (Note that 32/64-bit is an option in the installer once you launch it).

### **R-Studio**

1. Download RStudio from the website [here](#).
2. Install RStudio on to your machine. It should automatically detect your R installation and set itself up accordingly.

You’re done. RStudio have a nice overview of the environment in the first ~10 minutes of [this video](#), but we’ll go through it in the sessions, too.