Fitness

<https://levelskip.com/sports/the-best-kinect-fitness-games>

The Biggest Loser: Ultimate Workout - Kinect Official Trailer

<https://www.youtube.com/watch?v=c3d0KH-xbaI>

The Biggest Loser: Ultimate Workout is an exercise simulation game for Xbox 360, based on the popular The Biggest Loser television series. Utilizing seamless physical player movements only possible with Kinect for Xbox 360, The Biggest Loser: Ultimate Workout is designed to evolve along with the player's exercise routine. Featuring the cast and trainers from the TV show, the game's 125+ exercises, 2-4 player support via Xbox LIVE, new challenges, customization and more the game provides a fun and healthy exercise outlet suitable for every member of the family, regardless of their weight, physical ability or age.

The Biggest Loser Ultimate Workout for the Kinect uses the star power of trainers such as Jillian Michaels and Bob Harper to motivate you in your exercising routines. Motion controls and voice recognition work well. The activities are varied and interesting, and it tracks your measurements over time. Some users like that this game focuses more on the training aspect than Your Shape Fitness, its main competitor

EA Sports Active 2

<https://www.youtube.com/watch?v=U3iz0wEbcR4>

<https://en.wikipedia.org/wiki/EA_Sports_Active>

<https://www.ign.com/articles/2010/12/10/ea-sports-active-2-review>

<https://www.wired.com/2011/01/which-ea-sports-active-2-is-right-for-me/>

Availeble on : <https://www.amazon.com/EA-Sports-Active-2-Wii/dp/B003O6C0V4?th=1>

EA Sports Active 2 is the only fitness game that currently comes with a heart rate monitor. The results of the monitor display in-game on your screen, so that you can make sure that you're staying within your target range. Other than that, it's pretty similar to Your Shape Fitness (see below for more information). It's more focused on getting in shape than having fun, whatever the previews and trailers try to tell you.

Zumba Fitness Rush - Groove Yourself To Health

This game brings Zumba, the new exercise class dance craze, into the comfort of your own living room. You can use this great Kinect workout game without anyone else having to see you get good at the moves first!

Many people have gotten fit using Zumba over the years since it was first introduced; it's a great combination of music that gets you pumped and moves that get your heart pumping. They've fixed the motion issues that plagued the original game, and this remake has received excellent reviews on Amazon and elsewhere.

<https://www.youtube.com/watch?v=CLpx340uHYo>

<https://en.wikipedia.org/wiki/Zumba_Fitness_(video_game)>

<https://www.ign.com/games/zumba-fitness-world-party>

<http://www.impulsegamer.com/360zumbafitnesscore.html>

UFC Personal Trainer - Kick and Punch Your Way to Health

If you're not the type of person who gets into dancing or aerobics, then perhaps UFC Personal Trainer is for you. Drawing from a variety of MMA-inspired moves from diverse disciplines, and featuring UFC fighting personalities, this game definitely stands out from the Kinect fitness game crowd. Just make sure that you're not too close to the TV when you do your moves!

<https://www.ign.com/articles/2011/07/02/ufc-personal-trainer-the-ultimate-fitness-system-review-2>

<https://en.wikipedia.org/wiki/UFC_Personal_Trainer>

Shape Up

<https://en.wikipedia.org/wiki/Shape_Up_(video_game)>

<https://www.everybodyplays.co.uk/news/E3-2014-Ubisoft-show-off-Just-Dance-2015-Valiant-Hearts-and-Ass-Creed-Unity-/1710>

<https://www.ign.com/articles/2014/06/09/shape-up-announced-for-xbox-one>

<https://www.moddb.com/groups/anime/news/ubisoft-bets-wide>

Handicap

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5336067/> ? poate ma ajuta, dar nu cred

<https://www.semanticscholar.org/paper/Personal-Rehabilitation-Exercise-Assistant-with-and-Su/449ca98f759352333dc36dce6efcb8ca4b4f1ed5> ? Nici asta nu cred ca ma ajuta

<https://www.hongkiat.com/blog/innovative-uses-kinect/> suna destul de bine

animatii

<https://www.youtube.com/watch?v=wf6vtCgLk6w&feature=youtu.be&fbclid=IwAR1daURCpc8_tiP4xTyzohgz47HJ-ziY9k1q2wt1lLWquaE5nyIAy3xOPP0>