

QUESTION 1	OPTIONS	TOTAL
		1
	31 - 40	1
	40 - 50	1
	Over 50	1
	Under 30	1
QUESTION 2	OPTIONS	TOTAL
		1
	Female	1
	Male	1
QUESTION 3	OPTIONS	TOTAL
		1
	Married	1
	Single	1
	Widowed	1
QUESTION 4	OPTIONS	TOTAL
		1
	High School (Gr 10-12	1
	Tertiary (College & University)	1
QUESTION 5	OPTIONS	TOTAL
		1
	Body weight	1
	Finacial education I'd say...i sometimes find myself spending money on useless things	1
	Financial manag	1
	Finding the right business idea for me	1
	Forgetting and Bloating	1
	I got a car accident, I need to do physio	1
	Managing financial	1
	Marriage problems	1
	No challenge	1
	None	1
	Nothing	1
	Poverty (Lack of financial & other resources in life)	1
	Sickness (bodily complaints such as ailments & diseases)	1
	Sin (spiritual such as behavioural relationships issues)	1
	Weight	1
QUESTION 6	OPTIONS	TOTAL
		1
	Colleagues	1
	Consult my pastor	1
	Consult Psychologist or Counsellor	1
	depend on the problem	1
	Family	1

	Family elders	1
	Family member	1
	Friends	1
	Health Facility (Clinic, Health Centre, Hospital)	1
	I pray	1
	I usually stay alone talk to my saviour	1
	No where	1
	Other	1
	Pray	1
	Relax	1
	Share with spouse	1
	Talk to fr	1
	Wellness Centre	1
<b>QUESTION 7</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	At Work	1
	Church & Religious leaders	1
	Employer	1
	Family, friends, neighbours & colleagues	1
	I learn about wellness through my organization...World	1
	Muna	1
	Muna health life	1
	Muna program	1
	Newspaper and magazines	1
	Other	1
	Radio	1
	School & Teachers	1
	Univ	1
	Work	1
	Work pla	1
<b>QUESTION 8</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	Don't know	1
	It involves social, intellectual, physical, spiritual, emotional, occupational, and environmental	1
	It involves social, intellectual, physical, spiritual, emotional, occupational, and environmental,It involves social, intellectual, physical, spiritual, emotional, occupational, and environmental,It is the absence of disease	1
	occupational, and environmental,It involves social, intellectual, physical, spiritual, emotional, occupational, and environmental,It is total whole person well-being in spirit, body, a	1
	occupational, and environmental,It is total whole person well-being in spirit, body, and mind,It involves social, intellectual, physical, spiritual, emotional, occupational, and enviro	1
	It is total whole person well-being in spirit, body, and mind	1

	It is total whole person well-being in spirit, body, and mind,It involves social, intellectual, physical, spiritual, emotional, occupational, and environmental,It is total whole person well-being in spirit, body, and mind	1
	mind,It involves social, intellectual, physical, spiritual, emotional, occupational, and environmental,It is total whole person well-being in spirit, body, and mind,It is total whole person wel	1
	It is total whole person well-being in spirit, body, and mind,It is total whole person well-being in spirit, body, and mind,It is the absence of disease	1
<b>QUESTION 9</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	Financial	1
	Mental	1
	Physical	1
	Social	1
	Spiritual	1
<b>QUESTION 10</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	Bible Based Belief System	1
	Christianity & Other Religions	1
	Customs & Traditions	1
<b>QUESTION 11</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	Belief systems	1
	Don't Know	1
	Other People	1
	Satan the Devil	1
	The Holy Spirit	1
	The Human Spirit	1
<b>QUESTION 12</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	My Blood Pressure	1
	My Body Mass Index	1
	My body weight	1
	My height	1
	My Random Sugar level	1
<b>QUESTION 13</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	Cancer	1
	Cancer,Cancer,Diabetes,Cancer,Cancer,High Blood pressure (Hypertension)	1
	Cancer,Cancer,Diabetes,Cancer,Diabetes,High Blood pressure (Hypertension)	1

	pressure (Hypertension),Cancer,Diabetes,High Blood pressure (Hypertension),Heart disease,HIV,Cancer,Diabetes,High Blood pressure (Hypertension),Heart disease	1
	Cancer,Cancer,Diabetes,HIV,Cancer,Diabetes	1
	Cancer,Cancer,High Blood pressure (Hypertension)	1
	Cancer,Cancer,High Blood pressure (Hypertension),Cancer,Diabetes,High Blood pressure (Hypertension),HIV,Cancer,Diabetes,High Blood pressure (Hypertension)	1
	(Hypertension),Cancer,High Blood pressure (Hypertension),Heart disease	1
	Cancer,HIV,Cancer,HIV,Cancer,High Blood pressure	1
	Diabetes	1
	Diabetes,Cancer,Diabetes,Cancer,Diabetes,Kidney disease,Cancer,Diabetes,Kidney disease,Heart disease,Cancer,Diabetes,Kidney disease,Cancer,Diabetes,Cancer,Diabetes,High Blood pressure (Hypertension),Cancer,Diabetes,High Blood pressure (Hypertension),	1
	Diabetes,Diabetes,High Blood pressure (Hypertension)	1
	Diabetes,Diabetes,High Blood pressure (Hypertension),Diabetes,High Blood pressure (Hypertension),Heart disease,Diabetes,High Blood pressure (Hypertension),Heart disease,Stress,Diabetes,High Blood pressure (Hypertension),Heart disease	1
	(Hypertension),Diabetes,High Blood pressure (Hypertension),Kidney disease,Diabetes,High Blood pressure (Hypertension),Kidney disease,Heart disease,Cancer,Diabetes,High Blood pressure (Hypertension),Kidney disease	1
	(Hypertension),Diabetes,High Blood pressure (Hypertension),Kidney disease,Diabetes,High Blood pressure (Hypertension),Kidney disease,Heart disease,Diabetes,High Blood pressure (Hypertension),Kidney disease,Heart	1
	Diabetes,Diabetes,High Blood pressure (Hypertension),Diabetes,High Blood pressure (Hypertension),Stress,HIV,Diabetes,High Blood pressure (Hypertension),Stress	1
	Heart disease,Heart disease,Stress,Stress	1
	Heart disease,High Blood pressure (Hypertension),Heart disease,Diabetes,High Blood pressure (Hypertension),Heart disease,High Blood pressure (Hypertension),Heart disease,Diabetes,High Blood pressure (Hypertension),Heart disease,Cancer,Diabetes,High B	1
	Heart disease,Kidney disease,Heart disease,Kidney disease,Kidney disease,Heart disease,Kidney disease,Kidney disease,Heart disease,Kidney disease,High Blood pressure (Hypertension),Kidney disease	1

	High Blood pressure (Hypertension)	1
	High Blood pressure (Hypertension),Cancer,High Blood pressure (Hypertension)	1
	High Blood pressure (Hypertension),Diabetes,High Blood pressure (Hypertension)	1
	pressure (Hypertension),Cancer,Diabetes,High Blood pressure (Hypertension),Cancer,Diabetes,High Blood pressure (Hypertension),Kidney disease,HIV,Cancer,Diabetes,High Blood pressure (Hypertension)	1
	High Blood pressure (Hypertension),Diabetes,High Blood pressure (Hypertension),Diabetes,High Blood pressure (Hypertension),Stress,HIV,Diabetes,High Blood pressure (Hypertension),Stress,HIV,Cancer,Diabetes,High Blood pressure (Hypertension),Stress	1
	High Blood pressure (Hypertension),High Blood pressure (Hypertension),Kidney disease,HIV,High Blood pressure (Hypertension),Kidney disease,HIV,Diabetes,High Blood pressure (Hypertension),Kidney disease,HIV,Diabetes,High Blood pressure (Hypertension),	1
	High Blood pressure (Hypertension),High Blood pressure (Hypertension),Stress	1
	High Blood pressure (Hypertension),High Blood pressure (Hypertension),Stress,Diabetes,High Blood pressure (Hypertension),Stress	1
	High Blood pressure (Hypertension),High Blood pressure (Hypertension),Stress,High Blood pressure (Hypertension)	1
	High Blood pressure (Hypertension),High Blood pressure (Hypertension),Stress,HIV,High Blood pressure (Hypertension),Stress,HIV,Cancer,High Blood pressure (Hypertension),Stress,TB,HIV,Cancer,High Blood pressure (Hypertension),Stress,TB,HIV,Cancer,Diab	1
	High Blood pressure (Hypertension),HIV,High Blood pressure (Hypertension)	1
	pressure (Hypertension),HIV,Cancer,High Blood pressure (Hypertension),HIV,High Blood pressure (Hypertension),High Blood pressure (Hypertension),Cancer,High Blood pressure (Hypertension),HIV,Cancer,Hig	1
	pressure (Hypertension),HIV,High Blood pressure (Hypertension),Stress	1
	(Hypertension),TB,Cancer,High Blood pressure (Hypertension),TB,HIV,Cancer,High Blood pressure (Hypertension)	1
	HIV	1
	HIV,HIV,Cancer,HIV,Cancer,Diabetes,HIV,Cancer,Diabetes,H igh Blood pressure (Hypertension)	1
	HIV,HIV,Cancer,HIV,Cancer,High Blood pressure	1

	(Hypertension),HIV,Cancer,High Blood pressure (Hypertension),Kidney disease,HIV,Cancer,Diabetes,High Blood pressure (Hypertension),Kidney disease,HIV,Cancer,Diabetes,High Blood pressure (Hypertension),Kid	1
	HIV,HIV,Diabetes,HIV,Diabetes,High Blood pressure	1
	HIV,HIV,Diabetes,HIV,Diabetes,High Blood pressure (Hypertension),HIV,Diabetes,High Blood pressure (Hypertension),Heart disease,HIV,Diabetes,High Blood pressure (Hypertension),Kidney disease,Heart disease	1
	HIV,HIV,Diabetes,HIV,Diabetes,High Blood pressure (Hypertension),HIV,Diabetes,High Blood pressure (Hypertension),Kidney disease	1
	(Hypertension),HIV,Diabetes,High Blood pressure (Hypertension),Kidney disease,HIV,Cancer,Diabetes,High Blood pressure (Hypertension),Kidney disease,HIV,Cancer,Diabetes,High Blood pressure (Hypertensio	1
	HIV,HIV,Diabetes,HIV,Diabetes,High Blood pressure (Hypertension),HIV,Diabetes,High Blood pressure (Hypertension),Kidney disease,HIV,Diabetes,High Blood pressure (Hypertension),Kidney disease,Heart disease,HIV,Diabetes,High Blood pressure (Hypertensio	1
	HIV,HIV,Diabetes,HIV,Diabetes,High Blood pressure (Hypertension),HIV,Diabetes,High Blood pressure (Hypertension),Kidney disease,HIV,Diabetes,High Blood pressure (Hypertension),Kidney disease,Stress	1
	(Hypertension),HIV,Diabetes,High Blood pressure (Hypertension),Kidney disease,HIV,Diabetes,High Blood pressure (Hypertension),Kidney disease,Stress,HIV,Diabetes,High Blood pressure (Hypertension),Kidn	1
	HIV,HIV,Diabetes,HIV,Diabetes,High Blood pressure (Hypertension),HIV,Diabetes,High Blood pressure (Hypertension),Stress	1
	HIV,HIV,High Blood pressure (Hypertension)	1
	(Hypertension),HIV,Diabetes,High Blood pressure (Hypertension)	1
	(Hypertension),HIV,Diabetes,High Blood pressure (Hypertension),HIV,Diabetes,High Blood pressure (Hypertension),Stress,HIV,Diabetes,High Blood pressure (Hypertension),Kidney disease,Stress	1
	HIV,HIV,Kidney disease,HIV,High Blood pressure (Hypertension),Kidney disease	1
	HIV,Stress,HIV,Stress,HIV,Diabetes,Stress,HIV,Diabetes,High Blood pressure (Hypertension),Stress	1

	ancer,Diabetes,High Blood pressure (Hypertension),TB,HIV,Cancer,Diabetes,High Blood pressure (Hypertension),Heart disease,TB,HIV,Cancer,Diabetes,High Blood pressure (Hypertension),Kidney disease	1
	HIV,TB,HIV,TB,HIV,High Blood pressure (Hypertension)	1
	(Hypertension),TB,HIV,Diabetes,High Blood pressure (Hypertension)	1
	disease,Diabetes,High Blood pressure (Hypertension),Kidney disease,Cancer,Diabetes,High Blood pressure (Hypertension),Kidney disease,HIV,Cancer,Diabetes,High Blood pressure (Hypertension),Kidne	1
	Stress	1
	Blood pressure (Hypertension),Heart disease,Stress,Diabetes,High Blood pressure (Hypertension),Heart disease,Stress,Diabetes,High Blood pressure (Hypertension),Heart disease	1
	Blood pressure (Hypertension),Heart disease,HIV,High Blood pressure (Hypertension),Heart disease,Stress,HIV,High Blood pressure (Hypertension),Kidney disease,Heart disease,Stress,HIV,Kidney disea	1
	Blood pressure (Hypertension),Kidney disease,HIV,High Blood pressure (Hypertension),Kidney disease,Heart disease,HIV,Diabetes,High Blood pressure (Hypertension),Kidney disease,Heart disease	1
	TB,TB,Cancer,TB,Cancer,Diabetes,TB,Cancer,Diabetes,High Blood pressure (Hypertension),TB,Cancer,High Blood pressure (Hypertension),TB,Cancer,Diabetes,High Blood pressure (Hypertension)	1
	TB,TB,HIV	1
	TB,TB,HIV,TB,HIV,Cancer	1
	TB,TB,HIV,TB,HIV,Cancer,TB,HIV,Cancer,Diabetes,TB,HIV,Cancer,Diabetes,High Blood pressure (Hypertension)	1
	ncer,Diabetes,High Blood pressure (Hypertension),TB,HIV,Cancer,Diabetes,High Blood pressure (Hypertension),Kidney disease,TB,HIV,Cancer,Diabetes,High Blood pressure (Hypertension),Kidney disease	1
	TB,TB,HIV,TB,HIV,Cancer,TB,HIV,Cancer,Diabetes,TB,HIV,Cancer,Diabetes,High Blood pressure (Hypertension),TB,HIV,Cancer,Diabetes,High Blood pressure (Hypertension),Stress	1
	TB,TB,HIV,TB,HIV,Diabetes,TB,HIV,Diabetes,High Blood pressure (Hypertension)	1
	TB,TB,HIV,TB,HIV,Diabetes,TB,HIV,Diabetes,High Blood pressure (Hypertension),TB,HIV,Diabetes,High Blood pressure (Hypertension),Heart disease	1

	pressure (Hypertension),TB,HIV,Diabetes,High Blood pressure (Hypertension),Heart disease,TB,HIV,Diabetes,High Blood pressure (Hypertension),Heart disease,Stress	1
	pressure (Hypertension),TB,HIV,Diabetes,High Blood pressure (Hypertension),Kidney disease,TB,HIV,Diabetes,High Blood pressure (Hypertension),Kidney disease,Stress	1
<b>QUESTION 14</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	I don't know	1
	Making Money legally	1
	Saving Money Intelligently	1
	Spending Money Wisely	1
<b>QUESTION 15</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	No	1
	Yes	1
<b>QUESTION 16</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	No	1
	Yes	1
<b>QUESTION 17</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	At Muna it is more inclusive of all the aspects of life.	1
	Check and know your health conditions	1
	didn't pay attention to wellness	1
	Focusing on financial wellness	1
	Good services provided by Muna and the information provided was help	1
	Here need to move sickness mode and become healthy	1
	Holistically approach	1
	I am able to practice healthy habits on a daily basis to attain better physical and mental health outcomes,	1
	I feel it is essential and one has to be willing to invest in it.	1
	I have been trained on Physical, emotional, mental, spiritual wellness	1
	I have gain more knowledge about wellness and to live	1
	I learnt more about wellness	1
	I was able to adopt good health behaviours like eating according to my blood group and exercising regularly.	1
	I was able to maintain my cholesterol level	1
	I was able to maintain my health status	1
	In the last 3 years I have been I'm the MUNA program	1
	It changes ones attitude	1
	It equips people with knowledge in order to take care of	1



	It has improved my eating behaviour	1
	It helped me so much it opened my eyes on many things on how to live a healthy lifestyle.	1
	It helped me understand the importance of wellness	1
	It helps	1
	It helps improve life holistically. It is about your mind, body and your spiritual wellbeing	1
	it is a carer of carers program	1
	It is a good thing	1
	It is a programm that helps me to maintain and taking care myself in eating well, taking enough water and do exer	1
	It is good session	1
	It was a good experience to know that if one can change bad behaviour life can go a long way.	1
	It was a great experience with meal plans aswell	1
	It was an annual event with limited scree	1
	It was an average experience as it is universal and not tailored to one's personal needs	1
	It was good	1
	It was good, I had time to talk about my issue and refresh while learning about healthy see8ng behaviours	1
	It was great	1
	It was well worth informing	1
	It's good but may need to improve the physical, need to include gyms consistantly	1
	It's the best decision a person can make, it prolongs and promotes good behaviour and well being	1
	It's very informative and necessary	1
	It's necessary & improves wellbeing	1
	Knowing my BMI also the importance of having a good diet	1
	Muna	1
	Muna health with its complete set for wellness	1
	No	1
	Progressing well	1
	Services from Muna	1
	Taking care of your whole life	1
	The importance of keeping one well in body , spirit and	1
	The importance of keeping yourself well taken care of	1
	They help one to live a healthy life style.	1
	Wellness	1
	health..rather than curing because it may be difficult to cure.better prevent it.	1
	Wellness is important	1
	Wellness taught me to take care of my body	1
<b>QUESTION 18</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	Because it is important for my wellbeing. For me to function to the best of my abilities I must be well	1
	Because it relieves from stress	1

	Because one need to be healthy	1
	Because sometimes I need to be taken care of in my	1
	Because the service is necessary to be in good health for health production.	1
	for general health being	1
	For my well	1
	For physical health	1
	I believe wellness needs constant work, so one needs to even learn to maintain it.	1
	I feel overwhelmed	1
	I need to accomodate even my family	1
	I still need to learn more on financial issues and relationships matters.	1
	It builds my body and prolonging unnecessary sickness	1
	It can enhance my well-being and I can be able to deliver	1
	It has good results in my life	1
	It has to be a lifestyle	1
	It helps me balance my life physically, spiritually and	1
	It helps me understand my well being	1
	It improves my belief system and make me understand my body language. It also prevent me from haunting diseases.	1
	It is eye opening on a lot of perspective of life	1
	It is good for the mind, body and spirit	1
	It keeps healthy an conscious about health issuea	1
	It keeps me updated with my lifestyle	1
	It prevents sickness and hospitalization	1
	It's help improve my behavior and life style	1
	Its help me to live longer	1
	Knowing your health conditions and prevent diseases in you life is better than treatment	1
	Knowledge	1
	No	1
	Payment of gyms sessions paid by Swazimed	1
	So that am well informed about it	1
	So that i can better take care of myself	1
	So that I stay health and perform in my workplace	1
	Staff are always working hard to meet objectives and target and that drains them physically and mentally. therefore, there is a need for constant mental health support to prevent illnesses due to burn out and stress	1
	This brings about life balance	1
	This regenerate life for a better health activities	1
	To	1
	To add more on financial management and marriage issues	1
	To be well equipped on the well being	1
	To achieve my desired health goals	1
	To be health	1
	To be proactive at work and home	1
	To continue managing my lifestyle	1
	To focus on all aspects of life	1

	To have a healthy life	1
	To help with my health.	1
	To improve my physical and mental health	1
	To keep my body healthy	1
	To keep my wellbeing good	1
	To keep track and monitor my well being	1
	To know more	1
	to know more about the benefits of wellness	1
	To know more about the wellness	1
	To maintain my health life	1
	To make sure that i remain healthy	1
	To manage my health status more	1
	To stay healthy	1
	To stay healthy and check on all my health vital numbers	1
	To take care of my self mentally and otherwise	1
	Want to know more on how I can take care of myself wisely	1
	Wellness is important	1
	Wellness program enables me to refresh and relieve stress	1
	Wellness taught us how we can keep our bodies healthy.it is better to prevent because it hard to cure	1
<b>QUESTION 19</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	No	1
	Yes	1
<b>QUESTION 20</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	No	1
	Yes	1
<b>QUESTION 21</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	All the above	1
	Clinics	1
	Health facility	1
	Wellness centres	1
<b>QUESTION 22</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	All the above	1
	Annual outing wellness recreation meetings	1
	By monthly wellness newsletters & magazines	1
	Monthly workplace wellness meeting	1
	National wellness conferences conferences	1
	Quarterly wellness workshops & seminars	1
<b>QUESTION 23</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	Behaviour change & counselling	1

	Body composition analysis & weight management	1
	Chronic communicable & non communicable diseases	1
	Emotional and mental health	1
	Financial health	1
	Healthlife (wellness) practices	1
	Wellness maintenance	1
<b>QUESTION 24</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	By having a social support by family, friends, & community	1
	community,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support	1
	community,By making more money,By having a social support by family, friends, & community,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends, & community,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends, & community,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends, & community,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making	1
	By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health)	1
	(Physical health) and mind (Financial Health),By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community	1

	By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community,Through eating a balanced diet,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community	1
	(Physical health) and mind (Financial Health),Through eating a balanced diet,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health)	1
	(Physical health) and mind (Financial Health),Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health)	1
	(Physical health) and mind (Financial Health),Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, &	1
	making more money,Through eating a balanced diet,Through regular exercise,By making more money,Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social	1
	Through eating a balanced diet	1
	Through eating a balanced diet,Through eating a balanced diet,By having a social support by family, friends, & community,By having a social support by family, friends, & community,Through eating a balanced diet,By having a social support by family, friends, & community	1

	Through eating a balanced diet,Through eating a balanced diet,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health)	1
	diet,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through eating a balanced diet,By having a social support by family, friends, & community,Through eating a balanced diet,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community	1
	diet,Through eating a balanced diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,By having a social support by family, friends, & community,Through eating a balanced diet,Through regular exercise,By making more money,By having a social support by family, friends, & community	1
	diet,Through prayer,Through eating a balanced diet,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community	1
	Through eating a balanced diet,Through eating a balanced diet,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer	1
	diet,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends,	1

	diet,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By	1
	Through eating a balanced diet,Through eating a balanced diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,By having a social support by family, friends, & community	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health)	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community	1

	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community,Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends, & community,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends,	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends, & community	1



	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends, & community	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,By making more money,Through eating a balanced diet,Through regular exercise,By making more money,By having a social support by family, friends, & community	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By having a social support by family, friends, & community,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends, & community	1

	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By having a social support by family, friends, & community,Through eating a balanced diet,Through regular exercise,Through prayer,By making more money,By having a social support by family, friends, & community,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends, & community	1
	Through eating a balanced diet,Through eating a balanced diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health)	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health)	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends, & community	1

	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends,	1
	Through eating a balanced diet,Through eating a balanced diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends,	1
	Through eating a balanced diet,Through eating a balanced diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community	1

	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends,	1
	Through eating a balanced diet,Through eating a balanced diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends,	1
	Through eating a balanced diet,Through eating a balanced diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community	1

	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends, & community	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends,	1

	Through eating a balanced diet,Through eating a balanced diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends,	1
	Through eating a balanced diet,Through eating a balanced diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, & community	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends,	1

	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends,	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through prayer,By making more money,Through eating a balanced diet,Through regular exercise,Through prayer,By making more money,By having a social support by family, friends, & community	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,Through prayer,Through eating a balanced diet,Through regular exercise,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health)	1
	Through eating a balanced diet,Through eating a balanced diet,Through regular exercise,Through regular exercise	1
	exercise,Through eating a balanced diet,Through regular exercise	1
	prayer,Through eating a balanced diet,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,Through eating a balanced diet,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends, & community,Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money,By having a social support by family, friends, & community	1

	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health)	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By having a social support by family, friends, &	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),By making more money	1
	diet,Through regular exercise,Through eating a balanced diet,Through regular exercise,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health),Through eating a balanced diet,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health)	1
	Through regular exercise,Through regular exercise,Through prayer,Through regular exercise,Through prayer,By maintaining well-being of spirit (spiritual Health), body (Physical health) and mind (Financial Health)	1
<b>QUESTION 25</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	Believing, Trusting, and Obeying God	1
	Believing, Trusting, and Obeying God,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments)	1
	and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Believing, Trusting, and Obeying God,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Drinking 6-8 glasses of Water per day,Getting enough Sunlight and Preserving Nature	1



	<p>Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, practicing regularity in Eating, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, practicing regularity in</p>	1
	<p>and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Doing Moderate Physical work (Exercises) 15-30 minutes daily, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of Water per day, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of</p>	1

	and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Doing Moderate Physical work (Exercises) 15-30 minutes	1
	and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes	1

	<p>Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Drinking 6-8 glasses of Water per day, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Drinking 6-8 glasses of Water per day, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Drinking 6-8 glasses of Water per day, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of</p>	1
	<p>and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Drinking 6-8 glasses of Water per day, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Drinking 6-8 glasses of Water per day, Maintaining a good body composition (weight) for my sex, age, height, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Eating Balanced Nutrients with plenty of</p>	1

	<p>Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of Water per day, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of Water per day, Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich</p>	2
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	<p>Believing, Trusting, and Obeying God, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Practicing regularity in Eating, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of Water per day, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating</p>	1
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	<p>Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of Water per day, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of Water per day, Maintaining a good body composition (weight) for my sex, age, height, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in</p>	1
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	<p>Believing, Trusting, and Obeying God, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Practicing regularity in Eating, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of Water per day, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating</p>	1
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	<p>Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of Water per day, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of Water per day, Maintaining a good body composition (weight) for my sex, age, height, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in</p>	1
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	<p>Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs, Maintaining a good body composition (weight) for my sex, age, height, Believing, Trusting, and</p>	1
	<p>and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Maintaining a good body composition (weight) for my sex, age, height, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Doing</p>	1

	and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits &	1
	and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water	1

	<p>Believing, Trusting, and Obeying God, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, practicing regularity in Eating, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, practicing regularity in Eating, Drinking 6-8 glasses of Water per day, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp; vegetables, practicing regularity in Eating, Drinking 6-8 glasses of Water per day, Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits &amp;</p>	1
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	Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits & vegetables, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits & vegetables, practicing regularity in Eating, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits & vegetables, practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits & vegetables, practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of Water per day, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Eating	1
	and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), practicing regularity in Eating, Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily	1
	and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Breathing Fresh Natural Oxygen (Being in oxygen rich environments), Cultivating Temperance (Self-control), Sleeping 2 hours before midnight and for 5-6 hours	1

	and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Sleeping 2 hours before midnight and for 5-6	1
	and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Sleeping 2 hours before midnight and for 5-6 hours thereafter in	1
	Believing, Trusting, and Obeying God,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Drinking 6-8 glasses of Water per day	1

	<p>and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits &amp; vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits &amp; vegetables,Doing Moderate Physical work</p>	1
	<p>and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits &amp; vegetables,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits &amp; vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits &amp; vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits &amp; vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits &amp; vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of</p>	2

	and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Maintaining a good body	1
	and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Maintaining a good body composition (weight) for my sex, age, height,Believing,	1
	and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day	1

	and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day,Getting enough Sunlight and Preserving Nature,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of	1
	and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,racticing regularity in Eating,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,racticing regularity in Eating,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,racticing regularity in Eating,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,racticing regularity in Eating,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Maintaining a good body composition (weight) for my sex, age, height,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced	1
	and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Getting enough Sunlight and Preserving Nature	1



	and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),racting regularity in Eating,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),racting regularity in Eating,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),racting regularity in Eating,Doing Moderate Physical work (Exercises) 15-30 minutes	1
	and Obeying God,Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating	1
	and Obeying God,Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Eating Balanced	1

	and Obeying God,Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Drinking 6-8 glasses of Water per day	1
	and Obeying God,Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Drinking 6-8 glasses of Water per day,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Believing, Trusting, and Obeying God,Drinking 6-8 glasses of Water per day,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs	1
	and Obeying God,Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Maintaining a good body	1
	and Obeying God,Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,racticing regularity in Eating,Drinking 6-8 glasses of Water per day	1

	Believing, Trusting, and Obeying God, Believing, Trusting, and Obeying God, Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits & vegetables, Believing, Trusting, and Obeying God, Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits & vegetables, practicing regularity in Eating, Believing, Trusting, and Obeying God, Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits & vegetables, practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Believing, Trusting, and Obeying God, Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits & vegetables, practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of Water per day, Believing, Trusting, and Obeying God, Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits & vegetables, practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of Water per day, Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs, Believing, Trusting, and Obeying God, Cultivating Temperance (Self-control), Eating Balanced Nutrients with plenty of fruits & vegetables, practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of Water per day, Sleeping 2 hours before midnight and for 5-6	1
	and Obeying God, Cultivating Temperance (Self-control), Believing, Trusting, and Obeying God, Cultivating Temperance (Self-control), practicing regularity in Eating, Believing, Trusting, and Obeying God, Cultivating Temperance (Self-control), practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Believing, Trusting, and Obeying God, Cultivating Temperance (Self-control), practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of Water per day, Believing, Trusting, and Obeying God, Cultivating Temperance (Self-control), practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of	1
	Believing, Trusting, and Obeying God, Believing, Trusting, and Obeying God, Doing Moderate Physical work (Exercises) 15-30 minutes daily	1

	and Obeying God,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Getting enough Sunlight and Preserving Nature,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Getting	1
	and Obeying God,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs	1
	Believing, Trusting, and Obeying God,Believing, Trusting, and Obeying God,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Drinking 6-8 glasses of Water per day,Maintaining a good body composition (weight) for my sex, age, height	1
	and Obeying God,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day	1
	Believing, Trusting, and Obeying God,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables	1
	and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily	1

	and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Sleeping 2 hours before midnight and for 5-6 hours	1
	and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Maintaining a good body composition	1
	and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Sleeping 2 hours before midnight and for 5-6 hours	1

	and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Getting enough Sunlight and Preserving Nature	1
	and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Maintaining a good body composition (weight) for my	1
	and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,racticing regularity in Eating,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,racticing regularity in Eating,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,racticing regularity in Eating,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,racticing regularity in Eating,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,racticing regularity in Eating,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating	1

	Believing, Trusting, and Obeying God,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day	1
	and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day,Maintaining a good body composition (weight) for my sex, age, height	1
	and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs	1
	and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,racticing regularity in Eating,Drinking 6-8 glasses of Water per day	1

	<p>Believing, Trusting, and Obeying God, Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Believing, Trusting, and Obeying God, Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Practicing regularity in Eating, Believing, Trusting, and Obeying God, Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Believing, Trusting, and Obeying God, Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of Water per day, Believing, Trusting, and Obeying God, Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of Water per day, Maintaining a good body composition (weight) for my sex, age, height, Believing, Trusting, and Obeying God, Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8 glasses of Water per day, Maintaining a good body composition (weight) for my sex, age, height, Getting enough Sunlight and Preserving Nature, Believing, Trusting, and Obeying God, Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Practicing regularity in Eating, Doing Moderate Physical work (Exercises) 15-30 minutes daily, Drinking 6-8</p>	1
	<p>and Obeying God, Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Believing, Trusting, and Obeying God, Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs, Believing, Trusting, and Obeying God, Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Believing, Trusting, and Obeying God, Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Maintaining a good body composition (weight)</p>	1
	<p>and Obeying God, Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Believing, Trusting, and Obeying God, Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs, Believing, Trusting, and Obeying God, Eating Balanced Nutrients with plenty of fruits &amp; vegetables, Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs, Maintaining a good body composition (weight) for my sex, age, height</p>	1



	and Obeying God,racticing regularity in Eating,Believing, Trusting, and Obeying God,racticing regularity in Eating,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,racticing regularity in Eating,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Cultivating Temperance (Self-control),racticing regularity in Eating,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of	1
	Believing, Trusting, and Obeying God,Believing, Trusting, and Obeying God,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs	1
	and Obeying God,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs	1
	environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Believing, Trusting, and Obeying	1

	<p>Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits &amp; vegetables,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits &amp; vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits &amp; vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits &amp; vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits &amp; vegetables,practicing regularity in Eating,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Breathing Fresh</p>	1
	<p>environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits &amp; vegetables,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits &amp; vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits &amp; vegetables,Doing Moderate Physical work</p>	1

	Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,racticing regularity in Eating,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,racticing regularity in Eating,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,racticing regularity in Eating,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,racticing regularity in Eating,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Maintaining a good body composition (weight) for my sex, age, height,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen	1
	Natural Oxygen (Being in oxygen rich environments),Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Maintaining a good body composition (weight) for my sex, age, height,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with	1
	Doing Moderate Physical work (Exercises) 15-30 minutes	1
	Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God	1
	daily,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day	1

	Drinking 6-8 glasses of Water per day	1
	Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day,Getting enough Sunlight and	1
	Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God	1
	Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables	1
	vegetables,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Sleeping 2 hours before midnight and for 5-6	1
	vegetables,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day	1
	vegetables,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day,Maintaining a good body composition (weight) for	1
	vegetables,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Maintaining a good body composition (weight) for my sex, age, height,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Drinking 6-8 glasses of Water per day,Maintaining a good body composition (weight) for my sex, age, height	1

	vegetables,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Eating Balanced Nutrients with plenty of fruits & vegetables,Doing Moderate Physical work (Exercises) 15-30 minutes daily,Maintaining a good body composition	1
	vegetables,Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day,Believing, Trusting, and Obeying God,Eating Balanced Nutrients with plenty of fruits & vegetables,Drinking 6-8 glasses of Water per day	1
	Maintaining a good body composition (weight) for my sex, age, height	1
	Maintaining a good body composition (weight) for my sex, age, height,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Maintaining a good body composition (weight) for my sex, age, height,Maintaining a good body composition (weight) for my sex, age, height,Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs,Maintaining a good body composition (weight) for my sex, age, height,Maintaining a good body composition (weight) for my sex, age, height,Believing, Trusting, and Obeying God,Maintaining a good body composition (weight) for my sex, age, height,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Maintaining a good body composition (weight) for my sex, age, height,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Maintaining a good body composition (weight) for my sex, age, height,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,Maintaining a good body composition (weight) for my sex, age, height,Believing, Trusting, and Obeying God,Breathing Fresh Natural Oxygen (Being in oxygen rich environments),Cultivating Temperance (Self-control),Eating Balanced Nutrients with plenty of fruits & vegetables,racticing regularity in Eating,Maintaining a good	1
	Sleeping 2 hours before midnight and for 5-6 hours thereafter in 24hrs	1
<b>QUESTION 26</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1

	A three to six month's savings	1
	A three to six month's savings,A three to six month's savings,Investing in Assets of Life and Ownership Assets,A three to six month's savings,Investing in Assets of Life and Ownership Assets,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt	1
	A three to six month's savings,Returning Tithe,A three to six month's savings	1
	Avoiding Bad Debt while utilizing Good Debt	1
	Avoiding Bad Debt while utilizing Good Debt,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets	1
	Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	Avoiding Bad Debt while utilizing Good Debt,Planning for Budget Surplus,Planning for Budget Surplus,Returning Tithe	1
	Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance)	1
	Wellness Maintenance),Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance)	1
	Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Investing in Assets of Life and Ownership Assets	1
	Wellness Maintenance),Returning Tithe,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Planning for Budget Surplus,Returning Tithe,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance)	1
	Investing in Assets of Life and Ownership Assets	1
	Investing in Assets of Life and Ownership Assets,Investing in Assets of Life and Ownership Assets,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	Paying Yourself First (PYF) as an expense	1
	First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets	1

	First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets,Planning for Retirement	1
	First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Paying Yourself First (PYF) as an expense,Paying Yourself First (PYF) as an expense,Investing in Assets of Life and Ownership Assets,Paying Yourself First (PYF) as an expense,A three to six month's savings,Investing in Assets of Life and Ownership Assets,Paying Yourself First (PYF) as an expense,A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets,Using a Money Allocation Framework (MAF),Paying Yourself First (PYF) as an expense,A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets,Paying Yourself First (PYF) as an expense,A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets,Planning for Budget Surplus,Paying Yourself First (PYF) as an expense,A three to six month's savings,Avoiding Bad Debt while utilizing Good	1
	Paying Yourself First (PYF) as an expense,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Returning Tithe,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Returning Tithe,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets	1
	First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),A three to six month's savings,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Planning for Retirement fromWorking for Money (Financialintelligence)	1

	First (PYF) as an expense,Investing in Assets of Life and Ownership Assets,Paying Yourself First (PYF) as an expense,Investing in Assets of Life and Ownership Assets,Planning for Retirement fromWorking for Money (Financialintelligence),Planning for Budget Surplus,Paying Yourself First (PYF) as an expense,Investing in Assets of Life and Ownership Assets,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	First (PYF) as an expense,Planning for Retirement fromWorking for Money (Financialintelligence),Planning for Budget Surplus,Paying Yourself First (PYF) as an expense,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	Allocation Framework (MAF),Paying Yourself First (PYF) as an expense,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Paying Yourself First (PYF) as an expense,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Paying Yourself First (PYF) as an expense,Investing in Assets of Life and Ownership Assets,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Paying Yourself First (PYF) as an expense,Investing in Assets of Life and Ownership Assets,Planning for Retirement fromWorking for	1
	Allocation Framework (MAF),Paying Yourself First (PYF) as an expense,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Paying Yourself First (PYF) as an expense,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets,Planning for Retirement	1
	Planning for Budget Surplus	1
	Planning for Budget Surplus,Planning for Budget Surplus,A three to six month's savings	1
	three to six month's savings,Planning for Budget Surplus,A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt	1



	three to six month's savings,Planning for Budget Surplus,A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Planning for Budget Surplus,A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Planning for Retirement fromWorking for Money (Financialintelligence),Planning for Budget Surplus,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	Planning for Budget Surplus,Planning for Budget Surplus,A three to six month's savings,Planning for Budget Surplus,A three to six month's savings,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	Planning for Budget Surplus,Planning for Budget Surplus,Avoiding Bad Debt while utilizing Good Debt	1
	Surplus,Investing in Assets of Life and Ownership Assets,Planning for Budget Surplus,A three to six month's savings,Investing in Assets of Life and Ownership Assets,Planning for Budget Surplus,A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets,Planning for Budget Surplus,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and	1
	Planning for Budget Surplus,Planning for Budget Surplus,Paying Yourself First (PYF) as an expense,Planning for Budget Surplus,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt	1
	Surplus,Paying Yourself First (PYF) as an expense,Planning for Budget Surplus,Paying Yourself First (PYF) as an expense,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	Surplus,Paying Yourself First (PYF) as an expense,Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	Planning for Budget Surplus,Planning for Budget Surplus,Returning Tithe	1

	Surplus,Returning Tithe,Planning for Budget Surplus,Returning Tithe,Avoiding Bad Debt while utilizing Good Debt,Planning for Budget Surplus,Returning Tithe,Avoiding Bad Debt while utilizing Good Debt,Planning for Retirement fromWorking for Money	1
	Surplus,Returning Tithe,Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Avoiding Bad Debt while utilizing Good Debt,Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets,Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Avoiding Bad Debt while utilizing Good	1
	Surplus,Returning Tithe,Planning for Budget Surplus,Returning Tithe,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Paying Yourself First (PYF) as an expense,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	Planning for Budget Surplus,Using the Universal Method of Making Money,Planning for Budget Surplus	1
	Planning for Retirement fromWorking for Money (Financialintelligence)	1
	(Financialintelligence),Planning for Budget Surplus,Planning for Retirement fromWorking for Money (Financialintelligence),Planning for Budget Surplus,Returning Tithe,Planning for Retirement fromWorking for Money (Financialintelligence),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	Returning Tithe	1
	Returning Tithe,Planning for Budget Surplus,Returning Tithe,Planning for Budget Surplus,Returning Tithe,A three to six month's savings	1

	savings,Returning Tithe,A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Returning Tithe,A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	savings,Returning Tithe,A three to six month's savings,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	utilizing Good Debt,Returning Tithe,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets	1
	utilizing Good Debt,Returning Tithe,Avoiding Bad Debt while utilizing Good Debt,Planning for Retirement fromWorking for Money (Financialintelligence),Using a Money Allocation Framework (MAF),Returning Tithe,Avoiding Bad Debt while utilizing Good Debt,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	as an expense,Returning Tithe,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Returning Tithe,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Planning for Retirement fromWorking for Money (Financialintelligence),Returning Tithe,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Returning Tithe,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Planning for Retirement fromWorking for Money	1
	as an expense,Returning Tithe,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Returning Tithe,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Avoiding Bad Debt while utilizing Good Debt,Returning Tithe,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Avoiding Bad Debt while utilizing Good Debt,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	Returning Tithe,Returning Tithe,Planning for Retirement fromWorking for Money (Financialintelligence),Returning Tithe,A three to six month's savings,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	Using a Money Allocation Framework (MAF)	1
	Using a Money Allocation Framework (MAF),Using a Money Allocation Framework (MAF),Avoiding Bad Debt while utilizing Good Debt,Using a Money Allocation Framework (MAF),Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets	1

	Using a Money Allocation Framework (MAF),Using a Money Allocation Framework (MAF),Paying Yourself First (PYF) as an expense,Using a Money Allocation Framework (MAF),Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt	1
	Allocation Framework (MAF),Paying Yourself First (PYF) as an expense,Using a Money Allocation Framework (MAF),Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Using a Money Allocation Framework (MAF),Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Avoiding Bad Debt while utilizing Good Debt,Using a Money Allocation Framework (MAF),Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Avoiding Bad Debt while utilizing Good Debt,Planning for Retirement fromWorking for Money (Financialintelligence),Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Avoiding Bad Debt while utilizing Good Debt,Planning for Retirement	1
	Allocation Framework (MAF),Planning for Budget Surplus,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Avoiding Bad Debt while utilizing Good Debt,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Avoiding Bad Debt while utilizing Good Debt,Planning for Retirement fromWorking for Money (Financialintelligence),Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	Allocation Framework (MAF),Planning for Budget Surplus,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Paying Yourself First (PYF) as an expense,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life	1

	<p>Allocation Framework (MAF),Planning for Budget Surplus,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,A three to six month's savings,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets,Planning for Retirement fromWorking for Money (Financialintelligence),Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),A three to six month's savings,Avoiding Bad Debt while</p>	1
	<p>Allocation Framework (MAF),Planning for Budget Surplus,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,A three to six month's savings,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Planning for Retirement</p>	1

	Allocation Framework (MAF),Planning for Budget Surplus,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and	1
	Allocation Framework (MAF),Planning for Budget Surplus,Using a Money Allocation Framework (MAF),Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Using a Money Allocation Framework (MAF),Using a Money Allocation Framework (MAF),Returning Tithe,Using a Money Allocation Framework (MAF),Returning Tithe,Paying Yourself First (PYF) as an expense,Using a Money Allocation Framework (MAF),Returning Tithe,Paying Yourself First (PYF) as an expense,A three to six month's savings,Using a Money Allocation Framework (MAF),Returning Tithe,Paying Yourself First (PYF) as an expense,A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Using a Money Allocation Framework (MAF),Returning Tithe,Paying Yourself First (PYF) as an expense,A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets,Using a Money Allocation Framework (MAF),Returning Tithe,Paying Yourself First (PYF) as an expense,A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership	1
	Using a Money Allocation Framework (MAF),Using a Money Allocation Framework (MAF),Returning Tithe	1
	Using the Universal Method of Making Money	1
	Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Paying Yourself First (PYF) as an expense	1
	Universal Method of Making Money,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Using the Universal Method of Making Money,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Avoiding Bad Debt while utilizing Good Debt,Using the Universal Method of Making Money,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Avoiding Bad Debt while utilizing Good Debt,Planning for Retirement from Working	1

	<p>Universal Method of Making Money,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Using the Universal Method of Making Money,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Using the Universal Method of Making Money,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Planning for Budget Surplus,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Planning for Budget Surplus,Planning for Budget Surplus,Avoiding Bad Debt while utilizing Good Debt,Planning for Budget Surplus,Avoiding Bad Debt while</p>	1
	<p>Universal Method of Making Money,Paying Yourself First (PYF) as an expense,Using the Universal Method of Making Money,Paying Yourself First (PYF) as an expense,Avoiding Bad Debt while utilizing Good Debt,Using the Universal Method of Making Money,Paying Yourself First (PYF) as an expense,Using the Universal Method of Making Money,Paying Yourself First (PYF) as an expense,Investing in Assets of Life and Ownership Assets</p>	1
	<p>Universal Method of Making Money,Paying Yourself First (PYF) as an expense,Using the Universal Method of Making Money,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Using the Universal Method of Making Money,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Avoiding Bad Debt while utilizing Good Debt,Using the Universal Method of Making Money,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets,Using the Universal Method of Making Money,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets,Planning for Retirement fromWorking for Money (Financialintelligence),Using the Universal Method of Making Money,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Investing in Assets of Life and Ownership Assets,Planning for</p>	1

	Universal Method of Making Money,Planning for Budget Surplus,Using the Universal Method of Making Money,Planning for Budget Surplus,Avoiding Bad Debt while utilizing Good Debt,Using the Universal Method of Making Money,Planning for Budget Surplus,Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and Ownership Assets	1
	Using the Universal Method of Making Money,Using the Universal Method of Making Money,Planning for Budget Surplus,Using the Universal Method of Making Money,Planning for Budget Surplus,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	Universal Method of Making Money,Planning for Budget Surplus,Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),A three to six month's savings,Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Using the Universal Method of Making Money,Using a Money Allocation Framework	1
	Universal Method of Making Money,Using a Money Allocation Framework (MAF),Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Avoiding Bad Debt while utilizing Good Debt,Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Avoiding Bad Debt while utilizing Good Debt,Investing in Assets of Life and	1



	Universal Method of Making Money,Using a Money Allocation Framework (MAF),Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Investing in Assets of Life and Ownership Assets,Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Investing in Assets of Life and Ownership Assets,Planning for Retirement fromWorking for Money (Financialintelligence)	1
	Using the Universal Method of Making Money,Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),A three to six month's savings,Using the Universal Method of Making Money,Using a Money Allocation Framework (MAF),Planning for Budget Surplus,Returning Tithe,Paying Yourself First (PYF) as an expense,Having a Wellness Benefit Cover (Saving Money Through Wellness Maintenance),A three to six month's savings,Avoiding Bad Debt while utilizing Good Debt,Using the Universal Method of Making Money,Using a Money Allocation Framework	1
<b>QUESTION 27</b>	<b>OPTIONS</b>	<b>TOTAL</b>
		1
	Conduct regular surveys from members	1
	guiding those who are obese to lose weight and maintain health. At least have a follow up quarterly on progress in weight loss. 2. Recommend that engagements with staff be more interactive than lectures and venue to be out of office where staff will be more focused and participating. 3. Recommend that staff be given a platform to give feedback quarterly on performance of the wellness service	1
	Assist in staff to have access the gym through medical aid.	1
	Budget	1

	Continue to have one - one meeting with staff to strengthen the relations. This is helpful for individuals	1
	First aid kits and provide pills like panado, vitamin c to name a few quaterly.	1
	Having staff games every week	1
	I wish I may have such organisations MUNA to boost my wellness yearly	1
	Involving specialist from any field of wellness for maximum	1
	NONE	1
	None	1
	underpressure and in every workplace there should be wellness office where individuals can be able to go and seek assistance in times of distress	1
	Physical wellness, massages, neditations	1
	Provide free counselling for stuff	1
	Provide outdoor games for staff	1
	Sexual health should be done	1
	avoiding debt but on sustainable life even after losing their job	1
	We need more time	1
	investment plans, business adventures that are good and safe	1
	We need MUNA to continue with the other parts of health	1
	Wellness services should include physical exercises.	1