Optimization Guide for Low Guitar Frequencies

Getting Drop F to Track Properly

Your plugin needs special consideration for Drop F tuning (about 21.83 Hz), which is incredibly low and challenging for real-time pitch detection and processing. Here are the key optimizations already implemented in the code:

1. Buffer Size Considerations

The code uses adaptive buffer sizing to handle different processing requirements. For optimal performance with extremely low frequencies:

- Minimum Buffer Length: To properly capture one full wavelength of Drop F (21.83 Hz), you need at least 2048 samples at 44.1 kHz (or 4096 at 96 kHz)
- Implementation: The code dynamically resizes buffers when needed, ensuring enough data is available for analysis

2. RubberBand Configuration Optimizations

These settings have been carefully tuned for guitar use:

```
// Real-time processing priority
options |= RubberBand::RubberBandStretcher::OptionProcessRealTime;

// Preserve transients to maintain pick attack
mStretcher->setTransientsOption(RubberBand::RubberBandStretcher::OptionTransientsPrese

// Phase-coherent processing for better low frequency handling
mStretcher->setPhaseOption(RubberBand::RubberBandStretcher::OptionPhaseLaminar);

// Compound detector for improved tracking of guitar fundamentals
mStretcher->setDetectorOption(RubberBand::RubberBandStretcher::OptionDetectorCompound)
```

3. Threading Considerations

The plugin uses:

- Thread-safe parameter updates with mutexes
- Single-threaded processing (OptionThreadingNever) for better real-time performance

No dynamic memory allocations during audio processing

Optimizing Your Build Environment

For best results when building:

- 1. **Compiler Flags**: The CMake configuration uses (-03) for release builds
- 2. Platform Specific: The code compiles for both Intel and Apple Silicon on macOS

Using the Plugin Effectively

To get the best tracking of low frequencies:

- 1. **DAW Settings**: Set your DAW buffer size to at least 256 samples (512 recommended for Drop F)
- 2. Clean Signal: Feed a clean guitar signal directly into the plugin
- 3. Parameter Settings:
 - Latency: Start with "Low Latency" and only switch to "High Quality" if needed
 - **Formant**: Higher values (>50%) will preserve guitar character when pitch shifting
 - Mix: 100% for full effect, or blend to taste

Comparing to Alternative Algorithms

If RubberBand is not tracking your low frequencies well enough, consider the following alternatives:

- 1. **SoundTouch**: May perform better for some real-time applications but with lower quality
- 2. **DIRAC LE**: Great quality but higher CPU usage
- 3. **Phase Vocoder**: Could be better for heavily distorted signals
- 4. Elastique: Commercial option with excellent low-frequency tracking

Performance Monitoring

You may want to add a simple performance monitor to watch CPU usage during processing. This would require adding timing code around the ProcessBufferLists function.