**“PRAVAH”**

*‘CHOTA MUH KHARI BAAT’*

Today, I had the opportunity to participate in an enlightening workshop titled "Identity: Youth Voices: Our Needs & Aspirations," from Pravah. The workshop was part of the Chota Muh Khari Baat Campaign, emphasizing the importance of youth agency in expressing their opinions regardless of age.

We explored various dimensions of identity, including gender, caste, religion, age, education, economic background, and mental & physical health. Engaging in an activity where we had to choose three identities that influence our decision-making, I chose gender, education, caste, and mental & physical health.

I found myself interested in a group discussion centred around mental & physical health, aiming to identify factors impacting our well-being. Surprisingly, our conversation shifted towards the flaws in our education system, highlighting the need to better this. This led us to think and discuss innovative solutions for educational reform, such as integrating project-based learning, dedicating more time to skill development and many more.

The workshop also introduced the SMILE internship program, which offers young people like me a chance to engage hands-on with social issues. The concept of an "in-turn-ship", symbolises Pravah's innovative approach to youth development.

Overall, the workshop provided a dynamic platform for self-reflection and meaningful discussions. Finally, we concluded the session with a group photograph, I left inspired also I had more fun with newfound knowledge and perspectives.