

A GUIDE TO BUILDING A  
HOME FOR YOUR SOUL



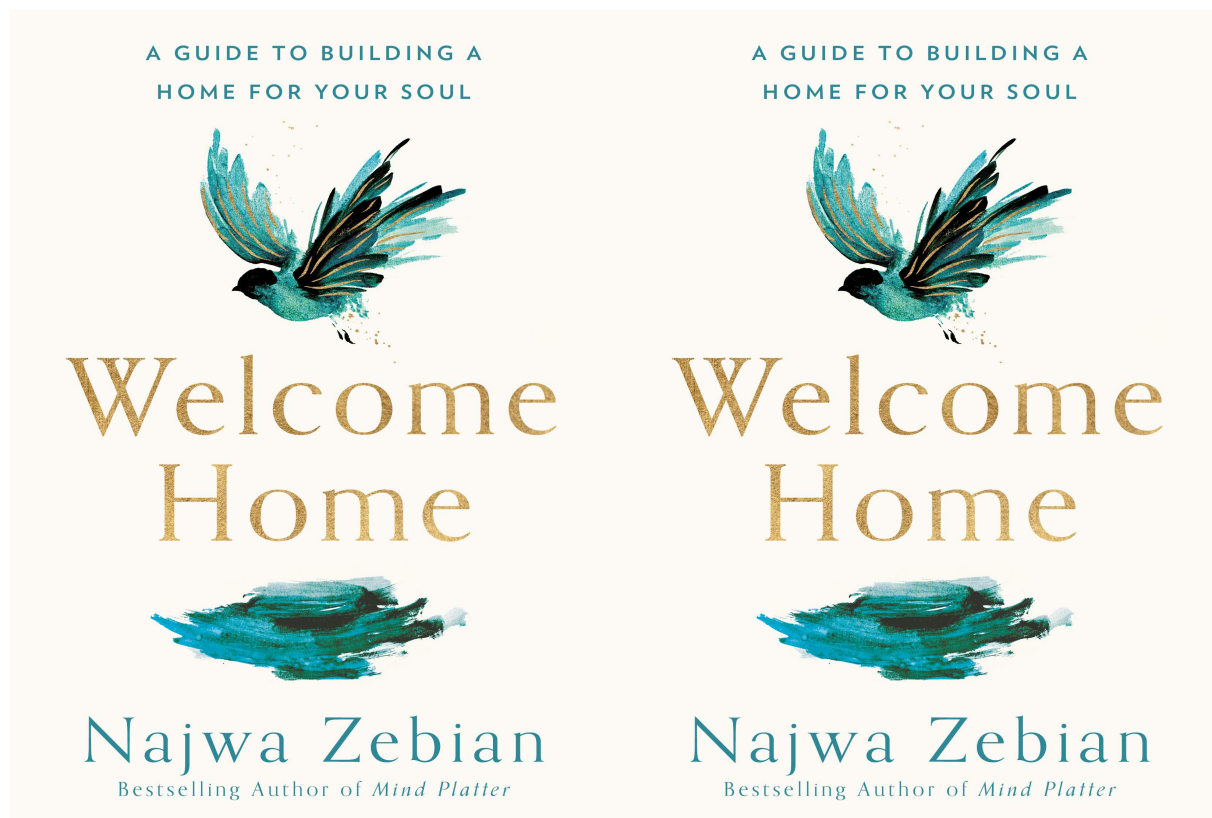
# Welcome Home



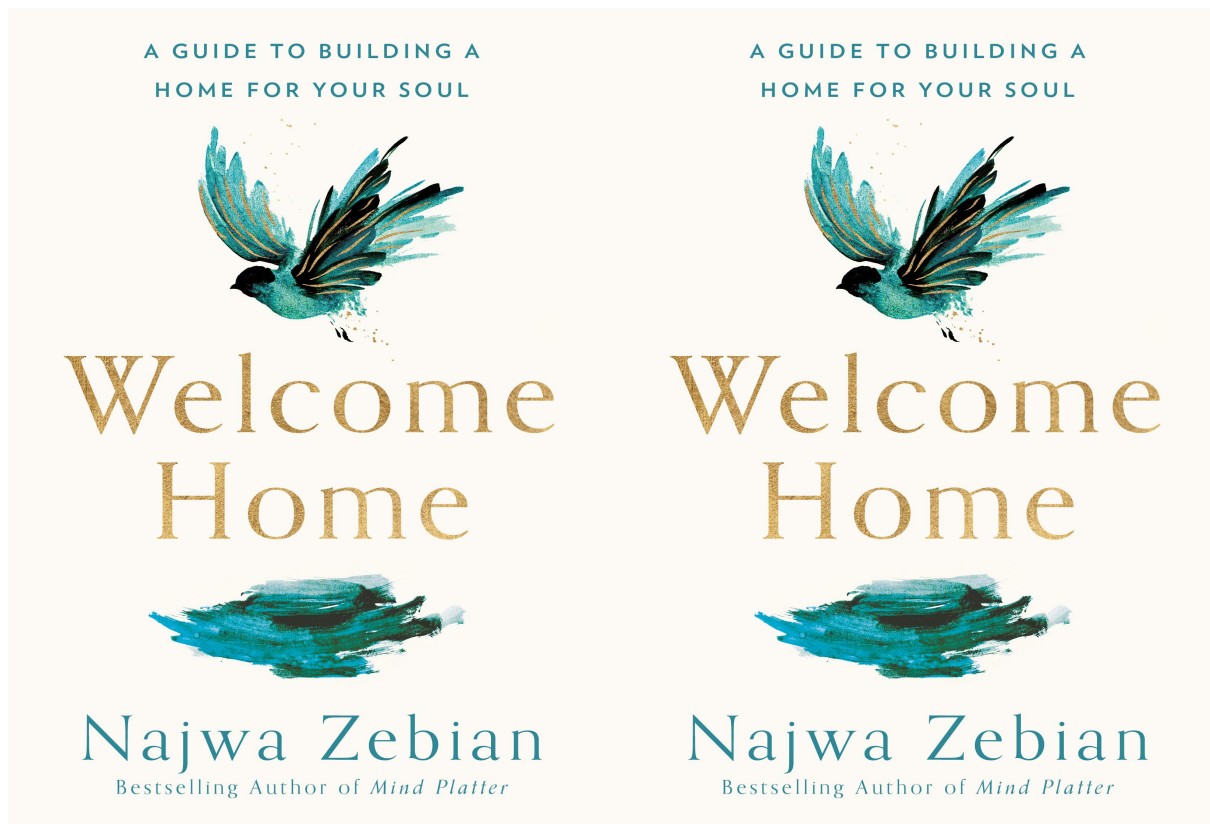
Najwa Zebian

Bestselling Author of *Mind Platter*

Millions of books have been published over the years and they continue to be an integral aspect of people's lives around the globe. From making it easier to understand different aspects of life to serve as worthwhile companions that take you through challenging times, books have proven to be precious commodities. Books are essential in a variety of ways that go beyond enriching your mind or entertaining you. They have stood the test of time as reliable references for centuries. They stimulate your senses and promote good mental health. Other benefits include enhancing your vocabulary, allowing you to travel through words, and inspiring positivity through motivational literature. While the internet and television are useful in their own ways, nothing can compare to a great book. Books ignite your imagination, give you new ideas, challenge your perspectives, provide solutions, and share wisdom. At every stage of your existence, you can find a relevant book that will add value to your personal and professional life. Books are filled with knowledge and they teach you valuable lessons about life. They give you insight into how to navigate aspects of fear, love, challenges, and virtually every part of life. Books have been in existence since time immemorial and they hold secrets of the past while providing a glimpse of the cultures of previous civilizations. A book has the power to change or reinforce how you feel about your surroundings. It is a therapeutic resource that can equip you with the tools you need to stay on track and maintain a good attitude. Whether you want to learn a new language or delve into the intrigues of nature, there is a book for every situation. There are numerous reasons why books are important. Reading books is a popular hobby as people around the world rely on them for relief and entertainment. Books contain records of history and are used to spread vital information. Reading books helps to improve your communication skills and learn new things. It can be useful for easing anxiety among students and professionals. Other reasons that highlight how important books are in their positive impact on intelligence, writing abilities, and analytical skills. Books give people a great way to escape into another dimension. They are packed with endless possibilities for adventure and experiences that would be difficult to access in reality. It is essential for people to strive to include books in their daily lives aside from using them for academic or professional purposes. They aid emotional and mental growth, boost confidence, and sharpen your memory. It is natural for people to be curious and want to learn more, which is why books are still significant today.



# Welcome Home: A Guide to Building a Home for Your Soul



## Book Synopsis

From the celebrated poet, speaker, and educator comes a powerful blueprint for healing by building a home within yourself. In her debut book of inspiration, poet Najwa Zebian shares her revolutionary concept of home--the place of safety where you can embrace your vulnerability and discover your self-worth. It's the place where your soul feels like it belongs, where you are loved for who you are. Too many of us build our homes in other people in the hope that they will deem us worthy of being welcomed inside, and then we feel abandoned and empty when those people leave. Building your home inside yourself--and never experiencing inner homelessness again--begins here. In *Welcome Home*, Zebian shares her personal story for the first time, powerfully weaving memoir, poetry, and deeply resonant

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individuals to develop wholesome mindsets throughout their lives.

