What is Pollution?

***“Pollution is the introduction of substances (or energy) that cause adverse changes in the environment and living entities .”***

Pollution need not always be caused by chemical substances such as particulates (like smoke and dust). Forms of energy such as sound, heat or light can also cause pollution. These substances that cause pollution are called pollutants.

Pollution, even in minuscule amounts, impacts the ecological balance.  Pollutants can make their way up the food chain and eventually find their way inside the human body. Read on to explore the types of pollution and their implications.