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# The Story about the Elder Nandaka

His Aspiration and Good Deeds
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Teaching the Nuns

#### **Texts**

**BJT**: Sri Lankan edition, from the Buddha Jayanti Tripitaka Series, Volume XII (Colombo, 1974/2517, reprinted with corrections 2005).

**PTS**: European edition, Majjhima-nikāya, Vol. III, (London 1899, reprinted London, 1951). Heavily abbreviated, over and above the normal peyyāla passages, often without notice.

**RTE**: Royal Thai edition, as found on Budsir for Windows CD-ROM (version 2.0, Bangkok, 1996). This edition is the most problematic in its readings.

**ChS**: Burmese edition as found on the Chaṭṭha Saṅgāyana CD-ROM (version 3, Igatpuri, no date but = 1999). Has all the normal problems associated with the Burmese texts, like spelling differences. Used for both texts and commentaries.

**SHB**: Sri Lankan edition of the Anguttara Commentary, <sup>1</sup> from the Simon Hewavitarne Bequest series, Vol XV. Colombo 1923, reprinted Colombo 2007.

MLD: Middle Length Discourses of the Buddha, translated by Bhikkhu Ñāṇamoli and Bhikkhu Bodhi (2nd edition, Wisdom Publications, Somerville, 2001). The translation of this discourse takes up a mere 6 pages, and omits the repetition, which all the Eastern editions include in full.

There are quite a lot of variant readings in this text, most of which are trivial, being variant spellings or forms, etc. but some of which are important for a correct understanding of the text. Some of the more trivial variants, like writing class nasal or niggahīta, and the alternations between  $U_1$  t/t and n/n I have ignored, in order to concentrate on true variations in reading.

With other readings, in line with my more recent practice on this site, I have tried to explain what the difference is between the form chosen and the variant, which is usually an alternative form, spelling or sandhi type. This will at least give some guidance as to why the reading has been chosen.

In what follows I have employed the following colour-coding:

#### **Text**

Translation

**Repetition Text (omitted in the editions)** 

Repetition Translation

**Commentary** 

Translation

<sup>1</sup> The Majjhima Commentary from the same series was not available to me at this time

#### Introduction

This is an important discourse from the Majjhimanikāya in which the Buddha asks one of his senior disciples to give a teaching to the five-hundred nuns who went forth with Mahāpajāpatī Gotamī at their head, at the conclusion of which they all attained at least the level of Stream-Entry.

I have also translated two full commentaries connected to this discourse, the one on the discourse itself (MA), which I have interleaved with the discourse; and, in the Appendix, the story of Nandaka's life as related in the Anguttara commentary (AA) on the Foremost Disciples.

The discourse records that the monk who gave the teaching, Nandaka, was initially reluctant to give a teaching to the nuns, but it gives no reason for his reluctance. The commentary explains that the group of nuns had been his wives in a previous existence and he thought if someone with knowledge of previous lives saw him teach them they might think he was still attached to them, so he would send another monk in his place.

However, when the Buddha asks him personally to teach he agrees to do so, and gives a teaching on the non-self nature of the internal and external sense spheres and the consciousness that arises dependent on them; which is followed by two similes that illustrate the dependent nature of all things in existence, one about an oil lamp and the other about the shadow of a tree.

That in turn is followed by a simile of a butchered cow, which shows that when attachments have been severed by wisdom, they cannot be reunited with their object again, anymore than the cow can be resuscitated once it has been slaughtered and cut apart.

Following each of these teachings, Nandaka asks if the nuns have understood the teaching, and each time they agree that formerly they had seen the truth and were aware of their significance.

Nandaka then gives a summary teaching on the seven factors of Awakening, which is apparently the only teaching new to them. At the conclusion, the nuns approach the Buddha, who understands that, although they had benefited from the teaching, their aspirations had not been fulfilled.

The Buddha therefore asks Nandaka to give the exact same teaching on the following night, and at the conclusion of that teaching, all of them attained Path and Fruit at least to the level of Stream Level, which is confirmed by the Buddha himself.

This summary is according to the discourse and its explanation as given in the Majjhima commentary. Curiously, the commentary to the Anguttara disagrees in certain crucial aspects of the story, and I give here a summary of some of the main differences that are found:

In the discourse, it is said that the nuns were left unfulfilled by the first teaching, and there is no indication that they had reached any level of attainment, but AA states that

they attained Stream-Entry during this first teaching, and furthermore that they reported this to the Buddha, another matter which is entirely absent from the discourse.

In a similar way, in the discourse, at the conclusion of the second teaching the nuns attain at least Stream-Entry, but in AA they are said to have all attained complete Liberation (*Arahatta*).

There is another smaller discrepancy: at the conclusion of the teaching in the discourse it says that the nuns approached the Buddha, but in AA it says the Buddha approached the nuns.

As according to tradition the commentaries are both said to have been compiled by Bhadanta Buddhaghosa, it is hard to understand how such disagreements could have been left to stand. The Majjhima commentary draws on the Anguttara commentary almost verbatim for its story of both Mahāpajāpatī Gotamī together with the nuns, and Nandaka's own story, so he must have been aware of the discrepancies, but has allowed them to stand, and not attempted to harmonise them, which after all, would not have been very hard to do.

In any case, as the teaching was so successful, at a later date the Buddha named Nandaka as the foremost of his monk disciples in teaching the nuns, and he has held a special position with the nuns because of that ever since.

One thing that I have long suspected I managed to confirm in making this translation: it seems that the nuns are largely absent in the discourses and that the Buddha nearly always addressed himself to the monks (*bhikkhu*).

Here, however, when Ven Nandaka addresses the nuns he says:

Satta kho ime, bhaginiyo, Bojjhangā, yesam bhāvitattā bahulīkatattā, bhikkhu āsavānam khayā, anāsavam, cetovimuttim pañnāvimuttim, diṭṭheva dhamme sayam abhiñnā sacchikatvā upasampajja viharati.

There are these seven Factors of Awakening, sisters, which when developed and made much of, a *bhikkhu*, through the destruction of the pollutants, without pollutants, freed in mind, freed through wisdom, dwells having known, having directly experienced, and having attained (Nibbāna) himself in this very life.

here the word *bhikkhu* must include the nuns he is addressing and encouraging with the Dhamma talk, therefore I have now now come to the conclusion that when *bhikkhu* is said in the discourses it should be taken as referring to both male and female renunciants, and that a more appropriate term for translation than *monk* would be *monastic*, unless we specifically know that the nuns are absent (something which does happen sometimes, including in this discourse).

Ānandajoti Bhikkhu August 2014

# Nandakovāda

Nandaka's Advice (MN 146 & MA)

#### Introduction

#### Evam me sutam:

Thus I have heard:

'Evam me sutan'-ti Nandakovādasuttam.

'Thus I have heard', this is the Discourse giving Nandaka's Advice.

# ekam samayam Bhagavā Sāvatthiyam viharati

at one time the Fortunate One was dwelling near Sāvatthī

# Jetavane Anāthapiņdikassa ārāme.

at Anāthapindika's grounds in Jeta's Wood.

# Atha kho Mahāpajāpatī Gotamī<sup>2</sup> pañcamattehi bhikkhunīsatehi saddhim

Then Mahāpajāpatī Gotamī together with at least five hundred nuns

# yena Bhagavā tenupasankami,

approached the Fortunate One,

# upasankamitvā Bhagavantam abhivādetvā ekam-antam atthāsi.

and after approaching and worshipping the Fortunate One, she stood on one side.

#### Ekam-antam thitā kho Mahāpajāpatī Gotamī Bhagavantam etad-avoca:

While standing on one side Mahāpajāpatī Gotamī said this to the Fortunate One:

# "Ovadatu, Bhante, Bhagavā bhikkhuniyo,

"The Fortunate One should advise the nuns, reverend Sir,

#### anusāsatu, Bhante, Bhagavā bhikkhunivo,

the Fortunate One should instruct the nuns, reverend Sir,

#### karotu, Bhante, Bhagavā bhikkhunīnam Dhammim kathan."-ti<sup>3</sup>

the Fortunate One should give a Dhamma talk to the nuns, reverend Sir."

<sup>&</sup>lt;sup>2</sup> ChS: *Mahāpajāpatigotamī*, and similarly elsewhere; compound form.

<sup>&</sup>lt;sup>3</sup> RTE, PTS: *Dhammikathan ti*, and similarly elsewhere; alternative form.

# Tena kho pana samayena

Then at that time

# Tattha, 'Tena kho pana samayenā,' ti

Herein, 'Then at that time,'

#### Bhagavā Mahāpajāpatiyā yācito, Bhikkhunisangham uyyojetvā,

when the Fortunate One was requested by Mahāpajāpatī, after sending the Community of nuns away,

## Bhikkhusangham sannipatetva:

and gathering the Community of monks,

# "Therā bhikkhū vārena bhikkhuniyo ovadantū," ti

saying: "Elder monks must instruct the nuns in turns,"

#### Sanghassa bhāram akāsi.

he gave this task to the Community.

#### Tam sandhāyetam vuttam.

It was said regarding this.

# Therā bhikkhū bhikkhuniyo ovadanti pariyāyena,

the Elder monks were advising the nuns in turns,

#### Tattha, 'Pariyāyenā' ti vārena.

Herein, 'In turns' means in order.

# āyasmā pana<sup>4</sup> Nandako na icchati bhikkhuniyo ovaditum pariyāyena.

but Venerable Nandaka did not wish to advise the nuns in (his) turn.

# Atha kho Bhagavā āyasmantam Ānandam āmantesi:

Then the Fortunate One addressed venerable Ānanda:

# "Kassa nu kho, Ānanda, ajja pariyāyo bhikkhuniyo ovaditum pariyāyenā?" ti

"Whose turn is it today, Ānanda, to advise the nuns?"

# "Nandakassa, Bhante, pariyāyo<sup>5</sup> bhikkhuniyo ovaditum pariyāyena,

"Reverend Sir, it is Nandaka's turn to advise the nuns,

ayam, Bhante, āyasmā Nandako na icchati bhikkhuniyo ovaditum pariyāyenā." ti (but) this venerable Nandaka does not wish to advise the nuns in (his) turn."

<sup>&</sup>lt;sup>4</sup> ChS omits: pana, but then the meaning has to be supplied.

<sup>&</sup>lt;sup>5</sup> RTE, ChS: Sabbeheva, Bhante, kato pariyāyo; all of the (others), reverend Sir, have had a turn.

#### 'Na icchatī,' ti attano vāre sampatte,

'Does not wish,' means when his own turn arrived,

#### dūram gāmam vā gantvā, sūcikammādīni vā ārabhitvā,

having gone to a faraway village, or having begun his needlework and so on,

#### "Ayam nāmassa papañco," ti vadāpesi.

he had him say: "This is surely an obstacle for him."

## Imam pana pariyayena ovadam Bhagava Nandakattherasseva karana akasi.

But the Fortunate One gave this advice to the Elder Nandaka about taking turns.

#### Kasmā?

Why?

#### Imāsañhi bhikkhunīnam Theram disvā cittam ekaggam hoti pasīdati.

For when those nuns saw the Elder their mind became tranquil and clear.

#### Tena tā tassa ovādam sampaţicchitukāmā, Dhammakatham sotukāmā.

Therefore they liked to accept his advice, and liked to listen to his talk on Dhamma.

#### Tasmā Bhagavā:

Therefore the Fortunate One (said):

#### "Nandako attano vāre sampatte ovādam dassati,

"When Nandaka's turn arrives he should give advice,

#### Dhammakatham kathessatī," ti vārena ovādam akāsi.

he should give a Dhamma talk," it means he should give advice in his turn.

#### Thero pana attano vāram na karoti, kasmā ti ce?

But if the Elder didn't take his turn, why is that?

# Tā kira bhikkhuniyo pubbe Therassa Jambudīpe rajjam kārentassa orodhā ahesum.

It seems that formerly those nuns had made up his harem when he had ruled over the Rose Apple Isle.

#### Thero pubbenivāsañānena tam kāranam natvā cintesi:

The Elder, knowing this through his knowledge of previous lives, thought:

#### 'Mam imassa Bhikkhunisanghassa majjhe nisinnam

'Sitting in the midst of this Community of nuns

#### upamāyo ca kāraņāni ca āharitvā,

and bringing forward similes and reasons,

#### dhammam kathayamānam disvā,

and being seen preaching the Dhamma,

#### añño pubbenivāsañāņalābhī bhikkhu imam kāraņam oloketvā,

(if) another monk who also had knowledge of previous lives looked at the reason for it,

# "Āyasmā Nandako yāvajjadivasā orodhe na vissajjeti,

° he might think he could say: "Venerable Nandaka up to this day did not send off his concubines,

# sobhatāyam-āyasmā orodhaparivuto," ti vattabbam maññeyyā.' ti

this venerable is resplendent when surrounded by his concubines."

#### Etam-attham sampassamano Thero attano varam na karoti.

Understanding this matter the Elder did not take his turn.

#### Imāsañ-ca kira bhikkhunīnam Therasseva desanā sappāyā bhavissatī ti ñatvā,

But understanding that it will be beneficial for the Elder to preach to those nuns, it seems,

#### atha kho Bhagavā āyasmantam Nandakam āmantesi.

the Fortunate One then addressed the venerable Nandaka.

# Tāsam bhikkhunīnam pubbe tassa orodhabhāvajānanattham idam vatthum:

In order to understand when these nuns were previously in his harem, there is this story:

#### Pubbe kira Bārāṇasiyam pañca dāsasatāni pañca dāsisatāni cā ti,

Formerly, it seems, in Bāraṇasī there were five hundred male slave and five hundred female slaves,

#### janghasahassam ekato va kammam katvā, ekasmim thāne vasi.

and as these thousand people did their work together, they dwelt in one place.

# Ayam Nandakatthero tasmim kāle jetthakadāso hoti, Gotamī jetthakadāsī.

At that time this Elder Nandaka was the senior male slave, and Gotamī was the senior female slave.

#### Sā jetthakadāsassa pādaparicārikā ahosi, paņditā byattā.

She was the senior male slave's attendant, and was wise and learned.

#### Janghasahassam-pi punnakammam karontam, ekato karoti.

The thousand people who were making meritorious deeds, acted together.

#### Atha vassūpanāyikasamaye,

Then, as the time for the Rains Retreat was approaching,

#### pañca Paccekabuddhā Nandamūlakapabbhārato Isipatane otaritvā,

five Independent Buddhas descended from mount Nandamūlaka to Isipatana,

#### nagare pindāya caritvā, Isipatanam-eva gantvā,

wandered for alms in the city, and after going (back) to Isipatana,

#### 'Vassūpanāyikakutiyā atthāya hatthakammam yācissāmā.' ti

thought: 'We will ask for manual labour in order to prepare the huts for spending the Rains.'

#### Cīvaram pārupitvā, sāyanhasamaye nagaram pavisitvā,

Having wrapped the robe, they entered the city in the evening time,

#### setthissa gharadvāre atthamsu.

and stood at the gate of the treasurer's house.

# Jetthakadāsī, kutam gahetvā udakatittham gacchantī

The chief female slave took a waterpot and while going to the reservoir

#### Paccekabuddhe nagaram pavisante addasa.

saw the Independent Buddhas entering the city.

#### Setthi, tesam āgatakāraņam sutvā,

The treasurer, after hearing why they had come,

#### "Amhākam okāso natthi, gacchantū!" ti āha.

said: "You do not have our permission, please go!"

#### Atha, te nagarā nikkhante,

Then, as they were leaving the city,

#### jetthakadāsī, kuṭam gahetvā, pavisantī disvā,

the chief female slave, took her waterpot and seeing them entering,

#### kuţam otāretvā, vanditvā, onamitvā, mukham ukkhipitvā,

put down the waterpot, worshipped, bent down, lifted up her face,

# "Ayyā, nagaraṁ paviṭṭhamattāva, nikkhantā kiṁ nu kho?" ti pucchi.

and asked: "Noble Ones, having just entered the city, why are you (now) leaving?"

### "Vassūpanāyikakuţiyā hatthakammam yācitum āgatamhā." ti

"We came to ask for manual labour to prepare the huts for spending the Rains."

#### "Laddham Bhante?" ti

"Did you receive it, venerable Sirs?"

#### "Na laddham upāsike." ti

"We did not receive it, lay woman."

#### "Kim panesā kuţī issareheva kātabbā?

"But can these huts only be made by the powerful?

#### Duggate hi pi sakkā kātun?"-ti

Is it possible also for the lowly to build (them)?"

#### "Yena kenaci sakkā kātun."-ti

"It is possible for anyone to build (them)."

#### "Sādhu Bhante mayam karissāma,

"Very well, venerable Sirs, we will build (them),

#### sve mayham bhikkham ganhathā," ti nimantetvā,

tomorrow please accept our almsfood," and after inviting (them),

#### udakam netvā, puna kutam gahetvā, āgamanatitthamagge thatvā,

she led them to the water, took the waterpot, placed it on the road going to the reservoir,

#### āgatāgatā avasesadāsivo: "Ettheva hothā," ti vatvā,

and as the other female slaves came and went, she said: "Wait here,"

#### sabbāsam āgatakāle āha:

and when everyone had assembled, she said:

#### "Ammā, kim niccam-eva parassa dāsakammam karissatha,

"Ladies, will we always be doing slave-work for another,

#### udāhu dāsabhāvato muccitum icchathā?" ti

or do you wish to be free of this slavery?"

#### "Ajjeva muccitum icchāma, Ayye." ti

"Noble Lady, today itself we wish to be free."

# "Yadi evam mayā pañca Paccekabuddhā hatthakammam alabhantā

"When these five Independent Buddhas didn't receive manual labour

#### svātanāya nimantitā.

they were invited by me for tomorrow.

#### Tumhākam sāmikehi ekadivasam hatthakammam dāpethā." ti

Have your husbands give manual labour for a day."

## Tā: "Sādhū!" ti, sampaţicchitvā,

They replied: "Very well!"

#### sāyam aṭavito āgatakāle sāmikānam ārocesum.

and informed their husbands when they returned from the forest.

# Te: "Sādhū!" ti, jetthakadāsassa gehadvāre sannipatimsu.

They (also) said: "Very well!" and assembled at the chief male slave's door.

#### Atha ne jețțhakadāsī:

Then the chief female slave said to them:

#### "Sve Tātā Paccekabuddhānam hatthakammam dethā," ti

"Tomorrow, Dears, you must give manual labour to the Independent Buddhas,"

#### ānisamsam ācikkhitvā, ye pi na kātukāmā,

and she explained the advantages, and even those who did not desire to do it (at first),

#### te gālhena ovādena tajjetvā paticchāpesi.

after she had given them strong advice, agreed.

#### Sā punadivase Paccekabuddhānam bhattam datvā.

On the next day, after giving food to the Independent Buddhas,

# sabbesam dāsaputtānam saññam adāsi.

she informed all the slaves.

#### Te tāvad-eva arañnam pavisitvā, dabbasambhāre samodhānetvā,

They entered the wilderness straight away, assembled the timber,

# satam satam hutvā, ekekakuţim ekakcankamanādiparivāram katvā,

gathered in hundreds, made each of them a hut together with a walking meditation path,

#### mañcapīţhapānīyaparibhojanīyādīni ţhapetvā,

and placed suitable beds, chairs and drinks,

#### Paccekabuddhe temāsam tattha vasanatthāya paţiññam kāretvā,

and made the Independent Buddhas promise to spend the three months<sup>6</sup> right there,

# vārabhikkham paţţhapesum.

and prepared excellent almsfood (for them).

#### Yo attano vāradivase na sakkoti,

For those who were not able to take the opportunity (to give) on their day,

#### tassā jetthakadāsī sakagehato āharitvā deti.

the chief female slave took (food) from her own house and gave it.

#### Evam temāsam jaggitvā,

After looking after them for three months,

# jetthakadāsī ekekam dāsam ekekam sātakam visajjāpesi,

the chief female slave had each of the male slaves prepare cloth,

#### pañca thūlasāṭakasatāni ahesum.

and they made five-hundred coarse cloths.

#### Tāni parivattāpetvā, pañcannam Paccekabuddhānam ticīvarāni katvā adāsi.

After exchanging them, and having the three robes made, she gave (a set to each of) the five Independent Buddhas.

#### Paccekabuddhā yathāphāsukam agamamsu.

The Independent Buddhas then departed according to their own convenience.

#### Tam-pi janghasahassam ekato kusalam katvā,

Those thousand people having done good deeds together,

#### kāyassa bhedā devaloke nibbatti.

at the break up of the body were reborn in the world of the gods.

#### Tāni pañca mātugāmasatāni kālena kālam

Those five hundred women from time to time

#### tesam pañcannam purisasatānam gehe honti,

were (reborn) in the homes of the five hundred men,

#### kālena kālam sabbā pi jetthakadāsaputtasseva gehe honti.

and from time to time all were (reborn) in the home of the chief male slave.

<sup>&</sup>lt;sup>6</sup> The period of the Rains Retreat.

#### Atha ekasmim kāle jetthakadāsaputto devalokato cavitvā Rājakule nibbatto.

Then at one time the chief male slave, having fallen from the world of the gods, was reborn in a Princely family.

#### Tā pi pañcasatā devakaññā, mahābhogakulesu nibbattitvā,

Those five hundred goddesses, after being reborn in very wealthy families,

#### tassa rajje thitassa geham agamamsu.

ruled over his home, and then departed.

#### Etena niyāmena samsarantiyo, amhākam Bhagavato kāle

Transmigrating in this way, at the time of our Fortunate One

## Koliyanagare Devadahanagare ca khattiyakulesu nibbattā.

they were reborn in warrior families in the towns of Koliya and Devadaha.

#### Nandakatthero pi pabbajitvā Arahattam patto.

After going forth the Elder Nandaka attained Liberation.

#### Jetthakadāsidhītā vayam āgamma

When the senior slave's daughter came of age

#### Suddhodanamahārājassa Aggamahesiţţhāne ţhitā,

she was established in the position of the Great King Suddhodana's Chief Queen,

#### itarā pi tesam tesam Rājaputtānam yeva gharam gatā.

and the rest of them went to the houses of the Princes' sons.

#### Tāsam sāmikā pancasatā Rājakumārā udakacumbatakalahe,

Their husbands, the five hundred Princes, at the end of the string of quarrels about water,

#### Satthu Dhammadesanam sutvā pabbajitā,

having heard the Teacher's Dhamma teaching went forth,

#### Rājadhītaro tesam ukkanthanattham sāsanam pesesum.

and sent a message to those Princesses about their dissatisfaction.

#### Te ukkanthite Bhagayā Kunāladaham netvā, Sotāpattiphale patitthapetvā,

The Fortunate One led those who were dissatisfied to the Kuṇāla Lake, established them in the fruit of Stream-Entry,

#### Mahāsamayadivase Arahatte patitthāpesi.

and on the day of the Great Assembly established them in Liberation.

#### Tā pi pañcasatā Rājadhītaro nikkhamitvā,

The five hundred Princesses, having renounced,

#### Mahāpajāpatiyā santike pabbajimsu.

went forth in the presence of Mahāpajāpatī.

#### Ayam-āyasmā Nandako ettāva tā bhikkhuniyo ti:

So much for venerable Nandaka and the nuns:

#### Evam-etam vatthu dīpetabbam.

This is how the story should be seen.

# Atha kho Bhagavā āyasmantam Nandakam āmantesi:

Then the Fortunate One addressed the venerable Nandaka:

# "Ovada, Nandaka, bhikkhuniyo, anusāsa, Nandaka, bhikkhuniyo,

"Advise the nuns, Nandaka, instruct the nuns, Nandaka,

# karohi tvam, brāhmana, bhikkhunīnam Dhammim kathan."-ti

give a Dhamma talk to the nuns, brāhmana."

# "Evam, Bhante," ti kho so<sup>7</sup> āyasmā Nandako, Bhagavato paţissutvā,

"Very well, reverend Sir," and venerable Nandaka, having replied to the Fortunate One,

# pubbanhasamayam nivāsetvā,

dressed in the morning time,

# pattacīvaram-ādāya<sup>8</sup> Sāvatthim piņdāya pāvisi.

and picked up his bowl and robe, entered Savatthī for alms.

# Sāvatthiyam piņdāya caritvā, pacchābhattam piņdapātapaţikkanto attadutiyo,

After walking for alms in Sāvatthī, and while returning from the alms-round with his attendant after the meal.

# yena Rājakārāmo tenupasankami.

he approached the King's monastery.<sup>9</sup>

#### 'Rājakārāmo' ti Pasenadinā kārito

'The King's monastery' means the monastery that was built by (King) Pasenadi

#### nagarassa dakkhinadisābhāge Thūpārāmasadise thāne vihāro.

in the southern part of the city (of  $S\bar{a}vatth\bar{\imath}$ ), in a position similar to the  $Th\bar{u}p\bar{a}r\bar{a}ma$ .

# Addasamsu<sup>11</sup> kho tā bhikkhuniyo āyasmantam Nandakam dūrato va āgacchantam.

Those nuns saw the venerable Nandaka coming while still far away,

# Disvāna āsanam paññāpesum, udakañ-ca pādānam upaţţhapesum.

and having seen (him), they prepared a seat, and had water set up for (washing) the feet.

# Nisīdi kho āyasmā Nandako paññatte āsane, nisajja pāde pakkhālesi.

Venerable Nandaka sat down on the prepared seat, and while sitting he washed his feet.

<sup>&</sup>lt;sup>7</sup> ChS omits so.

cho omitto so.

<sup>&</sup>lt;sup>8</sup> BJT, PTS: *pattacīvaram ādāya*, and similarly elsewhere; difference in sandhi.

<sup>&</sup>lt;sup>9</sup> This was a monastery built for the nuns by King Pasenadi on the advice of the Buddha after Ven. Uppalavaṇṇa was raped while living alone in the forest.

<sup>&</sup>lt;sup>10</sup> A famous monastery in the south of Anurādhapūra, Sri Lanka at the time of the Commentator.

<sup>&</sup>lt;sup>11</sup> RTE, PTS: Addasāsum, alternative form.

# Tā pi kho bhikkhuniyo āyasmantam Nandakam abhivādetvā,

Those nuns worshipped venerable Nandaka

#### ekam-antam nisīdimsu.

and sat down on one side.

# Ekam-antam nisinnā kho tā bhikkhuniyo āyasmā Nandako etad-avoca:

While sitting on one side venerable Nandaka said this to those nuns:

# "Paţipucchakathā kho, bhaginiyo, bhavissati,

"Sisters, this will be a talk in which I put questions,

# tattha ājānantīhi: 'Ājānāmā,' tissa vacanīyam,

herein, when you understand, you should say: 'We understand,'

# na ājānantīhi: 'Na ājānāmā,' tissa vacanīyam.

when you don't understand, you should say: 'We don't understand.'

# Yassā vā panassa kankhā vā vimati vā aham-eva tattha paţipucchitabbo:

But if for you there is doubt or uncertainty herein you should ask in return:

# 'Idam, Bhante, katham, imassa kvattho?'" ti

'This that you said, reverend Sir, what is its meaning?' "

# "Ettakena pi mayam, Bhante, ayyassa Nandakassa attamanā abhiraddhā, 12

"So far, reverend Sir, we are uplifted and satisfied with the noble Nandaka,

# yam no ayyo Nandako pavāretī." ti

and for the noble Nandaka making this invitation to us."

# The Instruction on the Internal Sense Spheres

# "Tam kim mañnatha, bhaginiyo, cakkhum 13 niccam vā aniccam vā?" ti

"What do you think of this, sisters, is the eye permanent or impermanent?"<sup>14</sup>

# "Aniccam, Bhante."

"Impermanent, reverend Sir."

# "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

<sup>&</sup>lt;sup>12</sup> PTS: abhinandāma, we greatly rejoice.

<sup>&</sup>lt;sup>13</sup> RTE, ChS: *cakkhu*, alternative form.

<sup>&</sup>lt;sup>14</sup> The following questions and answers are similar to the second recorded Discourse the Buddha gave, on the Characteristic of Non-Self, but here the questions are applied to the sense spheres rather than the constituents of mind and body.

# "Dukkham, Bhante."

"Unpleasant, reverend Sir."

# "Yam panāniccam dukkham vipariņāmadhammam,

"But that which is unpleasant and changeable,

# kallam nu tam samanupassitum:

is it proper to regard it thus:

# 'Etam mama, esoham-asmi, eso<sup>15</sup> me Attā?' " ti

'This is mine, this I am, this is my Self?'"

## "No hetam, Bhante."

"Certainly not, reverend Sir."

# "Tam kim mañnatha, bhaginiyo, sotam niccam vā aniccam vā?" ti

"What do you think of this, sisters, is the ear permanent or impermanent?"

# "Aniccam, Bhante."

"Impermanent, reverend Sir."

# "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

# "Dukkham, Bhante."

"Unpleasant, reverend Sir."

# "Yam panāniccam dukkham viparināmadhammam,

"But that which is unpleasant and changeable,

#### kallam nu tam samanupassitum:

is it proper to regard it thus:

# 'Etam mama, esoham-asmi, eso me Atta?'" ti

'This is mine, this I am, this is my Self?' "

#### "No hetam, Bhante."

"Certainly not, reverend Sir."

<sup>&</sup>lt;sup>15</sup> PTS: so, and similarly elsewhere, alternative form of the pronoun.

# "Tam kim maññatha, bhaginiyo, ghānam niccam vā aniccam vā?" ti

"What do you think of this, sisters, is the nose permanent or impermanent?"

#### "Aniccam, Bhante."

"Impermanent, reverend Sir."

# "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

#### "Dukkham, Bhante."

"Unpleasant, reverend Sir."

# "Yam panāniccam dukkham vipariņāmadhammam,

"But that which is unpleasant and changeable,

#### kallam nu tam samanupassitum:

is it proper to regard it thus:

# 'Etam mama, esoham-asmi, eso me Attā?' " ti

'This is mine, this I am, this is my Self?' "

#### "No hetam, Bhante."

"Certainly not, reverend Sir."

# "Tam kim maññatha, bhaginiyo, jivhā niccā vā aniccā vā?" ti

"What do you think of this, sisters, is the tongue permanent or impermanent?"

#### "Aniccā, Bhante."

"Impermanent, reverend Sir."

# "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

# "Dukkham, Bhante."

"Unpleasant, reverend Sir."

#### "Yam panāniccam dukkham viparināmadhammam,

"But that which is unpleasant and changeable,

# kallam nu tam samanupassitum:

is it proper to regard it thus:

#### 'Etam mama, esoham-asmi, eso me Attā?'" ti

'This is mine, this I am, this is my Self?' "

# "No hetam, Bhante."

"Certainly not, reverend Sir."

# "Taṁ kiṁ maññatha, bhaginiyo, kāyo nicco vā anicco vā?" ti "What do you think of this, sisters, is the body permanent or impermanent?" "Anicco, Bhante." "Impermanent, reverend Sir."

# "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

# "Dukkham, Bhante."

"Unpleasant, reverend Sir."

# "Yam panāniccam dukkham vipariņāmadhammam,

"But that which is unpleasant and changeable,

# kallam nu tam samanupassitum:

is it proper to regard it thus:

# 'Etam mama, esoham-asmi, eso me Attā?' " ti

'This is mine, this I am, this is my Self?' "

## "No hetam, Bhante."

"Certainly not, reverend Sir."

# "Tam kim mañnatha, bhaginiyo, mano nicco vā anicco vā?" ti

"What do you think of this, sisters, is the mind permanent or impermanent?"

#### "Anicco, Bhante."

"Impermanent, reverend Sir."

# "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

#### "Dukkham, Bhante."

"Unpleasant, reverend Sir."

#### "Yam panāniccam dukkham viparināmadhammam,

"But that which is unpleasant and changeable,

#### kallam nu tam samanupassitum:

is it proper to regard it thus:

#### 'Etam mama, esoham-asmi, eso me Attā?'" ti

'This is mine, this I am, this is my Self?' "

# "No hetam, Bhante.

"Certainly not, reverend Sir.

# Tam kissa hetu?<sup>16</sup>

What is the reason for that?

# Pubbe va no hetam, <sup>17</sup> Bhante, yathābhūtam sammappaññāya sudiṭṭham:

Previously, reverend Sir, this was well seen by us, as it really is, with perfect wisdom:

# 'Sammappaññāya sudiṭṭhan,'-ti

'Well seen ... with perfect wisdom,'

## hetunā kāraņena vipassanāpaññāya, yāthāvasarasato diţţham.

seen, at the time it really exists, with cause, with reason, with the wisdom of insight.

# 'Iti pi me cha ajjhattikā āyatanā aniccā.' " ti

'These six internal sense spheres are impermanent.'"

# "Sādhu, sādhu, bhaginiyo!

"Very good, very good, sisters!

# Evam hetam, bhaginiyo,

This is the way, sisters,

# hoti ariyasāvakassa yathābhūtam sammappaññāya passato.

for a noble disciple who sees it as it really is, with perfect wisdom.

# The Instruction on the External Sense Spheres

# Tam kim mañnatha, bhaginiyo, rūpā niccā vā aniccā vā" ti?

What do you think of this, sisters, are forms permanent or impermanent?"

#### "Aniccā, Bhante."

"Impermanent, reverend Sir."

# "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

# "Dukkham, Bhante."

"Unpleasant, reverend Sir."

# "Yam panāniccam dukkham viparināmadhammam,

"But that which is unpleasant and changeable,

#### kallam nu tam samanupassitum:

is it proper to regard it thus:

<sup>&</sup>lt;sup>16</sup> ChS punctuates that this as though it is a new speaker here and in similar positions; but it is clear this is a rhetorical question, and there are no quotation markers to indicate otherwise.

<sup>&</sup>lt;sup>17</sup> ChS: etam.

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'Etam mama, esoham-asmi, eso me Atta?'" ti
'This is mine, this I am, this is my Self?' "
"No hetam, Bhante."
"Certainly not, reverend Sir."
"Tam kim mañnatha, bhaginiyo, saddā niccā vā aniccā vā?" ti
"What do you think of this, sisters, are sounds permanent or impermanent?"
"Aniccā, Bhante."
"Impermanent, reverend Sir."
"Yam panāniccam dukkham vā tam sukham vā?" ti
"But that which is impermanent, is that unpleasant or pleasant?"
"Dukkham, Bhante."
"Unpleasant, reverend Sir."
"Yam panāniccam dukkham viparināmadhammam,
"But that which is unpleasant and changeable,
kallam nu tam samanupassitum:
is it proper to regard it thus:
'Etam mama, esoham-asmi, eso me Atta?'" ti
'This is mine, this I am, this is my Self?' "
"No hetam, Bhante."
"Certainly not, reverend Sir."
"Tam kim maññatha, bhaginiyo, gandhā<sup>18</sup> niccā vā aniccā vā?" ti
"What do you think of this, sisters, are smells permanent or impermanent?"
"Aniccā, Bhante."
"Impermanent, reverend Sir."
"Yam panāniccam dukkham vā tam sukham vā?" ti
"But that which is impermanent, is that unpleasant or pleasant?"
"Dukkham, Bhante."
"Unpleasant, reverend Sir."
"Yam panāniccam dukkham viparināmadhammam,
"But that which is unpleasant and changeable,
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<sup>&</sup>lt;sup>18</sup> PTS omits any peyyāla sign here, writing *Aniccā*, *Bhante*. *Gandhā niccā*... and so on throughout.

# kallam nu tam samanupassitum:

is it proper to regard it thus:

#### 'Etam mama, esoham-asmi, eso me Attā?'" ti

'This is mine, this I am, this is my Self?' "

# "No hetam, Bhante."

"Certainly not, reverend Sir."

# "Tam kim mañnatha, bhaginiyo, rasā niccā vā aniccā vā?" ti

"What do you think of this, sisters, are tastes permanent or impermanent?"

#### "Aniccā, Bhante."

"Impermanent, reverend Sir."

# "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

#### "Dukkham, Bhante."

"Unpleasant, reverend Sir."

# "Yam panāniccam dukkham vipariņāmadhammam,

"But that which is unpleasant and changeable,

#### kallam nu tam samanupassitum:

is it proper to regard it thus:

#### 'Etam mama, esoham-asmi, eso me Attā?'" ti

'This is mine, this I am, this is my Self?' "

#### "No hetam, Bhante."

"Certainly not, reverend Sir."

#### "Tam kim maññatha, bhaginiyo, photthabbā niccā vā aniccā vā?" ti

"What do you think of this, sisters, are touches permanent or impermanent?"

# "Aniccā, Bhante."

"Impermanent, reverend Sir."

# "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

#### "Dukkham, Bhante."

"Unpleasant, reverend Sir."

# "Yam panāniccam dukkham vipariņāmadhammam,

"But that which is unpleasant and changeable,

# kallam nu tam samanupassitum:

is it proper to regard it thus:

#### 'Etam mama, esoham-asmi, eso me Attā?'" ti

'This is mine, this I am, this is my Self?' "

#### "No hetam, Bhante."

"Certainly not, reverend Sir."

# "Tam kim maññatha, bhaginiyo, dhammā niccā vā aniccā vā?" ti

"What do you think of this, sisters, are thoughts permanent or impermanent?"

# "Aniccā, Bhante."

"Impermanent, reverend Sir."

# "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

## "Dukkham, Bhante."

"Unpleasant, reverend Sir."

# "Yam panāniccam dukkham vipariņāmadhammam,

"But that which is unpleasant and changeable,

#### kallam nu tam samanupassitum:

is it proper to regard it thus:

# Etam mama, esoham-asmi, eso me Attā?" ti<sup>19</sup>

'This is mine, this I am, this is my Self?' "

# "No hetam, Bhante.

"Certainly not, reverend Sir.

#### Tam kissa hetu?

What is the reason for that?

# Pubbe va no hetam, Bhante, yathābhūtam sammappaññāya sudiţtham:

Previously, reverend Sir, this was well seen by us, as it really is, with perfect wisdom:

#### 'Iti pi me cha bāhirā āyatanā aniccā.'" ti

'These six external sense spheres are impermanent.'"

#### "Sādhu, sādhu, bhaginiyo!

"Very good, very good, sisters!

<sup>&</sup>lt;sup>19</sup> PTS employs elipsis: kallan nu tam . . . attā ti.

# Evam hetam, bhaginiyo,

This is the way, sisters,

# hoti ariyasāvakassa yathābhūtam sammappaññāya passato.

for a noble disciple who sees it as it really is, with perfect wisdom.

#### The Instruction on the Six Consciousnesses

# Tam kim maññatha, bhaginivo, cakkhuviññānam niccam vā aniccam vā?" ti

What do you think of this, sisters, is eye-consciousness permanent or impermanent?"

# "Aniccam, Bhante."

"Impermanent, reverend Sir."

# "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

#### "Dukkham, Bhante."

"Unpleasant, reverend Sir."

# "Yam panāniccam dukkham vipariņāmadhammam,

"But that which is unpleasant and changeable,

# kallam nu tam samanupassitum:

is it proper to regard it thus:

#### 'Etam mama, esoham-asmi, eso me Attā?' " ti

'This is mine, this I am, this is my Self?' "

#### "No hetam, Bhante."

"Certainly not, reverend Sir."

#### "Tam kim mañnatha, bhaginiyo, sotaviñnānam niccam vā aniccam vā?" ti

"What do you think of this, sisters, is ear-consciousness permanent or impermanent?"

#### "Aniccam, Bhante."

"Impermanent, reverend Sir."

#### "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

# "Dukkham, Bhante."

"Unpleasant, reverend Sir."

## "Yam panāniccam dukkham viparināmadhammam,

"But that which is unpleasant and changeable,

# kallam nu tam samanupassitum:

is it proper to regard it thus:

# 'Etam mama, esoham-asmi, eso me Atta?'" ti

'This is mine, this I am, this is my Self?' "

# "No hetam, Bhante."

"Certainly not, reverend Sir."

# "Tam kim maññatha, bhaginiyo, ghānaviññānam niccam vā aniccam vā?" ti

"What do you think of this, sisters, is nose-consciousness permanent or impermanent?"

#### "Aniccam, Bhante."

"Impermanent, reverend Sir."

# "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

## "Dukkham, Bhante."

"Unpleasant, reverend Sir."

# "Yam panāniccam dukkham vipariņāmadhammam,

"But that which is unpleasant and changeable,

#### kallam nu tam samanupassitum:

is it proper to regard it thus:

#### 'Etam mama, esoham-asmi, eso me Attā?'" ti

'This is mine, this I am, this is my Self?' "

#### "No hetam, Bhante."

"Certainly not, reverend Sir."

# "Tam kim maññatha, bhaginiyo, jivhāviññāṇam niccam vā aniccam vā?" ti

"What do you think of this, sisters, is tongue-consciousness permanent or impermanent?"

# "Aniccam, Bhante."20

"Impermanent, reverend Sir."

#### "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

#### "Dukkham, Bhante."

"Unpleasant, reverend Sir."

<sup>&</sup>lt;sup>20</sup> PTS omits the lines from *jivhāviṇṇāṇaṁ* to *Bhante* by mistake.

# "Yam panāniccam dukkham viparināmadhammam, "But that which is unpleasant and changeable, kallam nu tam samanupassitum: is it proper to regard it thus: 'Etam mama, esoham-asmi, eso me Attā?' " ti 'This is mine, this I am, this is my Self?' " "No hetam, Bhante." "Certainly not, reverend Sir." "Tam kim maññatha, bhaginiyo, kāyayiññānam niccam vā aniccam vā?" ti "What do you think of this, sisters, is body-consciousness permanent or impermanent?" "Aniccam, Bhante." "Impermanent, reverend Sir." "Yam panāniccam dukkham vā tam sukham vā?" ti "But that which is impermanent, is that unpleasant or pleasant?" "Dukkham, Bhante." "Unpleasant, reverend Sir." "Yam panāniccam dukkham viparināmadhammam, "But that which is unpleasant and changeable, kallam nu tam samanupassitum: is it proper to regard it thus: 'Etam mama, esoham-asmi, eso me Attā?' " ti 'This is mine, this I am, this is my Self?' " "No hetam. Bhante." "Certainly not, reverend Sir." "Tam kim maññatha, bhaginiyo, manoviññāṇam niccam vā aniccam vā?" ti "What do you think of this, sisters, is mind-consciousness permanent or impermanent?" "Aniccam, Bhante." "Impermanent, reverend Sir." "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

"Dukkham, Bhante."
"Unpleasant, reverend Sir."

# "Yam panāniccam dukkham viparināmadhammam,

"But that which is unpleasant and changeable,

# kallam nu tam samanupassitum:

is it proper to regard it thus:

# 'Etam mama, esoham-asmi, eso me Atta?'" ti

'This is mine, this I am, this is my Self?' "

#### "No hetam, Bhante.

"Certainly not, reverend Sir.

#### Tam kissa hetu?

What is the reason for that?

# Pubbe va no hetam, Bhante, yathābhūtam sammappaññāya sudiţţham:

Previously, reverend Sir, this was well seen by us, as it really is, with perfect wisdom:

# 'Iti pi me cha viññāṇakāyā aniccā.' "ti

'These six kinds of consciousness are impermanent.'"

# "Sādhu, sādhu, bhaginiyo!

"Very good, very good, sisters!

# Evam hetam, bhaginiyo,

This is the way, sisters,

# hoti ariyasāvakassa yathābhūtam sammappaññāya passato.

for a noble disciple who sees it as it really is, with perfect wisdom.

# The Oil Lamp Simile

# Seyyathā pi, bhaginiyo, telappadīpassa jhāyato,

Suppose, sisters, when an oil lamp is burning

## telam-pi aniccam viparināmadhammam,

the oil is impermanent and changeable,

# vatti<sup>21</sup> pi aniccā viparināmadhammā,

the wick is impermanent and changeable,

# acci<sup>22</sup> pi aniccā vipariņāmadhammā,

the flame is impermanent and changeable,

#### ābhā pi aniccā vipariņāmadhammā.

the radiance is impermanent and changeable.

<sup>&</sup>lt;sup>21</sup> PTS: *vaṭṭī*, and similarly elsewhere; alternative form.

<sup>&</sup>lt;sup>22</sup> PTS: *accī*, and similarly elsewhere; alternative form.

# Yo nu kho, bhaginiyo, evam vadeyya:

He who would say this, sisters:

# 'Amussa telappadīpassa jhāyato, telam-pi aniccam vipariņāmadhammam,

'For this oil lamp that is burning the oil is impermanent and changeable,

# vațți pi aniccā vipariņāmadhammā,

the wick is impermanent and changeable,

## acci pi aniccā vipariņāmadhammā,

the flame is impermanent and changeable,

# yā ca $^{23}$ khvāssa $^{24}$ ābhā sā niccā dhuvā sassatā avipariņāmadhammā,' ti

but the radiance is permanent, constant, eternal and unchangeable,'

# sammā nu kho so, bhaginiyo, vadamāno vadeyyā?" ti

would someone speaking in this way, sisters, be speaking correctly?"

#### "No hetam, Bhante.

"Certainly not, reverend Sir.

#### Tam kissa hetu?

What is the reason for that?

# Amussa hi, Bhante, telappadīpassa jhāyato,

For while this oil lamp is burning, reverend Sir,

# telam-pi aniccam viparināmadhammam,

the oil is impermanent and changeable,

## vațți pi aniccā vipariņāmadhammā,

the wick is impermanent and changeable,

# acci pi aniccā vipariņāmadhammā,

the flame is impermanent and changeable,

# pagevassa ābhā aniccā vipariņāmadhammā?" ti

then what to say of its radiance being impermanent and changeable?"

 $<sup>^{23}</sup>$  BJT omits: ca here, but includes it in similar places elsewhere.

<sup>&</sup>lt;sup>24</sup> RTE: *khvassa*, alternative form, here and elsewhere.

# "Evam-eva kho, bhaginiyo, yo nu kho evam vadeyya:

"Just so he who would say this, sisters:

# 'Cha kho me<sup>25</sup> ajjhattikā āyatanā aniccā,

'These six internal sense-spheres are impermanent,

# yañ-ca kho cha ajjhattike āyatane paţicca,

but that which is conditioned by these six internal sense-spheres,

# paţisamvedeti<sup>26</sup> sukham vā dukkham vā adukkhamasukham vā,

the pleasant or painful or neither painful-nor-pleasant (feeling) that he feels,

# tam niccam dhuvam sassatam aviparināmadhamman,'-ti

that is permanent, constant, eternal and unchangeable,'

# sammā nu kho so, bhaginiyo, vadamāno vadeyyā?" ti

would someone speaking in this way, sisters, be speaking correctly?"

#### "No hetam, Bhante.

"Certainly not, reverend Sir.

#### Tam kissa hetu?

What is the reason for that?

# Tajjam tajjam, Bhante, paccayam pațicca, tajjā tajjā vedanā uppajjanti.<sup>27</sup>

Whatever arises, reverend Sir, is conditioned by conditions, and with that arising feelings appear.

# 'Tajjam tajjan'-ti tamsabhāvam tamsabhāvam,

'Whatever arises' means that which arises.

# atthato pana: 'Tam tam paccayam paticca, tā tā vedanā uppajjantī,' ti vuttam hoti.

but the meaning is: 'That which is conditioned by conditions, with just that feelings appear,' this is what is said.

#### Tajjassa tajjassa paccayassa nirodhā,

With the cessation of the conditions for whatever arises.

# tajjā tajjā vedanā nirujjhantī."28 ti

whatever feelings have arisen cease."

<sup>&</sup>lt;sup>25</sup> BJT: *Cha kho hi imā*, here, but *Cha kho me* in the repetition; ChS: *Cha khome*, and similarly elsewhere.

<sup>&</sup>lt;sup>26</sup> RTE, PTS: patisamvedemi; that I feel.

<sup>&</sup>lt;sup>27</sup> RTE: *uppajjatī*, here and elsewhere; singular form.

<sup>&</sup>lt;sup>28</sup> RTE: *nirujjhatī*, here and elsewhere; singular form.

# "Sādhu, sādhu, bhaginiyo!

"Very good, very good, sisters!

# Evam hetam, bhaginiyo,

This is the way, sisters,

# hoti ariyasāvakassa yathābhūtam sammappaññāya passato.

for a noble disciple who sees it as it really is, with perfect wisdom.

# The Big Tree Simile

# Seyyathā pi, bhaginiyo, mahato rukkhassa tiţţhato sāravato,

Suppose, sisters, when there is a big tree standing, having heartwood,

#### mūlam-pi aniccam vipariņāmadhammam,

the root is impermanent and changeable,

# khandho pi anicco vipariņāmadhammo,

the trunk is impermanent and changeable,

# sākhāpalāsam-pi aniccam vipariņāmadhammam,

the branches and foilage are impermanent and changeable,

#### chāvā pi aniccā viparināmadhammā.

the shadow is impermanent and changeable.

#### Yo nu kho, bhaginiyo, evam vadeyya:

He who would say this, sisters:

#### 'Amussa mahato rukkhassa titthato sāravato,

'For this big tree which is stood here, having heartwood,

# mūlam-pi aniccam viparināmadhammam,

the root is impermanent and changeable,

## khandho pi anicco vipariņāmadhammo,

the trunk is impermanent and changeable,

# sākhāpalāsam-pi aniccam vipariņāmadhammam,

the branches and foilage are impermanent and changeable,

# yā ca khvāssa chāyā sā niccā dhuvā sassatā avipariņāmadhammā,' ti

but the shadow is permanent, constant, eternal and unchangeable,'

# sammā nu kho so, bhaginiyo, vadamāno vadeyyā?" ti

would someone speaking in this way, sisters, be speaking correctly?"

#### "No hetam, Bhante.

"Certainly not, reverend Sir.

#### Tam kissa hetu?

What is the reason for that?

# Amussa hi, Bhante, mahato rukkhassa titthato sāravato,

For this big tree which is stood here, reverend Sir, having heartwood,

# mūlam-pi aniccam vipariņāmadhammam,

the root is impermanent and changeable,

# khandho pi anicco vipariņāmadhammo,

the trunk is impermanent and changeable,

#### sākhāpalāsam-pi aniccam viparināmadhammam,

the branches and foilage are impermanent and changeable,

# pagevassa chāyā aniccā vipariņāmadhammā?" ti

then what to say of its shadow being impermanent and changeable?"

# 'Pagevassa chāyā,' ti mūlādīni nissāya nibbattā chāyā paṭhamataram yeva aniccā.

'Then what to say of its shadow,' of those things that exist because of the root and so on, the shadow is the most impermanent.

# "Evam-eva kho, bhaginiyo, yo nu kho evam vadeyya:

"Just so he who would say this, sisters:

# 'Cha kho me bāhirā āyatanā aniccā,<sup>29</sup>

'These six external sense-spheres are impermanent,

# yañ-ca kho cha<sup>30</sup> bāhire āyatane paţicca

but that which is conditioned by these six external sense-spheres

#### patisamvedeti sukham vā dukkham vā adukkhamasukham vā,

the pleasant or painful or neither painful-nor-pleasant (feeling) that he feels,

# tam niccam dhuvam sassatam aviparināmadhamman,'-ti

that is permanent, constant, eternal and unchangeable,'

# sammā nu kho so, bhaginiyo, vadamāno vadeyyā?" ti

would someone speaking in this way, sisters, be speaking correctly?"

<sup>&</sup>lt;sup>29</sup> BJT, PTS add here: *viparināmadhammā*, but not in a similar places above.

<sup>&</sup>lt;sup>30</sup> RTE omits: *cha*, here and below.

#### "No hetam, Bhante.

"Certainly not, reverend Sir.

#### Tam kissa hetu?

What is the reason for that?

# Tajjam tajjam, Bhante, paccayam paţicca,

Whatever arises, reverend Sir, is conditioned by conditions,

#### tajjā tajjā vedanā uppajjanti.

and with that arising feelings appear.

# Tajjassa tajjassa paccayassa nirodhā,

With the cessation of the conditions for whatever arises,

#### tajjā tajjā vedanā nirujjhantī." ti

whatever feelings have arisen cease."

## "Sādhu, sādhu, bhaginiyo!

"Very good, very good, sisters!

# Evam hetam, bhaginiyo,

This is the way, sisters,

# hoti ariyasāvakassa yathābhūtam sammappaññāya passato.

for a noble disciple who sees it as it really is, with perfect wisdom.

#### The Cow Simile

# Seyyathā pi, bhaginiyo,

Suppose, sisters,

#### dakkho goghātako vā goghātakantevāsī vā, gāvim vadhitvā,

a butcher or a butcher's apprentice, after killing a cow,

# tinhena govikantanena gāvim vikanteyya,31

were to cut through the cow with a sharp butcher's knife,

# anupahacca antaram mamsakāyam, anupahacca bāhiram cammakāyam,

without harming the flesh on the inside, and without harming the hide on the outside,

# 'Anupahaccā' ti anupahanitvā.

'Without harming' means without harming (different word form).

#### Tattha, mamsam pindam pindam katvā

Herein, by making balls of meat

<sup>&</sup>lt;sup>31</sup> ChS: *sankanteyya*, and below; different word, but same meaning.

# cammam allīyāpento mamsakāyam upahanati nāma;

the hide sticking to the flesh is damaged;

#### cammam baddham baddham katvā,

by kneading the hide,

## mamse alliyapento mamsakayam upahanati nama.

the flesh sticking to the hide is damaged.

#### Evam akatvā.

Without doing this.

# yam yad-eva tattha, antarā vilimamsam, <sup>32</sup> antarā nahāru, <sup>33</sup> antarā bandhanam,

(but) whatever was right there, the flesh stuck to the inside, the sinew on the inside, the teguments on the inside,

#### 'Vilimamsam nhārubandhanan,'-ti sabbacamme laggavilimpanamamsam-eva.

'Flesh stuck to the inside, the sinew, the teguments,' means the flesh stuck and smeared on the hide.

# tam tad-eva tinhena govikantanena sanchindeyya,

(all) that he were to cut away from the cow with a sharp butcher's knife,

# sankanteyya<sup>34</sup> samparikanteyya,

were to cut it through, were to cut it out,

# sañchinditvā saṅkantitvā<sup>35</sup> samparikantitvā,

and after having cut it away, cut it through, cut it out,

#### vidhunitvā bāhiram cammakāvam,

and removed the hide on the outside,

# teneva cammena tam gāvim paţicchādetvā36 evam vadeyya:

and with the hide having covered that cow (again), were he to say thus:

# 'Tathevāyam gāvī samyuttā iminā va<sup>37</sup> cammenā,' ti

'This cow is connected with its hide (again),'

# sammā nu kho so, bhaginiyo, vadamāno vadeyyā?" ti

would someone speaking in this way, sisters, be speaking correctly?"

<sup>&</sup>lt;sup>32</sup> PTS: *cilīmam*; BJT: *vilīmamsam*, both readings similarly elsewhere; the words are uncommon and the reading seems very uncertain.

<sup>&</sup>lt;sup>33</sup> ChS: *nhāru*, and similarly elsewhere; alternative form.

<sup>&</sup>lt;sup>34</sup> ChS adds: *sampakanteyya*, and similar forms elsewhere.

<sup>&</sup>lt;sup>35</sup> ChS adds: *sampakantitvā*, and similar forms elsewhere.

<sup>&</sup>lt;sup>36</sup> RTE adds here: *kiñcāpi so*; by mistake?

<sup>&</sup>lt;sup>37</sup> RTE, PTS omit: *va*.

#### "No hetam, Bhante.

"Certainly not, reverend Sir.

#### Tam kissa hetu?

What is the reason for that?

# Amu hi, Bhante, dakkho goghātako vā goghātakantevāsī vā, gāvim vadhitvā,

For, reverend Sir, (if) a butcher or a butcher's apprentice, after killing a cow,

#### tinhena govikantanena gāvim vikanteyya,

were to cut through the cow with a sharp butcher's knife,

# anupahacca antaram mamsakāyam, anupahacca bāhiram cammakāyam,

without harming the flesh on the inside, and without harming the hide on the outside,

#### yam yad-eva tattha, antarā vilimamsam, antarā nahāru, antarā bandhanam,

and whatever was right there, the flesh stuck to the inside, the sinew on the inside, the teguments on the inside,

# tam tad-eva tinhena govikantanena<sup>38</sup> sanchindeyya,

(all) that he were to cut away from the cow with a sharp butcher's knife,

# sankanteyya samparikanteyya,

were to cut it through, were to cut it out,

# sañchinditvā saṅkantitvā samparikantitvā,

and after having cut it away, cut it through, cut it out,

#### vidhunitvā bāhiram cammakāyam,

and removed the hide on the outside,

#### teneva cammena tam gāvim paţicchādetvā, kiñcāpi so evam vadeyya:

and with the hide having covered that cow (again), were he to say thus:

#### 'Tathevāvam gāvī samvuttā iminā va cammenā,' ti

'This cow is connected with its hide (again),'

# atha kho sā gāvī visamyuttā teneva cammenā." ti

still that cow would not be connected with its hide (again)."

<sup>&</sup>lt;sup>38</sup> RTE adds:  $g\bar{a}vi\dot{m}$  here, but not in similar positions elsewhere.

# The Key to the Cow Simile

# "Upamā kho me ayam, bhaginiyo, katā atthassa viñnāpanāya,

"This is a simile I have made, sisters, to instruct in the meaning,

# ayam-evettha attho:

and this is the meaning here:

# 'Antaro<sup>39</sup> mamsakāyo,' ti kho, bhaginiyo,

'Flesh on the inside,' sisters.

# channetam ajjhattikānam āyatanānam adhivacanam,

that is a designation for these six internal sense spheres,

# 'Bāhiro cammakāyo,' ti kho bhaginiyo,

'Hide on the outside,' sisters,

# channetam bāhirānam āyatanānam adhivacanam,

that is a designation for these six external sense spheres,

# 'Antarā vilimamsam, antarā nahāru, antarā bandhanan,'-ti kho, bhaginiyo,

'The flesh stuck to the inside, the sinew on the inside, the teguments on the inside,' sisters,

# nandirāgassetam<sup>40</sup> adhivacanam,

that is a designation for enjoyment and passion,

# 'Tinham govikantanan,'-ti kho, bhaginiyo,

'A sharp butcher's knife,' sisters,

#### ariyāyetam paññāya adhivacanam,

that is a designation for noble wisdom,

# yāyam ariyā paññā antarā kilesam,

° the noble wisdom that cuts away the internal defilements,

# antarā samyojanam, antarā bandhanam sanchindati,

the internal fetters, the internal bonds,

# 'Antarākilesasamyojanabandhanan,'-ti sabbam antarakilesam-eva sandhāya vuttam.

'The internal defilements, fetters and bonds,' this was said in regard to all the internal defilements.

#### sankantati samparikantati.

cuts them through, cuts them out.

<sup>&</sup>lt;sup>39</sup> BJT, ChS: *Antarā*; which is not in agreement.

<sup>&</sup>lt;sup>40</sup> ChS: *nandīrāgassetai*, and similarly elsewhere.

# The Factors of Awakening

# Satta kho ime,<sup>41</sup> bhaginiyo, Bojjhangā,

There are these seven Factors of Awakening, sisters, 42

#### 'Satta kho ime,' ti kasmā āhā ti?

'There are these seven,' why was this said?

#### 'Yā hi esā paññā kilese chindatī,' ti vuttā,

'For this wisdom cuts the defilements,' is said.

# sā na ekikā va attano dhammatāya chinditum sakkoti.

(but) as a general rule it is not able to cut (them) by itself.

#### Yathā pana kuthārī na attano dhammatāya chejjam chindati,

Just as an axe as a general rule cannot cut what can be cut by itself,

#### purisassa tajjam vāyāmam paticceva chindati,

but on account of a man's endeavour it cuts,

# evam na vinā chahi Bojjhangehi pannā kilese chinditum sakkoti.

so without the other six Factors of Awakening wisdom 43 is not able to cut the defilements.

#### Tasmā evam-āha.

Therefore this was said.

#### yesam bhāvitattā bahulīkatattā,

which when developed and made much of,

# bhikkhu āsavānam khayā, anāsavam, cetovimuttim paññāvimuttim,

a monastic, through the destruction of the pollutants, without pollutants, freed in mind, freed through wisdom,

# diţtheva dhamme sayam abhiññā sacchikatvā upasampajja viharati.

dwells having known, having directly experienced, and having attained (Nibbāna) himself in this very life.

<sup>&</sup>lt;sup>41</sup> BJT: *ime*, but *panime* in the repetition.

<sup>&</sup>lt;sup>42</sup> Up till this point the nuns always say that they have previously understood the teachings, but not after this teaching, so it appears that this section about the seven Factors of Awakening is new to them, and it is through understanding this that they eventually (during the repetition) make the breakthrough.

<sup>43</sup> Wisdom here means dhammavicaya, investigation (of the nature) of things.

#### Katame satta?

Which seven?

# Idha, bhaginiyo, bhikkhu Satisambojjhangam bhāveti,

Here, sisters, a monastic develops the Mindfulness Factor of Complete Awakening,

# vivekanissitam virāganissitam nirodhanissitam vossaggapariņāmim,

depending on solitude, depending on dispassion, depending on cessation, maturing in relinquishment,

# Dhammavicayasambojjhangam bhāveti,44

develops the Investigation (of the Nature) of Things Factor of Complete Awakening,

#### vivekanissitam virāganissitam nirodhanissitam vossaggapariņāmim,

depending on solitude, depending on dispassion, depending on cessation, maturing in relinquishment,

# Viriyasambojjhangam<sup>45</sup> bhāveti,

develops the Energy Factor of Complete Awakening,

# vivekanissitam virāganissitam nirodhanissitam vossaggapariņāmim,

depending on solitude, depending on dispassion, depending on cessation, maturing in relinquishment,

# Pītisambojjhangam bhāveti,

develops the Joy Factor of Complete Awakening,

# vivekanissitam virāganissitam nirodhanissitam vossaggapariņāmim,

depending on solitude, depending on dispassion, depending on cessation, maturing in relinquishment,

# Passaddhisambojjhangam bhāveti,

develops the Tranquility Factor of Complete Awakening,

#### vivekanissitam virāganissitam nirodhanissitam vossaggapariņāmim,

depending on solitude, depending on dispassion, depending on cessation, maturing in relinquishment,

#### Samādhisambojihangam bhāveti,

develops the Concentration Factor of Complete Awakening,

# vivekanissitam virāganissitam nirodhanissitam vossaggapariņāmim,

depending on solitude, depending on dispassion, depending on cessation, maturing in relinquishment,

<sup>&</sup>lt;sup>44</sup> PTS alone doesn't indicate elipsis here.

<sup>&</sup>lt;sup>45</sup> ChS: *Vīriya*-; a form commonly found in the Burmese texts.

## Upekkhāsambojjhangam bhāveti,

develops the Equanimity Factor of Complete Awakening,

## vivekanissitam virāganissitam nirodhanissitam vossaggapariņāmim,

depending on solitude, depending on dispassion, depending on cessation, maturing in relinquishment,

#### Ime kho, bhaginiyo, satta Bojjhangā,

There are these seven Factors of Awakening, sisters,

#### yesam bhāvitattā bahulīkatattā,

which when developed and made much of,

#### bhikkhu āsavānam khavā, anāsavam, cetovimuttim pañnāvimuttim,

a monastic, through the destruction of the pollutants, without pollutants, freed in mind, freed through wisdom,

## diţţheva dhamme sayam abhiññā sacchikatvā upasampajja viharatī." ti

dwells having known, having directly experienced, and having attained (Nibbāna) himself in this very life."

#### Atha kho āyasmā Nandako tā bhikkhuniyo iminā ovādena ovaditvā uyyojesi:

Then venerable Nandaka, having advised the nuns with this advice, sent them off,

## "Gacchatha, bhaginiyo, kālo." ti

saying: "Depart, sisters, it is time."

## The Fortunate One's Response

#### Atha kho tā bhikkhuniyo,

Then those nuns.

#### āyasmato Nandakassa bhāsitam abhinanditvā anumoditvā,

after rejoicing in and being gladdened by venerable Nandaka's speech,

#### utthāyāsanā āyasmantam Nandakam abhivādetvā padakkhinam katvā,

rising from their seats, worshipping and circumambulating venerable Nandaka,

## yena Bhagavā tenupasankamimsu,

approached the Fortunate One,

#### upasankamityā Bhagayantam abhiyādetyā ekam-antam atthamsu.

and after approaching and worshipping the Fortunate One, they stood on one side.

## Ekam-antam thitā kho tā bhikkhuniyo Bhagavā etad-avoca:

While they were standing on one side the Fortunate One said this to the nuns:

## "Gacchatha, bhikkhuniyo, kālo." ti

"Depart, sisters, it is time."

## Atha kho tā bhikkhuniyo Bhagavantam abhivādetvā

Then those nuns, after worshipping

## padakkhinam katvā, pakkamimsu.

and circumambulating the Fortunate One, departed.

# Atha kho Bhagavā acirapakkantīsu<sup>46</sup> tāsu bhikkhunīsu bhikkhū āmantesi:

Then, not long after those nuns had departed, the Fortunate One addressed the monks:

## "Seyyathā pi, bhikkhave, tad-ahuposathe cātuddase

saying: "Just as, monks, on the Uposatha day of the fourteenth

## na hoti bahuno janassa kankhā vā vimati vā:

for most people there is no doubt or uncertainty:

## 'Uno nu kho cando, punno nu kho cando?' ti

'Is the moon deficient, or is the moon full?'

## atha kho ūno cando tveva hoti;

for then the moon is deficient:

## evam-eva kho, bhikkhave, tā bhikkhuniyo<sup>47</sup>

just so, monks, those nuns

# Nandakassa Dhammadesanāya attamanā ceva<sup>48</sup> honti,

were uplifted by the venerable Nandaka's Dhamma preaching,

## no ca kho paripunnasankappā." ti

but their aspirations were not fulfilled."

## Atha kho Bhagavā āyasmantam Nandakam āmantesi:

Then the Fortunate One addressed the venerable Nandaka.

<sup>&</sup>lt;sup>46</sup> RTE, PTS: acirapakkantāsu, alternative form.

<sup>&</sup>lt;sup>47</sup> RTE omits: *bhikkhuniyo*.

<sup>&</sup>lt;sup>48</sup> ChS omits: *ceva*.

## "Tena hi tvam, Nandaka, sve pi tā bhikkhuniyo tenevovādena ovadeyyāsī." ti

saying: "Nandaka, tomorrow also you should advise the nuns with just this advice."

## 'Tena hī,' ti yena kāraņena tayā cha ajjhattikāni āyatanāni,

'With ... this,' with this reasoning on the six internal sense spheres,

#### cha bāhirāni, cha viññāṇakāye,

the six external (sense spheres), the six kinds of consciousness,

#### dīpopamam, rukkhopamam, gāvūpaman-ca dassetvā,

instructing with the simile of the light, the simile of the tree, and the simile of the cow,

#### sattahi Bojjhangehi asavakkhayena desana nitthapita,

and concluding the teaching with the destruction of the pollutants through the seven Factors of Awakening,

# tena kāraņena tvam sve pi tā bhikkhuniyo teneva ovādena ovadeyyāsī. ti

with this reasoning you should advise the nuns tomorrow with this advice.

## "Evam, Bhante," ti kho āyasmā Nandako Bhagavato paccassosi.

"Very well, reverend Sir," venerable Nandaka replied to the Fortunate One.

## The Following Day

## Atha kho āyasmā Nandako tassā rattiyā accayena pubbaņhasamayam nivāsetvā,

Then when the night had passed, venerable Nandaka, having dressed in the morning time,

## pattacīvaram-ādāya Sāvatthim piņdāya pāvisi.

after picking up his bowl and robe, entered Sāvatthī for alms.

# Sāvatthiyam pindāya<sup>49</sup> caritvā, pacchābhattam pindapātapatikkanto attadutiyo,

After walking for alms in Sāvatthī, and while returning from the alms-round with his attendant after the meal.

## yena Rājakārāmo tenupasankami.

he approached the King's monastery.

# Addasamsu<sup>50</sup> kho tā bhikkhuniyo

The nuns saw

## āyasmantam Nandakam dūrato va āgacchantam.

the venerable Nandaka coming while still far away,

## Disvāna āsanam paññāpesum, udakañ-ca pādānam upaţţhapesum.

and having seen (him), they prepared a seat, and had water set up for (washing) the feet.

<sup>&</sup>lt;sup>49</sup> RTE omits *pāvisi*. *Sāvatthiyam pindāya*.

<sup>&</sup>lt;sup>50</sup> All variations noted above need to be applied in the repetition also. Exceptions only are noted.

#### Nisīdi kho āyasmā Nandako paññatte āsane, nisajja pāde pakkhālesi.

Venerable Nandaka sat down on the prepared seat, and while sitting he washed his feet.

## Tā pi kho bhikkhuniyo āyasmantam Nandakam abhivādetvā,

Those nuns worshipped venerable Nandaka

#### ekam-antam nisīdimsu.

and sat down on one side.

#### Ekam-antam nisinnā kho tā bhikkhuniyo āyasmā Nandako etad-avoca:

While sitting on one side venerable Nandaka said this to those nuns:

#### "Paţipucchakathā kho, bhaginiyo, bhavissati,

"Sisters, this will be a talk in which I put questions,

## tattha ājānantīhi: 'Ājānāmā,' tissa vacanīyam,

herein, when you understand, you should say: 'We understand,'

#### na ājānantīhi: 'Na ājānāmā,' tissa vacanīyam.

when you don't understand, you should say: 'We don't understand.'

#### Yassā vā panassa kankhā vā vimati vā aham-eva tattha paţipucchitabbo:

But if for you there is doubt or uncertainty herein you should ask in return:

## 'Idam, Bhante, katham, imassa kvattho?' "ti

'This that you said, reverend Sir, what is its meaning?' "

## "Ettakena pi mayam, Bhante, ayyassa Nandakassa attamanā abhiraddhā,

"So far, reverend Sir, we are uplifted and satisfied with the noble Nandaka,

## yam no ayyo Nandako pavāretī." ti

and for the noble Nandaka making this invitation to us."

# The Instruction on the Internal Sense Spheres "Tam kim maññatha, bhaginiyo, cakkhum niccam vā aniccam vā?" ti "What do you think of this, sisters, is the eye permanent or impermanent?"<sup>51</sup> "Aniccam, Bhante." "Impermanent, reverend Sir." "Yam panāniccam<sup>52</sup> dukkham vā tam sukham vā?" ti "But that which is impermanent, is that unpleasant or pleasant?" "Dukkham, Bhante." "Unpleasant, reverend Sir." "Yam panāniccam dukkham vipariņāmadhammam, "But that which is unpleasant and changeable, kallam nu tam samanupassitum: is it proper to regard it thus: 'Etam mama, esoham-asmi, eso me Atta?'" ti 'This is mine, this I am, this is my Self?' " "No hetam, Bhante." "Certainly not, reverend Sir." "Tam kim maññatha, bhaginiyo, sotam niccam vā aniccam vā?" ti "What do you think of this, sisters, is the ear permanent or impermanent?"

## "Aniccam, Bhante."

"Impermanent, reverend Sir."

## "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

#### "Dukkham, Bhante."

"Unpleasant, reverend Sir."

## "Yam panāniccam dukkham viparināmadhammam,

<sup>&</sup>lt;sup>51</sup> It is rather odd that he repeats this same instruction when the nuns already told him they had understood all this previously.

<sup>&</sup>lt;sup>52</sup> At this point PTS gives instructions as to how to fill in the lacuna, and continues: *Gacchattha*, bhikkhuniyo; kālo ti. Other versions print the repetition in full.

## kallam nu tam samanupassitum:

is it proper to regard it thus:

#### 'Etam mama, esoham-asmi, eso me Attā?'" ti

'This is mine, this I am, this is my Self?' "

## "No hetam, Bhante."

"Certainly not, reverend Sir."

## "Tam kim maññatha, bhaginiyo, ghānam niccam vā aniccam vā?" ti

"What do you think of this, sisters, is the nose permanent or impermanent?"

#### "Aniccam, Bhante."

"Impermanent, reverend Sir."

## "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

#### "Dukkham, Bhante."

"Unpleasant, reverend Sir."

## "Yam panāniccam dukkham vipariņāmadhammam,

"But that which is unpleasant and changeable,

#### kallam nu tam samanupassitum:

is it proper to regard it thus:

#### 'Etam mama, esoham-asmi, eso me Attā?'" ti

'This is mine, this I am, this is my Self?' "

#### "No hetam, Bhante."

"Certainly not, reverend Sir."

## "Tam kim mañnatha, bhaginiyo, jivhā niccā vā aniccā vā?" ti

"What do you think of this, sisters, is the tongue permanent or impermanent?"

#### "Aniccā, Bhante."

"Impermanent, reverend Sir."

## "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

## "Dukkham, Bhante."

"Unpleasant, reverend Sir."

## "Yam panāniccam dukkham vipariņāmadhammam,

# kallam nu tam samanupassitum: is it proper to regard it thus:

## 'Etam mama, esoham-asmi, eso me Atta?'" ti

'This is mine, this I am, this is my Self?' "

## "No hetam, Bhante."

"Certainly not, reverend Sir."

## "Tam kim mañnatha, bhaginiyo, kāyo nicco vā anicco vā?" ti

"What do you think of this, sisters, is the body permanent or impermanent?"

#### "Anicco, Bhante."

"Impermanent, reverend Sir."

## "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

#### "Dukkham, Bhante."

"Unpleasant, reverend Sir."

## "Yam panāniccam dukkham vipariņāmadhammam,

"But that which is unpleasant and changeable,

#### kallam nu tam samanupassitum:

is it proper to regard it thus:

#### 'Etam mama, esoham-asmi, eso me Attā?'" ti

'This is mine, this I am, this is my Self?' "

#### "No hetam, Bhante."

"Certainly not, reverend Sir."

#### "Tam kim maññatha, bhaginiyo, mano nicco vā anicco vā?" ti

"What do you think of this, sisters, is the mind permanent or impermanent?"

#### "Anicco, Bhante."

"Impermanent, reverend Sir."

#### "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

## "Dukkham, Bhante."

"Unpleasant, reverend Sir."

## "Yam panāniccam dukkham vipariņāmadhammam,

#### kallam nu tam samanupassitum:

is it proper to regard it thus:

## 'Etam mama, esoham-asmi, eso me Attā?' " ti

'This is mine, this I am, this is my Self?' "

#### "No hetam, Bhante.

"Certainly not, reverend Sir.

#### Tam kissa hetu?

What is the reason for that?

## Pubbe va no hetam, Bhante, yathābhūtam sammappaññāya sudiţtham:

Previously, reverend Sir, this was well seen by us, as it really is, with perfect wisdom:

# 'Iti pi me cha ajjhattikā āyatanā aniccā.'" ti

'These six internal sense spheres are impermanent.'"

## "Sādhu, sādhu, bhaginiyo!

"Very good, very good, sisters!

## Evam hetam, bhaginiyo,

This is the way, sisters,

## hoti ariyasāvakassa yathābhūtam sammappaññāya passato.

for a noble disciple who sees it as it really is, with perfect wisdom.

## The Instruction on the External Sense Spheres

#### Tam kim mañnatha, bhaginiyo, rūpā niccā vā aniccā vā" ti?

What do you think of this, sisters, are forms permanent or impermanent?"

## "Aniccā, Bhante."

"Impermanent, reverend Sir."

## "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

## "Dukkham, Bhante."

"Unpleasant, reverend Sir."

#### "Yam panāniccam dukkham vipariņāmadhammam,

"But that which is unpleasant and changeable,

#### kallam nu tam samanupassitum:

is it proper to regard it thus:

# 'Etam mama, esoham-asmi, eso me Attā?'" ti 'This is mine, this I am, this is my Self?' " "No hetam, Bhante." "Certainly not, reverend Sir." "Tam kim mañnatha, bhaginiyo, saddā niccā vā aniccā vā?" ti "What do you think of this, sisters, are sounds permanent or impermanent?" "Aniccā, Bhante." "Impermanent, reverend Sir." "Yam panāniccam dukkham vā tam sukham vā?" ti "But that which is impermanent, is that unpleasant or pleasant?" "Dukkham, Bhante." "Unpleasant, reverend Sir." "Yam panāniccam dukkham viparināmadhammam, "But that which is unpleasant and changeable, kallam nu tam samanupassitum: is it proper to regard it thus: 'Etam mama, esoham-asmi, eso me Attā?' " ti 'This is mine, this I am, this is my Self?' " "No hetam, Bhante." "Certainly not, reverend Sir." "Tam kim maññatha, bhaginiyo, gandhā niccā vā aniccā vā?" ti "What do you think of this, sisters, are smells permanent or impermanent?" "Aniccā, Bhante." "Impermanent, reverend Sir." "Yam panāniccam dukkham vā tam sukham vā?" ti "But that which is impermanent, is that unpleasant or pleasant?" "Dukkham, Bhante." "Unpleasant, reverend Sir." "Yam panāniccam dukkham viparināmadhammam,

## kallam nu tam samanupassitum:

"But that which is unpleasant and changeable,

is it proper to regard it thus:

# Nandaka's Advice - 45 'Etam mama, esoham-asmi, eso me Attā?' " ti 'This is mine, this I am, this is my Self?' " "No hetam, Bhante." "Certainly not, reverend Sir." "Tam kim mañnatha, bhaginiyo, rasā niccā vā aniccā vā?" ti "What do you think of this, sisters, are tastes permanent or impermanent?" "Aniccā, Bhante," "Impermanent, reverend Sir." "Yam panāniccam dukkham vā tam sukham vā?" ti "But that which is impermanent, is that unpleasant or pleasant?" "Dukkham, Bhante." "Unpleasant, reverend Sir." "Yam panāniccam dukkham viparināmadhammam, "But that which is unpleasant and changeable, kallam nu tam samanupassitum: is it proper to regard it thus: 'Etam mama, esoham-asmi, eso me Attā?' " ti 'This is mine, this I am, this is my Self?' " "No hetam, Bhante." "Certainly not, reverend Sir." "Tam kim maññatha, bhaginiyo, photthabbā niccā vā aniccā vā?" ti "What do you think of this, sisters, are touches permanent or impermanent?" "Aniccā, Bhante." "Impermanent, reverend Sir." "Yam panāniccam dukkham vā tam sukham vā?" ti "But that which is impermanent, is that unpleasant or pleasant?"

# "Dukkham, Bhante."

"Unpleasant, reverend Sir."

#### "Yam panāniccam dukkham viparināmadhammam,

"But that which is unpleasant and changeable,

## kallam nu tam samanupassitum:

is it proper to regard it thus:

#### 'Etam mama, esoham-asmi, eso me Atta?'" ti

'This is mine, this I am, this is my Self?' "

## "No hetam, Bhante."

"Certainly not, reverend Sir."

## "Tam kim mañnatha, bhaginiyo, dhammā niccā vā aniccā vā?" ti

"What do you think of this, sisters, are thoughts permanent or impermanent?"

#### "Aniccā, Bhante."

"Impermanent, reverend Sir."

## "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

## "Dukkham, Bhante."

"Unpleasant, reverend Sir."

## "Yam panāniccam dukkham vipariņāmadhammam,

"But that which is unpleasant and changeable,

## kallam nu tam samanupassitum:

is it proper to regard it thus:

#### 'Etam mama, esoham-asmi, eso me Attā?'" ti

'This is mine, this I am, this is my Self?' "

#### "No hetam, Bhante.

"Certainly not, reverend Sir.

#### Tam kissa hetu?

What is the reason for that?

## Pubbe va no hetam, Bhante, yathābhūtam sammappaññāya sudiţţham:

Previously, reverend Sir, this was well seen by us, as it really is, with perfect wisdom:

#### 'Iti pi me cha bāhirā āyatanā aniccā.'" ti

'These six external sense spheres are impermanent.'"

#### "Sādhu, sādhu, bhaginiyo!

"Very good, very good, sisters!

#### Evam hetam, bhaginiyo,

This is the way, sisters,

## hoti ariyasāvakassa yathābhūtam sammappaññāya passato.

for a noble disciple who sees it as it really is, with perfect wisdom.

#### The Instruction on the Six Consciousnesses

# Tam kim maññatha, bhaginiyo, cakkhuviññānam niccam vā aniccam vā?" ti

What do you think of this, sisters, is eye-consciousness permanent or impermanent?"

## "Aniccam, Bhante."

"Impermanent, reverend Sir."

## "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

## "Dukkham, Bhante."

"Unpleasant, reverend Sir."

## "Yam panāniccam dukkham vipariņāmadhammam,

"But that which is unpleasant and changeable,

## kallam nu tam samanupassitum:

is it proper to regard it thus:

#### 'Etam mama, esoham-asmi, eso me Attā?' " ti

'This is mine, this I am, this is my Self?' "

## "No hetam, Bhante."53

"Certainly not, reverend Sir."

## "Tam kim mañnatha, bhaginiyo, sotaviñnāṇam niccam vā aniccam vā?" ti

"What do you think of this, sisters, is ear-consciousness permanent or impermanent?"

#### "Aniccam, Bhante."

"Impermanent, reverend Sir."

## "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

## "Dukkham, Bhante."

"Unpleasant, reverend Sir."

## "Yam panāniccam dukkham viparināmadhammam,

<sup>53</sup> RTE mistakenly adds the whole end sequence here, before it has even run through the variant consciousnesses. It includes it at the end also, in its proper place.

## kallam nu tam samanupassitum:

is it proper to regard it thus:

#### 'Etam mama, esoham-asmi, eso me Attā?'" ti

'This is mine, this I am, this is my Self?' "

## "No hetam, Bhante."

"Certainly not, reverend Sir."

## "Tam kim maññatha, bhaginiyo, ghānaviññāṇam niccam vā aniccam vā?" ti

"What do you think of this, sisters, is nose-consciousness permanent or impermanent?"

#### "Aniccam, Bhante."

"Impermanent, reverend Sir."

## "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

#### "Dukkham, Bhante."

"Unpleasant, reverend Sir."

## "Yam panāniccam dukkham vipariņāmadhammam,

"But that which is unpleasant and changeable,

#### kallam nu tam samanupassitum:

is it proper to regard it thus:

#### 'Etam mama, esoham-asmi, eso me Attā?'" ti

'This is mine, this I am, this is my Self?' "

#### "No hetam, Bhante."

"Certainly not, reverend Sir."

## "Tam kim maññatha, bhaginiyo, jivhāviññāṇam niccam vā aniccam vā?" ti

"What do you think of this, sisters, is tongue-consciousness permanent or impermanent?"

#### "Aniccam, Bhante."

"Impermanent, reverend Sir."

#### "Yam panāniccam dukkham vā tam sukham vā?" ti

"But that which is impermanent, is that unpleasant or pleasant?"

## "Dukkham, Bhante."

"Unpleasant, reverend Sir."

## "Yam panāniccam dukkham viparināmadhammam,

# kallam nu tam samanupassitum: is it proper to regard it thus: 'Etam mama, esoham-asmi, eso me Attā?' " ti 'This is mine, this I am, this is my Self?' " "No hetam, Bhante." "Certainly not, reverend Sir." "Tam kim maññatha, bhaginiyo, kāyaviññāṇam niccam vā aniccam vā?" ti "What do you think of this, sisters, is body-consciousness permanent or impermanent?" "Aniccam, Bhante." "Impermanent, reverend Sir." "Yam panāniccam dukkham vā tam sukham vā?" ti "But that which is impermanent, is that unpleasant or pleasant?" "Dukkham, Bhante." "Unpleasant, reverend Sir." "Yam panāniccam dukkham viparināmadhammam, "But that which is unpleasant and changeable, kallam nu tam samanupassitum: is it proper to regard it thus: 'Etam mama, esoham-asmi, eso me Attā?'" ti 'This is mine, this I am, this is my Self?' " "No hetam, Bhante." "Certainly not, reverend Sir." "Tam kim maññatha, bhaginiyo, manoviññāṇam niccam vā aniccam vā?" ti "What do you think of this, sisters, is mind-consciousness permanent or impermanent?" "Aniccam, Bhante." "Impermanent, reverend Sir." "Yam panāniccam dukkham vā tam sukham vā?" ti "But that which is impermanent, is that unpleasant or pleasant?"

# "Yam panāniccam dukkham viparināmadhammam, "But that which is unpleasant and changeable,

"Unpleasant, reverend Sir."

#### kallam nu tam samanupassitum:

is it proper to regard it thus:

## 'Etam mama, esoham-asmi, eso me Attā?' " ti

'This is mine, this I am, this is my Self?' "

#### "No hetam, Bhante.

"Certainly not, reverend Sir.

#### Tam kissa hetu?

What is the reason for that?

## Pubbe va no hetam, Bhante, yathābhūtam sammappaññāya sudiṭṭham:

Previously, reverend Sir, this was well seen by us, as it really is, with perfect wisdom:

#### 'Iti pi me cha viññāṇakāyā aniccā.'" ti

'These six kinds of consciousness are impermanent.'"

## "Sādhu, sādhu, bhaginiyo!

"Very good, very good, sisters!

## Evam hetam, bhaginiyo,

This is the way, sisters,

## hoti ariyasāvakassa yathābhūtam sammappaññāya passato.

for a noble disciple who sees it as it really is, with perfect wisdom.

## The Oil Lamp Simile

#### Seyyathā pi, bhaginiyo, telappadīpassa jhāyato,

Suppose, sisters, when an oil lamp is burning

#### telam-pi aniccam viparināmadhammam,

the oil is impermanent and changeable,

#### vaţţi pi aniccā vipariņāmadhammā,

the wick is impermanent and changeable,

## acci pi aniccā vipariņāmadhammā,

the flame is impermanent and changeable,

#### ābhā pi aniccā vipariņāmadhammā.

the radiance is impermanent and changeable.

#### Yo nu kho, bhaginiyo, evam vadeyya:

He who would say this, sisters:

## 'Amussa telappadīpassa jhāyato, telam-pi aniccam vipariņāmadhammam,

'For this oil lamp that is burning the oil is impermanent and changeable,

## vațți pi aniccā vipariņāmadhammā,

the wick is impermanent and changeable,

## acci pi aniccā vipariņāmadhammā,

the flame is impermanent and changeable,

# yā ca $^{54}\,\mathrm{khv\bar{a}ssa}$ ābhā sā niccā dhuvā sassatā avipariņāmadhammā,' ti

but the radiance is permanent, constant, eternal and unchangeable,'

## sammā nu kho so, bhaginiyo, vadamāno vadeyyā?" ti

would someone speaking in this way, sisters, be speaking correctly?"

#### "No hetam, Bhante.

"Certainly not, reverend Sir.

#### Tam kissa hetu?

What is the reason for that?

## Amussa hi, Bhante, telappadīpassa jhāyato,

For while this oil lamp is burning, reverend Sir,

## telam-pi aniccam vipariņāmadhammam,

the oil is impermanent and changeable,

## vațți pi aniccā vipariņāmadhammā,

the wick is impermanent and changeable,

## acci pi aniccā vipariņāmadhammā,

the flame is impermanent and changeable,

## pagevassa ābhā aniccā vipariņāmadhammā?" ti

then what to say of its radiance being impermanent and changeable?"

## "Evam-eva kho, bhaginiyo, yo nu kho evam vadeyya:

"Just so he who would say this, sisters:

## 'Cha kho me ajjhattikā āyatanā aniccā,

'These six internal sense-spheres are impermanent,

<sup>&</sup>lt;sup>54</sup> BJT omits: *ca* here, but includes it in similar places elsewhere.

#### yañ-ca kho cha ajjhattike āyatane paţicca,

but that which is conditioned by these six internal sense-spheres,

## patisamvedeti sukham vā dukkham vā adukkhamasukham vā,

the pleasant or painful or neither painful-nor-pleasant (feeling) that he feels,

## tam niccam dhuvam sassatam aviparināmadhamman,'-ti

that is permanent, constant, eternal and unchangeable,'

## sammā nu kho so, bhaginiyo, vadamāno vadeyyā?" ti

would someone speaking in this way, sisters, be speaking correctly?"

## "No hetam, Bhante.

"Certainly not, reverend Sir.

#### Tam kissa hetu?

What is the reason for that?

## Tajjam tajjam, Bhante, paccayam paţicca,

Whatever arises, reverend Sir, is conditioned by conditions,

## tajjā tajjā vedanā uppajjanti.

and with that arising feelings appear.

## Tajjassa tajjassa paccayassa nirodhā,

With the cessation of the conditions for whatever arises.

## tajjā tajjā vedanā nirujjhantī." ti

whatever feelings have arisen cease."

## "Sādhu, sādhu, bhaginiyo!

"Very good, very good, sisters!

## Evam hetam, bhaginiyo,

This is the way, sisters,

## hoti ariyasāvakassa yathābhūtam sammappaññāya passato.

for a noble disciple who sees it as it really is, with perfect wisdom.

## The Big Tree Simile

## Seyyathā pi, bhaginiyo, mahato rukkhassa tiţţhato sāravato,

Suppose, sisters, when there is a big tree standing, having heartwood,

## mūlam-pi aniccam vipariņāmadhammam,

the root is impermanent and changeable,

## khandho pi anicco viparināmadhammo,

the trunk is impermanent and changeable,

#### sākhāpalāsam-pi aniccam vipariņāmadhammam,

the branches and foilage are impermanent and changeable,

#### chāyā pi aniccā vipariņāmadhammā.

the shadow is impermanent and changeable.

## Yo nu kho, bhaginiyo, evam vadeyya:

He who would say this, sisters:

#### 'Amussa mahato rukkhassa titthato sāravato,

'For this big tree which is stood here, having heartwood,

## mūlam-pi aniccam vipariņāmadhammam,

the root is impermanent and changeable,

## khandho pi anicco vipariņāmadhammo,

the trunk is impermanent and changeable,

#### sākhāpalāsam-pi aniccam vipariņāmadhammam,

the branches and foilage are impermanent and changeable,

## yā ca khvāssa chāyā sā niccā dhuvā sassatā avipariņāmadhammā,' ti

but the shadow is permanent, constant, eternal and unchangeable,'

#### sammā nu kho so, bhaginiyo, vadamāno vadeyyā?" ti

would someone speaking in this way, sisters, be speaking correctly?"

## "No hetam, Bhante.

"Certainly not, reverend Sir.

#### Tam kissa hetu?

What is the reason for that?

#### Amussa hi, Bhante, mahato rukkhassa titthato sāravato,

For this big tree which is stood here, reverend Sir, having heartwood,

## mūlam-pi aniccam vipariņāmadhammam,

the root is impermanent and changeable,

## khandho pi anicco vipariņāmadhammo,

the trunk is impermanent and changeable,

## sākhāpalāsam-pi aniccam vipariņāmadhammam,

the branches and foilage are impermanent and changeable,

## pagevassa chāyā aniccā vipariņāmadhammā?" ti

then what to say of its shadow being impermanent and changeable?"

## "Evam-eva kho, bhaginiyo, yo nu kho evam vadeyya:

"Just so he who would say this, sisters:

#### 'Cha kho me bāhirā āyatanā aniccā,

'These six external sense-spheres are impermanent,

## yañ-ca kho cha bāhire āyatane paţicca

but that which is conditioned by these six external sense-spheres

#### paţisamvedeti sukham vā dukkham vā adukkhamasukham vā,

the pleasant or painful or neither painful-nor-pleasant (feeling) that he feels,

## tam niccam dhuvam sassatam aviparinamadhamman,'-ti

that is permanent, constant, eternal and unchangeable,'

#### sammā nu kho so, bhaginiyo, vadamāno vadeyyā?" ti

would someone speaking in this way, sisters, be speaking correctly?"

## "No hetam, Bhante.

"Certainly not, reverend Sir.

#### Tam kissa hetu?

What is the reason for that?

#### Tajjam tajjam, Bhante, paccayam paţicca,

Whatever arises, reverend Sir, is conditioned by conditions,

#### tajjā tajjā vedanā uppajjanti.

and with that arising feelings appear.

# Tajjassa tajjassa paccayassa<sup>55</sup> nirodhā.

With the cessation of the conditions for whatever arises,

<sup>&</sup>lt;sup>55</sup> RTE: *paccassa*, here, by mistake.

## tajjā tajjā vedanā nirujjhantī." ti

whatever feelings have arisen cease."

## "Sādhu, sādhu, bhaginiyo!

"Very good, very good, sisters!

## Evam hetam, bhaginiyo, hoti ariyasāvakassa

This is the way, sisters, for a noble disciple

#### yathābhūtam sammappaññāya passato.

who sees it as it really is, with perfect wisdom.

#### The Cow Simile

## Seyyathā pi, bhaginiyo,

Suppose, sisters,

## dakkho goghātako vā goghātakantevāsī vā, gāvim vadhitvā,

a butcher or a butcher's apprentice, after killing a cow,

## tiņhena govikantanena gāvim vikanteyya,

were to cut through the cow with a sharp butcher's knife,

## anupahacca<sup>56</sup> antaram mamsakāyam, anupahacca bāhiram cammakāyam,

without harming the flesh on the inside, and without harming the hide on the outside,

## yam yad-eva tattha, antarā vilimamsam, antarā nahāru, antarā bandhanam,

(but) whatever was right there, the flesh stuck to the inside, the sinew on the inside, the teguments on the inside,

## tam tad-eva tinhena govikantanena sanchindeyya,

(all) that he were to cut away from the cow with a sharp butcher's knife,

## sankanteyya samparikanteyya,

were to cut it through, were to cut it out,

#### sanchinditvā sankantitvā samparikantitvā,

and after having cut it away, cut it through, cut it out,

## vidhunitvā bāhiram cammakāyam,

and removed the hide on the outside,

<sup>&</sup>lt;sup>56</sup> RTE spells *anūpahacca*, here, but *anupahacca* in the first section above.

#### teneva cammena tam gāvim paţicchādetvā evam vadeyya:

and with the hide having covered that cow (again), were he to say thus:

## 'Tathevāyam gāvī samyuttā iminā va<sup>57</sup> cammenā,' ti

'This cow is connected with its hide (again),'

## sammā nu kho so, bhaginiyo, vadamāno vadeyyā?" ti

would someone speaking in this way, sisters, be speaking correctly?"

## "No hetam, Bhante.

"Certainly not, reverend Sir.

#### Tam kissa hetu?

What is the reason for that?

## Amu hi, Bhante, dakkho goghātako vā goghātakantevāsī vā, gāvim vadhitvā,

For, reverend Sir, (if) a butcher or a butcher's apprentice, after killing a cow,

## tiņhena govikantanena gāvim vikanteyya,

were to cut through the cow with a sharp butcher's knife,

## anupahacca antaram mamsakayam, anupahacca bahiram cammakayam,

without harming the flesh on the inside, and without harming the hide on the outside,

## yam yad-eva tattha, antarā vilimamsam, antarā nahāru, antarā bandhanam,

and whatever was right there, the flesh stuck to the inside, the sinew on the inside, the teguments on the inside,

#### tam tad-eva tinhena govikantanena sanchindeyya,

(all) that he were to cut away from the cow with a sharp butcher's knife,

#### sankanteyya samparikanteyya,

were to cut it through, were to cut it out,

#### sañchinditvā saṅkantitvā samparikantitvā,

and after having cut it away, cut it through, cut it out,

## vidhunitvā bāhiram cammakāyam,

and removed the hide on the outside,

#### teneva cammena tam gāvim paţicchādetvā, kiñcāpi so evam vadeyya:

and with the hide having covered that cow (again), were he to say thus:

 $<sup>^{57}</sup>$  BJT omits va in the repetition.

## 'Tathevāyam gāvī samyuttā iminā va cammenā,' ti

'This cow is connected with its hide (again),'

## atha kho sā gāvī visamyuttā teneva cammenā." ti

still that cow would not be connected with its hide (again)."

## The Key to the Cow Simile

## "Upamā kho me ayam, bhaginiyo, katā atthassa viññāpanāya,

"This is a simile I have made, sisters, to instruct in the meaning,

#### ayam-evettha attho:

and this is the meaning here:

## 'Antarā mamsakāyo,' ti kho, bhaginiyo,

'Flesh on the inside,' sisters,

## channetam ajjhattikānam āyatanānam adhivacanam,

that is a designation for these six internal sense spheres,

#### 'Bāhiro cammakāyo,' ti kho bhaginiyo,

'Hide on the outside,' sisters,

## channetam bāhirānam āyatanānam adhivacanam,

that is a designation for these six external sense spheres,

#### 'Antarā vilimamsam, antarā nahāru, antarā bandhanan,'-ti kho, bhaginiyo,

'The flesh stuck to the inside, the sinew on the inside, the teguments on the inside,' sisters,

#### nandirāgassetam adhivacanam,

that is a designation for enjoyment and passion,

#### 'Tinham govikantanan,'-ti kho, bhaginiyo,

'A sharp butcher's knife,' sisters,

#### ariyāyetam paññāya adhivacanam,

that is a designation for noble wisdom,

## yāyam ariyā paññā antarā kilesam,

° the noble wisdom that cuts away the internal defilements,

#### antarā samyojanam, antarā bandhanam sanchindati,

the internal fetters, the internal bonds,

#### sankantati samparikantati.

cuts them through, cuts them out.

## The Factors of Awakening

# Satta kho panime,<sup>58</sup> bhaginiyo, Bojjhangā,

There are these seven Factors of Awakening, sisters,

#### yesam bhāvitattā bahulīkatattā,

which when developed and made much of,

## bhikkhu āsavānam khayā, anāsavam, cetovimuttim paññāvimuttim,

a monastic, through the destruction of the pollutants, without pollutants, freed in mind, freed through wisdom,

## diţtheva dhamme sayam abhiññā sacchikatvā upasampajja viharati.

dwells having known, having directly experienced, and having attained (Nibbāna) himself in this very life.

#### Katame satta?

Which seven?

## Idha, bhaginiyo, bhikkhu Satisambojjhangam bhāveti,

Here, sisters, a monastic develops the Mindfulness Factor of Complete Awakening,

#### vivekanissitam virāganissitam nirodhanissitam vossaggapariņāmim,

depending on solitude, depending on dispassion, depending on cessation, maturing in relinquishment,

## Dhammavicayasambojjhangam bhaveti,

develops the Investigation (of the Nature) of Things Factor of Complete Awakening,

## vivekanissitam virāganissitam nirodhanissitam vossaggapariņāmim,

depending on solitude, depending on dispassion, depending on cessation, maturing in relinquishment,

#### Viriyasambojjhangam bhāveti,

develops the Energy Factor of Complete Awakening,

#### vivekanissitam virāganissitam nirodhanissitam vossaggapariņāmim,

depending on solitude, depending on dispassion, depending on cessation, maturing in relinquishment,

#### Pītisambojjhangam bhāveti,

develops the Joy Factor of Complete Awakening,

<sup>&</sup>lt;sup>58</sup> RTE here: *Satta kho ime*, but *panime* elsewhere.

#### vivekanissitam virāganissitam nirodhanissitam vossaggapariņāmim,

depending on solitude, depending on dispassion, depending on cessation, maturing in relinquishment,

## Passaddhisambojjhangam bhāveti,

develops the Tranquility Factor of Complete Awakening,

#### vivekanissitam virāganissitam nirodhanissitam vossaggapariņāmim,

depending on solitude, depending on dispassion, depending on cessation, maturing in relinquishment,

#### Samādhisambojjhangam bhāveti,

develops the Concentration Factor of Complete Awakening,

#### vivekanissitam virāganissitam nirodhanissitam vossaggapariņāmim,

depending on solitude, depending on dispassion, depending on cessation, maturing in relinquishment,

## Upekkhāsambojjhangam bhāveti,

develops the Equanimity Factor of Complete Awakening,

#### vivekanissitam virāganissitam nirodhanissitam vossaggapariņāmim,

depending on solitude, depending on dispassion, depending on cessation, maturing in relinquishment,

#### Ime kho, bhaginiyo, satta Bojjhangā,

There are these seven Factors of Awakening, sisters,

#### yesam bhāvitattā bahulīkatattā,

which when developed and made much of,

## bhikkhu āsavānam khayā, anāsavam, cetovimuttim paññāvimuttim,

a monastic, through the destruction of the pollutants, without pollutants, freed in mind, freed through wisdom,

#### dittheva dhamme sayam abhiññā sacchikatvā upasampajja viharatī." ti

dwells having known, having directly experienced, and having attained (Nibbāna) himself in this very life."

## Atha kho āyasmā Nandako tā bhikkhuniyo iminā ovādena ovaditvā uyyojesi:

Then venerable Nandaka, having advised the nuns with this advice, sent them off,

#### "Gacchatha, bhaginiyo, kālo." ti

saying: "Depart, sisters, it is time."

## The Fortunate One's Response

#### Atha kho tā bhikkhuniyo

Then those nuns

## āyasmato Nandakassa bhāsitam abhinanditvā anumoditvā,

after rejoicing in and being gladdened by venerable Nandaka's speech,

## utthāyāsanā āyasmantam Nandakam abhivādetvā padakkhiņam katvā,

rising from their seats, worshipping and circumambulating venerable Nandaka,

## yena Bhagavā tenupasankamimsu,

approached the Fortunate One,

#### upasankamitvā Bhagavantam abhivādetvā ekam-antam atthamsu.

and after approaching and worshipping the Fortunate One, they stood on one side.

#### Ekam-antam thitā kho tā bhikkhuniyo Bhagavā etad-avoca:

While they were standing on one side the Fortunate One said this to the nuns:

## "Gacchatha, bhikkhuniyo, kālo." ti

"Depart, sisters, it is time."

## Atha kho tā bhikkhuniyo Bhagavantam abhivādetvā

Then those nuns, after worshipping

#### padakkhinam katvā, pakkamimsu.

and circumambulating the Fortunate One, departed.

#### Atha kho Bhagavā acirapakkantīsu tāsu bhikkhunīsu bhikkhū āmantesi:

Then, not long after those nuns had departed, the Fortunate One addressed the monks:

## "Seyyathā pi, bhikkhave, tad-ahuposathe pannarase

saying: "Just as, monks, on the Uposatha day of the fifteenth

#### na hoti bahuno janassa kankhā vā vimati vā:

for most people there is no doubt or uncertainty:

#### 'Uno nu kho cando, punno nu kho cando?' ti

'Is the moon deficient, or is the moon full?'

#### atha kho punno cando tveva hoti;

for then the moon is full;

#### evam-eva kho, bhikkhave, tā bhikkhuniyo

just so, monks, those nuns

## Nandakassa Dhammadesanāya attamanā,

were uplifted by the venerable Nandaka's Dhamma preaching,

## ceva paripunnasankappā ca.

and their aspirations were fulfilled.

#### Tāsam, bhikkhave, pancannam bhikkhunīsatānam

For those five hundred nuns, monks,

## vā pacchimā<sup>59</sup> bhikkhunī sā Sotāpannā,

the least nun is a Stream-Enterer.

#### 'Sā Sotāpannā,' ti yā sā guņehi sabbapacchimikā, sā Sotāpannā.

'A Stream-Enterer,' the quality of the very least of all is a Stream-Enterer.

## Sesā pana Sakadāgāmi-Anāgāminiyo ca Khīņāsavā ca.

The rest are Once-Returners, Non-Returners and those who Destroyed the Pollutants.

#### Yadi evam katham paripunnasankappā? ti

How are their aspirations said to be fulfilled?

#### Ajjhāsayapāripūriyā.

Through the fulfilment of their intentions.

#### Yassā hi bhikkhuniyā evam-ahosi:

To the nun that this (thought) occurred:

#### 'Kadā nu kho aham ayyassa Nandakassa Dhammadesanam sunantī

'When I am listening to the noble Nandaka's teaching of Dhamma

# tasmim yeva āsane Sotāpattiphalam sacchikareyyan,'-ti sā Sotāpattiphalam sacchākāsi.

on that very seat I can realise Stream-Entry,' she did realise Stream-Entry.

## Yassā ahosi: "Sakadāgāmiphalam Anāgāmiphalam Arahattan,"-ti

To her whom this (thought) occurred: 'The fruit of Once-Returner, the fruit of Non-Returner and the fruit of the Destruction of the Pollutants,'

#### sā Arahattam sacchākāsi.

she realised Liberation.

#### Tenāha Bhagavā: "Attamanā ceva paripunnasankappā cā." ti

Therefore the Fortunate One said: "(They) were uplifted and their aspirations were fulfilled."

<sup>&</sup>lt;sup>59</sup> RTE, ChS: *pacchimikā*; alternative form.

# avinipātadhammā niyatā sambodhiparāyanā."60 ti

no longer subject to falling away, sure and destined for Full Awakening."

## Idam-avoca Bhagavā,

The Fortunate One said this,

## attamanā te bhikkhū Bhagavato bhāsitam abhinandun.-ti

and those monks were uplifted and greatly rejoiced in what was said by the Fortunate One.

Nandakovādasuttam Niṭṭhitam<sup>61</sup> The Discourse giving Nandaka's Advice is Finished

<sup>&</sup>lt;sup>60</sup> BJT: *-parāyaṇā*; alternative form.

 $<sup>^{61}</sup>$  BJT, PTS, ChS: Nandakovādasuttam Catuttham; RTE: Nandakovādasuttam Niṭṭhitam Catuttham.

## Nandakattheravatthu

## The Story about the Elder Nandaka

AN 1.14.4.7 (text)

## Etad-aggam bhikkhave mama sāvakānam bhikkhūnam,

This is the foremost of my monk disciples, monks,

## bhikkhunovādakānam, yad-idam, Nandako.

amongst those who advise the nuns, that is to say, Nandaka.

AA 1.14.4.7 (commentary)

# Sattame, "Bhikkhunovādakānam, yad-idam, Nandako,"62 ti

In the seventh (story), "Amongst those who advise the nuns, that is to say, Nandaka,"

## ayam hi Thero Dhammakatham kathento

while this Elder monk was giving a talk on Dhamma

## ekasamodhāne pañca bhikkhunīsatāni Arahattam pāpesi.

altogether five hundred nuns attained Liberation.

## Tasmā bhikkhunovādakānam aggo nāma jāto.

Therefore he became known as the foremost amongst those who advise the nuns.

## Tassa pañhakamme ayam-anupubbikathā:

This is the exposition concerning the enquiry into his (previous) deeds:

## **His Aspiration and Good Deeds**

# Ayam-pi hi<sup>63</sup> Padumuttarabuddhakāle,

At the time of the Buddha Padumuttara,

# Hamsavatīnagare kulagehe<sup>64</sup> nibbatto,

he was reborn in a good family house in Hamsavatī,

# Satthu Dhammadesanam<sup>65</sup> sunanto,

and while listening to the Teacher's teaching of the Dhamma,

<sup>62</sup> SHB omits: yad-idam, Nandako, reads: Bhikkhunovādakānan-ti.

<sup>63</sup> ChS: Ayañ-hi.

<sup>&</sup>lt;sup>64</sup> SHB: *kulaghare*; different word, same meaning.

<sup>65</sup> SHB: *Dhammakatham*; different word, same meaning.

# The Story about the Elder Nandaka - 64

Satthāraṁ ekaṁ bhikkhuṁ bhikkhunovādakānaṁ aggaṭṭhāne ṭhapentaṁ disvā, he saw the Teacher set a certain monk aside as being foremost amongst those who advise the nuns,

## adhikārakammam katvā, tam thānantaram patthesi.

did a great deed, and aspired for that position himself.

#### **His Last Life**

## So yāvajīvam kusalam katvā, devamanussesu samsaranto,

He did wholesome (deeds) for the rest of his life, and being reborn amongst gods and humans (only),

## imasmim Buddhuppāde, Sāvatthiyam kulagehe paţisandhim gahetvā,66

when this (Gotama) Buddha arose, after being conceived in a good family home in Sāvatthī,

#### vayappatto Satthu Dhammadesanam sutvā,

when he was mature he heard the Teacher teach the Dhamma,

## pațiladdhasaddho Satthu santike pabbajitvā,

gained faith and went forth in the presence of the Teacher,

# vipassanam vaddhetvā Arahattam pāpuņitvā,67

developed insight and attained Liberation,

#### pubbenivāsañāņe ca ciņņavasī ahosi.

and became one who had mastered knowledge of his former lives.

## So catūsu parisāsu sampattāsu:

Within the four assemblies

## "Sabbesam yeva manam gahetvā kathetum sakkotī," ti

(it was said): "He was able to preach so as to capture everyone's mind,"

#### Dhammakathikanandako nāma jāto.

and he became known as Nandaka the Dhamma Preacher.

## Tathāgato pi kho Rohiņīnadītīre cumbaţakakalahe nikkhamitvā,

The Realised One departed from the string of quarrels on the bank of the River Rohinī,

## pabbajitānam pancannam Sākiyakumārasatānam anabhiratiyā uppannāya,

and discontent having arisen for the five hundred Sākiyan Princes who went forth,

## te bhikkhū ādāya Kuņāladaham gantvā,

he took those monks and went to the Kunāla Lake,

<sup>&</sup>lt;sup>66</sup> SHB: ganhitvā; different word, same meaning.

<sup>67</sup> ChS: pāpuṇi; but the sentence hasn't ended, and we wouldn't expect a finite verb yet.

#### The Story about the Elder Nandaka - 66

## Kuṇālajātakakathāya nesam samviggabhāvam ñatvā,

and understanding their spiritual anxiety because of the talk on the Kunāla Birth Story,

## Catusaccakatham kathetvā, Sotāpattiphale patiţhāpesi.

and preaching a talk on the Four Truths, he established them in the fruit of Stream-Entry.

## Aparabhāge Mahāsamayasuttam kathetvā aggaphalam Arahattam pāpesi.

Later he preached the Discourse on the Great Assembly and made them attain the supreme fruit of Liberation.

## Tesam Therānam purāņadutiyikā:

Those Elders' former wives

## "Amhe dāni idha kim karissāmā?" ti vatvā,

saying: "What do we have to do here now?"

## sabbā va ekacittā hutvā, Mahāpajāpatim upasankamitvā, pabbajjam yācimsu.

had but one thought, and after approaching Mahāpajāpatī they requested the going forth.

# Tā<sup>68</sup> pañcasatā pi Theriyā santike pabbajjañ-ca upasampadañ-ca labhimsu.

In the presence of that Elder nun all five hundred received the going forth and the higher ordination.

#### **His Past Life**

#### Atītānantarāya pana jātiyā

In his immediately past life

# sabbā va tā Nandakatherassa<sup>69</sup> Rājaputtabhāve<sup>70</sup> ṭhitassa pādaparicārikā ahesum.

they all had been the wives of the Elder Nandaka when he was a Prince.

## Tena samayena Satthā: "Bhikkhū bhikkhuniyo ovadantū," ti āha.

At that time the Teacher said: "Monks must advise the nuns."

## Thero attano vāre sampatte,

When the Elder's turn arrived,

## tāsam purimabhave attano pādaparicārikabhāvam ñatvā cintesi:

knowing they were his wives in a previous existence he thought:

<sup>&</sup>lt;sup>68</sup> ChS adds: *pi*.

<sup>&</sup>lt;sup>69</sup> ChS: *Nandakattherassa*; showing gemination.

<sup>&</sup>lt;sup>70</sup> SHB: *Rājattabhāve*; perhaps would mean: *during his Kingship*.

## 'Mam imassa Bhikkhunīsanghassa majjhe nisinnam

'Sitting in the midst of this Community of nuns

## upamāyo ca kāraņāni ca āharitvā,

and bringing forward similes and reasons,

## Dhammam kathayamānam disvā,

and being seen preaching the Dhamma,

## añño pubbenivāsañāṇalābhī bhikkhu imam kāraṇam oloketvā,

(if) another monk who also had knowledge of previous lives looked at the reason for it,

## "Āyasmā Nandako yāvajjadivasā orodhe na vissajjeti,

° he might think he could say: "Venerable Nandaka up to this day did not send off his concubines.

## sobhatāyasmā<sup>71</sup> orodhaparivuto," ti vattabbam maññeyyā.' ti

this venerable is resplendent when surrounded by his concubines."

## Tasmā sayam agantvā aññam bhikkhum pesesi.

Therefore when it came to his (turn) he sent another monk.

# **Teaching the Nuns**

## Tā pana pañcasatā bhikkhuniyo Therasseva ovādam paccāsimsanti.<sup>72</sup>

But those five hundred nuns desired the Elder's advice.

#### Iminā kāranena Bhagavā

For this reason the Fortunate One

## "Attano vāre sampatte, aññam apesetvā,

° said to the Elder monk: "When your turn arrives, without sending another,

## sayam-eva gantvā, Bhikkhunīsangham ovadāhī," ti Theram āha.

having gone yourself, advise the Community of nuns."

## So Satthu katham paţibāhitum asakkonto,

He was unable to refuse the Teacher's speech,

#### attano vāre sampatte cātuddase bhikkhunisanghassa ovādam datvā,

and when his turn arrived on the fourteenth he gave advice to the Community of nuns,

## sabbā va tā bhikkhuniyo saļāyatanapaţimaņditāya

° and with a Dhamma teaching elaborating on the six sense spheres

<sup>&</sup>lt;sup>71</sup> ChS: *sobhatāyam-āyasmā*; locative form.

<sup>&</sup>lt;sup>72</sup> ChS: paccāsīsanti; alternative form.

## Dhammadesanāya Sotāpattiphale patiţţhāpesi.

he established all the nuns in the fruit of Stream-Entry.

## Tā bhikkhuniyo, Therassa Dhammadesanāya attamanā hutvā,

Those nuns, being uplifted by the Elder's Dhamma teaching,

# Satthu santikam gantvā attano<sup>73</sup> paţividdhaguṇam ārocesum.

went into the presence of the Teacher and informed him of their penetration (of the Dhamma).

## Satthā: 'Kasmim nu kho Dhammam desente

The Teacher thought: 'With what Dhamma teaching

## imā bhikkhuniyo uparimaggaphalāni pāpuņeyyun,'-ti

will these nuns attain the further Paths and Fruits?'

## āvajjento: Puna tam yeva Nandakassa Dhammadesanam sutvā

and reflecting further: 'Listening again to Nandaka's Dhamma teaching surely

# pañcasatā pi etā Arahattam pāpuņissantī.' ti

these five hundred will attain Liberation.'

## Disvā, punadivase pi Therasseva santikam Dhammasavanatthāya<sup>74</sup> pesesi,

Having seen (that), on another day he sent them into the Elder's presence to listen to the Dhamma,

## tā punadivase Dhammam sutvā sabbā va Arahattam pattā.

and on that day they listened to Dhamma and attained Liberation.

## Tamdivasam Bhagavā tāsam bhikkhunīnam attano santikam āgatakāle,

On that day the Fortunate One came into the presence of those nuns,

## Dhammadesanāva saphalabhāvam natvā,

he understood (they had attained) the fruition state with that Dhamma teaching,

# "Bhiyyo<sup>75</sup> Nandakassa Dhammadesanā cātuddasiyam candasadisī ahosi,

and he said: "Nandaka's Dhamma teaching yesterday, was like the moon on the fourteenth day,

## ajja pannarasiyam candasadisī," ti vatvā

today it is like the moon on the fifteenth day,"

<sup>&</sup>lt;sup>73</sup> SHB: *attanā*; instrumental, when genitive is needed.

<sup>&</sup>lt;sup>74</sup> ChS: *Dhammassavanatthāya*; showing gemination.

<sup>&</sup>lt;sup>75</sup> ChS: *Hiyyo*; alternative form.

# The Story about the Elder Nandaka - 69

Therassa sādhukāram datvā, tad-eva ca kāraṇam aṭṭhuppattim katvā,<sup>76</sup> and having given his approval to the Elder monk, for that reason as the occasion had arisen,

## Theram bhikkhunovādakānam aggatthāne thapesī. ti

he placed this Elder monk in the foremost position amongst those who advise the nuns.

<sup>&</sup>lt;sup>76</sup> SHB omits: tad-eva ca kāraṇaṁ aṭṭhuppattiṁ katvā.