

# Medical Report

Date: Aug 12, 2025

**Patient Name:** Priya Sharma  
**DOB:** 1990-04-12  
**MRN:** MRN-004215  
**Consultant:** Dr. R. Menon (Internal Medicine)  
**Facility:** CityCare Hospital, Bengaluru

## Clinical Summary

The patient presented with intermittent chest discomfort, exertional dyspnea, and fatigue for 2 weeks. Past history significant for hypertension and dyslipidemia, currently on amlodipine and atorvastatin. ECG without acute ischemic changes; troponin negative. Echo demonstrates preserved LV function. Symptoms likely multifactorial including deconditioning and reflux disease.

## Impressions

- Atypical chest pain — non-cardiac features predominant
- Hypertension — controlled on current regimen
- Dyslipidemia — LDL above target for risk profile
- Gastroesophageal reflux disease (suspected)

# Vitals & Laboratory Results

Parameter	Value
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Blood Pressure	124/78 mmHg
Heart Rate	76 bpm
Respiratory Rate	16 /min
Temperature	98.4 °F (36.9 °C)
SpO <sub>2</sub>	98% on room air
BMI	24.6 kg/m <sup>2</sup>

Test	Result	Reference Range
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Hemoglobin	13.0 g/dL	12.0–15.5
WBC	6.2 x10 <sup>3</sup> /μL	4.0–11.0
Platelets	250 x10 <sup>3</sup> /μL	150–450
Fasting Glucose	98 mg/dL	70–99
HbA1c	5.4 %	4.0–5.6
Total Cholesterol	212 mg/dL	<200
LDL-C	138 mg/dL	<100 (risk-based)
HDL-C	48 mg/dL	>50 (female)
Triglycerides	165 mg/dL	<150
Creatinine	0.8 mg/dL	0.5–1.1
ALT (SGPT)	22 U/L	7–56
AST (SGOT)	24 U/L	10–40
TSH	2.1 μIU/mL	0.4–4.0
CRP	1.2 mg/L	<3.0

# Medications, Procedures & Care Plan

## Current Medications

- Amlodipine 5 mg PO OD
- Atorvastatin 20 mg PO HS
- Pantoprazole 40 mg PO OD (trial for 4 weeks)

## Recent Procedures & Imaging

- 12-lead ECG — normal sinus rhythm, no ST-T changes
- Echocardiogram — LVEF 60%, no regional wall motion abnormality
- Chest X-ray — clear lung fields

## Plan & Recommendations

- Lifestyle: aerobic exercise 150 min/week, weight maintenance, low-salt diet
- Lipid management: intensify statin if LDL remains >100 mg/dL in 8-12 weeks
- GERD management: PPI trial, head-end elevation, avoid late meals/spicy foods
- Follow-up: clinic review in 6 weeks or earlier if chest pain worsens

## Attestation

I have reviewed the above information and discussed the plan with the patient. Signed electronically.

Physician Signature: \_\_\_\_\_

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