**Torrance tests 1**

**Intro**

Want to give your imagination a run for its money? Work on your divergent thinking skills with this famous shapes test.

**Page 1:**

**The Torrance Tests: background**

The Torrance Tests of Creative Thinking was introduced by psychologist Ellis Paul Torrance in the 1960s as a way to administer a more creatively inclined IQ test measuring divergent thinking. Higher points were awarded for answers that included rich imagery, implied narrative, or used humor or fantasy. Though imperfect, it remains one of the core tests for creative thinking today.

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**Getting started**

Take a piece of paper and draw 12 small circles, 12 squares, 12 rectangles and 12 triangles like in the image above. I recommend using a sharpened pencil or fine pen for this to draw the detail. You’ll need around 20mins to complete all in all.

**Page 3:**

**On your marks… get set…**

The challenge is simple: Use the shapes to create small drawings! Whatever you can come up with. Start with the circles as these are the most natural shapes and there the easiest.

You’ll see the shapes go up in difficulty. The challenge is to do each set in 4mins (total 16mins). The time limit is a useful tool to push your creativity.

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**GO!**

Don’t overthink it and don’t get stressed. Don’t repeat the same patterns but feel free to think outside the box! There is no right or wrong answer to this.

Tip: If you get stuck take a look around you for inspiration.

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**Phew!**

How was that for a workout? Take a look at some of the drawings above to see what other people did.

**Page 6:**

**Enjoyed the brain strain?**

Give it another go and be sure to check the other creativity training exercises.