**Kintsugi**

**Intro**

Nothing is ever truly worthless. Be inspired by the Japanese art of Kintsugi where fixing and celebrating flaws become part of the design.

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**Scars as history**

Kintsugi centers on the idea that things are made more beautiful by their flaws. Broken pottery pieces are sealed back together with liquid gold, highlighting the ‘scars’ that become a part of the design. As a philosophy, it treats breakage and repair as part of the history of an object, rather than something to disguise.

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**Fix it**

Can you fix or find a new use for something broken to show it is better now than before? Find an object that needs mending and bring it back to life. Celebrate its nicks and cracks as a valuable part of its identity.

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**Think it**

The art of Kintsugi is often used as a metaphor for resilience and healing. What were you thinking about as you were fixing your creation? How did it feel to fix it?