**Sunset**

**Intro**

Attempt to capture one of nature’s greatest daily spectacles by chronicling the change in the sky at various stages of the sunset.

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**What you’ll need**

You’ll need paper and colours (paints or pencils), 20mins of spare time around sunset, and a clock or stopwatch.

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**Drawing sunset**

In this activity we’re going to attempt to capture one of nature’s greatest daily spectacles by chronicling the change in the sky at various stages of the sunset. How are we going to do this? Through **four** mini drawings / paintings of our sunset at **5mins prior**, **during**, **5mins after** and **10mins after** sunset.

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**Getting set up**

Divide your page into four boxes (one for each drawing / painting) and find what time the sun sets in your location. Then set a reminder for 5mins before that time to start your first tile.

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**Off we go!**

Remember the goal of this exercise is to chronicle and notice the change in the sky. You have about 5mins per tile. No need to rush but no need to get hung up on the details either.

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**Voila!**

How was that? Sunsets are one of my favourite things and yet we often don’t spend the time to appreciate them fully. There are even studies that the light from sunsets positively affects our moods. Hopefully you enjoyed the exercise and if you had bad weather, well bad luck, appreciate the next nice sunset that comes your way!