

Boat report The Crew

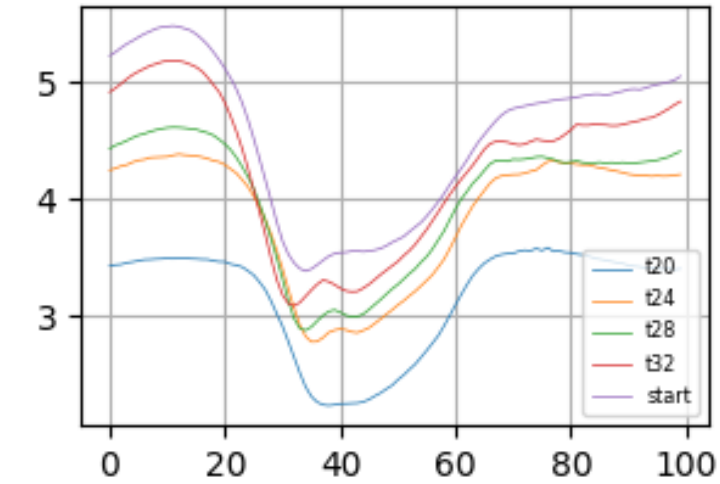
Rowers: R1,
Boattype: M1x
Calibration: 1
Misc: Extra info
Powerline: powerline session number
Venue: Location

Piece "all" used: averaging

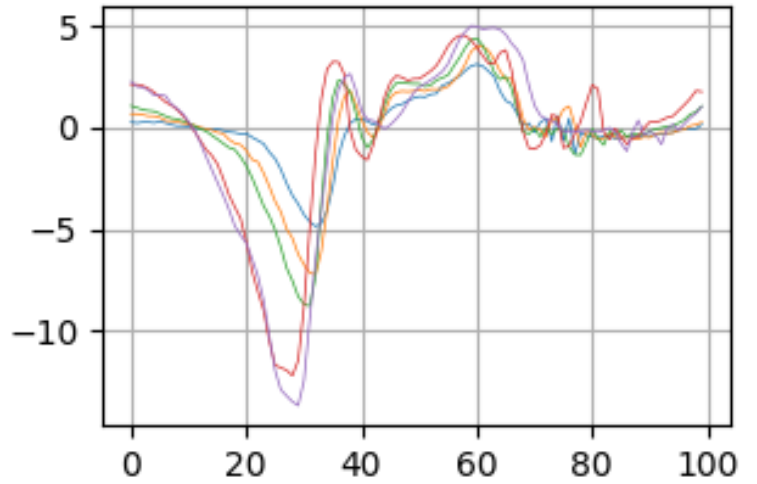
	Average	t20	t24	t28	t32	start
Strokes		10	11	11	14	13
Stroke rate	29	21	25	28	35	39
Rythm % cycle time	49	43	47	47	53	55
500m split	2:07.0	2:39.0	2:09.3	2:04.5	1:56.6	1:45.5
Distance/stroke	8.4	9.2	9.4	8.6	7.3	7.3
Speed power loss(%)	6.0	5.9	5.7	5.5	6.7	6.2
Max speed at % cycle		75.0	13.0	12.0	11.0	11.0
Maximum Yaw (°)		0.1	0.1	0.1	0.1	0.3
Maximum Roll (°)		1.6	1.4	1.2	1.8	1.6

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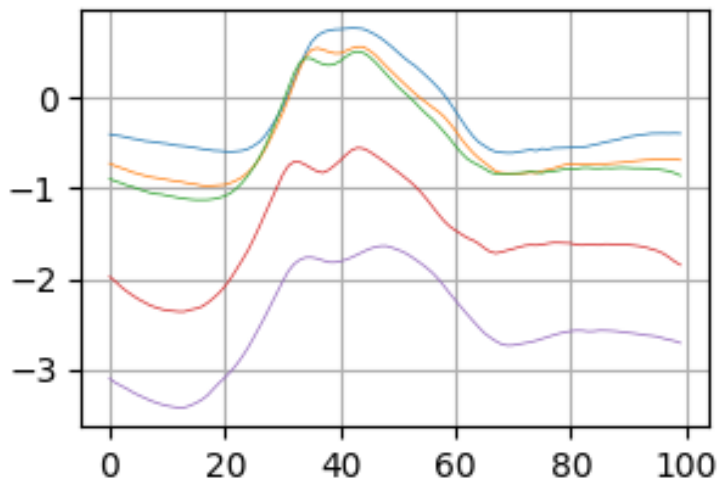
Speed



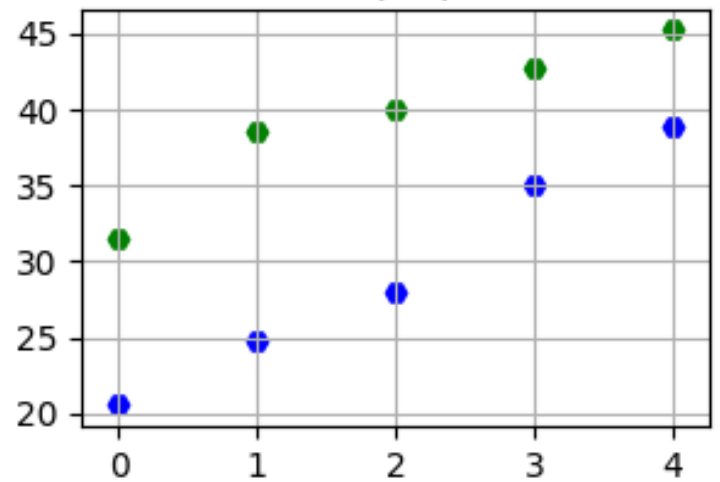
Acceleration



Pitch

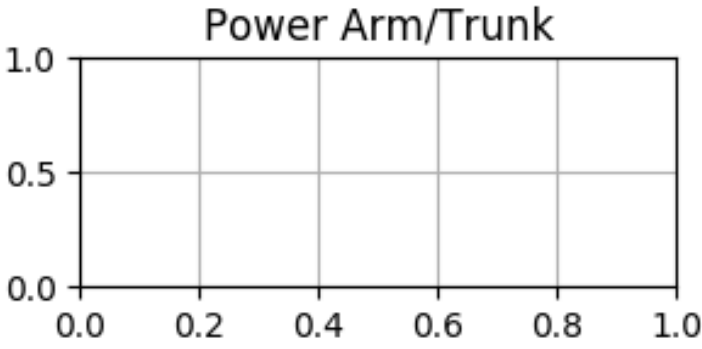
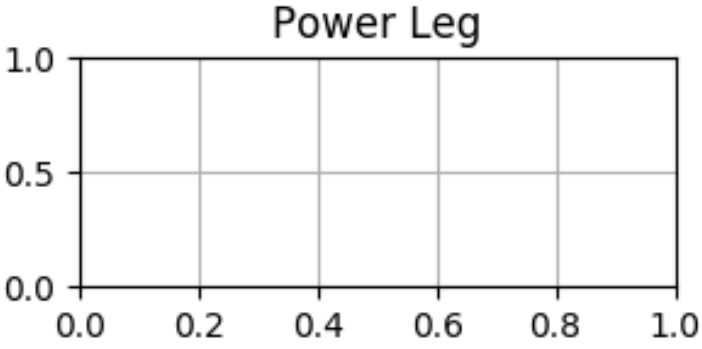
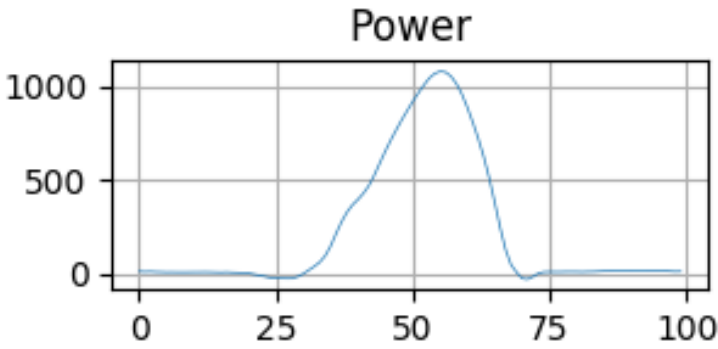
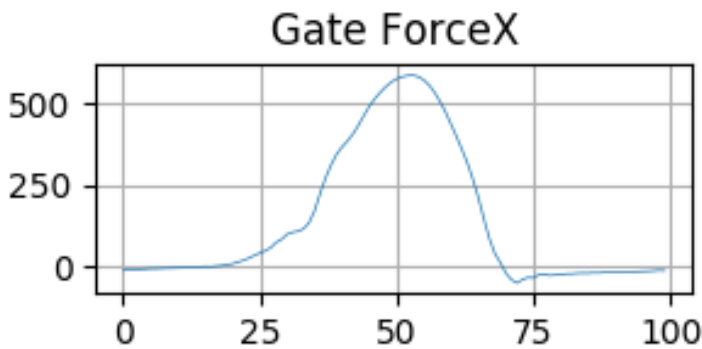
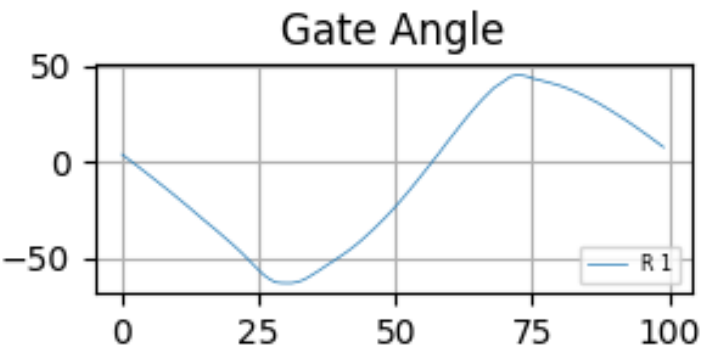


Accel-Tempo per Piece



Crew report

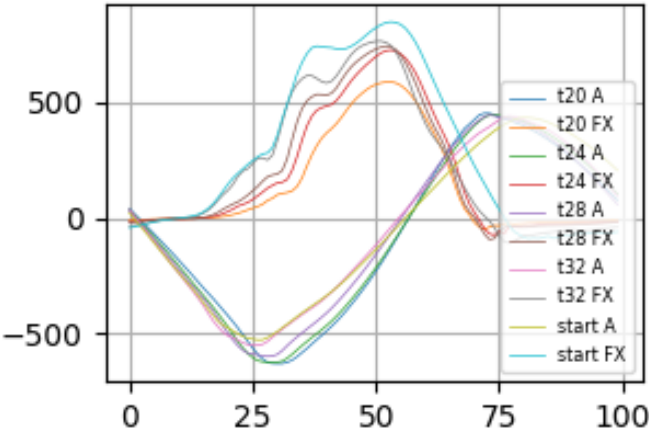
Piece "t20" used.



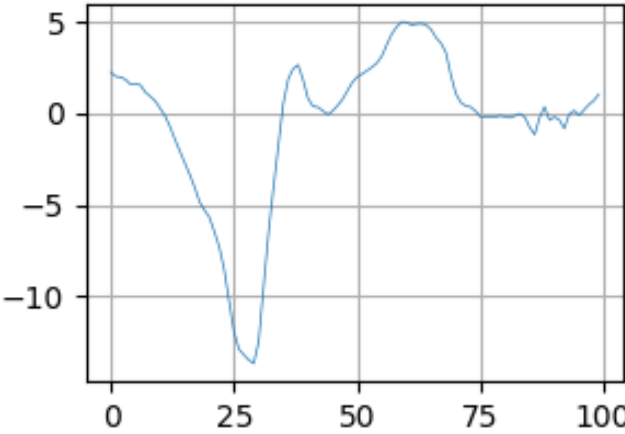
Rower 1, using piece "all"

	2k Target	Average	t20	t24	t28	t32	start
Stroke rate			21	25	28	35	39
500m split		2:07.0	2:39.0	2:09.3	2:04.5	1:56.6	1:45.5
Catch angle (°)	-66	-59	-63	-63	-60	-55	-53
Finish angle (°)	44	44	45	44	44	44	43
Total angle (°)	110	103	108	107	104	99	96
Catch slip (°)	6	6	11	7	6	3	2
Finish wash (°)	12	10	12	9	10	12	7
Effective angle (°)	92	87	86	91	88	83	87
Gate force average			334	402	425	423	510
Ratio avg/max Gate force							
Power average (W)	540		225	272	271	253	292
Power/weight			2.50	3.03	3.02	2.81	3.24
Progn Power target rate							

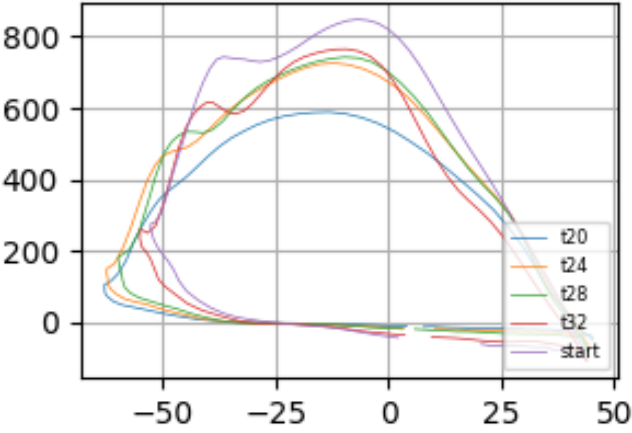
GateForceX/GateAngle



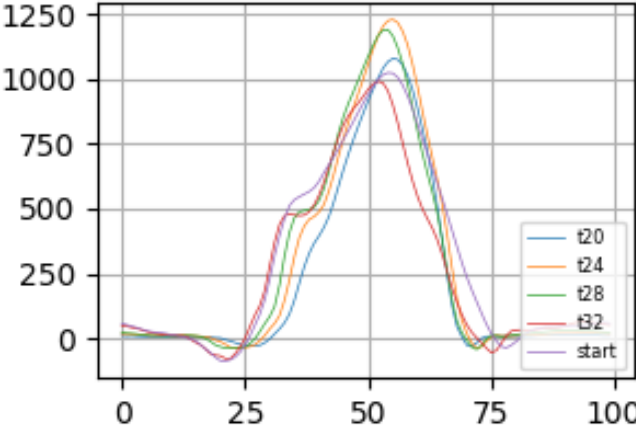
Acceleration



GateForceX - GateAngle



Power



Stretcher

