

Boat report Orren

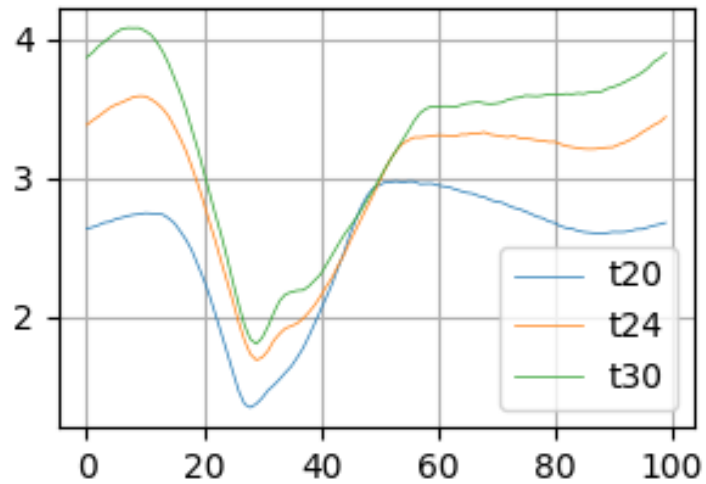
Rowers: Orren,
Boattype: W1x
Calibration: 1.0
Misc: Extra info
Powerline: powerline session number
Venue: Location

Piece "all" used: averaging

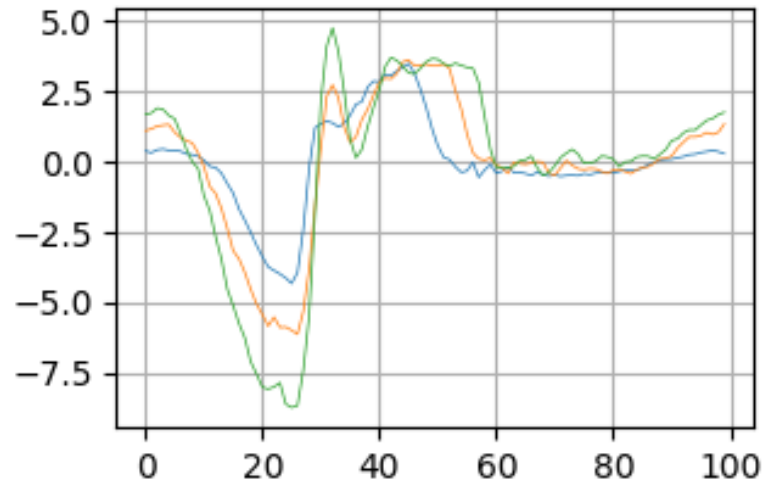
	Average	t20	t24	t30
Strokes		17	12	12
Stroke rate	24	18	24	30
Rythm % cycle time	46	39	48	52
500m split	2:53.1	3:18.9	2:48.6	2:31.8
Distance/stroke	7.37	8.25	7.29	6.56
Speed power loss(%)	10.1	9.8	8.9	11.7
Max speed at % cycle		53.8	9.6	8.0
Maximum Yaw (°)		0.2	0.5	0.3
Maximum Roll (°)		1.3	1.3	1.2

Boat report Orren

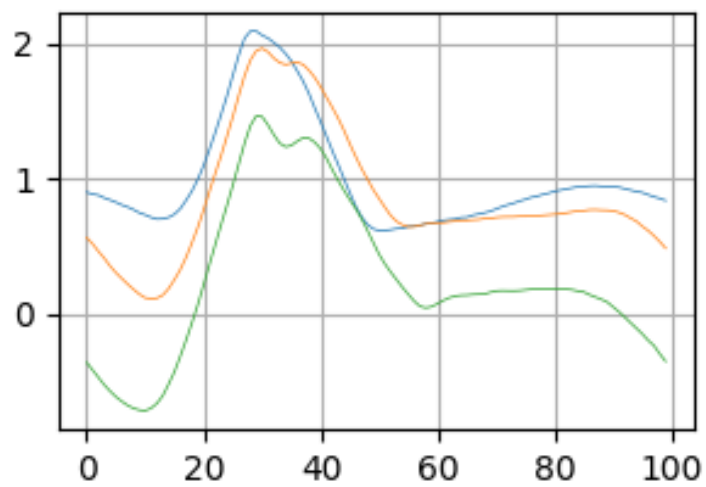
Speed



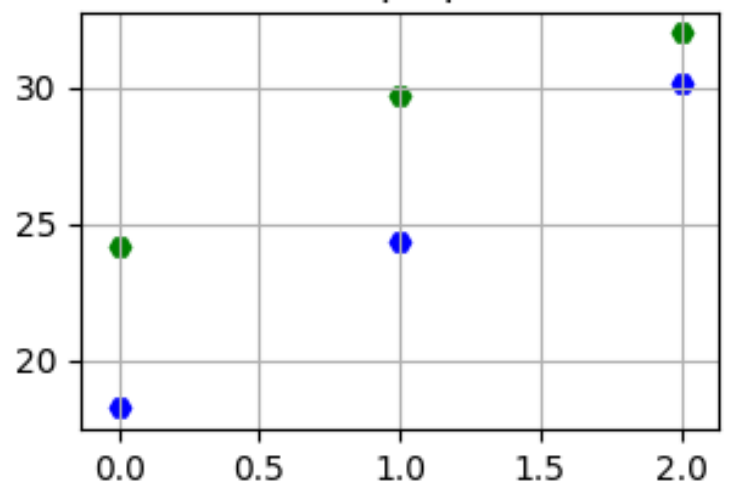
Acceleration



Pitch

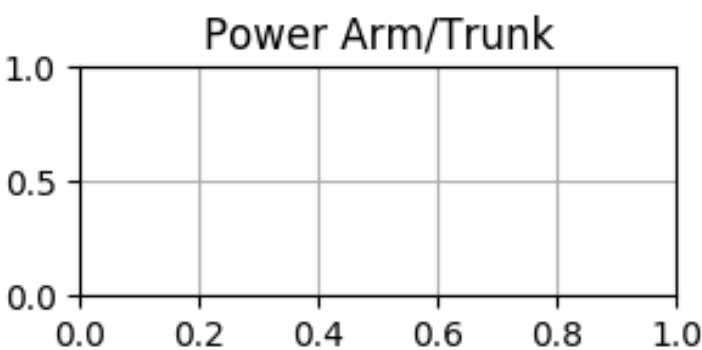
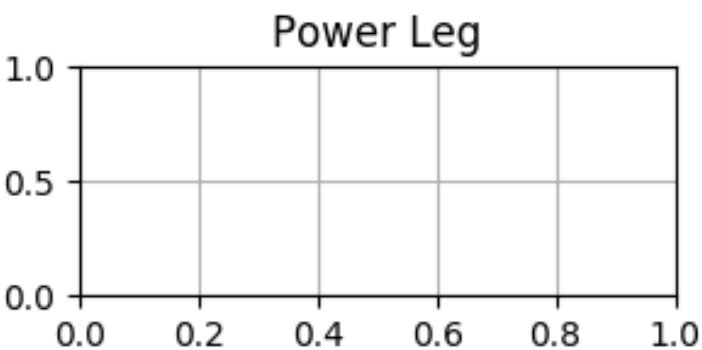
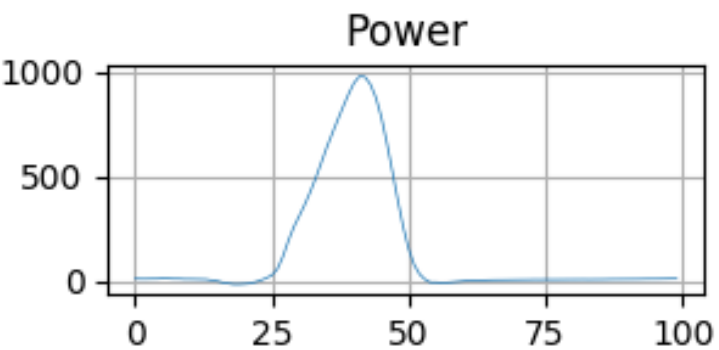
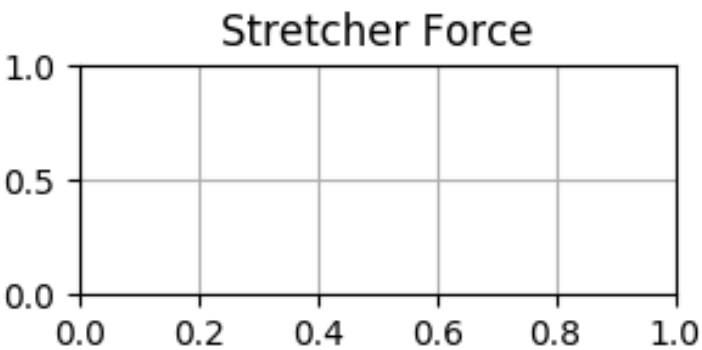
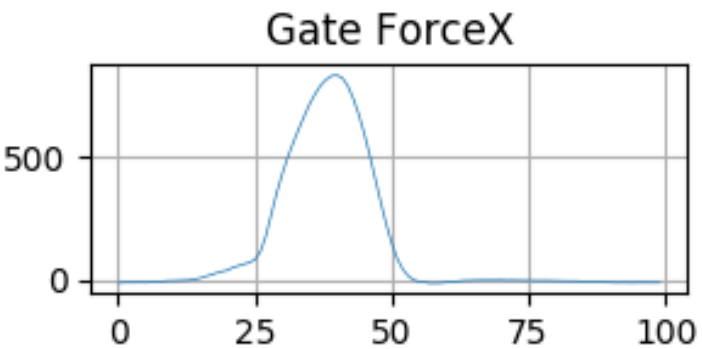
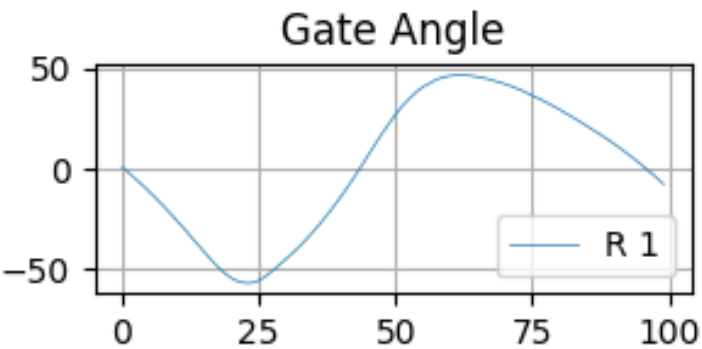


Accel-Tempo per Piece



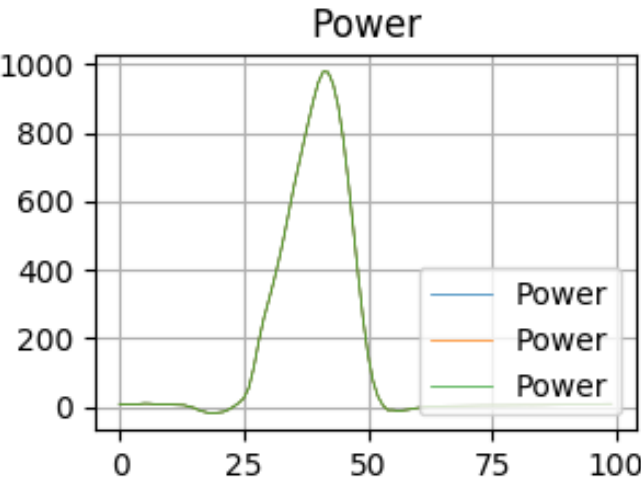
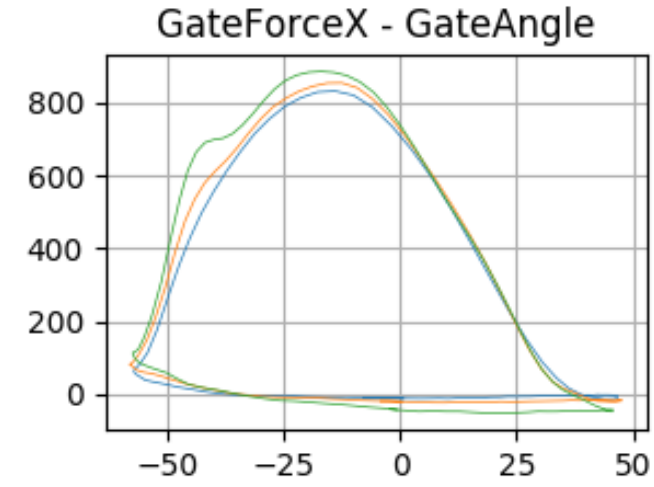
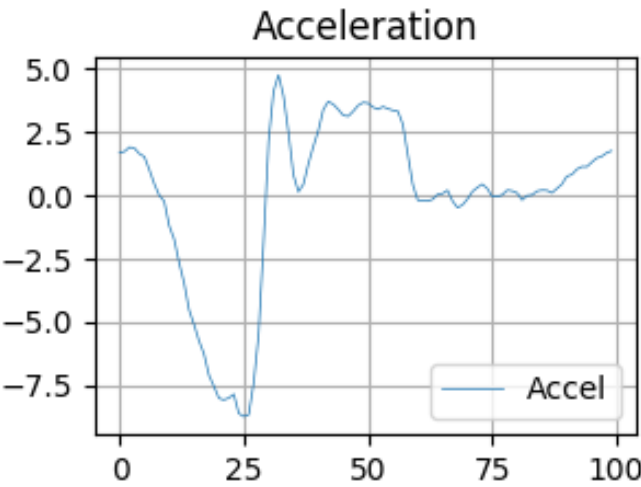
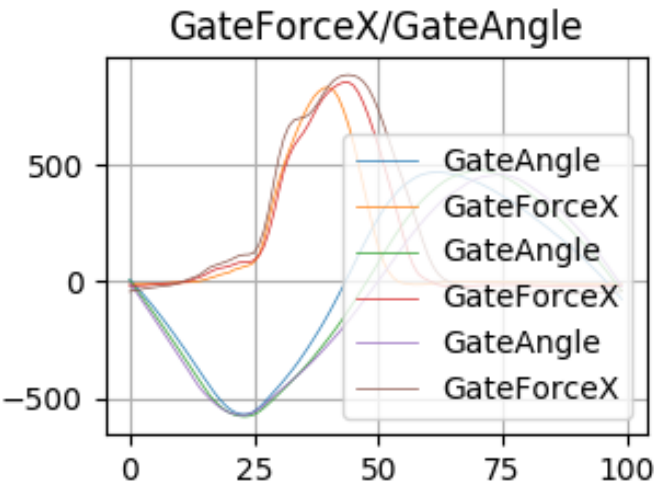
Crew report

Piece "t20" used.

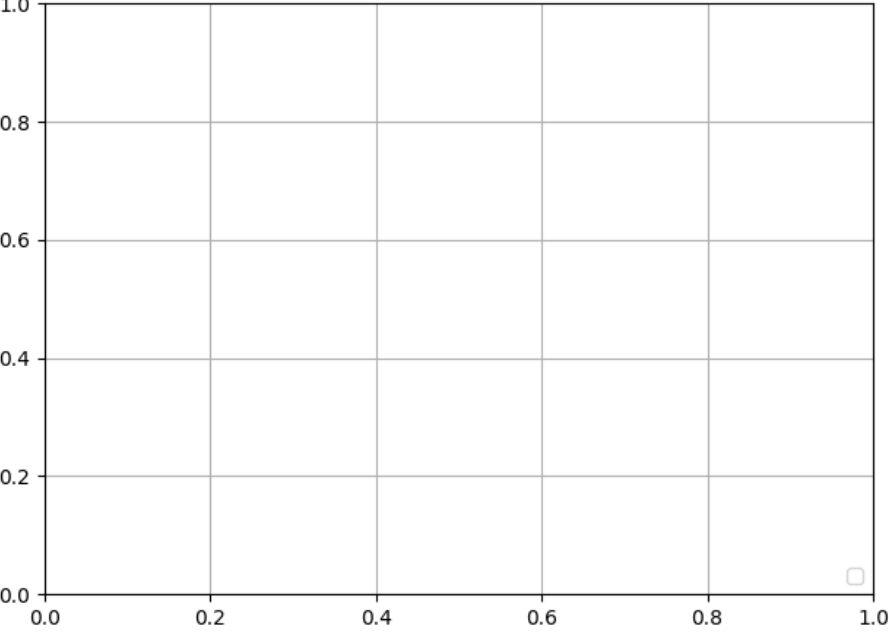


Rower 1, using piece "all"

	2k Target	Average	t20	t24	t30
Stroke rate			18	24	30
500m split		2:53.1	3:18.9	2:48.6	2:31.8
Catch angle (°)	-62	-57	-57	-58	-57
Finish angle (°)	44	47	47	48	46
Total angle (°)	106	104	104	105	103
Catch slip (°)	6	7	8	8	6
Finish wash (°)	12	18	18	19	16
Effective angle (°)	88	79	77	78	81
Gate force average			227	254	294
Ratio avg/max Gate force					
Power average (W)	350		146	211	287
Power/weight			1.62	2.34	3.18
Progn Power target rate					



No Stretcher sensor



Custom plot (second session: ilse_182019_0019)

