

$$(19) 2 \binom{m}{2} + \binom{m}{1} = m(m-1) + m = m^2$$

Therefore,

$$\begin{aligned} \sum_{k=1}^n k^2 &= \sum_{k=0}^n k^2 \\ &= 2 \sum_{k=0}^n \binom{k}{2} + \sum_{k=0}^n \binom{k}{1} \\ &= n \binom{n+1}{3} + \binom{n+1}{2} \\ &= \frac{n(n+1)(2n+1)}{6} \end{aligned}$$

$$\binom{n}{k} = \binom{n-1}{k} + \binom{n-1}{k-1}$$

(11) Given integers $n \geq 3$ and $1 \leq k \leq n$, We show,

$$\binom{n}{k} - \binom{n-3}{k} = \binom{n-1}{k-1} + \binom{n-2}{k-1} + \binom{n-3}{k-1}$$

Let, S denote the set of k -subsets of $\{1, 2, \dots, n\}$

Let, S_1 consist of the elements in S that contain 1.

Let, S_2 " " " " " S " " 2 but not contained

Let, S_3 " " " " " S " " 3 but do not contain 1 or 2

Let, S_4 " " " " " S " " 4 but do not contain 1 or 2 or 3

Note that $\{S_i\}_{i=1}^4$ partition S so

$|S| = \sum_{i=1}^4 |S_i|$. We have,

$$|S| = \binom{n}{k}, |S_1| = \binom{n-1}{k-1}, |S_2| = \binom{n-2}{k-1}, |S_3| = \binom{n-3}{k-1}$$

$$|S_4| = \binom{n-3}{k}$$