

Plutus Flow Mastery

Checklist

Signal Pilot Education Hub

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Checklist

From Lesson 21: Plutus Flow Mastery

Use this checklist for POC trading, delta divergence, and volume profile strategies.



Pre-Trade: Volume Profile Analysis

Step 1: Identify POC (Point of Control)

- [] **Mark POC on chart**
- Current POC: \$__ (highest volume node)
- POC timeframe: Daily / Session / 4H
- Distance from current price: __ points (%: ____)
- [] **Check POC migration**

- Yesterday's POC: \$__
- Today's POC: \$__
- POC migrating? Yes / No (moving with price = strong trend)

Step 2: Map Value Area

- [] **Value Area range (70% of volume)**
- Value Area High (VAH): \$__
- Value Area Low (VAL): \$__
- Current price position: Above VA / Inside VA / Below VA
- [] **Interpretation:**
 - Above VA = Overvalued (expect pullback to POC)
 - Below VA = Undervalued (expect rally to POC)
 - Inside VA = Fair value (consolidation/chop)

Step 3: Mark HVN/LVN

- [] **High Volume Nodes (HVN)** - Support/Resistance:
 - HVN 1: \$__
 - HVN 2: \$__
 - HVN 3: \$__
- [] **Low Volume Nodes (LVN)** - Fast Move Zones:
 - LVN 1: \$__
 - LVN 2: \$__



Trading Strategy Selection

Strategy A: Mean Reversion to POC

Setup:

- [] Price far from POC (> 2% away)
- [] Current price: \$_
- [] POC: \$_
- [] Volume Oracle: Ranging regime (mean reversion favored)
- [] No strong HTF directional bias

Execution:

- **Entry:** \$_ (when price approaches POC)
- **Stop:** \$_ (beyond POC + buffer)
- **Target:** \$_ (opposite side of value area) = _R
- **Position size:** (1% risk, B-grade setup)

Strategy B: POC Breakout with Migration

Setup:

- [] POC migrating higher/lower (trend confirmed)
- [] Price at POC after pullback
- [] Volume Oracle: Trending regime
- [] HTF trend supports direction
- [] Plutus CVD positive/negative (aligned)

Execution:

- **Entry:** \$_ (at POC support/resistance)
- **Stop:** \$_ (below POC + ATR)
- **Target 1:** \$_ (next HVN) = _R
- **Target 2:** \$_ (**HTF level**) = _R
- **Position size:** (2% risk, A-grade setup)

Strategy C: LVN Fast Move

Setup:

- [] Price approaching LVN: \$_
- [] Low volume at this level (thin acceptance)
- [] Breakout imminent (building pressure)
- [] Target: Next HVN at \$_

Execution:

- **Entry:** \$_ (breakout through LVN)
 - **Stop:** \$_ (back inside LVN)
 - **Target:** \$_ (next HVN) = R
 - **Position size:** _____ (1.5% risk)
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CVD Divergence Analysis

Bullish CVD Divergence:

- [] Price lower low: \$_
- [] CVD higher low: +_ (less selling pressure)
- [] Janus sweep at structure: \$_
- [] Footprint absorption: +_ delta
- [] **Trade:** Long on reversal confirmation

Bearish CVD Divergence:

- [] Price higher high: \$_
- [] CVD lower high: -_ (less buying pressure)
- [] Price at HTF resistance: \$_
- [] Footprint exhaustion: -_ delta
- [] **Trade:** Short on breakdown confirmation

CVD Divergence Checklist:

- [] Divergence spans 3+ candles
 - [] Confirmed by price structure (swing high/low)
 - [] Footprint shows absorption/exhaustion
 - [] HTF supports reversal direction
-

POC Trade Execution

Entry timing:

- [] Price within $\pm 0.5\%$ of POC
- [] Order flow confirms (CVD, footprint)
- [] Volume Oracle regime appropriate
- [] Janus sweep or structure test completed

Position management:

- **Entry:** \$_
 - **Stop:** \$_ (structure-based, not arbitrary)
 - **Target:** \$_ (HVN, VAH/VAL, or HTF level)
 - **Risk:** \$_ = _% of account
 - **R:R:** _:1 (minimum 2:1)
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POC Migration Tracking

Daily POC tracking:

- Day 1: POC at \$_
- Day 2: POC at \$_ (moved +/- _?)
- Day 3: POC at \$_ (trend continuation?)

Interpretation:

- [] POC migrating UP = Strong uptrend (buy pullbacks to POC)
- [] POC migrating DOWN = Strong downtrend (sell rallies to POC)
- [] POC static = Weak trend (expect reversion to POC)

Trading rule:

- If POC migrating: Trade WITH trend (pullbacks to POC = opportunity)
 - If POC static: Trade mean reversion (fade extremes to POC)
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Invalidation Criteria (Exit Immediately)

- [] POC breaks and doesn't reclaim (structure failure)
 - [] CVD divergence fails (price continues in original direction)
 - [] Volume Oracle regime shifts (Trending → Volatile)
 - [] Price moves through LVN without acceleration (weak breakout)
 - [] Stop loss hit
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Post-Trade Review

Volume profile effectiveness:

- Was POC accurate as magnet/support? Yes / No
- Did HVN/LVN behave as expected? Yes / No
- CVD divergence reliable? Yes / No
- POC migration predicted trend strength? Yes / No

What went right:

- _____

What could be improved:

- _____

Lesson learned:

- _____

Win/Loss: _ R-multiple: _

Remember:

- POC = fair value (price gravitates toward it)
- POC migration = trend strength indicator
- HVN = likely to hold (support/resistance)
- LVN = likely to break fast (minimal resistance)
- CVD divergence = reversal warning

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