```python
import tkinter as tk
from tkinter import *

# Create the Application
root = Tk()
root.title("Controls")

# Checkbox
var1 = IntVar()
Checkbutton(root, text="Python", variable=var1).grid(row=0, sticky=W)

var2 = IntVar()
Checkbutton(root, text="Perl", variable=var2).grid(row=1, sticky=W)

# Radiobutton
var3 = IntVar()
Radiobutton(root, text="Male", variable=var3, value=1).grid(row=2,
sticky=W)
Radiobutton(root, text="Female", variable=var3, value=2).grid(row=3,
sticky=W)

# Label
tk.Label(root, text="First Name").grid(row=4, sticky=W)
tk.Label(root, text="Last Name").grid(row=5, sticky=W)

# Entry Box
Entry(root).grid(row=4, column=1)
Entry(root).grid(row=5, column=1)

# Listbox
lb = Listbox(root)
lb.insert(1, "Python")
lb.insert(2, "Perl")
lb.insert(3, "PHP")
lb.grid(row=6)

# Show the Form
root.mainloop()
```