

OG：官方指南

TP0：刷题 tpo.xdf.com

机经：押题 可联系新东方助教索取

### Writing One (Covered later)

1. 300字左右阅读，总分结构
2. 2 min ~ 2 min 30 s 听力，总分，根据阅读中的点按顺序进行反驳
3. 阅读可看N遍，听力只有一遍

写: 20 min, 150 ~ 225 words, 可超字数, 总字数300字左右比较好

- ①概括讲座信息
- ②解释讲座是如何反驳阅读的信息的
- ③不需要表达个人观点

高频 生物学 → 历史学、教育学 → 天文学、物理学 低频

### Writing Two

议论文. 30 min, 300 words, 总分总, 2 ~ 3个观点 / 4 - 5段

specific √ abstract X general X

高频 教育 → 生活方式 → 工作成功 → 政府 → 友谊 低频

结尾不需要升华, 不允许出现新观点(没有论据)

Introduction, thesis (主旨), main ideas (分论点), supporting ideas (论据), transition words and phrases, conclusion

Hard to understand: 词的重复、措辞不当、过多被动句(5%)、过多长句。

过多短句、用并列连词开头(And, (X), and, (V))

平均句长建议 15~20字/句

评分标准: 1. 立场坚定

2. 理由分明

3. 有理有据

4. 语法准确

5. 措词恰当

高分区间: 450~550字

idiomaticity (地道)

开头: max 5 min, 不用太复杂、高深, 10% 全文字数(30-50字)

讲故事 / 排比句 / 引用名言 / 补充背景

↑ 推荐

1. attract the readers' interest

补充背景:

① The past century / decade has witnessed the rapid / unprecedented development of ...

② Nowadays, the issue ... has aroused heated debate / controversy among people ...

malignant

③ Recently, the issue whether ... triggered wide public concern.

④ When it comes to the issue of / that ...

⑤ XXX often confront a dilemma whether ... or ... On the one

hand, ... On the other hand ...

- ⑥ Today, people become increasingly concerned about ...
  - 2. introduce the topic
  - 3. present the thesis
  - ① Currently, there is a widespread belief that ... . From my perspective, however, ...
  - ② It is (generally accepted / widely acknowledged / commonly held) that ... . However, it is always true / the case? Personally speaking, ... . (My reasons are listed as follows)
  - ③ It is (undeniable / indisputable) that / No one can deny that / there is no doubt that ... From my perspective, ...
  - ④ Contrary to those who argue that ... , I hold the view that ... . There are three (compelling) reasons that support my thesis.
  - ⑤ Currently, the overwhelming majority of people hold the view that ... However, ... , in my opinion.
  - ⑥ do more harm than good 弊大于利  
advantages far outweigh its disadvantages 利大于弊
  - ⑦ To agree or disagree with the statement that ... is a matter of balancing its pros and cons. However, if one considers the following reasons, he or she may agree / disagree with the statement as I do.
4. include a plan of development (optional)

Topic sentence (段开头、分论点)

简单句即可，扣题，扼要，连贯

段间连接词：firstly / first of all / to begin with

secondly / in addition / additionally

thirdly / finally / last but not the least

结尾：

Restate the thesis and supporting points

Add a final comment that brings the discussion to a close

① Include a thought-provoking quotation

② End with a prediction or recommendation

③ To put in a nutshell, I'm convinced that... Therefore, it is highly advisable/wise/unwise for ... to ...

④ In conclusion/summary, ... Therefore, I would agree/disagree with the statement that ...

⑤ Taking all these factors into account, I would like to restate my stand point that ... (Only ... can we ...)

主体：

因果：

This is because... The reason is that...

To be more specific...

对比：

However... Without A... Instead of A, B...

举例：

For example ... For instance ... ... is a case in point

假设：

If ... Suppose ... Assume ...

递进：

Moreover ... Furthermore ... Besides ...

数据：

Statistics show ... According to the recent research from ...

过多人称代词作主语：(I/you/we)

① 主语不重要时可用被动语态解决

② 用名词替代人称代词 (people/student)

③ 使用形式主语 it

句子过短：

① 添加细节 (对比)

② 添加细节 (使用非限定定语从句) , which

③ 添加细节 (使用分词作状语) , ...ing

段落总结：

① Therefore / Thus / Hence / Accordingly / For the reason

② Obviously / Apparently / Evidently

It is obvious/apparent/self-evident that (强调句)

It is ... that ...

It is conceivable that ...

It is not unnecessary that / uncommon / unreasonable  
that ...

③ In this case / From this perspective / In this way ...

\* In conclusion 不要用在分段，用在文章总结比较好

举例论证很重要，三个分论点建议2-3个事例

如何写好一个例子？

人物 who, 起因 what/when/where/why, 经过结果 how

经典五步法：

1. 分论点：10-20字，短句

2. 因果： 20-30字，长句

3. 对比： 20-30字，长句

4. 举例： 50-100字，长短句结合

5. 总结句： 10-20字，短句

题中有绝对词 —— 举反例：

1. 让步： It is true that ...

2. 解释： because / for example ...

3. 转折： However, despite these advantages, it does not mean  
it is the most ... especially when considering the  
following two reasons

Better solution 1: First of all ...

Better solution 2: Secondly ...

题目简单：拆分题目，根据不同利益相关方考虑问题

常用理由：

是否利于亲情/友情？

family bond, friendship/companionship

是否节约金钱/时间？

Economically (un)wise, time-consuming/efficient

是否利于孩子成长？

Learning effectiveness, communication ability/Leadership

是否利于健康？

Physical and psychological health, safety

是否让人开心？

Release/Relieve stress, sense of achievement

关键词：efficiency, skills, competitiveness in job market.

have an edge in future career, sense of achievement

relationship, money, health, security, social network

找软柿子捏：忍其他选项

三种结构：一边倒

让步转折（让步 → 解释 → 转折）

折中

## Writing One:

在界面冷静下，换草稿纸（原来的没写满的话先写写满）

- 读第一段全部，记尾句关键词 ← 听力先说看似有道理，实则让步（每段第1句）
- 读2-4段首句，记关键词 ← 听力解释，举似递进未反驳，重複（每段2/3句）
- 读2-4段细节，补充关键词 ← 听力3/4句
- 笔记分栏记录，左阅读，右听力 ← 听力总结
- 充分利用阅读笔记；记重读/慢读/重复的部分，不记加快的部分；记实词  
↑ 记新信息

## 结构模板：

- 总：The reading passage proposes three reasons to explain why/how/what (阅读中心论点). However, according to the professor, none of these ideas is convincing. the author believes By contrast  
claims But
- 分：First/Second/Third, the reading passage suggests that ... None-  
theless, the professor argues that ... (Therefore, the first reason proposed in the reading that ... does not hold up. / Thus, the second theory indicated by the passage that ... can be ruled out. / As a result, it is unlikely that ...)
- (Optional) 总：In conclusion, the three theories/explanations on ... demonstrated in the passage are pure speculations/are unconvincing according to the lecture.

段落中阅读：听力 ≈ 1:2

复习建议：写！

综合写作：TPO 50 - 30

阅读记笔记 → 听力补充笔记 → 浏听懂 → 精听  
→ 听懂 → 写作文 → 对照听力文本

独立写作：带好套路 → 机经记时写作 → 修改，积累语料