Your university is now planning to add some new facilities to your dormitories. Which of the following three choices do you think they should add?

Gym

Study room

Play space(like watching a movie)

Many people, if not most, are strong believers in the statement that the university should add some study room and play space to dormitories because they think the study room offer student a convenient place for studying and the play space provides them with a place to release their pressure. However, from my point of view, I prefer to set a gym in the dormitories with the following reasons.

First and foremost, there are good reasons suggesting that gym is able to help student keep fit. To be more specific, with a gym, students can take sports whenever they want which allows them to be healthy. For example, my middle school designed a gym in the dormitories. Every day after school, all of us liked to release our energy in it. During taking sports, we not only got physical and mental relaxation, but also strengthened our body. After setting up the gym, the probability of students getting sick was greatly reduced. In the past, during the spring, more than half of the students would catch a cold, but with the gym, the number had been reduced to a quarter. Therefore, gym is necessary for dormitories since it could keep student healthy.

In addition, the other two choice are less ideal. For one thing, setting a study room in dormitories is superfluous, since if students want to have a better place to study, they could choose to go to library. In the library, no one will annoy them and the library has plenty of books for them to reference. Moreover, students are tired enough after a busy day. The dormitories are designed for them to take rest. Therefore, it is unnecessary to set a study room in dormitories. For another, building a play space in dormitories may affect other students' rest. Take watching movies in dormitories as an example. If we watch films in the dormitory building, it undoubtedly will generate a lot of noise. For students want to have a sleep, it will be a catastrophe. Thus, allowing a play space in dormitories may have a bad influence on other students' rest. As a consequence, there are clearly limitations concerning the other two choices, that why I prefer to build a gym.