

Task 2		
	Criteria	Marks
1.1	<i>Identify own areas of strengths and weaknesses to determine areas for improvement</i>	10
1.2	<i>Prepare a personal plan to address areas that require self-improvement</i>	10
3.1	<i>Evaluate a personal experience involving an exchange of feedback and on how this influenced your personal growth</i>	10
3.2	<i>Appraise your ability to reflect on experiences of giving and receiving feedback</i>	10
	Total	40

Rubric B			
Marks	8 – 7	6 – 4	3 – 0
Reference to Skills	Student makes frequent reference to skills used or learnt during workshops or own research.	Student makes occasional reference to skills used or learnt during workshops or own research.	Student rarely, or makes no reference to skills used or learnt during workshops. There is no reference to other skills learnt through own research.
Perspective	Learner actively describes experiences from several different perspectives.	Learner occasionally describes experiences from different perspectives.	Learner rarely, or never describes experiences from a different perspective.
Critique	The student clearly shows that he has revisited the experience and has critiqued his/her values, beliefs and thought processes. Student clearly processes feelings.	Student not only describes a situation but also acknowledges and focuses on feelings.	Student describes a situation but does not acknowledge or mention any feelings.

Rubric B			
Marks	8 – 7	6 – 4	3 – 0
Growth	Student shows evidence of deep reflection in modifying his/her own biases/assumptions/values.	Student shows some evidence of reflection in modifying his/her own biases/assumptions/values.	Student rarely, or shows no evidence of reflection in modifying his/her own biases/assumptions/values
Clarity	The words used are well chosen and appropriate. They help to communicate meaning. Chosen words are specific, varied and vivid.	The choice of words is proper and conveys the right meaning. There is some repetition at times.	Choice of words is highly repetitive. The meaning is at times confusing and does not clearly articulate what the writer is trying to convey.