CURRICULUM VITAE

Sandhya Khanal

Budhanilkantha 10, Kapan, Kathmandu, Nepal

Mobile: +9779828884525, 9864673744

Email: sandhyakhanal457@gmail.com

CAREER OBJECTIVE

To establish oneself as an excellent professional through hard work, dedication and patience in learning and sharpening knowledge and skill.

To work in the field of social development for bright future of the society contributing in this field.

EDUCATION

Bachelor's Running in Journalism and Political Science

Ratna RajyaLaxmi Campus

Kathmandu, Nepal

10+2

Bal Uddhar Higher Secondary School

Budhanilkantha 10, Kapan, Kathmandu

Passed with 2.64 G.P.A

SEE

Samata Shiksha Niketan, Boudha, Kathmandu

Passed with 3.1 G.P.A

SKILLS & KNOWLEDGE

- Sound computer skills MS-Word, Excel, Power Point, Email- Internet including Word and Spreadsheet.
- Good interpersonal relationship skills including listening, persuasion, motivation and influencing.
- Good communication skills, both written and verbal in English as well as Nepali, in order to present technical information in and at an appropriate manner and level.



Technical Training

- ❖ Diploma in Computer & Busy 21 (Business Accounting Software) From 3 Feb to 11 Jul, 2022
- ❖ 1 Day Busy Accounting Software Training Program
- ❖ 2 Days Leadership Development for Gender Equality Training

Experience

- 1. Work as a Public Relation Officer in Tradelink Technical Training Institute Pvt.Ltd from May 2023 to May 2024.
- 2. Working in Nava Manjushree Secondary School as a Substitute Teacher for Grade 2. from May 20, 2019 to June 17 2019

PERSONAL DETAIL

Date of Birth : 2058/10/05 (January 1, 2002)

Temporary Address: Budhanilkantha 10, Kapan, Kathmandu

Father's Name : Krishna Prasad Khanal

Mother's Name : Menuka Khanal Citizenship No. : 27-01-77-07769

Language Known : Nepali, English, Hindi

Religion : Hindu

DECLARATION

I hereby declare that all the information given above is true in my knowledge and belief.

NATIONAL EXAMINATIONS BOARD

School Leaving Certificate Examination (Grade XII)

Name of Student :

SANDHYA KHAHAL

Date of Birth: 2058/10/05

School:

BAL UDDHAR SECONDARY SCHOOL, KARAN, KATHHANDI

Subject Code		Subjects		Credit Hour	Grade Point	Grade	Final Grade	Remark
004	COMPULSOR	Y ENGLISH		4.69	2.4	64	01	
668		FTING (TH)		2.81	2.4	6.0	8+	
669		FTING (PR)		2.81	4.0	0+	91	
670	PROCEDURE			5.63	2.0	6		
672		WS AND JUSTICE		2.34	3.2	8+	8+	
674		LAWS AND JUSTICE		2.34	2.4	5+	64	
676	HUMAN RIG			5.63	2.8	B	B	1
				3.00	2.0	-		
			Total	26.25	Grade F	oint Aver	age (GPA)	E 2,64
Addition	al Subject (Ext	ra Credit)	Total	26.25	Grade F	Point Aver	age (GPA)	2,64
Addition	al Subject (Ext	ra Credit)	Total	26.25	Grade F	Point Aver	age (GPA)	E 2,64
	Examination	Symbol Number						: 2,64
			Total Note: One Credit Hou					2,64
	Examination	Symbol Number	Note: One Credit Hou	r Equals 32	2 Teaching			2,64
	Examination	Symbol Number			2 Teaching			: 2,64
	Examination	Symbol Number	Note: One Credit Hou TH: Theory,	r Equals 3;	2 Teaching	Clock Hou	urs.	
	Examination	Symbol Number	Note: One Credit Hou	r Equals 3;	2 Teaching	Clock Hou	urs.	

Year of Completion: 2078 (2021)

Prepared by :

05-001

Date of Issue :

2078/09/18

(Section Officer)

Verified by (Deputy Controller)

Controller of Examinations





PROVISIONAL CERTIFICATE

This is to certify that SANDHYA KHANAL BAL UDDHAR SECONDARY SCHOOL, KAPAN, KATHMANDU	_, a regular student of has completed
School Leaving Certificate Examination (Grade XII) held in the year 2078 His / Her date of birth is 2058/10/05.	with 2.64 GPA.
Symbol No.: 27705068 Year:	
Prepared by:	£ 2
Verified by: 2078/09/18 Date of Issue: 2078/09/18	Krishna Praised Sharma Controller of Examina





CERTIFICATE OF PARTICIPATION



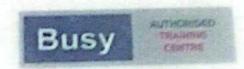
This is to certify that Mr. / Ms. SANDHYA KHANAL

has attended the BUSY Accounting Software Training Program

Busy Education & IT Consultant Pvt Ltd.

Date of issue

01-05-2022



Authorised Signatory











OF ACHIEVEMENT

This is to Certify that

Sandhya Khanal

Training in "Leadership Development for Gender Equality" has successfully completed 2 days from 12th to 13th March 2021.

Human Rights/Leadership, Expert **Dhruba Pd. Ghimire**

> **Bimala Gurung** Gender Expert,

Trainer

Gotha Devi Bastola RUWON Nepal President

> Red Chathar

Dr. Rajan Bhattarai, PhD of the Prime Minister of Nepal Foreign Affairs Advisor



नेपाल सरकार

जिल्ला प्रशासन कार्यालय

ना॰प्र॰नं॰ : २७-०१-७७-०७७६९



जन्म स्थानः

स्थायी बासस्थान

जन्म मिद्रि बाबुको नाम थर:

ठेगाना :

आमाको नाम थर:

ठेगाना:

पति/पत्नीको नामथर:

ठेगाना:

सम्या खनाल

जिल्ला: काठमाडौँ

न॰पा॰ : बुढानिलकण्ठ

जिल्लाः काठमाडौँ

न॰पा॰ : बुढानिलकण्ठ

सालः २०५८ महिनाः १० गतेः ०५

कृष्ण प्रसाद खनाल

बुढानिलकण्ठ न॰पा॰-१०, काठमाडौँ

मेनुका खनाल ढकाल ना॰प्र॰नं॰:

बुढानिलकण्ठ न॰पा॰-१०, काठमाडौँ

XXX

लिङ्गः महिला

वडा नं :१०

वडा नं :१०

ना. कि.: वंशज

ना. कि.: वंशज

ना॰प॰नं॰

Government of Nepal has issued this Citizenship Certificate with following details.

Citizenship Certificate No.:

27-01-77-07769

Sex: Female

Full Name.

SANDHYA KHANAL

Year:2002 Month: JAN

Date of Birth (AD): Birth Place:

District: Kathmandu

Municipality: Budhanilkantha

District: Kathmandu

Municipality: Budhanilkantha

Ward No.:10

Ward No.:10

नेपाल नागरिकता ऐन २०६३ बमोजिम यो नागरिकताको प्रमाणपत्र दिइएको छ

नागरिकता किसिमः वंशज प्रमाण पत्र बाहकको दस्तखत

Permanent Address:





प्रमाण पत्र जारी गर्ने अधिकारीका

नाम थर सुजन फागो लिम्बु दर्जा प्रशासकीय अधिकृते जारी मिति २०७७ १०-२३

टिप्पणी मिति २०७७/१०/२३ को निर्णयानुसार जारी।

यो प्रमाणपत्र कसेले फेला पार्नुभएमा नजिकको जिल्ला प्रशासन कार्यालयमा वा प्रहरी कार्यालयमा बुझाईदिनुहोला

Telephone: 4370121



TRADE LINK TECHNICAL TRAINING INSTITUTE (P.) LTD.

(A Center of Excellenge for Skilled Human Resource Development)

Lhosal, Chakrapath, Kathmandu, Nepal, E-mail: trade-link3@yahoo.com / info@tradelinknepal.com no

Date: May 20, 2024

To Whom It May Concern

This is to certify that Ms. Sandhaya Khanal is an employee at Tradelink Technical Training Institute Pvt. Ltd. as a Public Relations Officer from May 2023 to till date. During her tenure, Ms. Khanal demonstrated outstanding proficiency in various aspects of public relations. She effectively managed media relations, ensuring consistent and positive coverage of the company's activities. Her ability to draft, review, and disseminate press releases and other public communications showcased her exceptional writing and communication skills.

Ms. Khanal was instrumental in organizing and coordinating numerous corporate events, and public appearances, displaying remarkable organizational abilities and attention to detail. In times of crisis, she adeptly handled communication strategies, mitigating negative publicity and safeguarding the company's reputation. Her management of the company's social media presence was exemplary, as she crafted engaging content and monitored public sentiment to enhance the company's online image.

Furthermore, Ms. Khanal engaged effectively with various stakeholders, including customers, partners, and the community, fostering positive relationships and enhancing the company's public image. Her professionalism, creativity, and strategic approach to public relations significantly contributed to our organization's success.

We highly recommend Ms. Khanal for any future endeavors, confident that she will be a valuable asset to any organization.

Sincerely,

Nabin Basyal

Director

On behalf of Tradelink Technical Training Institute Pvt. Ltd.