

3	Helpful to achieving the objective	Hamper achieving the objective
Internal origin (attributes of the system)	<p>Strengths</p> <ol style="list-style-type: none"> 1. I am more familiar with the expectations of Research from having completed the Literature Review and e-Portfolio twice. 2. Improved understanding of academic tools like Github and Jupyter Notebook. 3. Increased motivation to complete the module and progress to the Capstone Project module. 	<p>Weaknesses/Areas for further development</p> <ol style="list-style-type: none"> 1. Still honing my academic writing skills, especially critical analysis of academic literature. 2. Time management challenges from having to balance work, study, and relocation from my home country. 3. A lack of regular engagement at the start of the module impacted my initial performance.
External origin (attributes of the environment)	<p>Opportunities</p> <ol style="list-style-type: none"> 1. The constructive feedback from the initial submissions helped to clarify expectations. 2. Access to recorded seminars and resubmission support. 	<p>Threats</p> <ol style="list-style-type: none"> 1. The tight timeline to complete the resubmission tasks. 2. External life commitments such as work and regular vocational school lessons.