

CURRICULUM VITAE OF SIMEON STRYDOM

Home address : 42 Louis Botha Ave.
Louis Trichardt

Telephone numbers: Home : 015 516 4169

Cellphone : 079 463 0032

PERSONAL DETAILS

First names : Simeon

Surname : Strydom

Identity number : 940525 5073 08 4

Date of birth : 25 May 1994

Residential address : 198A Peter Mokaba Street
Potchefstroom
2531

Gender : Male

Marital status : Single

Dependents : None

Religion : Christian

Nationality : South African

Driver's license : Code B

Language abilities : English and Afrikaans, read and write

Criminal record : None

Health : Excellent

FORMAL QUALIFICATIONS

Secondary education

Name of institution	: Louis Trichardt High School
Highest qualification obtained	: Gr.12
Subjects passed	: Mathematics, English F.A.L., Afrikaans H.L., Life Orientation, Science, Biology, Information Technology
Year of completion	: 2012

Tertiary education

Name of institution	: North-West University
Highest qualification obtained	: B.Sc
Subjects passed	: Major subjects are Physiology and Human Movement Science
Year of completion	: 2016

Name of institution	: North-West University
Highest qualification obtained	: PGCE (Post Graduate Certificate Education)
Subjects passed	: Major subjects are Life Sciences and Life Orientation
Year of completion	: 2017

OTHER QUALIFICATIONS AND INTERESTS

Prizes and awards	: Academic Top 15: G8 – Gr 12,
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Courses and workshops

National Bio-Science Olympiad:
Representative for Louis Trichardt High
School

: Level 1 first Aid

Teaching gymnastics to people with
disabilities – British Gymnastics Association

South African Gymnastics Federation
Introduction to coaching gymnastics

South African Gymnastics Federation Level
1 Judging Course, Men's - & Women's
Artistic Gymnastics

GSL (General Sports Leadership Course)

Sports strapping course

Sports massage course

Leadership roles

: Assistant coach at Louis Trichardt
Gymnastics Club

Assistant coach at BUG Gymnastics Club
(Potchefstroom)

North-West University (Potchefstroom
campus) Gymnastics committee

Practical class demonstrator (MBXG221)

Youth Leader at Louis Trichardt Agapé
Christian Centre

Extramural activities

: Gymnastics

Extramural achievements

: Competing at South African National
Gymnastics Championships (2004-20012),

2007 Gold medalist at South African
National Gymnastics Championships,

Competing at University Sports of South
Africa championships (2013-2015)

Silver medalist at University Sports of South
Africa championships (2014, 2015)

WORK EXPERIENCE

Employment history	: BUG Gymnastics Club
Part-time employment	: N/A
Name and address of previous employer	: N/A
Date of employment	: February 2013 – present
Position	: MAG head coach

TESTIMONIALS AND REFEREES

1. E. Cloete

Head coach and owner of BUG gymnastics club

Contact number: 074 602 0800

2. J. H. Denner

Principal at Louis Trichardt High School

P.O. Box 10

Louis Trichardt

0920

3. Ds. S. van Niekerk

Senior Pastor Agape Christian Centre

90 Munnik Street

P.O. Box 1689

Louis Trichardt

0920

4. M. van Niekerk

Youth Pastor Agape Christian Centre

Louis Trichardt

0920

Contact number: 082 319 0923