	Department of Health		Medical Directives and Delegation		
Nuñavu	Government of	Nunavut		Community Health Nu	rsing
TITLE:				SECTION:	POLICY NUMBER:
CHN Expanded Role: Diagnosing, initiating lab and x-ray tests, and initiating drug treatment				Nursing Practice	07-031-00
EFFECTIVE D	ATE:	REVIEW DUE:		REPLACES NUMBER:	NUMBER OF PAGES:
July 21, 2021		July, 2024		07-031-00	6
APPLIES TO:					
Community Health Nurses					

1. BACKGROUND:

The Legislative Assembly of Nunavut provides the legislative acts that regulate the nursing profession in Nunavut. The Registered Nurses Association of the Northwest Territories and Nunavut (RNANTNU) set the standards and scope of practice for Registered Nurses (RN).

Community Health Nurses (CHN) are RNs who work in an expanded role through the execution of advanced nursing skills and medical directives to assess, diagnose, plan, initiate and evaluate care. This policy provides an authorising mechanism by which CHNs may perform specified duties through Government of Nunavut (GN) polices, clinical guidelines, protocols, and directives (PCGPD) or First Nation Inuit Health Branch (FNIHB) Clinical Practice Guidelines (CPG), Clinical Care Pathways (CCP), & Emergency Clinical Care Pathways (E-CCP) that are within scope of another regulated health care professional, such as physicians and nurse practitioners (NP), without a direct order from that healthcare professional.

2. MEDICAL DIRECTIVE:

2.1 CHNs may (1) formulate and communicate medical diagnoses; (2) initiate lab and x-ray tests; (3) initiate routine comprehensive ultrasound tests for prenatal patients; and (4) perform delegated clinical procedures without a physician or NP order, as directed only by the resources found in *Appendix A*.

3. LEGISLATIVE AND REGULATORY SUPPORTING DOCUMENTS:

- 3.1 Consolidation of Nursing Act S.N.W.T. 1998, c.38, s.4 (Current to 2011-03-22)
- 3.2 RNANTNU Standards of Practice (2019)
- 3.3 RNANTNU Scope of Practice (2019)
- 3.4 CNA Code of Ethics (2017)
- 3.5 Consolidation of Medical Profession Act R.S.N.W.T. 1988, c. M-9 (Current to 2006-02-06)

4. AUTHORISED IMPLEMENTERS:

- 4.1 CHN and Supervisor of Community Health Programs (SCHP) who possess the knowledge, skill, and judgment to do so. The CHN is required to demonstrate competency to implement this medical directive through the standard orientation process.
- 4.2 Subdelegating or redelegating of a delegated task is explicitly forbidden. CHNs may not subdelegate or redelegate a task that has been delegated to them through this medical directive.



- 4.2.1 When two or more CHNs are working together toward a common cause, such as an urgent or emergent situation, any of the CHNs involved in the event may complete the ordered task provided the task falls within their scope of work. This is seen as a team working together as opposed to subdelegating or redelegating an order.
- 4.2.2 If the assistance of another non-regulated or regulated healthcare professional, such as a LPN, and/or Paramedic is required, a physician or NP's order must be in place prior to the completion of the task.

5. PRINCIPLES:

- 5.1 CHNs must practice within their own level of competence and seek guidance from their supervisor, a physician, or an NP as required. Refer to Appendix B.
- 5.2 Guidelines do not replace clinical judgment; decisions must be individualised.
- 5.3 A physician or NP must be consulted before enacting this medical directive when any of the following conditions exist:
 - 5.3.1 The CHN cannot confirm that all conditions of this directive have been met.
 - 5.3.2 The patient's history or physical exam does not match the criteria set forth in a corresponding GN PCGPD or FNIHB CPG, CCP, e-CCP.
 - 5.3.3 The GN PCGPD or FNIHB CPG, CCP, E-CCP recommends physician or NP consultation first.

6. PROCEDURE:

- 6.1 The process for creating a treatment plan is as follows: The CHN will refer to approved GN PCGPD first; if none are available the CHN will then refer to the FNIHB CPG, CCP or E-CCP; if none are available, the CHN will then consult a physician or NP. See *Appendix B* for Process for Creating Treatment Plan by Community Health Nurse.
- 6.2 If a medication is indicated, the CHN will then refer to the Nunavut Formulary and may initiate drug therapy without a direct physician or NP order according to the Health Centre Treatment Code found in the formulary. If the CHN is not authorized to initiate medication as indicated in GN PCGPD, or FNIHB CPG, CCP or e-CCP, then they must consult with a physician or NP. See *Appendix B* for Process for Ordering Diagnostics and/or Medications as a Community Health Nurse.
- 6.3 The CHN may use the approved *Pharmacy Health Centre Reference List* to inform decisions for most up to date treatment plan and medications. This resource list is only to be used to ensure that the treatment being provided is best practice and is supportive to the GN PCGPD or the FNIHB CPG, CCP or E-CCP. If the best practice treatment recommendation does not align with GN PCGPD or the FNIHB CPG, CCP, or E-CCP then you must consult with physician or NP
- 6.4 If there is no GN approved PCGPD directing a CHN to initiate a medication, treatment, clinical procedure, lab, x-ray, or ultrasound test, the CHN must consult a physician or NP. See *Appendix B* for Process for Ordering Diagnostics and/or Medications as a Community Health Nurse.

7. DOCUMENTATION:

- 7.1 When a CHN enacts this medical directive, they must document:
 - 7.1.1 Encouraged to indicate the name and number (when applicable) of the GN PCGPD or FNIHB CPG, CCP, e-CCP, policy, protocol or directive utilised to provide care;
 - 7.1.2 Name and signature, including designation; and



7.1.3 Pertinent information related to the treatment or procedure performed, such as the patient's response, to be documented in accordance with GN and RNANTNU documentation standards.

8. APPENDICES:

APPENDIX A: Resources for CHN Expanded Role

APPENDIX B: Process for Creating Treatment Plan by Community Health Nurse AND Process for Ordering Diagnostics and/or Medications as a Community Health Nurse

9. RELATED POLICIES, PROTOCOLS AND LEGISLATION:

Community Health Nursing Manual

FNIHB Clinical Practice Guidelines for Nurses in Primary Care – Adult

FNIHB Clinical Practice Guidelines for Nurses in Primary Care – Pediatric and Adolescent

FNIHB Clinical Care Pathways and Emergency Clinical Care Pathways

Government of Nunavut TB Manual 2018

Government of Nunavut Communicable Disease Manual 2016

Government of Nunavut Immunization Manual 2017

Government of Nunavut Formulary 2017

10. REFERENCES:

Registered Nurses Association of the Northwest Territories and Nunavut. (2015, January).

Documentation guidelines. https://rnantnu.ca/wp-

<u>content/uploads/2019/10/Documentation-Guidelines-RNANTNU-Effective-January-19-20151.pdf</u>

Registered Nurses Association of the Northwest Territories and Nunavut. (2019, January). *Scope of practice for registered nurses and nurse practitioners*. https://rnantnu.ca/wp-content/uploads/2019/10/SCOPE-OF-PRACTICE-2019-NEW.pdf

Registered Nurses Association of the Northwest Territories and Nunavut. (2019, January).

Standards of practice for registered nurses and nurse practitioners. https://rnantnu.ca/wp-content/uploads/2019/10/2019-standards-of-practice.pdf

APPROVALS:

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APPENDIX A: RESOURCES FOR CHN EXPANDED ROLE

GOVERNMENT OF NUNAVUT (GN) POLICY, CLINICAL GUIDELINE, PROTOCOL OR DIRECTIVE (PCGPD)	Found	
Community Health Centre Manual		
Prenatal Record and Guidelines for Completing Prenatal Records		
Well Child Record and Guideline for Completing Well Child Communicable Disease Manual		
Influenza Immunization Protocol 2020-2021	HTTPS://WWW.GOV.NU.CA/HEALTH/INFO RMATION/MANUALS-GUIDELINES	
Nunavut Synagis Protocol Manual 2019		
GN Public Health Directive or Protocol issued by the Office of		
the Chief Public Health Officer and /or Chief Medical Officer		
Other GN approved policies, procedures, screening and		
management protocols, and medical directives including		
Cervical Screening Guideline, Protocol for Identifying and		
Treating Iron Deficiency Anemia in Infants and Young		
Children, and the Revised Vitamin D Supplementation		
Protocol November 2014		
Febrile Child Protocol	MICROSOFT TEAMS-NUNAVUT NURSES	
	EDUCATION OR DOCUMENT	
	MANAGEMENT SYSTEM	
FIRST NATIONS INUI HEALTH BRANCH GUIDELINES (FNIHB)	Found	
FNIHB Clinical Practice Guidelines (CPG) for Nurses in	HTTPS://WWW.CANADA.CA/EN/INDIGENO	
Primary Care – Adult Care	US-SERVICES-CANADA/SERVICES/FIRST-	
	NATIONS-INUIT-HEALTH/HEALTH-CARE-	
	SERVICES/NURSING/CLINICAL-PRACTICE-	
	GUIDELINES-NURSES-PRIMARY-	
	CARE/ADULT-CARE.HTML	
FNIHB Clinical Practice Guidelines (CPG) for Nurses in	HTTPS://WWW.CANADA.CA/EN/INDIGENO	
Primary Care – Pediatric and Adolescent Care	US-SERVICES-CANADA/SERVICES/FIRST-	
	NATIONS-INUIT-HEALTH/HEALTH-CARE-	
	SERVICES/NURSING/CLINICAL-PRACTICE-	
	GUIDELINES-NURSES-PRIMARY-CARE.HTML	
FNIHB integrated adult and pediatric Clinical Care Pathways	MICROSOFT TEAMS-NUNAVUT NURSES	
(CCP) and Emergency Clinical Care Pathways (e-CCPs)	EDUCATION OR DOCUMENT	
	Management System	

APPENDIX B:

PROCESS FOR CREATING TREATMENT PLAN BY COMMUNITY HEALTH NURSE AND PROCESS FOR ORDERING DIAGNOSTICS AND/OR MEDICATIONS AS A COMMUNITY HEALTH NURSE

Process for Creating Treatment Plan by Community Health Nurse

GN Policy, Guideline, Or Protocol

- Upon completion of assessment, follow Government of Nunavut (GN) Policies, Guidelines or Protocols
- In Emergency Situations Please Consult Physician Immediately or as soon as possible

FNIHB Guideline

 If no GN Policy, Guideline, or Protocol available please refer to the First Nations Inuit Health Branch Guidelines (FNIHB Guidelines)

Consult Physician

 In situations where there is neither a GN policy, guideline, or protocol, or FNIHB Guideline consult with a physician or nurse practitioner for treatment plan

Process for Ordering Diagnostics and/or Medications as a Community Health Nurse

MUMs and/or Bugs and Drugs

 If GN policy, guideline, protocol or the FNIHB guideline suggest antibiotic for treatment please refer to MUMS Anti Infective Guidelines for Community Acquired Infections and/or Bugs and Drugs for the most evidence-based, up to date antibiotic treatment to ensure best practice

GN Formulary

 Before dispensing medications, the Community Health Nurse must review health center treatment codes of medictations suggested in GN policy, Guideline, Protocol or the FNIHB Guideline to ensure they have the authority to dispense medication

Consult Physician or NP

 If the CHN does not have the authority to dispense medication, or order diagnostic testing suggested in the GN policy, guideline, protocol, or the FNIHB Guideline they must contact Physician or Nurse Practitioner for orders and direction