```
ClearAll["Global`*"]
  Assumptions = (\theta \in Reals);
  (*Find \theta, x, and y s.th Me^{\theta j} = \frac{1}{\sqrt{y}} \begin{pmatrix} y & x \\ 0 & 1 \end{pmatrix} \star)
 j = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix};
 \texttt{Print} \Big[ \texttt{"} \texttt{e}^{\theta \texttt{j}} \; = \; \texttt{", MatrixForm} \; \Big[ \texttt{MatrixExp} \Big[ \theta \texttt{j} \, \Big] \, \Big] \, \Big]
 e^{\theta j} = \begin{pmatrix} \cos[\theta] & \sin[\theta] \\ -\sin[\theta] & \cos[\theta] \end{pmatrix}
 M = \begin{pmatrix} a & b \\ c & d \end{pmatrix};
 Solve [(M.MatrixExp[\theta j])[[2,1]] = 0, \theta] (*We want Me^{\theta j} to be of the form \begin{pmatrix} * & * \\ 0 & * \end{pmatrix}*)
 \left\{\left\{\theta \to \texttt{ConditionalExpression} \left[-\frac{d}{\sqrt{c^2+d^2}}, -\frac{c}{\sqrt{c^2+d^2}}\right] + 2\pi C[1], C[1] \in \texttt{Integers}\right]\right\},
       \left\{\theta \to \texttt{ConditionalExpression} \left[ \frac{d}{\sqrt{c^2 + d^2}}, \, \frac{c}{\sqrt{c^2 + d^2}} \right] + 2\,\pi\,\text{C[1], C[1]} \in \texttt{Integers]} \right\} \right\}
\theta = \operatorname{ArcTan}\left[\frac{d}{\sqrt{c^2 + d^2}}, \frac{c}{\sqrt{c^2 + d^2}}\right];
x = \frac{ac+bd}{c^2+d^2};
y = \frac{1}{2};
  \texttt{Print} \Big[ \texttt{"Me}^{\theta \texttt{j}} \texttt{ = ", MatrixForm } \Big[ \texttt{FullSimplify} \Big[ \texttt{M.MatrixExp} \Big[ \theta \texttt{j} \Big] \texttt{, ad-bc == 1} \Big] \Big] 
Print\left[ \frac{1}{\sqrt{v}} \begin{pmatrix} y & x \\ 0 & 1 \end{pmatrix} = \frac{1}{\sqrt{v}} \begin{pmatrix} y & x \\ 0 & 1 \end{pmatrix}, ad-bc == 1 \right] \right]
Me^{\theta j} = \begin{pmatrix} \frac{1}{\sqrt{c^2 + d^2}} & \frac{a c + b d}{\sqrt{c^2 + d^2}} \\ 0 & \sqrt{c^2 + d^2} \end{pmatrix}
\frac{1}{\sqrt{y}} \begin{pmatrix} y & x \\ 0 & 1 \end{pmatrix} = \begin{pmatrix} \sqrt{\frac{1}{c^2 + d^2}} & (ac + bd) & \sqrt{\frac{1}{c^2 + d^2}} \\ 0 & \sqrt{\frac{1}{c^2 + d^2}} & \sqrt{\frac{1}{c^2 + d^2}} \end{pmatrix}
```