$$\eta = \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & -1 & 0 & 0 \\ 0 & 0 & -1 & 0 \\ 0 & 0 & 0 & -1 \end{pmatrix};$$

$$id = IdentityMatrix[4];$$

$$\gamma 0 = \begin{pmatrix} 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \\ 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \end{pmatrix}; \ \gamma 1 = \begin{pmatrix} 0 & 0 & 0 & 1 \\ 0 & 0 & 1 & 0 \\ 0 & -1 & 0 & 0 \\ 0 & -1 & 0 & 0 & 0 \end{pmatrix}; \ \gamma 2 = \begin{pmatrix} 0 & 0 & 0 & -1 \\ 0 & 0 & 1 & 0 \\ 0 & 1 & 0 & 0 \\ -1 & 0 & 0 & 0 \end{pmatrix}; \ \gamma 3 = \begin{pmatrix} 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & -1 \\ -1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \end{pmatrix};$$

$$\gamma 5 = I \ \gamma 0. \gamma 1. \gamma 2. \gamma 3;$$

$$p = \begin{pmatrix} Ep \\ p1 \\ p2 \\ p1 \\ p2 \end{pmatrix}; \ k = \begin{pmatrix} Ek \\ k1 \\ k2 \\ k2 \end{pmatrix};$$

In[1]:= ClearAll["Global`*"]

 $y = \{y0, y1, y2, y3\}$:

pSlash = Sum[$\gamma[[\mu]](\eta.p)[[\mu, 1]], \{\mu, 1, 4\}];$

 $(((k+p)^{\mathsf{T}}.\eta.(k+p)-m_{\phi r}^2)(k^{\mathsf{T}}.\eta.k-m_{\phi r}^2))[[1, 1]]$ $4(-Ek(Ek+Ep)+k1(k1+p1)+k2(k2+p2)+k3(k3+p3)+m_{\phi r}^{2})$ Out[10]=

 $\left(-Ek^2 + k1^2 + k2^2 + k3^2 + m_{\phi r}^2\right)\left(-(Ek + Ep)^2 + (k1 + p1)^2 + (k2 + p2)^2 + (k3 + p3)^2 + m_{\phi r}^2\right)$