

Trust

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Trust is just a simple word but contains a lot of meanings, trust is just like this wine glass once it has been broken it can't be restored, trust takes a lot of time and effort to build but it can easily be broken. In the first instance This essay discusses about Trust. Trust is a foundation of relationships that allows you to be vulnerable and open up to the person without having to defensively protect yourself.

How often have you encountered a situation where you have question the trust you have placed to other? have you ever thought about the trust other place in you? do you always trust your judgement? have you trusted someone at their word, only to find you've been cheated or lied to?

one of the hardest things to produce is trust. once the trust bond is there i can be broken in seconds. trust is what hold their relationship and for other its just a quality present within themselves. In everyday life, there are many different kind of trust, the fundamental glue that holds any relationship together is trust. without communication there is no relationship, without respect there is no love, without trust there is no reason to continue.

trust does not need to include an action that you and the other party are mutually engaged in. trust is an attitude we take towards other by which we are willing to make ourselves ,vulnerable to them in light of the expectation that they will responsibly care for an important interest of ours.