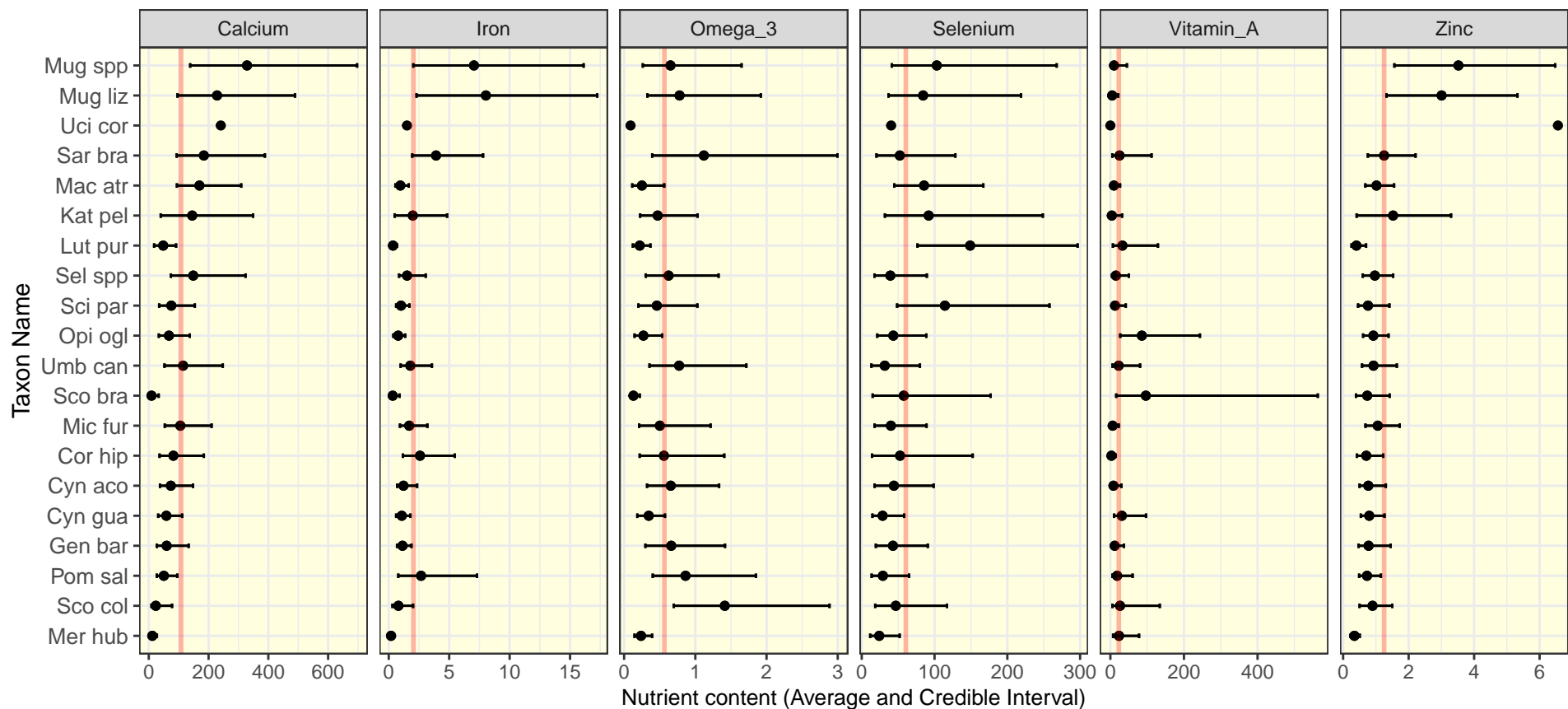


A) Nutrient content of the 20 most caught taxa (Freire et al., 2021)



B) Nutrient content in several protein sources (Brazilian Food Composition Table, 2022; Hicks et al. (2019))

