



 Patient Name
 : Mrs.NAKSHATRS KAUR
 Collected
 : 29/Apr/2024 08:45AM

 Age/Gender
 : 75 Y 0 M 0 D /F
 Received
 : 29/Apr/2024 12:00PM

 UHID/MR No
 : DMGL.0000008979
 Reported
 : 29/Apr/2024 12:51PM

 Visit ID
 : DMGLOPV20563
 Status
 : Final Report

Ref Doctor : DR. ASHRIT KAUR : PCC MURGASOL ASANSOL IP/OP NO : Patient location : ,Asansol

DEPARTMENT OF BIOCHEMISTRY

Test Name	Result	Unit	Bio. Ref. Range	Method	
L IPID PROFILE , SERUM					
TOTAL CHOLESTEROL	115	mg/dL	<200	CHE/CHO/POD	
TRIGLYCERIDES	174	mg/dL	<150	Enzymatic	
HDL CHOLESTEROL	35	mg/dL	>40	CHE/CHO/POD	
NON-HDL CHOLESTEROL	80	mg/dL	<130	Calculated	
LDL CHOLESTEROL	45.2	mg/dL	<100	Calculated	
VLDL CHOLESTEROL	34.8	mg/dL	<30	Calculated	
CHOL / HDL RATIO	3.29		0-4.97	Calculated	
ATHEROGENIC INDEX (AIP)	0.34		<0.11	Calculated	

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100; Near Optimal 100- 129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220
ATHEROGENIC INDEX(AIP)	<0.11	0.12 - 0.20	>0.21	

Note:

- 1) Measurements in the same patient on different days can show physiological and analytical variations.
- 2) NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3) Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- 4) Low HDL levels are associated with coronary heart disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.

Dr.Antora Choudhury D.N.B (Pathology)

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- 5) As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6) VLDL, LDL Cholesterol Non-HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dl. When

Triglycerides are more than 400 mg/dl LDL cholesterol is a direct measurement.

7) Triglycerides and HDL-cholesterol in Atherogenic index (AIP) reflect the balance between the atherogenic and protective lipoproteins. Clinical studies have shown that AIP (log (TG/HDL) & values used are in mmol/L) predicts cardiovascular risk and a useful measure of response to treatment (pharmacological intervention).

Result/s to Follow: HBA1C (GLYCATED HEMOGLOBIN)



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