



# Festival of Running

WORKINGTON

**Sunday 4th August 2024**

**9:30am-4pm**

**Borough Park AFC Stadium**

**HALF**  
MARATHON  
9:30am

**10K**  
12:00pm

**5K**  
1:30pm

**1K**  
FUN RUN\*  
2:30pm

There is a race to suit all running abilities and ages.  
Medals, certificates, prizes, refreshments, childrens crafts  
and free massage available.

For full details and to enter, visit  
[www.visitworkington.co.uk/festivalofrunning](http://www.visitworkington.co.uk/festivalofrunning)



# Festival of Running

WORKINGTON

4 Races hosted by  
Workington Town Council and  
Cumberland AC

There is an event to suit all running abilities  
and ages. Medals, certificates, prizes,  
refreshments and free massage available.

## Prices

**HALF  
MARATHON**

£22 (UKA affiliated)  
£24 unaffiliated)

**10K**

£12 (UKA affiliated)  
£14 unaffiliated)

**5K**

£6 (UKA affiliated)  
£8 unaffiliated)

**1K**

**FUN RUN\*  
FREE**

*\*please note that this event is not timed & home made fancy dress is encouraged*

**HALF  
MARATHON**

**9.30AM**

Starts @ 9:30am registration open from 8:00-9:00am @ Borough Park AFC Stadium  
Returning after 40 years. Be one of the first people to run this distance over a new  
course, which is challenging but with plenty of flat fast running to enjoy.  
Starts from Workington Hall and finishes within the football stadium.  
Age limit: 17+

**10K**

**12.00PM**

Starts @ 12:00pm registration open from 9:00-11:45am @ Borough Park AFC Stadium  
Starts on Black Path next to Borough Park and finishes within the football stadium.  
Basically an out and back course with a shorter return!!  
Age limit: 15+

**5K**

**1.30PM**

Starts @ 1:30pm registration open from 9:00-1:15pm @ Borough Park AFC Stadium  
Starts on Black Path next to Borough Park and finishes within the football stadium.  
A flat and fast out and back course. A great PB course for both walkers and runners of  
all abilities. We always provide tail runners/walkers for all our races so no-one is ever last.  
Age limit: 11+

**1K**

**FUN RUN  
2:30PM**

Starts @ 2:30pm registration open from 9:00-2:00pm @ Borough Park AFC Stadium  
Starts near to the Cricket Club and finishes within the football stadium. The course is  
a flat one-way course. Please remember to collect numbers in plenty of time to get to  
the start.  
Entry is FREE: All ages can take part.  
U11's must be accompanied by an adult (Adults running with children don't need to register).  
There will be a prize for the best **HOMEMADE FANCY DRESS** & is encouraged.

Online entries via <https://racebest.com/races/ssygt>

[www.visitworkington.co.uk/festivalofrunning](http://www.visitworkington.co.uk/festivalofrunning)  
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**CUMBERLAND  
ATHLETIC CLUB**