**Health Education** 

User∨

## Households and Members covered with key messages on Hypertension & Diabetes



# Number of households visited for health education on diabetes and hypertension

Block	Target	Achieved
Parajang	30,235	14,652
Kamakhyanagar	18,245	19,312
Kankadahad	10,491	11,219
Bhuban	14,229	11,674
Total	73,200	56,857



# Number of members age 30+ yrs educated on the symptoms and prevention of diabetes and hypertension

#	Target	Achieved
Parajang	58,165	24,479
Kamakhyanagar	36,906	52,981
Kankadahad	22,530	14,231
Bhuban	29,017	28,741
Total	146,618	120,432
4		<b>•</b>

#### Lifestyle change sessions conducted at Sub-centres and Anganwadi centres



#### **Total sessions**

Parajang	131
Kamakhyanagar	145
Kankadahad	367
Bhuban	79



#### Discussion on healthy lifestyle

Parajang	129
Kamakhyanagar	144
Kankadahad	367
Bhuban	79

Total 722

Total 719



#### Discussion on Yoga

Parajang	124
Kamakhyanagar	144
Kankadahad	367
Bhuban	79
Total	714



#### **Discussion on Healthy Diet**

Parajang	125
Kamakhyanagar	144
Kankadahad	367
Bhuban	79
Total	715



### Discussion on symptoms & prevention of BP and Sugar

Parajang	124
Kamakhyanagar	144
Kankadahad	367
Bhuban	79
Total	714

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