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**Title: What are reaction time indices of automatic imitation measuring?**

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## **Abstract**

Humans unintentionally copy other people's gestures, postures and speech patterns. This behaviour has been termed 'automatic imitation', and is thought to play a crucial role in the development of social relationships by building affiliation and rapport between interaction partners. The current paper critically evaluates reaction time measures of automatic imitation and demonstrates that it is currently unclear what reaction time indices measure, due to a lack of research assessing dimensions of validity and domain-specificity. Based on this assessment of the literature, three suggestions are made for future research. First, studies that assess the validity of reaction time paradigms as an index of automatic imitation are required. Second, the extent that component processes of automatic imitation rely on domain-specific, domain-general or a combination of both types of cognitive system needs establishing. Moreover, theories of imitation must be developed that move beyond neat divisions between domain-specific and domain-general systems. Third, a case is made for why methodological rigour requires far more emphasis in order to support the development of a cumulative science of automatic imitation. In sum, by providing a critical review of the current literature, as well as suggesting new directions for research questions, theories and methods, this paper aims to stimulate discussion regarding optimal approaches to studying automatic imitation. Moreover, the analysis and recommendations presented here generalise to other domains of social cognition, such as gaze perception and perspective taking, which also rely on similar reaction time paradigms.

## **1. Introduction**

During social interactions, we unintentionally copy other people's actions. For example, we may copy an interaction partner's body posture, gestures and speech patterns without intending to do so. Such automatic imitation behaviour has been argued to serve a central social function by building affiliation, rapport and liking between individuals (Chartrand & Lakin, 2013).

Given the ubiquitous influence of imitation on our daily lives, it is not surprising that researchers in diverse sub-disciplines of psychology and neuroscience have studied imitation as a means to better understand human social behaviour. Across these research domains, a variety of methods have been adopted to study imitation, which vary in ecological validity (Figure 1). In developmental and social psychology, for example, methods typically involve observing live interactions and recording overt copying behaviours (Chartrand & Larkin, 2013; Ray & Heyes, 2011). The advantage of observing live social interactions is the relatively straightforward sense in which copying behaviours relate to real-life imitation behaviour. By contrast, in cognitive psychology, reaction time measures of automatic imitation have been designed based on stimulus-response compatibility (SRC) paradigms (Brass et al., 2000; Stürmer et al., 2000). SRC paradigms have the advantage of being amenable to study in controlled laboratory environments, but the disadvantage of reduced ecological validity to real-life copying behaviour. Drawing links between reaction time measures and real-world imitation behaviour is therefore less direct than observational approaches and requires further validation.

The validity of a measure, along with its reliability, are important concerns for any scientific method of measurement: Are the tools used to study a particular phenomenon consistent across time (are they reliable?) and do they measure what they intend to measure (are they valid?)? Here, I address these questions with regard to automatic imitation research

with a particular focus on reaction time measurements. In addition, I also review evidence that speaks to the specificity or generality of the component processes that make up automatic imitation. Like many complex cognitive processes, assessing evidence for domain-specificity is important when interpreting SRC measures of automatic imitation. For example, SRC measures could be a valid measure of real-world copying tendencies but operate on domain-general cognitive and neural architectures for prioritising and guiding behaviour. As such, in addition to reliability and validity, I outline how it is also important to concurrently consider domain-specificity when interpreting component processes of SRC measures of automatic imitation.

The paper is structured in four parts. First, I provide a short review of reaction time tasks that are typically employed in cognitive psychology to study imitation (for a detailed review, see Heyes, 2011). Second, I review evidence that assesses the reliability and validity of these RT measures. I show that we currently know very little about the reliability or validity of RT measures of automatic imitation and this presents a major obstacle to promoting a progressive research programme (Lakatos, 1970; Meehl, 1990). Third, I consider the extent to which component processes of automatic imitation rely on domain-specific and domain-general cognitive and neural mechanisms. I show that there is evidence for a strong domain-general contribution to some component processes of imitation, which involve the control of automatic imitation, which is contrary to a dominant view in the literature. In the final part of the paper, I present an outlook for future research using SRC measures of imitation. I propose that future work should focus on establishing validity of the measure, as well as the relative domain-specificity of component processes. In addition, I propose several ways that models of imitation might be revised to more clearly account for interactions between component processes, as well as how increased methodological rigour should help to advance this research programme in a progressive and cumulative manner.

The overarching aims of this paper are to open a discussion regarding optimal methods to study automatic imitation using reaction time measures and to highlight several useful theoretical and methodological approaches that are currently being overlooked. Importantly, the suggestions for future research generalise to other domains of social cognition such as gaze perception and perspective taking, which also rely on SRC paradigms. Overall, I argue that SRC paradigms have the potential to make a valuable contribution to understanding mechanisms associated with our pervasive tendency to copy others, as well as other dimensions of social cognition, but that the current use of such paradigms requires revision.

## **2. Reaction time measures of automatic imitation**

### **2.1 Key features of the task**

SRC paradigms were initially developed by two research groups with an aim to index processes associated with automatic imitation (Brass et al., 2000; Stürmer et al., 2000). SRC paradigms are quite distinct from other measures of automatic imitation, which are used in different psychology sub-disciplines (and typically labelled “mimicry”). For example, in social psychology, imitation is typically measured by observing face-to-face interactions between a participant and a confederate (Chartrand & Lakin, 2013). During these live interactions, the participant is instructed to take part in a task that is independent to imitation (e.g., evaluate photographs), and the number of copying behaviours made by the participant are recorded (Chartrand & Bargh, 1999; Figure 1). As such, the measured behaviour is fully expressed automatic copying during a live social interaction. In other words, the task appears to have high face-validity, even though the reliability of such measures may be quite low (Genschow et al., 2017).

In contrast, SRC measures of automatic imitation are more removed from live imitative behaviour and typically involve computerised testing procedures in a laboratory setting and the measurement of reaction times (Brass et al., 2000; Heyes, 2011). As such, SRC measures do not measure overt copying behaviours. Instead, it is suggested that the impulse to copy is captured by a reaction time signature. In one version of the SRC imitation paradigm, which involves a choice reaction time paradigm, participants respond to an imperative cue, such as a number, whilst also observing an action. For example, participants may be instructed to lift their index finger if a number 1 is presented and lift their middle finger if a number 2 is presented (Figure 1). Concurrent with this instruction, participants also observe a finger lift that can either be compatible or incompatible with the participant's finger lift<sup>1</sup>. Reaction times are longer in the incompatible than compatible condition. Therefore, in a similar manner to other SRC paradigms, task-irrelevant features influence reaction time performance.

In a different version of the task, which involves a simple reaction time paradigm, actions are pre-specified before the trial begins. At the start of every trial, the action to be performed when the imperative cue appears is pre-selected (i.e., always lift your index finger when you see a finger movement). Again, the observed movement can be compatible or incompatible with the performed movement. Under these conditions, compatibility effects still occur to reaction times (Brass, Bekkering & Prinz, 2001; Heyes et al., 2005). Evidence for compatibility effects in simple reaction time paradigms suggest that the act of representing an action can facilitate or interfere with pre-specified movement intentions and that interference effects are not solely tied to situations where a choice between two actions has to be made on every trial. Together, the results from simple and choice SRC paradigms

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<sup>1</sup> Variants of this method have used a hand opening and closing instead of finger movements, but the logic of the SRC approach is identical (e.g., Press et al., 2005; Wang et al., 2011).

demonstrate that a task-irrelevant feature, the appearance of a moving body part, produces reaction time facilitation in the compatible condition and interference in the incompatible condition.

Importantly, the difference in reaction time between compatible and incompatible conditions or “compatibility effect” cannot be reduced to differences in spatial compatibility, such that up-down, left-right movements of a limb could produce the same effects (for a review, see Heyes, 2011). Instead, SRC measures of automatic imitation relate to the topographical or configural features of the observed body in relation to one’s own bodily features and motor intention (Heyes, 2011). Example features of SRC measures of automatic imitation include interference from different types of effectors and movements. For instance, effector compatibility refers to whether the identity of the observed effector (e.g., finger, arm, mouth) is compatible with one’s own effector, whereas movement compatibility refers to whether the type of movement observed (e.g., tapping, waving, smiling) is compatible with one’s own movement. For both effector and movement compatibility, the observed action is represented and in the compatible case it facilitates task performance and in the incompatible case it interferes with task performance.

At least two processes are engaged for both compatible and incompatible conditions: action representation and action selection (Figures 2 and 3). First, observed actions are detected and represented. Such action representation is likely to involve both perceptual and motor representations, which span visual and sensorimotor cortices (Caspers et al., 2010). Further, but more speculatively, the process of action representation could also involve a “matching” process, which compares the observed movement to one’s own motor state and likely engages the mirror neuron system (Rizzolatti & Craighero, 2004; Iacoboni, 2009). Second, a selection mechanism is required to implement a chosen action according to task instructions (Brass et al., 2009; Cross et al., 2013). In the compatible case, the selection

process is assisted by virtue of observing the same action feature, whereas in the incompatible case the selection process is more challenging as the observed action needs to be suppressed and the correct action prioritised, in order for the task to be completed correctly. Of course, in simple SRC paradigms, the same level of demand is not placed on action selection processes as the action is pre-specified. Instead, the previously selected action needs to be executed whilst observing ongoing actions. As a consequence of these SRC effects, it has been argued that the compatibility effect is an index of the additional cognitive resources required to suppress the incompatible observed action and enforce one's own intended action (Brass & Heyes, 2005; Brass et al., 2009; Heyes, 2011). In other words, the compatibility effect partly indexes control over the spontaneous urge to imitate, such that incompatible actions are suppressed and one's motor intentions are prioritised.

A related, but more cognitively elaborate interpretation, suggests that the congruency effect indexes a process of self-other distinction (Brass & Heyes, 2005; Brass et al., 2009). That is, in order to perform the task, one has to be able to distinguish between one's own motor intention from the motor intentions of others. It has been suggested that such a self-other distinction relies on key nodes within the theory of mind network including medial prefrontal cortex and right temporoparietal junction (Brass & Heyes, 2005; Brass et al., 2009). The theory of mind network has been consistently associated with a range of social cognition processes (van Overwalle, 2009). Further, right TPJ has been implicated in distinguishing actions of self and other (Farrer & Frith, 2002; Ruby & Decety, 2001). Hence, according to one set of related views, the congruency effect indexes a cognitive mechanism that is shared with processing in other contexts that also require a self-other distinction. Consequently, a self-other distinction underpinned by rTPJ has been argued to play a broader role in social cognition more generally, including autism, empathy and theory of mind (de Guzman et al., 2016; Sowden & Shah, 2014; Spengler et al., 2009).



Ultimately, and irrespective of the cognitive interpretation placed on the congruency effect, the SRC automatic imitation task has been argued to be a lab equivalent of overt copying behaviour measures (Heyes, 2011). In overt copying behaviour, automatic imitation is fully expressed as a copying action, whereas the SRC measure is argued to index a covert signature of the unexpressed tendency to automatically imitate. As such, the possible utility of having such a task is rather enticing, as it would enable questions of social cognition to be probed with the experimental control afforded by laboratory conditions typical of SRC measures. With the obvious interdisciplinary appeal of linking SRC tasks to overt copying behaviours, it is somewhat surprising that although many papers have been published that cite the original work (i.e., according to Google Scholar in May 2018, Brass et al., 2000 has been cited over 650 times), there has been very little empirical work that has directly assessed the reliability or validity of the task, which is the focus of the next section.

## **2.2. Reliability and validity**

Reliability and validity are key concerns for any type of scientific research. Although the SRC measure of automatic imitation has been used as a tool to study the intersection between social and cognitive psychology, as well as cognitive neuroscience, it is surprising that very few studies have investigated its reliability or validity. To date, only one study has systematically studied reliability and validity in the SRC task (Genschow et al., 2017). Genschow and colleagues (2017) demonstrated that the reaction time compatibility effect had a large effect size (Cohen's  $d = 1.56$ ) and high levels of split-half reliability (Spearman-Brown coefficient  $= .86$ ). That is, there was relatively good correspondence between task performance during odd and even trials. By contrast, Genschow and colleagues (2017) showed that a measure of overt copying behaviour (rather than reaction times) had low reliability and overt copying behaviour did not correlate with performance on the SRC

paradigm. Of course, low reliability in one task makes it hard to interpret a lack of correlation between variables (Cronbach, 1990). Hence, to date, no robust evidence currently exists either for or against the validity of SRC tasks as a laboratory equivalent of overt copying of other people's behaviour. As such, it seems necessary to establish the validity of the task, in terms of its ability to index particular types of imitative process.

As recently summarised by Gray (2017), at least three types of validity would be important to establish with respect to the SRC task: construct, convergent and divergent validity. In essence, it is important to establish what SRC paradigms are measuring, as well as what these measurements relate and do not relate to. These fundamental relationships need specifying before researchers can use the SRC paradigm to draw strong inferences regarding imitation-related processes and other social or non-social parameters. The importance of each type of validity in the context of automatic imitation research is outlined below.

### *Construct validity*

Construct validity is the degree to which a test measures what it claims to be measuring (Cronbach & Meehl, 1955). Although commonly applied to psychometric studies in psychology, evidence that reaction time measures of automatic imitation relate to other forms of imitative abilities would provide a valuable source of construct validity. If the SRC paradigm indexes the control of the urge to imitate, then a relationship should exist between other measures that involve the tendency to imitate. Establishing construct validity would provide justification that the SRC paradigm can be used in a manner that indexes processes relating to imitation. Currently, with only one study addressing this issue directly to my knowledge (Genschow et al., 2017), the relationship between reaction time and observational measures of automatic imitation is unclear. As such, before concluding that SRC measures provide a lab equivalent of live copying behaviour (Heyes, 2011), more research is required to

validate which processes associated with overt copying behaviour, if any, relate to reaction time measures of imitation.

Even if reaction time and observational indices of imitation are not measuring the same thing, they could be indexing different component processes of a broader phenomena – automatic imitation (Genschow et al., 2017). Therefore, it is possible that both measures could be interesting to study in their own right, in order to understand mechanisms underpinning imitation behaviour, while not sharing any direct relationship to each other. Firm support for relationships between distinct measures of imitation will only be possible, however, with dedicated empirical investigation.

### *Convergent validity*

Convergent validity is the degree to which two measures of constructs that theoretically should be related are actually related (e.g., Russell, 1978). If the SRC paradigm indexes processes associated with imitation (Brass & Heyes, 2005; Heyes, 2011) and imitation is associated with social processes more generally (Chartrand & Lakin, 2013), then reaction time measures of imitation should correspond to some degree with related social variables. For example, individual differences in social variables such as empathy (Chartrand & Bargh, 1999), as well as person knowledge (van Baaren et al., 2009), mood (van Baaren et al., 2006; Likowski et al., 2011) and pre-existing rapport (McIntosh, 2006; Stel et al., 2010) have been shown to influence live interaction measures of imitation (for a review, see Chartrand & Lakin, 2013).

The equivalent data for reaction time measures of automatic imitation are not entirely convincing. The largest datasets to date provide no evidence for individual differences in reaction time measures as a function of social dimensions of personality, such as empathy, agreeableness or narcissism (Butler et al., 2015; Genschow et al., 2017). Indeed, a recent

meta-analysis shows that the effects of social personality variables on SRC measures of automatic imitation overlap with zero, which is suggestive of no effect (Cracco, Bardi et al., 2018). Therefore, the only studies that show effects of personality on SRC measures either do not replicate when tested in larger samples (e.g., Narcissism; Obhi et al., 2014; Hogeveen & Obhi, 2013) or have only been demonstrated once in small single-experiment samples (e.g., Alexithymia: Sowden et al., 2016).

It is possible that SRC tasks are not particularly well-suited to studying individual differences (Hedge et al., 2017), and experimental work may be more effective at studying how social factors influence automatic imitation. To this end, several recent studies have shown that social factors can influence SRC measures of imitation (Heyes, 2011; Wang & Hamilton, 2012). SRC measures of imitation are increased in situations that promote affiliation through eye contact (Wang et al., 2011), group membership (Gleibs et al., 2016), and facial expressions (Butler et al., 2016), as well as when interacting with more human-like, rather than robotic, agents (Press, 2011; Kilner et al., 2003; Klapper et al., 2014). Other work has shown that when prosocial attitudes are generated (Cook & Bird, 2011; Leighton et al., 2010), or prosocial gestures are signalled (Cracco, Genschow, et al., 2018), imitation increases. These studies suggest that the compatibility effect is modulated by social factors in a broadly corresponding manner to findings from overt measures of behavioural copying (Chartrand & Lakin, 2013). These results have led to theories that suggest an opportunity for social reward can increase imitation (Wang & Hamilton, 2012).

In sum, there is mixed evidence for convergent validity using the SRC automatic imitation task. There is no compelling evidence for convergent validity based on individual difference research, but there is some emerging evidence for convergent validity based on experimental work, which shows that social factors influence overt copying behaviours as well as SRC measures. These initial experimental studies hold promise, but more research is

needed with larger sample sizes and clear replications to provide confirmatory evidence. Furthermore, many of the studies used an SRC task that has a spatial confound such that the effects may relate to mechanisms of spatial attention rather than imitative mechanisms, which renders the interpretation more difficult.

### *Divergent validity*

Divergent or discriminant validity tests whether measures that are supposed to be unrelated to each other are indeed unrelated (Campbell & Fiske, 1959). If the SRC paradigm indexes imitative control specifically, then such measures should diverge, to some degree, from processes associated with non-imitative control and other non-social processes. Initial evidence for divergent validity has been provided through functional magnetic resonance imaging (fMRI) and behavioural studies. For example, using fMRI, Brass and colleagues (2005) showed a double dissociation in right temporoparietal junction (rTPJ) between the SRC measure of automatic imitation and a non-social compatibility task (Brass et al., 2005). The authors suggested that responses in rTPJ diverge to some degree from a non-social task. However, it is unclear how to interpret such a response, because rTPJ has been associated with orienting to social and non-social stimuli (Corbetta et al., 2008). In addition, the SRC measure of imitation, which was used by Brass and colleagues (2005), partly reflects spatial compatibility or the tendency to respond faster to a stimulus when it is on the same side of space as the response (e.g. Simon 1969). As such, the most commonly used automatic imitation task has non-social (spatial) features, as well as social (imitative) features. Therefore, differences in rTPJ could reflect different degrees of non-social control, as much as different degrees of social control.

Behavioural data have also provided some evidence for divergent validity by measuring the imitative component independent from the spatial component. These studies

show that in the absence of a spatial component, the imitative component remains above zero, but is 3-4 times smaller than the spatial component (Bertenthal et al., 2006; Boyer et al., 2012; Catmur & Heyes, 2011; Darda et al., 2018; Gowen et al., 2016; Marsh et al., 2016). Whilst these behavioural findings show that spatial and imitative components of the task are not identical and diverge to some degree, the lack of construct and convergent validity for the imitative component mean that it is still difficult to interpret as a valid reaction time signature of overt automatic copying behaviour.

In sum, the extent to which SRC measures are related to imitation and other social abilities and diverge from non-social abilities will be important for future work to more firmly establish, in order to understand what SRC measures of automatic imitation are and are not indexing.

### **3. Domain-specificity**

A further consideration for interpreting SRC measures of automatic imitation is the extent to which SRC measures rely on domain-specific and/or domain-general processes. Domain-specific processes are tailored to particular tasks or types of information, whereas domain-general processes operate across multiple tasks and types of information (Barrett, 2012; Fodor, 1983). In this section, I consider current evidence for domain-specificity in SRC measures of automatic imitation, as well as the implications for current theories.

A neat division between domain-specific and domain-general processes is likely to be an unrealistic model for many aspects of perception and cognition (Barrett, 2012; Kanwisher, 2010; Michael & D'Ausilio, 2015; Spunt & Adolphs, 2017). Indeed, consideration of the relationship between domain-specific and domain-general systems provides more fertile ground for understanding complex mental processes and also respects the inherent complexity

of mind/brain organisation. Further, most cognitive measures are unlikely to be “pure” measures of a process, which necessarily prompts the question of extent. That is, to what extent do domain general and specific systems contribute to imitative processes and how are they related?

Addressing questions of extent has not been a primary focus of SRC imitation studies. For example, studies that have manipulated imitative compatibility independent of spatial compatibility (e.g., Bertenthal et al., 2006; Boyer et al., 2012; Catmur & Heyes, 2011) are unlikely to represent a pure measure of imitation control. This is especially important for theories of imitation control, which suggest that self-other conflict between interaction partners is regulated through engagement of a domain-specific neural network associated with social cognition (Brass et al., 2009). Specifically, Brass and colleagues (2009) propose that rTPJ and medial prefrontal cortex (mPFC), which are key nodes in the theory-of-mind network (Frith & Frith, 1999; Saxe & Kanwisher, 2003; van Overwalle, 2009), are also involved in regulating imitative interactions between self and other. Moreover, a self-other distinction underpinned by rTPJ has been argued to play a broader role in social cognition more generally, including autism, empathy and theory of mind (de Guzman et al., 2016; Sowden & Shah, 2014; Spengler et al., 2009). However, rTPJ is also associated with domain-general processes associated with the multiple demand network (Duncan, 2010) and with orienting to social as well as non-social cues (Corbetta et al., 2008). Thus, rTPJ has been associated with multiple social and non-social functional processes (Schuwerk et al., 2017).

In terms of fMRI evidence, results published to date do not provide convincing evidence for the engagement of a domain-specific neural network during the control of imitation that is specifically tied to social cognition. Some studies have shown engagement of brain regions associated with the theory of mind network (e.g., Brass, Zysset & von Cramon, 2001; Brass et al., 2005), while others showed engagement of the multiple demand network

(e.g., Bien et al., 2009; Marsh et al., 2016). The multiple demand network has been shown to operate in a wide variety of tasks that require processes such as inhibition, working memory and attention (Duncan, 2010). A limiting factor, however, is that most fMRI studies that have used the automatic imitation task to date have typically tested small sample sizes and have not functionally defined regions of interest, thus reducing functional resolution. Small sample sizes reduce statistical power to detect effects and low functional resolution means that engagement of a region, especially one with such widespread functional properties as rTPJ, is difficult to interpret in a functional sense. More recent work by Darda and colleagues (2018), however, has taken steps to overcome these limitations by scanning larger sample sizes in multi-experiment studies (N=28; N=50), and independently localising theory-of-mind and multiple demand networks in individual participants. Moreover, Darda and colleagues (2018) measured imitative compatibility independently from spatial compatibility and showed that imitative compatibility effects only recruit the multiple demand network and not the ToM network. The evidence for domain-specificity for the control of automatic imitation from fMRI studies, therefore, remains unconvincing to date.

These results have implications for neural and cognitive theories of automatic imitation. The results are consistent with models of imitation that feature a generalist view of selection, which relies on the multiple demand network rather than the theory of mind network. Indeed, given recent findings (Darda et al., 2018), the selection mechanism is likely to be the same whether selecting between social (fingers, arm and mouth movements) or non-social stimuli (arrows, words and objects). By contrast, the results are inconsistent with theories that suggest that the control of imitation relies on two nodes of the ToM network (mPFC and rTPJ), which support a process of self-other distinction (Brass & Heyes, 2005; Brass et al., 2009).



The lack of evidence for domain-specificity also has important implications for researchers interpreting findings from the SRC task. Experimentally manipulating social variables or neurostimulation procedures that target “social networks” could be influencing domain-general orienting and selection processes, rather than an imitative component specifically. In other words, modification to a domain-general system could be the route by which social control is exerted in imitation, much like other domains of social cognition and perception that show interplay between domain-general and specific systems (Zaki et al., 2010; Baldauf & Desimone, 2014). The proposed cognitive structure could also operate during live social interactions when social factors influence overt copying behaviour (Chartrand & Lakin, 2013). That is, social factors that modulate real-world copying behaviour could also operate through a domain-general action selection mechanism. Therefore, before a moderating factor can be concluded to be operating on a domain-specific (imitative) process, it would be important to clearly identify the component parts of the broader imitative mechanism as well as which parts are influenced by social factors. In addition, alternative neurocognitive models are required, which do not rely on rTPJ and mPFC as solitary imitation controllers (Brass et al., 2009), but instead consider interplay between domain-general and specific systems. Such future directions for imitation research are the focus of the next section.

#### **4. Looking forward**

Theory and methods in imitation research need updating if the use of SRC paradigms are going to be able to contribute to a progressive research programme in the Lakatosian sense (Lakatos, 1970), and thus enable a cumulative and reproducible science to emerge (Munafo et al., 2017). In the following two subsections, I outline ideas for future research in terms of opportunities for theoretical and methodological development.

#### **4.1 Validity and domain-specificity**

The level of validity and domain-specificity of the component processes of SRC measures of automatic imitation need to be systematically investigated. Validity and specificity are orthogonal dimensions and could both range from low to high (Figure 4). Validity in this sense would be a composite of multiple dimensions of validity. Both validity and domain-specificity should be evaluated by degree: To what extent are component processes, such as action representation and selection, valid indices of processes associated with copying in the wild? And to what extent does automatic imitation recruit processes that rely on domain-specific or domain-general cognitive architectures?

Four broad combinations of validity and specificity emerge. Figure 4 illustrates these dimensions as positions A to D. Position A represents high validity and domain-specificity. This would suggest that the task indexes a measure that is associated with imitation and relies on a cognitive and neural architecture that is relatively domain-specific, such that it preferentially operates in social contexts and when interacting with other people. This is similar to the position put forward by a number of researchers, at least implicitly (Brass et al., 2009; de Guzman et al., 2016; Sowden & Shah, 2014; Spengler et al., 2009). Position B represents low validity, but high domain-specificity. This would suggest that the process does not operate in overt copying behaviour, but it is specific to social interactions rather than a more general cognitive mechanism. This would suggest that the process is tied to the task and socialness but is not engaged in overt copying behaviour. Position C represents high validity, but low specificity. This would suggest that the process is tied to overt copying behaviour, but that it is a domain general mechanism. An example could be a general selection mechanism that takes all kinds of different inputs and prioritises them in the context of an individual's current goal. Finally, position D would show low validity and low specificity. This would

suggest that the process is not tied to imitation particularly, nor is it tied to a specific social domain of operation. An example could be a general selection mechanism that operates in the task but does not reflect the type in live copying. Position D would be worth confirming to suggest that other tasks may be more appropriately suited to study imitation.

As outlined in the introduction, automatic imitation is likely be a product of several component processes such as action representation and action selection (Figures 2 and 3). Component processes such as action representation and selection are not required to have the same profile of validity and specificity. Indeed, it would be important to deconstruct automatic imitation into component pieces, study them and then reconstruct them into a better understanding of the overall, complex phenomenon of interest – automatic imitation. By doing so, we may develop a better idea of the structure of the processes involved. The next section focusses on testing more complex cognitive and brain models.

#### **4.2 Cognitive and brain models need revision and higher complexity**

In scientific research, it is important that theoretical foundations are clearly articulated, as these provide the blueprints for research programmes to generate and test hypotheses (Gray, 2017; Meehl, 1990; Popper, 1959). To develop more detailed cognitive and neurobiological models of imitation, several theoretical avenues are ripe for further investigation. For instance, considering the issue of domain-specificity, which was outlined in the previous section, it is noteworthy that one set of processes associated with imitation could be domain-general (selection) without requiring the entire set of processes that support imitation to be domain-general (Figure 2). For example, it is possible that we use a specialised neural architecture for detecting the presence of conspecifics and their actions (Kanwisher, 2010; Caspers et al., 2010), but select between different actions using domain-general control systems (Duncan, 2010; Figure 3). This analysis supports the view that information

processing models of social cognition need not be exclusively tied to component processes that are domain-specific (Spunt & Adolphs, 2017). Further, the analysis highlights the importance of clearly defining component processes in a model, as well as the possible information processing specificity of each component. Relatedly, it may well be the links between domain-specific (person perception and action observation) and domain-general processes (selection) that make a process distinctly social rather than non-social. Indeed, positing links between domain-specific and general systems has proven useful in other domains of social perception and cognition (Zaki et al., 2010; Baldauf & Desimone, 2014; Quadflieg et al., 2010; Sreenivasan et al., 2014; Spunt & Adolphs, 2017).

An alternative approach to theory development can be provided by considering specialised recruitment of domain-general architectures. For instance, a recent fMRI study showed that a region within dorsomedial prefrontal cortex, which shows a domain-general response, also shows a response that is tuned for making specifically social attributions (Spunt & Adolphs, 2015). Spunt and Adolphs (2015) interpret this result as the specialised or “expert” use for social purposes of a largely domain-general system. Finally, a greater focus on computational modelling approaches to automatic imitation (Cooper et al., 2013), as well as theories that posit links between biological and functional levels of description (Cook et al., 2014), could enable more precise quantitative predictions to be made thus providing a stricter test of underlying hypotheses (Meehl, 1990). Taken together, these theoretical considerations, as well as recent empirical findings, suggest that greater complexity is required when building theories of social cognition that extend beyond a strict division between general and specific systems (Spunt & Adolphs, 2017). Moreover, online tools are available, such as Theory Mapping (Gray, 2017; [www.theorymaps.org](http://www.theorymaps.org)), which aid in the development and comparison of theories by enabling researchers to visualise theories and model spaces in a common language and store them online.

The proposed avenues for theory development are not only applicable to imitation research, but instead generalise to other domains of social cognition. Indeed, similar debates regarding domain-specificity have arisen in gaze perception and perspective taking literatures that also rely on SRC paradigms (Frischen et al., 2007; Santiesteban et al., 2014). As a consequence, core organising principles from the model outlined for imitation in Figure 2, whereby the input is social, but the selection mechanism may be domain-general, could be applicable in these contexts also. For instance, in order to perceive eye gaze or take another's perspective, it is essential to recognise the presence of another agent, but nonetheless, conflict resolution between gaze cues or perspectives may be resolved through a domain-general selection mechanism. Moreover, it would be the link between perceptual and selection processes that distinguishes social cognition from non-social cognition. In other words, just as has been outlined in memory research (Cabeza & Moscovitch, 2013), specialisation for social cognition may be characterised by functional circuits that consist of multiple components, without the need for each component to be domain-specific (Spunt & Adolphs, 2017).

#### **4.2 More robust methods – power, replication, meta-analysis, pre-registration and open data**

In addition to establishing reliability and validity of SRC imitation paradigms, this field would also benefit substantially from integrating practices emerging from the recent movement toward open science more generally. I do not provide a detailed account of the motivation and means to improve rigour and reproducibility, as these issues have been covered at length by others (Cumming, 2012; Simmons et al., 2011; 2018; Nelson et al., 2018; Munafo et al., 2017; Zwaan et al., 2017). Instead, I wish to highlight that imitation research, like the fields of psychology and neuroscience more generally (Button et al., 2013; Open Science Collaboration, 2015), could benefit from revisiting foundational

methodological approaches. A cycle of studies with low power and a publication bias skewed towards positive results has produced a questionable level of evidence for many social claims made regarding imitation. Approaches that include pre-registering studies, appropriately powered designs, replicating results, using meta-analyses and making datasets open and available to others would be of great benefit to imitation research. Some of these approaches are already being taken in SRC research on automatic imitation (Butler et al., 2015; 2016; Cracco, Bardi et al., 2018; Cracco, Genschow, et al., 2018; Darda et al., 2018; Genschow et al., 2017), but more universal adoption of these methodological principles would provide immeasurable benefits to current and future researchers working in this area. These methodological steps go hand-in-hand with improved theoretical models and are a necessary starting point to improve the evidence base for understanding the mechanisms associated with automatic imitation.

## **Conclusion**

It currently remains unclear what, precisely, reaction time indices of automatic imitation measure, due to a lack of research that directly assesses dimensions of validity and domain-specificity. In terms of validity, there is insufficient empirical evidence that demonstrates the extent to which reaction time measures index processes that are associated with overt copying behaviours. The lack of validity means that it is possible that reaction time measures are indexing a different aspect of imitation that is not associated with overt copying behaviour or something entirely unrelated to imitation. Furthermore, in terms of domain-specificity, much like other complex cognitive and social processes, reaction time measures are likely to reflect a combination of component processes. Such component processes could operate on mechanisms that are specifically tied to social cognition and imitation, more general mechanisms or a combination of both types of mechanism.

Based on this analysis of the current literature, I suggest that researchers should be more cautious in their interpretation of reaction time interference effects that are associated with automatic imitation. In addition, three suggestions are made that aim to develop understanding of automatic imitation using SRC paradigms. First, studies that assess the validity of SRC paradigms as an index of automatic imitation are required. Second, the extent that component processes of automatic imitation rely on domain-specific, domain-general or a combination of both types of cognitive system needs establishing. Moreover, theories of imitation need to be developed that move beyond neat divisions between domain-specific and domain-general systems. Third, a greater focus on methodological rigour is required to enable a cumulative science to develop. In sum, the SRC index of automatic imitation holds much promise as a tool to study component processes associated with automatic imitation and thus answer questions at the intersection of psychology and cognitive neuroscience. By providing a critical review of the current state of the art, this paper aims to open a discussion regarding optimal methods to study automatic imitation using reaction time measures, which will hopefully lead to new research questions, theories and methodological approaches.

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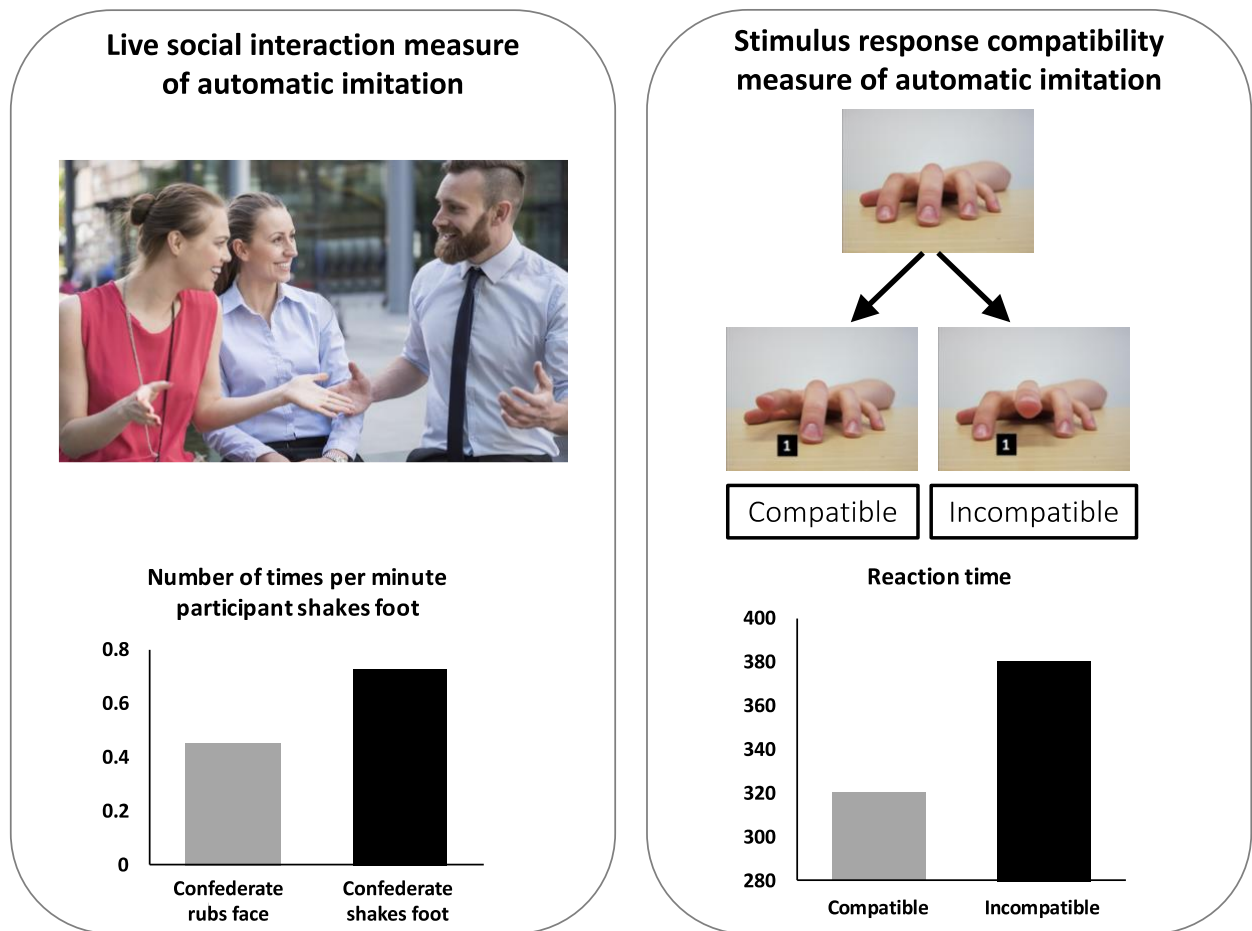
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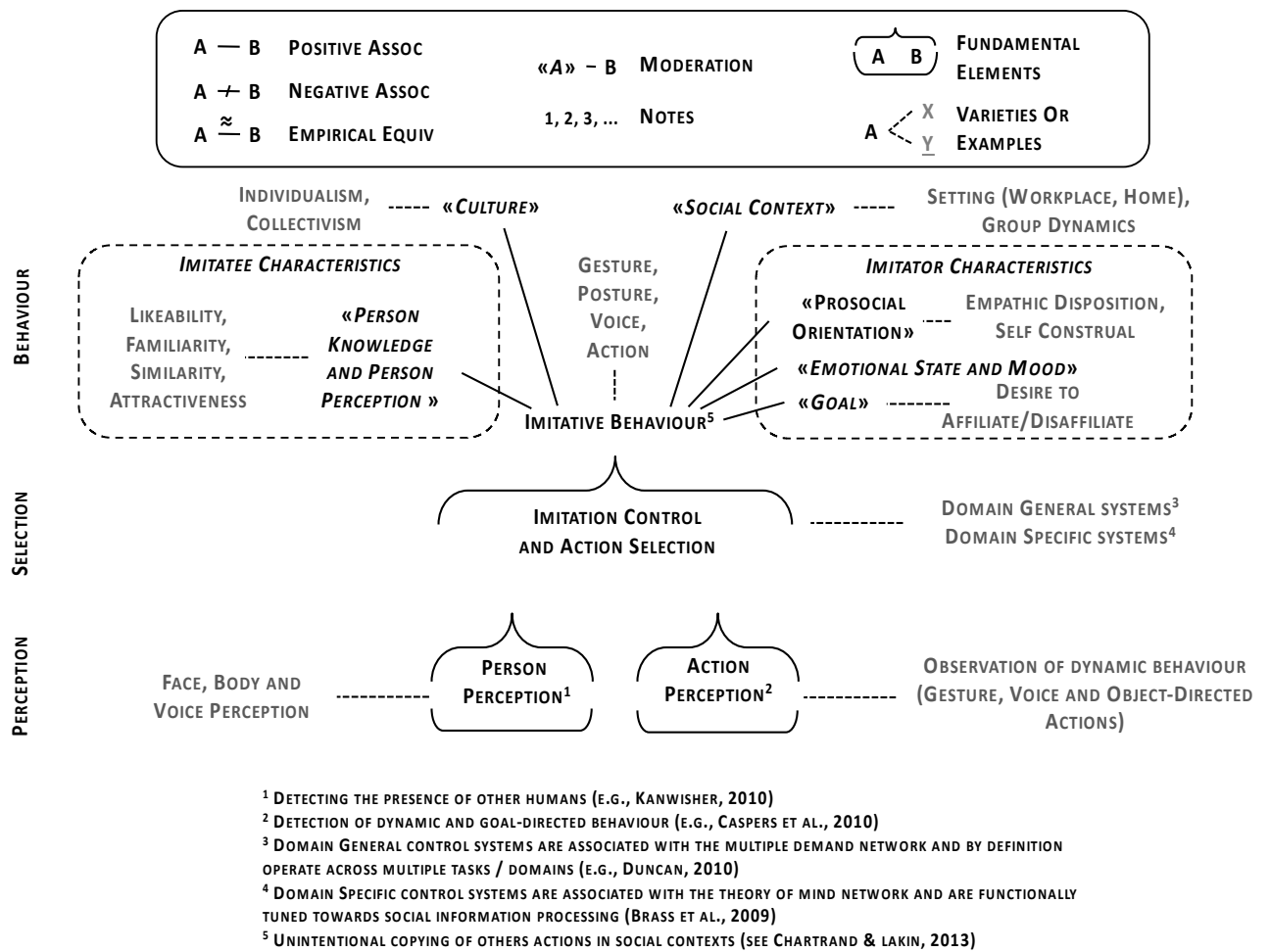
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**Figure 1.** Two approaches to measuring automatic imitation.



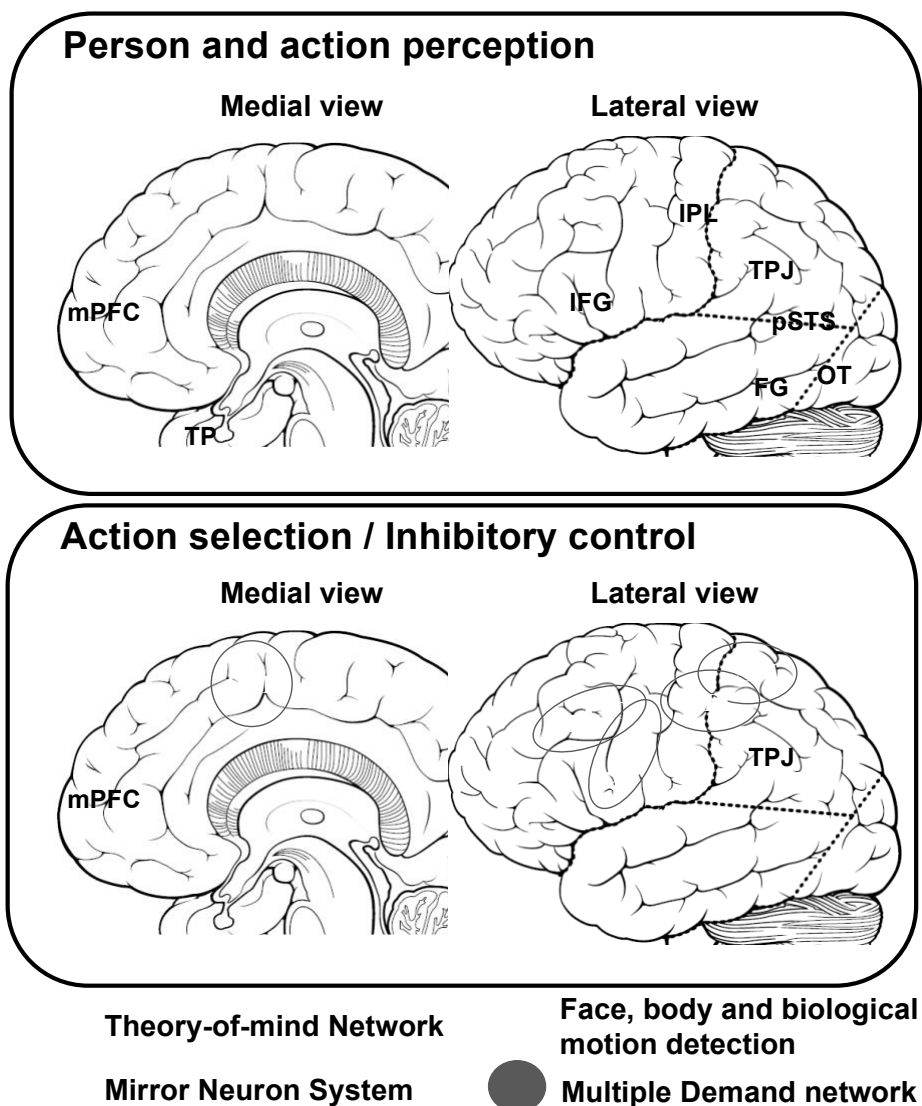
**Figure 1.** Two approaches to measuring automatic imitation are illustrated. In the left panel, unintentional copying behaviours are recorded during live social interactions (e.g., Chartrand & Bargh, 1999). A confederate may rub her face or shake her foot during a conversation, and the number of matching actions performed by the participant are recorded. The number of times per minute that a participant shakes her foot is greater when the confederate shakes her foot than rubs her face. As such, even though there is no instruction to copy actions, participants appear to unintentionally imitate the actions of their interaction partners. In the right panel, reaction times are recorded during a stimulus response compatibility paradigm (e.g., Brass et al., 2000). In one example paradigm, participants are instructed to lift their index finger if a number 1 is presented and lift their middle finger if a number 2 is presented. Concurrent with this instruction, participants also observe a finger lift that can either be compatible or incompatible with the participant's finger lift. Reaction times are longer in the incompatible than compatible conditions and this difference is thought to index the additional cognitive resources required to suppress the urge to imitate the incompatible action and enforce one's own intended action.

**Figure 2.** A Theory Map of Automatic Imitation.



**Figure 2.** A Theory Map of Automatic Imitation. For more details on the development of Theory Mapping, see Gray (2017); [www.theorymaps.org](http://www.theorymaps.org).

**Figure 3.** Brain networks associated with automatic imitation.



**Figure 3.** Brain networks associated with automatic imitation. Abbreviations: mPFC = medial prefrontal cortex; TP = temporal pole ; IFG = inferior frontal gyrus; IPL = inferior parietal lobule; TPJ = temporoparietal junction; pSTS = posterior superior temporal sulcus; FG = fusiform gyrus; OT = occipitotemporal cortex; SMA = supplementary motor area; MFG = middle frontal gyrus; precG = precentral gyrus; SPL = superior parietal lobule.



**Figure 4.** Structure of processing components in terms of validity and domain-specificity.

