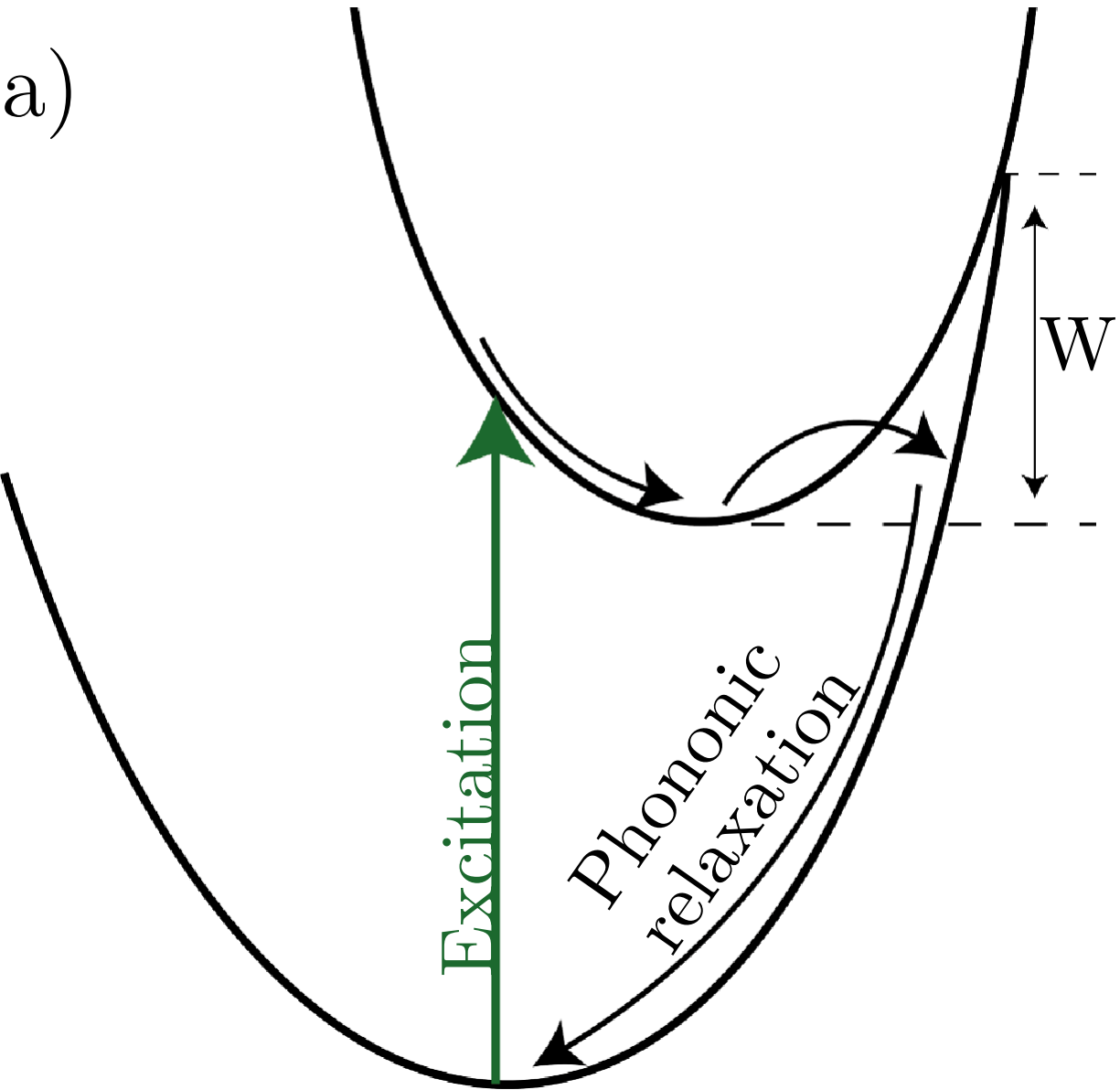
a)
W
Excitation
Phononic
relaxation