

Sistela Saththiyathevan

Graduate



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PROFILE

I'm a dedicated Health promotion graduate actively engaged in gaining practical experience through numerous field visits within communities. My passion for promoting health and well-being has been enriched by hands-on experiences. I'm eager to apply my knowledge and experiences to real-world health challenges and contribute to initiatives that enhance the quality of life for diverse populations. My strong analytical skills, effective communication, and ability to work collaboratively make me well-prepared to make a meaningful impact in public health from day one.

LANGUAGES

- | | |
|---------|-----------|
| Tamil | ● ● ● ● ● |
| English | ● ● ● ● ● |
| sinhala | ● ● ● ● ● |

INTERESTS

- Travelling
- Dancing
- Gardening

PROFESSIONAL SKILLS

- Strong communication
- Leadership
- Report writing
- Data analysis & interpretation
- Time management
- Engagement & Collaboration
- Problem solving

EDUCATION

Mu/kallappadu G.T.M School

2006 – 2014 | Grade 1-9

Mu/Mullaitivu maha vidyalayam

2017 – 2019 | Grade 10-Advance level

School Years Highlights

- Excellence in Mathematics and Science.
- Active Participation in Academic & Extracurricular Activities.
- Leadership as deputy head prefect, senior prefect and class monitor.

Bachelor of science in Health Promotion Rajarata university of Srilanka

2021 – 2025

Diploma in Psychology and Counselling Royal academy of professional studies

2024 – Present

PROFESSIONAL EXPERIENCE

Health promotion facilitator

2023 – 2025 | Mihintale

I had 2 year community based field experience, worked with children, women, mothers, adults and elders to improve their overall health and wellbeing.

University student ambassador

2023 – present | National child protection authority
Working with sateholders to create child friendly and protective environment for children.

District leader (Mullitivu)

03/2025 – present | National child protection authority
Cordinating the Mullaitivu district university student ambassoders to work with schools.

PROJECTS

Physical Inactivity

2022 – 2024

worked with Rajarata university students to improve physical wellbeing.

Improving overall wellbeing of the community in Bogahayaya

2023 – 2025

worked on major 5 health issues with 171 families out of 320.

REFEREES

Dr. Manoj Fernando,

Dean of Faculty of Applied sciences,
Rajarata University of Sri Lanka
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Mrs. Kanyud Kalaiyarasi, Counselor

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