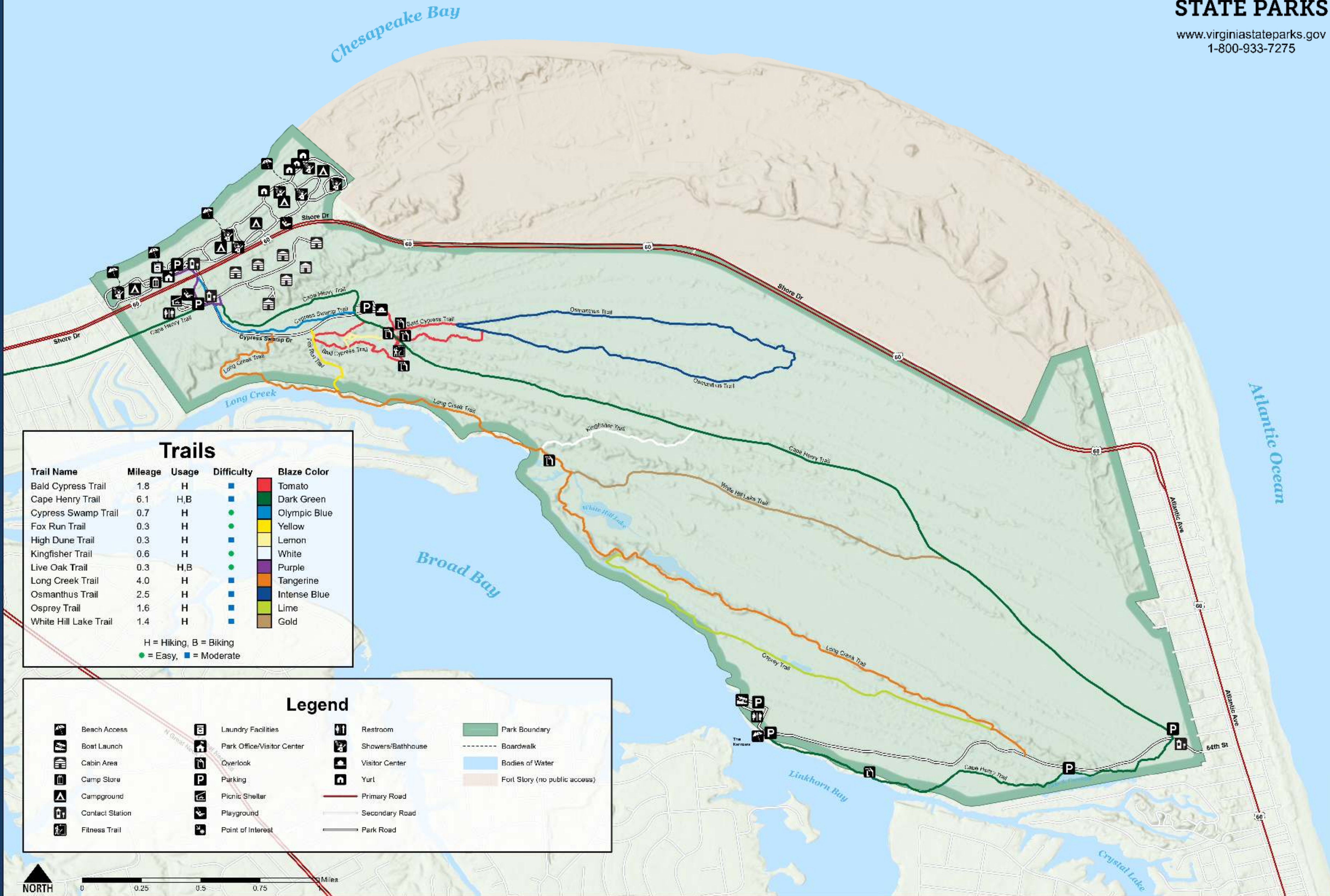


First Landing State Park



Trails

Trail Name	Mileage	Usage	Difficulty	Blaze Color
Bald Cypress Trail	1.8	H	■	Tomato
Cape Henry Trail	6.1	H,B	■	Dark Green
Cypress Swamp Trail	0.7	H	●	Olympic Blue
Fox Run Trail	0.3	H	●	Yellow
High Dune Trail	0.3	H	■	Lemon
Kingfisher Trail	0.6	H	●	White
Live Oak Trail	0.3	H,B	●	Purple
Long Creek Trail	4.0	H	■	Tangerine
Osmanthus Trail	2.5	H	■	Intense Blue
Osprey Trail	1.6	H	■	Lime
White Hill Lake Trail	1.4	H	■	Gold

H = Hiking, B = Biking
● = Easy, ■ = Moderate

Legend

Beach Access	Laundry Facilities	Restroom	Park Boundary
Boat Launch	Park Office/Visitor Center	Showers/Bathhouse	Boardwalk
Cabin Area	Overlook	Visitor Center	Bodies of Water
Camp Store	Parking	Yurt	Fort Story (no public access)
Campground	Picnic Shelter	Primary Road	
Contact Station	Playground	Secondary Road	
Fitness Trail	Point of Interest	Park Road	

