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**Universal Design for Water Access  
Sept. 10-11, 2013  
Hampton Inn and Suites and Smithfield Center**

**Goals**

1. Provide an overview of water trail development in Virginia, including highlights of sample projects
2. Provide information on National Park Service Chesapeake Bay programs and resources available to local communities
3. Provide information on how to design and construct boating facilities that comply with accessibility guidelines and regulations
4. Provide opportunity for experiential learning by visiting a case study site(s) to apply concepts presented in classroom.

**Schedule**



**Tuesday, Sept. 10**

**1-6 p.m. Pick up your registration packets at Hampton Inn and Suites  
200 Vincent's Crossing, Smithfield 23430**

**Pre-Workshop Field Trips**

**Option A: 2 -5 p.m. Bicycle Tour of Fort Monroe in Newport News (bring your own bicycle, limit 20)**

Bring your own bicycle to tour Fort Monroe, Virginia's newest National Monument, and an anchor for the nation's first water trail. Tour will cover a little of the Captain John Smith history of the site and its relationship to the Captain John Smith Chesapeake National Historic Trail and show several different types of public access Tour will take about one and a half hours and then you are welcome to see the Fort on your own. Maps provided, easy access from I-64.

**Option B: 2-4 p.m. on the half hour-Tour historic [St. Luke's Church and Museum](#) circa 1632. (Cost \$3).**

**Option C::Town of Smithfield Historic Walking Tour** (self-guided brochure in packet).

**Option D: Explore other nearby attractions on your own. [Isle of Wight County Museum](#), [Bacon's Castle](#), Forts [Huger](#) and [Boykin](#), , [Boykins Tavern Museum](#) or [Chippokes Plantation State Park](#)**



**5:30-Supper on your own**

Recommended: **Anna's Ristorante** (short walk from hotel)  
**Smithfield Station Marina**, 2 miles from hotel and across from boardwalk to Windsor Castle.

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**7:00 p.m. Keynote presentation: Paddling for People with Disabilities**

--Hampton Inn & Suites, James River Room

Presenter: Janet Zeller, author of *Canoeing and Kayaking for People with Disabilities* published by Human Kinetics. Janet developed the adaptive paddling instruction program and has for 23 years expanded that program and instructed and certified paddling instructors so they can integrate paddlers with disabilities into their paddling instruction and programs.



**8 p.m.—Social hour**

**Wednesday, Sept. 11**

**8:00-8:30 Registration** (Smithfield Center-220 N Church Street)

**Video: The Living Blackwater and Nottoway River**

**8:30 Welcome** (Isle of Wight County)

**8:35 Welcome** (Virginia DCR)

- Scenic River Program
- VOP Water Trails Chapter
- Growing national interest in water trails
- Recreational Trails Program grants for water trails



**8:45 Moment of silence in remembrance of 9/11**

(9/11/01--8:46--Flight 11 crashes into the north face of the North Tower (1 WTC))

**8:46 National Park Service Chesapeake Bay (Bob Campbell and John Davy)**

- Chesapeake Bay Public Access Plan and need for more water access
- Development Priorities for Captain John Smith Chesapeake and Star-Spangled Banner national historic trails
- NPS Chesapeake Bay financial assistance awards for public water access facility development

**9:10 Designing Water Access, Examples from Virginia**

Moderated by Ursula Lemanski, NPS RTCA

Sleepy Hole Park Access, Suffolk Water Trails

*Mike Kelly, City of Suffolk, Parks and Recreation*

Stumpy Lake Water Access, Virginia Beach

*Chris Kennedy, Virginia Beach Parks and Recreation*

Kayak Chute, Kerr Reservoir

*Scott Murray, Director, Upper Reach-Roanoke River Partners Assoc. (invited)*

Prince William County Access

*Lisa Gutierrez, Director, MD DNR Boating Facility and Access Planning*

Yorktown- The Watermen's Museum

*David Niebuhr, Managing Director*

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**10:10 Janet Zeller--Universal Design of Launches and Landings for Carry-Down Craft (canoes, kayaks, rafts and so forth)**

10:30 Break

**10:45-Bill Botten-2010 ADA Standards for Water Access Facilities**

Marinas, Boat Ramps, Beaches, Fishing Piers

**11:45- Sharing Ideas: Water Trail Lightning Talks (3-5 minutes each)**

Moderated by Ursula Lemanski, NPS RTCA

- James River Association, Justin Doyle
- Gloucester County Blueways, Carole Steele and Hilton Snowdon
- Elizabeth River Project, Joe Rieger
- Suffolk Water Trails, John Wass
- Mathews Maritime Heritage Trail, Janet Loyd and Marcy Benouameur
- Virginia Beach Water Access, Barbara Duke
- SE Coastal Paddling Trail, Sara Kidd
- Eastern Shore and the Seaside Water Trail, Laura McKay

**12:15-Lunch and Q&A and field trip logistics**

**Field Trips/Case Studies—1 p.m. to 4 p.m.**

**Option A: Road trip with Bill Botten—Huntington Park, Beach and Marina, Newport News**



(Limit 30). After a brief introduction to Newport News by Andy Lunsford, tour a 200-slip marina, public boat ramp, a public beach and other facilities to see local examples of the concepts addressed in the 2010 ADA Standards. Use your own vehicle or carpool. Maps provided for route across Rt. 17 (James River) bridge to Newport News. Easy access to I-64 from park for your return home.

**Option B: Paddling trip with Janet Zeller (limit 30)**

Put in at Windsor Castle, stop at Smithfield Station marina, return to Windsor Castle for take out.

Canoes, PDFs and paddles provided by Virginia State Parks

What makes a landing accessible? Take a water view perspective of potential launching and landing sites along the paddle. View Smithfield Marina from the water, discuss compliance with the 2010 ADA guidelines and the potential for canoe/kayak access there from that water view perspective.

Discuss simple adaptations that enable more users to experience watersports



**Option C: Explore the Mariner's Museum and Park** in Newport News, a Chesapeake Bay Gateway and a stop along the Captain John Smith Chesapeake National Historic Trail (fee \$10, minimum 10)

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Take a one-hour guided tour through the Mariner's Museum's permanent collections in Newport News. Learn about the history of the museum as specialized docents share their favorite secrets! Afterwards, enjoy the country's largest private park that is free and open to the public. People will drive their own cars so they can stay until 5 p.m. if desired. Not far from I-64, maps provided.

**Option D:** Explore the tributary waters of the Chesapeake Bay with the Chesapeake Bay Foundation  
(Cost \$25, minimum 20, maximum 25)

The Chesapeake Bay Foundation's (CBF) Hampton Roads Education Program leads participants to exciting new perspectives on Hampton Roads tributaries and their connections to the Bay. CBF's environmental education programs bring life to Chesapeake Bay watershed curricula and field investigations focus on methods incorporating environmental education into the core subject areas of science, reading, math, and social studies. This trip investigates the ecology, natural history, and modern challenges of the region.

While aboard the 50' USCG inspected vessel Bea Hayman Clark on the Pagan and James Rivers, participants examine the relationship between human activities, land use, and water quality. Hands-on activities like trawling and water quality collection and analysis encourage sensitivity and knowledge of local ecosystems, giving relevance and greater understanding to classroom curricula. CBF program staff provides opportunities for careful observations and synthesis of information gathered during the field study experience. Participants are encouraged to explore the complexity of the watershed, and to see themselves as part of the solution. Participants will also learn of the many educational offerings CBF staff can provide throughout Virginia.



Participants should wear clothes appropriate for the weather, knowing that it is often 10 degrees colder on the water; wear clothes that can get wet and muddy, bring a water bottle, and enthusiasm!

#### How to make hotel reservations:

- Instructions are as follows:  
Go to [www.smithfieldsuitesva.hamptoninn.com](http://www.smithfieldsuitesva.hamptoninn.com) This is our hotel website.
- UNDER BOOK A ROOM, enter the dates ranging from September 9-11, 2013.
- Click ADD SPECIAL RATE CODES. Under Group Code, insert WTW.
- Click "Check Availability" You will see your group block name (Water Trail Workshop) and all of the rooms types and rates (\$77 plus tax) that are available to be booked. Guests will proceed to make their own reservations using their own credit cards to guarantee their rooms. Every room contains a microwave and refrigerator. All guests receive a hot breakfast each morning.

