

## Region 1: Virginia Beach to Emporia

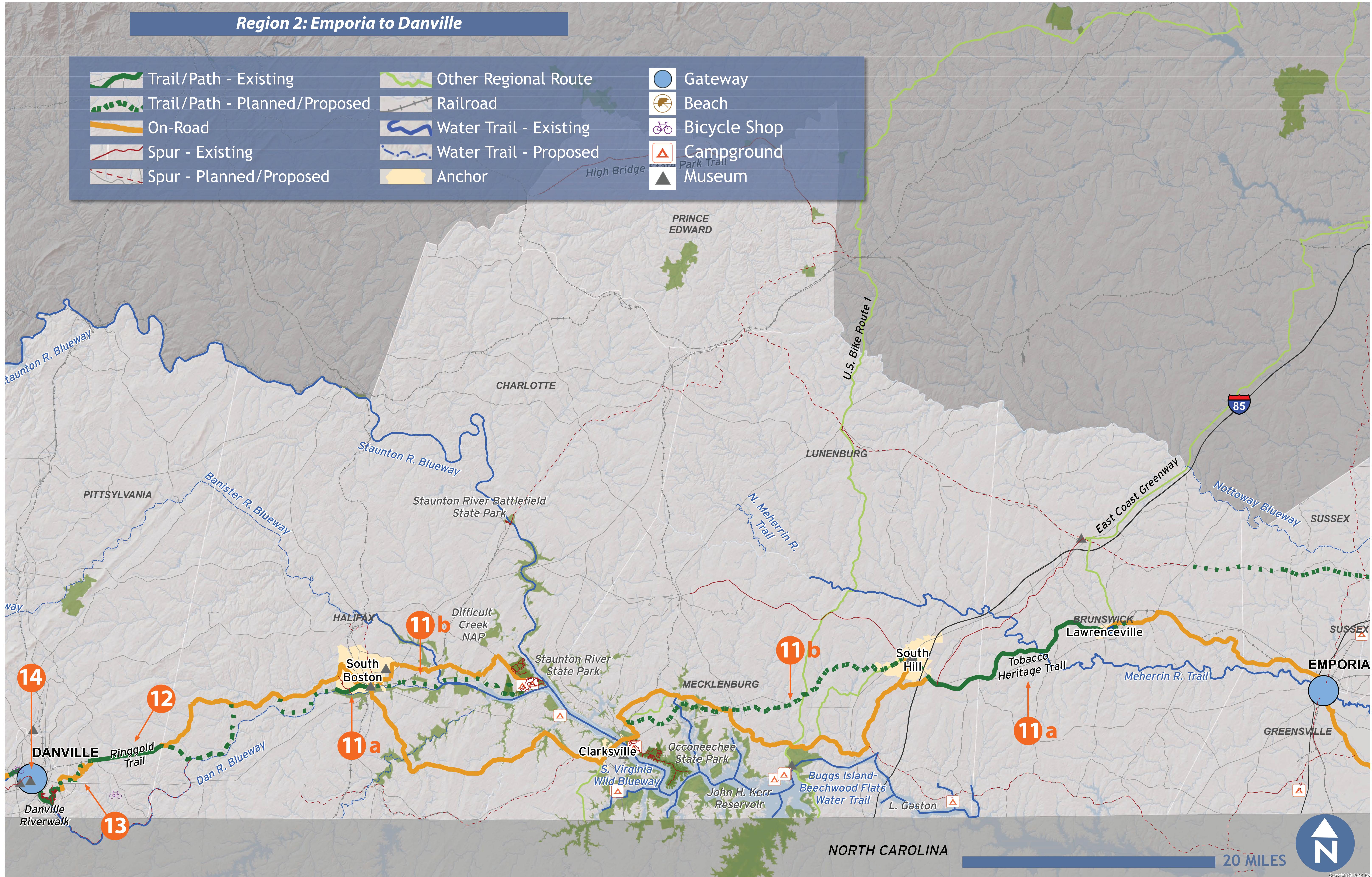
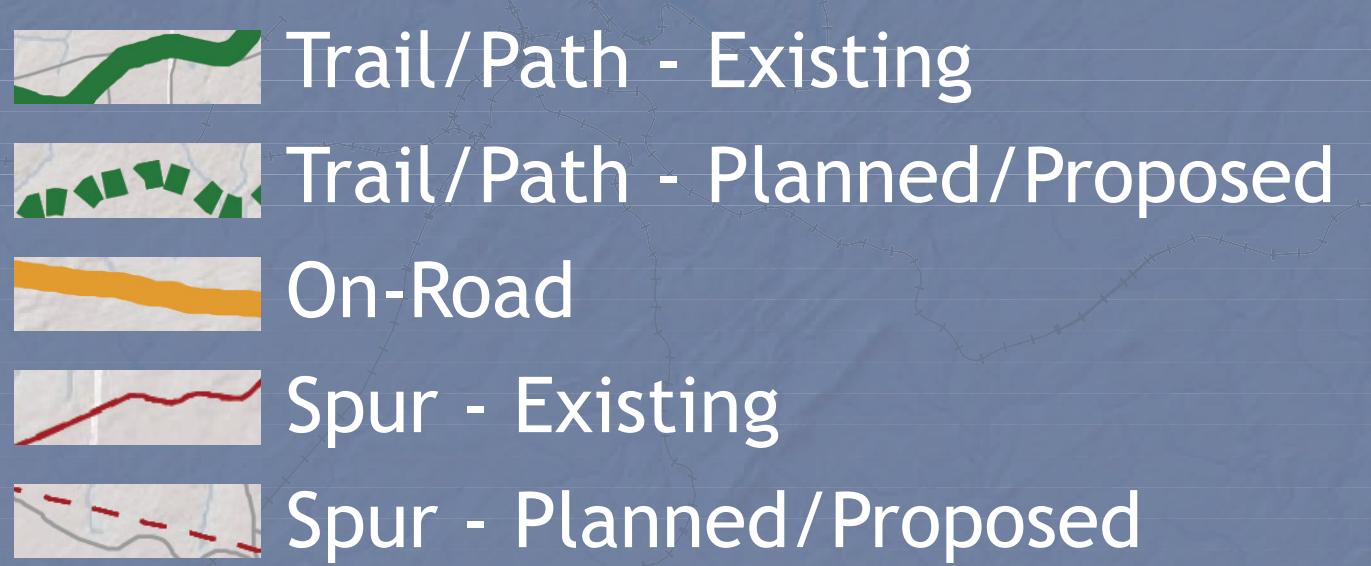
Trail/Path - Existing  
 Trail/Path - Planned/Proposed  
 On-Road  
 Spur - Existing  
 Spur - Planned/Proposed

Other Regional Route  
 Railroad  
 Water Trail - Existing  
 Water Trail - Proposed  
 Anchor

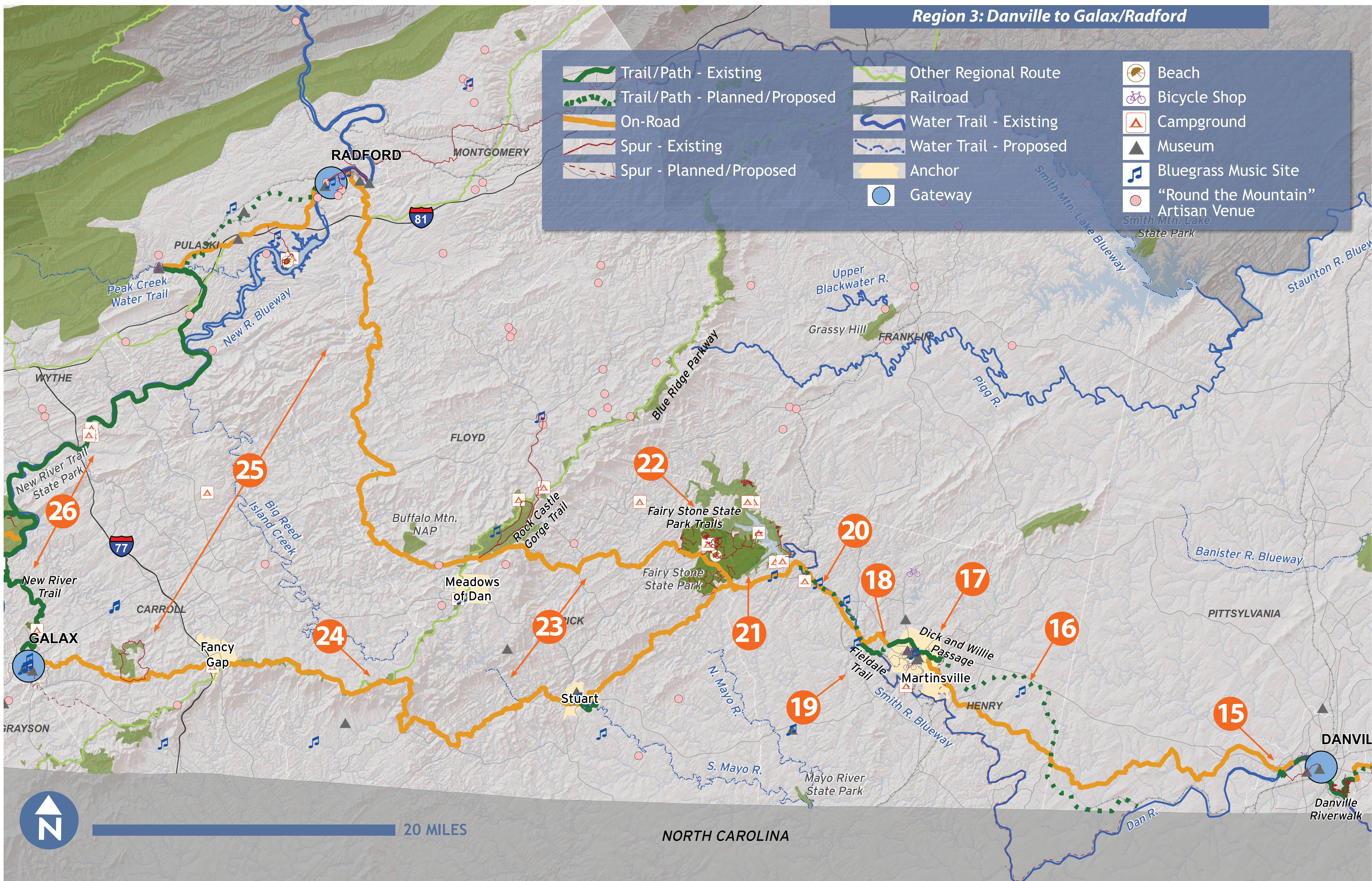
Gateway  
 Beach  
 Bicycle Shop  
 Campground  
 Museum



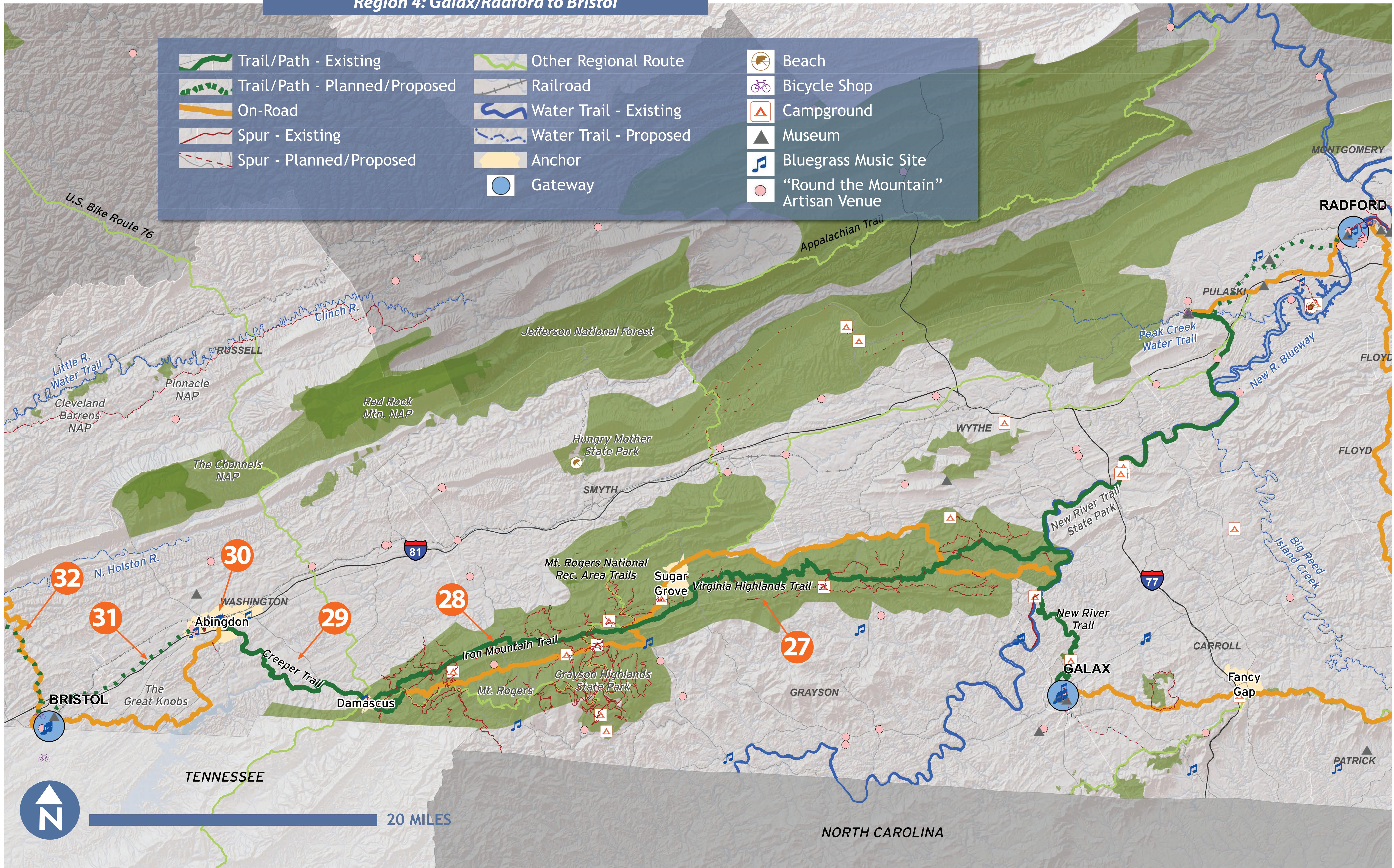
## Region 2: Emporia to Danville



### Region 3: Danville to Galax/Radford



## Region 4: Galax/Radford to Bristol



## Region 5: Bristol to Cumberland Gap

Trail/Path - Existing  
 Trail/Path - Planned/Proposed  
 On-Road  
 Spur - Existing  
 Spur - Planned/Proposed

Other Regional Route  
 Railroad  
 Water Trail - Existing  
 Water Trail - Proposed  
 Anchor  
 Gateway

Beach  
 Bicycle Shop  
 Campground  
 Museum  
 Bluegrass Music Site  
 "Round the Mountain" Artisan Venue

