

1. Life is everywhere

Goodwin Lake is a diverse ecosystem, much like the creeks that flow into it. The creeks can serve as highways to the lake for beavers and turtles.

2. What came before

Before the lakes were created in the 1930's, Twin Lakes State Park would have been farmland used primarily for growing tobacco. This large "rock" is actually a blackened mass of brick, likely a chimney destroyed in a fire.

3. Lake bubbles

A large aeration system feeds oxygen into the lake to create a cleaner, healthier ecosystem for people and fish.

4. The work of Camp Gallion

The Goodwin Lake Dam was constructed in the late 1930's by a group of young black men as part of their service in the Civilian Conservation Corps, an organization created by President Franklin D. Roosevelt in an attempt to put young men back to work in the wake of the Great Depression.

5. Other traces of the Civilian Conservation Corps

These stone grills, dating back to 1939, are another product of the Civilian Conservation Corps. Still available for public use, these grills were restored in 2015 using as much of the original stone as possible.

As you finish the trail loop by the beach area, you will walk by picnic shelter 2, also built by the Civilian Conservation Corps.

The men of the Civilian Conservation Corps worked hard for about a dollar a day. At the end of the month, they were required to send \$25 home to their families, leaving only \$5 for themselves for an entire month's work.



Twin Lakes State Park
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Goodwin LAKE TRAIL

TWIN LAKES STATE PARK



www.virginiastateparks.gov

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USING THIS BROCHURE

As you walk the trail, keep an eye out for number markers at key locations. When you get to a number, find that number in this brochure to discover more information about what you're seeing.